

WINTER  
2025

# PLAYLIST

recreation program guide

youth  
& adult  
activities

registration  
opens  
december 9 - 11

*play for life*



Bend Park &  
Recreation  
DISTRICT



# winter 2025 playlist

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### ABOUT THE PLAYLIST

This online recreation program guide is produced seasonally to support registration for recreation programs. The Playlist online resource is an efficient, sustainable and up-to-date shopping guide offering recreation opportunities for our growing community.

A community favorite since 2014, Your Playbook continues as a magazine-style book offering news and information about BPRD's projects, programs, places, people and activities and will be published twice a year for spring/summer and fall/winter.



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**COVER:** Two adults share a smile while creating glass wind chimes in a glass arts class at Larkspur Community Center. Photo credit: BPRD Staff.





# come play this winter

Mark Your Calendar:  
Winter 2025  
registration  
opens  
December 9 - 11.



Welcome to Bend Park and Recreation's Winter Playlist!

Winter is here, and at Bend Park and Recreation District, we're ready to help you embrace the season with activities for every interest, age and skill level. Whether you love the crisp winter air or prefer cozy indoor settings, we have something for everyone this season.

For winter sports enthusiasts, The Pavilion is your go-to spot for fun on the ice. We're excited to offer youth and adult ice hockey leagues, curling programs and leagues, and plenty of ice skating sessions for individuals and families.

For those who prefer to stay warm indoors, our swim lessons for all ages are a great way to build confidence and stay fit in the water. Get creative in the Fused Glass Hearts art class, just in time for Valentine's Day, or learn new skills in our Easy Soups & Stews cooking class—a perfect way to warm up your winter evenings.

Kids will love exploring their artistic side in our clay and drawing classes, including learning how to draw Manga. For tech-minded kids, the 3D printing classes are a fantastic way to combine creativity with STEM learning.

With so many options, now is the time to dive into the Winter 2025 Playlist to explore all the opportunities we've planned for you and your family. Registration opens December 9 - 11, so don't miss your chance to make this winter active, creative and memorable.

We look forward to seeing you on the ice, in the pool, or in a class this season.

Let's make the most of this wonderful winter together!

**Michelle Healy**

Executive Director

[michelleh@bendparksandrec.org](mailto:michelleh@bendparksandrec.org)



# CONTACT US



phone: 541-389-7275



email: [info@bendparksandrec.org](mailto:info@bendparksandrec.org)



website: [bendparksandrec.org](http://bendparksandrec.org)

## ADMINISTRATION & RECREATION SERVICES

799 SW Columbia St. • p. 541-389-7275

Hours, holidays and more available online at:  
[bendparksandrec.org](http://bendparksandrec.org)

## ART STATION

Art Station classes are currently relocated to Harmon Park Clay Studio, Larkspur Community Center and some school locations. Learn more in Adult Art and Youth Art sections.

p. 541-389-7275

## JUNIPER SWIM & FITNESS CENTER

800 NE 6th St. • p. 541-389-7665

Learn more online at:  
[bendparksandrec.org/juniper](http://bendparksandrec.org/juniper)

Facility details on page 93.

## LARKSPUR COMMUNITY CENTER - HOME OF THE BEND SENIOR CENTER

1600 SE Reed Market Rd. • p. 541-388-1133

Learn more online at:  
[bendparksandrec.org/larkspur](http://bendparksandrec.org/larkspur)

Facility details on page 94.

## PARK SERVICES

1675 SW Simpson Ave. • p. 541-388-5435

Hours, holidays and more available online at:  
[bendparksandrec.org](http://bendparksandrec.org)

## THE PAVILION

1001 SW Bradbury Way • p. 541-389-7588

Learn more online at:  
[bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

Facility details on page 95.

## SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA / LATINO OUTREACH SERVICES

Comuníquese con Kathya al Tel. 541-706-6190

Contact: Kathya Avila, p. 541-706-6190

[kathya@bendparksandrec.org](mailto:kathya@bendparksandrec.org)

## INCLUSION

The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations.

For more information or an activity assessment, contact Therapeutic Recreation at p. 541-706-6121.



For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee





# welcome

“Share your smile with the world. It is a symbol of friendship and peace.”  
- Christie Brinkley

Welcome to “Your Playlist.” You’re invited to play, learn and thrive in the many recreation programs available to you this season.

Whether you are one, one hundred or somewhere in between, the Bend Park & Recreation District is your place for play.

Bienvenido a su Revista de Actividades Recreativas “Playlist.”

Los invitamos a participar, aprender y crecer de manera sana en muchos de los programas de recreación, centros de recreación, parques y senderos disponibles durante esta estación del año. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, cientos o menos.

## VISION STATEMENT:

To be a leader in building a community connected to nature, active lifestyles and one another.

## MISSION STATEMENT:

To strengthen community vitality and foster healthy, enriched lifestyles through parks, trails and recreation.

## COMMUNITY PLEDGE:

To reflect our community, welcome and serve equitably, and operate with transparency and accountability.

## FOLLOW US:

**Facebook** - Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

**Instagram** - bendparks, bendparkandrec\_enespanol, bendwhitewaterpark.bendparks, juniperswimandfitness, larkspurcommunitycenter and thepavilioninbend.

## DISTRICT LEADERSHIP

### BOARD OF DIRECTORS:

Jodie Barram, Board Chair • Donna Owens, Vice-Chair • Nathan Hovekamp • Cary Schneider • Deb Schoen

### BUDGET COMMITTEE:

Joanne Mathews • Daryl Parrish • Corey Johnson • Cara Marsh-Rhodes • Abigail Schneider

### EXECUTIVE DIRECTOR:

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[michelleh@bendparksandrec.org](mailto:michelleh@bendparksandrec.org)

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[kathleenh@bendparksandrec.org](mailto:kathleenh@bendparksandrec.org)

### PARK SERVICES DIRECTOR:

Sasha Sulia • p. 541-706-6203  
[sasha@bendparksandrec.org](mailto:sasha@bendparksandrec.org)

### DIRECTOR OF PLANNING & DEVELOPMENT:

Brian Hudspeth • p. 541-706-6137  
[brian@bendparksandrec.org](mailto:brian@bendparksandrec.org)

### DIRECTOR OF RECREATION:

Matt Mercer • p. 541-706-6103  
[matt@bendparksandrec.org](mailto:matt@bendparksandrec.org)



# how to register

## Winter 2025 Registration

Winter 2025 registration opens for January - March programs and winter/spring sports leagues:

- **Monday, December 9, 6:00 a.m.:** Recreation, enrichment and sports programs.
- **Tuesday, December 10, 6:00 a.m.:** Swim lessons and aquatics programs.
- **Wednesday, December 11, 6:00 a.m.:** Sports leagues including adult curling, adult and youth hockey, youth indoor soccer, youth lacrosse and youth softball leagues.

Once opened, registration is ongoing throughout the season.

## About Opening Days

When program registration opens, there can be very high demand for certain activities and a high volume of traffic on the BPRD registration website. To be prepared, please read our tips on pages 6 - 9.

## Registration Options

If you are not able to register online, you can register in person at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or the BPRD District Office. If you need further assistance, call Customer Service at 541-389-7275.



## New Accounts

You can go online or come in person to create a new account. New accounts created online must be verified for district residency and accuracy. NOTE: This process is normally completed in 24 hours.

## Out-of-District Fee Policy

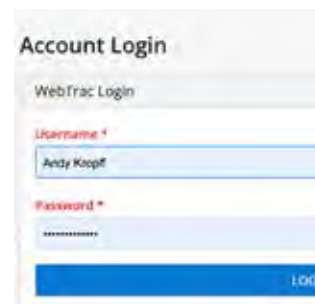
Out-of-district residents do not pay property taxes that support the district and will be charged an additional 20% for most programs. If you need help determining if you live inside the district boundaries, call us at 541-389-7275.

## Online Registration Instructions

1. Click on the "Register" link on our website or go directly to: <https://register.bendparksandrec.org>



Enter your username and password. You already have an account if you have previously participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Larkspur Community Center/Bend Senior Center. The default username is your email address and the default password is your last name (first letter capitalized) unless you set it up differently.



2. Make sure all family members are added with correct birth dates and genders.



3. You can select/search for activities in one of three ways:

- › **Activity Search** (Fastest) – Enter the activity number (first six digits) in the search box and click on the Search button. The activity numbers are printed in this guide.



- › **Activity Index** – Activities can also be organized by season and title. Find the Activity Index in the Search menu.
- › **Type or Category** – Simply click on the name for the types of programs that interest you. Scroll down to view all the programs offered.



You can further refine the search using the options at the top of the screen. These include day of week, age, gender and month.

## Waitlists

If the registration for a program is listed as “full,” be sure to add your name on the waitlist.

This important step lets us know you are interested if an opportunity becomes available.

If you are on a waitlist, be sure to check emails regularly for any notifications about activity openings.

Once a notification email is sent to you, you have 48 hours to respond and register, otherwise your held spot is forfeited.

Being on the waitlist does not guarantee placement in a program or commit you to participating.

## Refund & Cancellation Policy

You may cancel a program at any time and are encouraged to do so as soon as possible to make space available for others. Credits and refunds will be granted as follows:

- Within 48 hours of registering: 100% of program fee.
- 15 days or more before program start date: 90% of program fee.
- 7 - 14 days before program start date: 75% of program fee.
- 6 days or less before program start: No credit or refund. It is extremely difficult to fill cancelled spaces with short notice.
- After start date: No credits, refunds or prorating of fees will be given for missed portions or early withdrawals.

## Online Cancellations

If you need to cancel a registration, you can do so online.

Learn how to cancel on the [Cancellation Policy & Instructions web page](#).



## Registration Info Night NEW English & Spanish

Tuesday, December 3, 5:30 - 7:30 pm | Free  
Larkspur Community Center, 1600 SE Reed Market Rd.

Are you prepared for the upcoming program registration? Do you have an account? First-time registering? Or do you need to apply for financial assistance for programs? Attend BPRD's Registration Info Night and we can help your get ready for registration.

With English and Spanish language services available, the BPRD Customer Service Team will be on hand to answer questions and get you prepared for Winter 2025 registration opening on December 9 - 11.

Staff can set up/update your household account, provide activity details, help build your wish list, and assist with the scholarship process as needed.

It's all free and designed for you to be in the know and ready to go!

Questions? Call the Customer Service Team at 541-389-7275.

WE'RE  
READY  
TO  
HELP!



Register at [register.bendparksandrec.org](https://register.bendparksandrec.org) • Winter registration opens December 9 - 11 at 6:00 a.m. daily.  
Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 10.

December 9 - 11



# tips for

## REGISTERING ON OPENING DAYS

### for an efficient & successful registration

Registration opening days are by far the busiest transaction days of the year at Bend Park & Recreation District. As our community grows, so has the amount of registration activity during the first hours a season's programs are made available.

So, to help everyone have the best experience possible, we've made improvements including staggered registration opening, upgraded technology and a virtual waiting room.

Read on to learn our tips and best practices for registering on opening day to help you find success.

**REGISTER  
ONLINE:**

[https://register.  
bendparksandrec.org](https://register.bendparksandrec.org)



### REVIEW YOUR ACCOUNT

First things, first...make sure your BPRD account profiles and payment methods are up to date and ready to go:

1. Click on the "Register" link on the BPRD website or go directly to: <https://register.bendparksandrec.org>
2. Enter your username and password. You already have an account if you have previously participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Larkspur Community Center/Bend Senior Center. The default username is your email address and the default password is your last name (first letter capitalized) unless you set it up differently.
3. Go to "My Account" followed by "Update: Household & Member" and make sure all family members are in your account with correct birth dates and genders. If needed, add a new household member or new person for child pickup by clicking on the buttons at the bottom of the page. Also review and if needed update your account address, phone, email and person information.

Once you've ensured your account is up to date, it's go time.

### SET UP FOR SUCCESS

A few important recommendations:

1. Create a list of your priority activities and programs. More on that below.
2. Registration works best on a desktop computer or laptop. While you can use a mobile device, it's not the most efficient and some mobile devices with older apps or operating systems can have conflicts.
3. Use one web browser window with one tab open for registration. That one window and tab should be on the registration page. Close all other windows and tabs when it's time to register.
4. Be patient. You will likely need to wait in line in the virtual waiting room until it's your turn. If during registration your screen slows down dramatically or you see the spinning circle, it means the system is processing your request. Do not refresh your screen nor open another window, tab or computer - you will disrupt that process and likely lose your transaction.

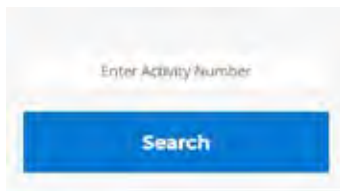


## BEFORE OPENING DAYS

- View the programs on the online Playlist or linked to the registration website homepage and make a note of the Activity numbers for the programs you want. One exception in the Playlist is Youth Swim Lessons - click the link in the online Playlist to view the offerings and Activity numbers.
- Have program Activity numbers (first 6 digits) ready when registration begins. Most of the Activity numbers are published in the online Playlist and are all available in the online program preview.
- Another method is to use the "Wishlist." Add the programs you want to your "Wishlist" in your account. At registration opening, you can go to your "Wishlist" and check availability of those specific programs, then add them to your shopping cart. As backup, it can be helpful to take a screenshot of your "Wishlist."
- Whether your list is on paper or digital, keep that list handy for registration opening day.
- Note programs that are a priority to you and your household.

## ON OPENING DAYS: DECEMBER 9 - 11

1. Log into your BPRD account. **If you log on before 6:00 a.m., you and any others will be randomized at 5:59 a.m.** After 6:00 a.m., the line will form one after another just like in person at the movie theater. The wait time may vary, but knowing how many are ahead of you will allow you to plan your morning.
2. Wait for your turn. The virtual waiting room is automated and there's nothing you need to do. If your computer or browser window unintentionally close or shut down, don't panic. Just turn the same device and browser back on and a helpful "cookie" will remember you and your place in line.
3. When it's your turn, add programs to your cart and register. The shopping and registration experience is consistent with past seasons. Use your "Wishlist" and click "Check Availability" or enter Activity #s to add to your shopping cart.
4. Starting with your priority programs, type the Activity number at the bottom of the registration menu, or from the search menu in the top navigation.



5. Select the check box next to your program.

Select	Activity #	Ages	Description
<input checked="" type="checkbox"/>	105104H	4-5	Swim Lessons Journey 1,2 & 3 (2 days a week)

6. Note the notification bar at the bottom of the screen and select 'Add to cart'.



Confirm details/waivers/etc. for each of the participants.

7. If you have other priority programs you'd like to enroll in, click on the "Continue Shopping" button. Repeat above steps from entering in Activity number to adding the program into your cart. You can have multiple programs in your cart.
8. Once your priority activity or activities are in your cart, check out promptly so you get into the programs you want and your session isn't accidentally timed out due to inactivity. Important: your transaction must be completed before your enrollment is confirmed.
9. Look for your confirmation email.
10. After you've registered for your priority programs, now is the time to go back and shop for the programs that weren't your top priority, repeating the above steps.
11. When you complete your transaction(s), log out of your account. This step helps the virtual waiting room allow others in for their turn.

A virtual waiting room, Queue-it will be implemented at registration opening to help control traffic to the registration website.

## ABOUT THE VIRTUAL WAITING ROOM

**Queue-it** is a virtual waiting room that serves as a line for our online registration process. It's automatic if you're on the registration website at opening, so there's nothing needed for you to do! Queue-it will display how many shoppers are in line in front of you and you will see the number get smaller until it is your turn.

Patience is appreciated as you wait. By providing information about how many others are in line ahead of you, it should help the morning go smoother.

High demand is still expected, but with three days of staggered registration programs, it will be a smaller number of programs being registered on each morning.

Thank you for your cooperation.





## Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs. The goal is to remove financial barriers for community members with limited financial resources.

In the past year, more than 3,200 individuals have received financial support to participate in programs that provide safe, enriching activities and contribute to a physically active community.

### ABOUT SCHOLARSHIPS:

- Visit [bendparksandrec.org/scholarship](http://bendparksandrec.org/scholarship) to download application forms or pick up an application at the district office or recreation facilities.
- **You may submit your application at any time; allow at least one week for processing prior to registering for an activity.**
- Scholarships can be used by children, adults and families for most recreation programs and facility passes.
- Scholarship assistance ranges from 25 percent to 75 percent of the regular fee, depending on the applicant's level of need, and the specific activity or program.
- Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF or Oregon Health Plan.
- Scholarships are valid for one year. You must reapply for renewal.



**Everyone can play.** Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation.

CLICK TO  
LEARN MORE ABOUT  
& APPLY FOR  
RECREATION  
SCHOLARSHIPS







# craft with play

## Clay & Pottery

### Adult Wheel Experience

**Ages:** All Adults

**Harmon Park Clay Studio**

All experience levels are welcome to this pottery wheel class including those who have always wanted to give the wheel a spin and test the waters or refine their skills. Follow the process of basic wheel-throwing practice, trimming and glazing. Instructor: Harmon Clay Studio Staff.

\$188.00 ID \$225.60 OD

Activity: [111105](#) - Opens Dec. 9

**Tu:** 9:00 am - 12:00 pm

Session: 1/7 - 2/4 2/18 - 3/18

### Intro to Adult & Teen Wheel Throwing

**Ages:** 14 & up

**Harmon Park Clay Studio**

Learn how to throw different vessels on the wheel and understand the process to create mugs, plates, bowls, vases and more in this class specially designed for beginners.

\$188.00 ID \$225.60 OD

Activity: [111203](#) - Opens Dec. 9

**Tu:** 6:00 - 9:00 pm

Session: 1/7 - 2/4 2/18 - 3/18

### Day Clay

**Ages:** 16 & up

**Harmon Park Clay Studio**

This class provides a supportive atmosphere for all experience levels to learn clay techniques. Practice hand building, wheel throwing and design skills. Explore creative methods and find inspiration in this project-oriented class. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Helen Bommarito.

\$180.00 ID \$216.00 OD

Activity: [111100](#) - Opens Dec. 9

**W:** 11:00 am - 2:00 pm

Session: 1/8 - 2/5 2/19 - 3/19

**Th:** 11:00 am - 2:00 pm

Session: 1/9 - 2/6 2/20 - 3/20

**F:** 11:00 am - 2:00 pm

Session: 1/10 - 2/7 2/21 - 3/21



create yourself.

Whether you're taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It's about connecting and discovering yourself.

## All Skills Pottery

**Ages:** 16 & up

**Harmon Park Clay Studio**

Learn basic techniques, including hand building and wheel thrown stoneware pottery techniques as a beginner or an experienced potter. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Harmon Clay Studio Staff.

\$180.00 ID \$225.60 OD

Activity: [111101](#) - Opens Dec. 9

**W:** 6:00 - 9:00 pm

Session: 1/8 - 2/5 2/19 - 3/19

## Clay Date: Workshop for Two

**Ages:** 16 & up

**Harmon Park Clay Studio**

Enjoy a clay date with your sweetie or your bestie! We'll teach you some hand building basics and then help you make a project during this two-hour workshop. This workshop is open to all types of partners-romantic partners, friends and family members, ages 16 and up. The fee includes two adults. Please only register one adult. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD

Activity: [111106](#) - Opens Dec. 9

**Sa:** 6:00 - 8:00 pm

Session: 1/11 - Mugs  
2/8 - Chimes  
3/8 - Bird Houses

## DIY & Multimedia

### Foundation in Art NEW

**Ages:** 16 & up

**Larkspur Community Center**

This four-class series creates a strong foundation for any aspiring artist. In each class, we delve into a different fundamental principle of 2D visual art - composition, value and color. Class #1 - Exploring composition with charcoal and pencils. Class #2 - Investigating value with India ink and pen. Class #3 - Understanding color with colored pencil. Class #4 - Bringing it all together with acrylic paint. Instructor: Anastasia Zielinski.

\$149.00 ID \$178.80 OD

Activity: [111125](#) - Opens Dec. 9

**Tu:** 6:00 - 8:00 pm

Session: 2/25 - 3/18



## Glass Art

### Mosaic Votive

**Ages:** All Adults

**Larkspur Community Center**

Bring light into the darkness of winter with a stunning votive holder. Starting with a clear glass square vase, you'll adorn it with colorful stained glass in a design of your choosing. After grouting, you will leave with a completed candle holder. Add your own tea light or candle and you have an eye-catching statement for your table or mantle. Instructor: Jessica Carleton.

\$114.00 ID \$136.80 OD

Activity: [102439](#) - Opens Dec. 9

**Su:** 12:00 - 4:00 pm

Session: 1/12

### Fused Glass Heart

**Ages:** All Adults

**Larkspur Community Center**

Glass fusing is the process of joining compatible sheet glasses together in a kiln until the glass fuses together. In this class, you'll decorate clear glass hearts with a variety of fusible glass that can then be framed, used as a candle screen, staked in your garden or hung in a window. You'll start with a glass square or precut heart and decorate it with colorful fusible glass. The instructor will take them home to fire them, then return them to Larkspur for pickup. Instructor: Jessica Carleton.

\$89.00 ID \$106.80 OD

Activity: [102429](#) - Opens Dec. 9

**W:** 5:00 - 6:30 pm

Session: 2/5

## Mosaic Garden Heart

**Ages:** All Adults

**Larkspur Community Center**

Create a stunning statement in your garden, sure to bring pleasing color in all seasons. With a cement heart as your base, you will execute your own design in colorful stained-glass pieces. The class will finish with grouting, and you will leave with a completed eye-catching ornament for your yard or garden. Note: these are not stepping stones. Instructor: Jessica Carleton.

\$114.00 ID \$136.80 OD

Activity: [102422](#) - Opens Dec. 9

**Su:** 12:00 - 4:00 pm

Session: 2/9



## Fused Glass Plant Stake

**Ages:** All Adults

**Larkspur Community Center**

Glass fusing is the process of joining compatible sheet glasses together in a kiln until the glass fuses together. In this class, you'll create adorable abstract flowers to adorn your indoor or outdoor plants. You'll start with a long, pointed stake piece, then build and decorate the top with a design using colorful fusible glass. The instructor will take them home to fire them, then return them to Larkspur for pickup. Instructor: Jessica Carleton.

\$89.00 ID \$106.80 OD

Activity: [102430](#) - Opens Dec. 9

**W:** 5:00 - 6:30 pm

Session: 3/12





## Painting & Drawing

### Mixed Media NEW Animal Portraits

**Ages:** All Adults

**Larkspur Community Center**

Learn how to draw and paint using a combination of charcoal, pastels and acrylics to create your own animal portrait. No experience is necessary, just the eagerness to explore and learn something new. \$10 supply fee due to instructor at class. In partnership with SageBrushers Art Society. Instructor: Michelle Oberg.

\$30.00 ID \$36.00 OD

Activity: [102445](#) - Opens Dec. 9

**Th:** 1:00 - 3:30 pm

Session: 1/16



### Paint Central Oregon Landscapes

**Ages:** 14 & up

**Larkspur Community Center**

No painting experience is needed for this all-ages, alcohol-free paint-and-sip-style painting series! In these two-hour classes, participating painters will be led step-by-step through a series of paintings inspired by well-known Central Oregon landmarks, using acrylic paint to complete one unique painting each week. Art basics like color, composition, texture, materials, the fundamentals of painting technique, and more will be introduced and discussed throughout the series in a fun, playful, and approachable manner as each artwork is made. If you've always wanted to begin painting but didn't know quite how to start, this is the class for you. Instructor: Stephen Teater.

\$50.00 ID \$60.00 OD

Activity: [111121](#) - Opens Dec. 9

**Sa:** 9:00 - 11:00 am

Session: 2/1            2/8  
                 2/15           2/22

### Introduction to Botanical Illustration

**Ages:** All Adults

**Larkspur Community Center**

Discover the meditative art of botanical drawing and experience firsthand how the activity can increase awareness, concentration, and relaxation. Capture realistic botanical subjects in graphite drawings and watercolor paintings in a series of simple steps. In this two-day workshop, you will learn the fundamentals of botanical illustration including introduction to supplies and materials, drawing and painting techniques, using watercolor paints and more. All materials provided. Instructor: Jeanne Debons.

\$189.00 ID \$226.80 OD

Activity: [102440](#) - Opens Dec. 9

**Su/Sa:** 12:00 - 4:00 pm

Session: 3/1 - 2



### Intermediate Watercolor NEW

**Ages:** All Adults

**Larkspur Community Center**

Continue to build your skills in watercolor in this class featuring an exploration of texture, value, brushstrokes and color mixing. Leave class with a few small paintings and a lot of new skills. Prerequisite: Basic watercolor skills or attendance at Beginning Watercolor. \$10 supply fee due to instructor at class. In partnership with SageBrushers Art Society. Instructor: Jennifer Ware-Kempcke.

\$30.00 ID \$36.00 OD

Activity: [102406](#) - Opens Dec. 9

**Th:** 1:00 - 4:00 pm

Session: 3/6



## Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

### CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

### MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

### ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit [bendparksandrec.org/artstation](http://bendparksandrec.org/artstation) to learn more.

## Painting Birds & Flowers

Ages: 14 & up

Larkspur Community Center

Celebrate the return of spring wildflowers and birds by painting them in oil and with no painting experience required! Use vibrant colors and expressive brushstrokes to create a dynamic springtime composition. Working in layers, we will explore the depiction of energetic movement and the fundamentals of avian form. The instructor will demonstrate and explain the painting process from roughing-in the overall composition to the adding final layers of color, texture and your personal finishing touches, allowing plenty of time for individual assistance, exploration of style, and, of course, painting. You are encouraged to bring photo references of your own or choose to work from provided references. Instructor: Stephen Teater.

\$180.00 ID \$216.00 OD

Activity: [111226](#) - Opens Dec. 9

Sa: 9:00 am - 12:00 pm

Session: 3/8 - 29

## Mental Wellness With Cartooning NEW

Ages: All Adults

Larkspur Community Center

Learn the art of cartooning which is focused on humorously interpreting ordinary events, while gaining an understanding of cartooning's impact on mental wellness through self-awareness, humor and mindfulness. You'll practice finding the funny side of things, indulging in silly puns and relieving tension through cathartic sketching. Materials provided, but personal sketchbooks welcomed. No previous drawing experience necessary. Instructor: Grace Ogawa.

\$59.00 ID \$70.80 OD

Activity: [102118](#) - Opens Dec. 9

Tu: 5:00 - 6:30 pm

Session: 3/11



## Printmaking

### Reduction Block Printing

Ages: 14 & up

Larkspur Community Center

Learn how to create a one-of-a-kind block print. In this class, we use a reduction printing technique to produce multilayered and multicolored prints. Each layer builds on the last as we cut off the linoleum block to reveal the next color in our compositions. When done, the only thing left on our blocks will be the lines and shapes of the darkest color and we will have created unique prints that can never be reproduced. Instructor: Anastasia Zielinski.

\$159.00 ID \$190.80 OD

Activity: [111131](#) - Opens Dec. 9

Tu: 6:00 - 8:00 pm

Session: 1/21 - 2/11





## With A Child: Arts & Crafts

### With A Child: Acrylic Pouring on Canvas

**Ages:** 6 - 15 with Adult

**Larkspur Community Center**

Swirl, slip and slide acrylic paint across a canvas and create amazing results together. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD

Activity: [111545](#) - Opens Dec. 9

**Sa:** 9:00 - 11:00 am

Session: 1/4 1/11  
1/18 1/25

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

### Clase de arte con su hijo(a): ¡Sumérgete en el mundo de la pintura!/With A Child Painting in Spanish

**Ages:** 5 - 15 with Adult

**Larkspur Community Center**

¡Sumérgete en el mundo de la pintura! Estas clases son aptas para todos los niveles y edades y ofrecen la oportunidad de explorar el óleo pastel, la acuarela, la témpera, el acrílico sobre lienzo, la pintura sobre tela y otras técnicas. No requiere experiencia previa. Actualmente, ésta es la única clase de arte que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. El costo de la clase cubre la participación de un participante y un adulto. Solo debe inscribir al niño(a). Instructora: Lilia Royce.

Dive into the world of painting in Spanish! These classes are suitable for all levels and ages and offer the opportunity to explore pastel oil, watercolor, tempera, acrylic on canvas, painting on fabric and other techniques. No prior painting experience is required. Since this is BPRD's only art class in Spanish, registration is prioritized for Spanish-speaking families. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Lilia Royce.

\$50.00 ID \$60.00 OD

Activity: [111503](#) - Opens Dec. 9

**Sa:** 9:00 - 11:00 am

Session: 1/11 2/8  
3/8



### With A Child: Paint Together

**Ages:** 6 - 12 with Adult

**Larkspur Community Center**

Enjoy quality time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity: [102294](#) - Opens Dec. 9

**Sa:** 10:00 am - 12:00 pm

Session: 1/11 - Penguins  
2/22 - Cactus & Hedgehog  
3/8 - Lucky Leprechaun

### With A Child: Create & Play

**Ages:** 5 - 10 with Adult

**Larkspur Community Center**

With a mixture of creative, spontaneous and interactive activities and games, this class provides engagement, bonding and fun for both adults and children. Together, we'll explore visual arts, movement and storytelling through improvisational play while fostering creativity and connection. Every session is different so you're invited to participate in multiple classes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Ann Boyd

\$30.00 ID \$36.00 OD

Activity: [111504](#) - Opens Dec. 9

**M:** 6:30 - 7:30 pm

Session: 1/13 2/10  
3/10

**Sa:** 9:00 - 10:00 am

Session: 1/18 2/15  
3/15

### More "With A Child" classes

Take a look at "With A Child" program finder on page 40.

## With A Child: Let's Talk Art NEW

**Ages:** 8 - 13 with Adult  
**Larkspur Community Center**

This class is for creative kids and the adults in their lives to grow their art experience together. We'll combine a social art jam, where kids can practice drawing, and a positive feedback workshop, where adults hone their skills at giving young artists supportive feedback on their creative journeys. Adults will also draw and kids will offer them feedback, too! Materials are provided with prompts and coaching for artists upon request. All levels welcome; the only requirement is an interest in making and interacting with art! Instructor: Grace Ogawa.

\$59.00 ID \$70.80 OD

Activity: [102117](#) - Opens Dec. 9

**Tu:** 5:00 - 6:30 pm

Session: 1/14

## With A Child: Fun With Clay

**Ages:** 5 - 14 with Adult  
**Harmon Park Clay Studio**

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD

Activity: [111510](#) - Opens Dec. 9

**Sa:** 10:00 am - 12:00 pm  
**- OR -** 12:30 - 2:30 pm

Session: 1/11 - Owl Plates  
1/18 - Robots  
1/25 - Fairy Doors  
2/1 - Heart Bowls  
2/8 - Picture Frames  
2/15 - Cool Cacti/Succulents  
2/22 - Snow People  
3/1 - Fairy Houses  
3/8 - Shamrock Bowls  
3/15 - Bird Houses  
3/22 - Mystical Creatures

## With A Child: The Art of Shared Journaling

**Ages:** 9 - 12 with Adult  
**Larkspur Community Center**

Start a special journal for you and a child to trade thoughts and feelings in a fun and easy format. Come learn about the practice of conversation-style journal writing, get started on your first written exchange and decorate a physical notebook together to make it your own special shared diary. Notebooks will be provided. Please bring any photos or mementos you may wish to decorate your notebook cover with. The fee includes one child and one accompanying adult. Please only register the child. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [102285](#) - Opens Dec. 9

**Th:** 3:30 - 5:00 pm

Session: 1/23



## With A Child: Fun With Fused Glass

**Ages:** 6 - 12 with Adult  
**Larkspur Community Center**

Come enjoy time with your young artist and make a fused glass piece of art together. Try your creativity in designing with different shapes and color pieces to make the most of your decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$89.00 ID \$106.80 OD

Activity: [102414](#) - Opens Dec. 9

**Sa:** 10:00 - 11:30 am

Session: 1/18 - Winter Night Lights  
2/8 - Heart Suncatcher  
3/15 - Gnomes



## With A Child: Corn Husk Dolls - A Bilingual English & Spanish Class NEW

**Ages:** 4 - 15 with Adult  
**Larkspur Community Center**

Making corn husk dolls is a Northeast Native American cultural tradition that features creative re-use of the non-edible portion of an ear of corn, an essential Iroquios crop. Corn husk dolls reflect the individual culture, clothing and resources of a particular Native American tribe. Both boys and girls created and played with the figures and came to understand one of the many ways that children of long ago were like themselves. This class will be taught in English and Spanish. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Lilia Royce.

La fabricación de muñecos de hojas de maíz ofrece la oportunidad de conocer una tradición de los pueblos indígenas del noreste de América y demuestra la reutilización creativa de la parte no comestible de una mazorca de maíz. Las muñecas de tusa reflejaban la cultura, la vestimenta y los recursos de cada pueblo indígena. Tanto los niños como las niñas jugaban con figuras hechas con este cultivo esencial de los iroqueses. Al crear una muñeca de mazorca de maíz, los niños llegan a comprender una de las muchas maneras en que los niños de generaciones pasadas eran como ellos mismos. Esta clase se impartirá de forma bilingüe (inglés y español). Solo debe inscribir a su hijo(a). Instructora: Lilia Royce.

\$40.00 ID \$48.00 OD

Activity: [111502](#) - Opens Dec. 9

**Sa:** 9:30 - 11:00 am

Session: 3/22





## Cooking & Baking

### Bellissimo Biscotti

NEW

Ages: 16 & up

Larkspur Community Center

Delicious biscotti is an Italian-type cookie that is twice baked to create a dry, ready-to-dunk confection that pairs beautifully with coffee, tea, hot chocolate, milk or the traditional Italian dessert wine. Bake up a batch of these crunchy treats while you learn about the variations and techniques that make biscotti unique. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD

Activity: [102216](#) - Opens Dec. 9

Sa: 2:00 - 4:00 pm

Session: 1/11



## Easy Soups & Stews

Ages: 16 & up

Larkspur Community Center

Soups and stews can be hearty, wholesome, easy-to-make, low-cost and delicious. Forget canned soups or stocks! Instead, learn the secrets of great build-as-you-go soup stocks and soup-making. We will make a single-pot meal using fresh vegetables, herbs, spices, whole grains, beans and protein with dairy as an option. Bring your best vegetable knife, an apron, a small cutting board and to-go containers. Instructor: Suzanne Landry.

\$99.00 ID \$118.80 OD

Activity: [102226](#) - Opens Dec. 9

F: 5:00 - 7:30 pm

Session: 1/17

Work for play  
with Bend Park &  
Recreation District.

Visit

[bendparksandrec.org/jobs/](http://bendparksandrec.org/jobs/)

## Learn + play.

This section of classes is designed for those of us adulting. Now that we're in that phase of our lives, it's important to implement both discovery and play in our lives. Lifelong learning helps keep our brains fresh and play helps us feel young. And who doesn't want that?



## Plant-based Vegetarian Cooking for Families NEW

Ages: 16 & up

Larkspur Community Center

Discover the fundamentals of a healthy vegan and vegetarian diet that includes all the essential nutrients typically missing in a "just avoid meat" approach. Caring for yourself and your loved ones with a healthy, plant-based diet is possible using the guidelines you will learn in this class. Tasty recipes include walnut tacos, tofu parmesan, tamale pie and cheesy kale chips. Instructor: Suzanne Landry.

\$99.00 ID \$118.80 OD

Activity: [102208](#) - Opens Dec. 9

Sa: 2:00 - 4:30 pm

Session: 1/25

## French Cooking Together NEW

Ages: All Adults

Larkspur Community Center

Looking for a fun Valentine's date idea? Whether with your partner, family member or a friend, come spend an evening creating and enjoying a French dinner together! French cuisine is a culinary treasure trove that has captivated food lovers for centuries and is well-known for its finesse, depth and variety. We will focus on Provencal dishes - chicken provencal, pear salad with frisee and candied pecans and lemon lavender shortbread cookies. Bon appetit! The fee includes two adults. Please only register one adult. Instructor: Suzanne Landry.

\$139.00 ID \$166.80 OD

Activity: [102334](#) - Opens Dec. 9

F: 5:00 - 7:30 pm

Session: 2/14

## Building Flavor From Scratch NEW

Ages: 16 & up

Larkspur Community Center

Discover your inner chef you as you get creative and make delicious dishes from scratch! Learn to create foods without following a recipe as we break down any recipe's basic components and what ingredients can be used to make it memorable. Learn how herbs and spices affect a dish, and whether they should be fresh or dried. We'll cover flavor profiles and how to create them and also identify the five fundamental flavors that your taste buds use. Practice honing your palate and use it to adjust a recipe and achieve balanced flavors in a dish. We'll prepare a soup, entree and side vegetable to highlight some of these flavors. Plan for your cooking to expand after this class! Instructor: Suzanne Landry.

\$99.00 ID \$118.80 OD

Activity: [102206](#) - Opens Dec. 9

Tu: 5:00 - 7:30 pm

Session: 3/4



## Fabulous French Bread & Other Loaves We Love

Ages: 16 & up

Larkspur Community Center

This step-by-step class will explore baking amazing French bread, rolls and other yeast breads. Learn to decode your baking choices of yeasts, sweeteners, enhancements and flours. With instruction beyond just theory, we will put our hands to the dough to get baking. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD

Activity: [102245](#) - Opens Dec. 9

Sa: 1:00 - 3:30 pm

Session: 3/15

## General Enrichment

### Find Your Story NEW

Ages: All Adults

Larkspur Community Center

What do you want your family and friends to remember the most about you? Take a memory or experience that is meaningful to you and learn to turn it into a written story for others to cherish. You don't have to be an accomplished writer like Mark Twain or have led a life of adventure like Indiana Jones to create something special for your loved ones. It's easier than you think! Instructor: Leigh Lehman.

\$59.00 ID \$70.80 OD

Activity: [102116](#) - Opens Dec. 9

F: 2:00 - 4:00 pm

Session: 3/7

## With A Child: Cooking & Baking

### With A Child: Marshmallow Madness

Ages: 8 - 12 with Adult

Larkspur Community Center

Let's whip up some sweet, fluffy, homemade marshmallows. Join us as we put together a few basic ingredients and learn to make marshmallow magic and how to vary flavorings to create original marshmallow treats. Bring an apron and a 9x9 baking pan to take home your final confection creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD

Activity: [102260](#) - Opens Dec. 9

F: 2:00 - 4:00 pm

Session: 1/3

Sa: 2:00 - 4:00 pm

Session: 3/8

More  
"With A Child" classes:  
Art on pages 15 - 16.





## With A Child: Sushi Rolling Made Easy

**Ages:** 8 - 12 with Adult  
**Larkspur Community Center**

Learn how to make a platter of norimaki sushi rolls - it is easy! We will roll a variety of rice, noodles, vegetables, vegetarian proteins and/or cooked and smoked seafood with condiments in nori, a Japanese seaweed wrap. You will also learn to make cones, California rolls, miso soup from scratch and wakame cucumber sesame salad. Once you get the knack of it, you can throw your own sushi rolling party! Bring a cutting board, large sharp knife, small container for your sushi and an apron. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$99.00 ID \$118.80 OD  
Activity: [102293](#) - Opens Dec. 9  
**Th:** 5:00 - 7:00 pm  
Session: 1/30  
**Sa:** 1:00 - 3:00 pm  
Session: 2/1

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

## With A Child: Flourless Chocolate Cake

NEW

**Ages:** 8 - 12 with Adult  
**Larkspur Community Center**

Calling all chocolate lovers!! This rich and fudgy flourless chocolate cake is a perfect dessert for any occasion and, bonus, it's gluten-free! With a child, grab an apron and an 8-inch cake pan, and come discover how easy it is to make this decadent dessert together. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD  
Activity: [102296](#) - Opens Dec. 9  
**Sa:** 2:00 - 4:00 pm  
Session: 2/8

## With A Child: Hand Pie Perfection

**Ages:** 8 - 12 with Adult  
**Larkspur Community Center**

Spend some quality time with a child and learn to make the perfect hand pie. We will learn the fundamentals of making pie crust dough and delicious fillings. You and a little one will be on your way to making hand pies on your own. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD  
Activity: [102252](#) - Opens Dec. 9  
**Sa:** 1:00 - 3:00 pm  
Session: 2/22



## Games

### Learn to Play Mah Jongg

**Ages:** All Adults  
**Larkspur Community Center**

Mah Jongg has become one of the most popular games in the world - come discover what the craze is all about! This fun class is especially designed for beginners and includes an official large-print American Mah Jongg reference card from the National Mah Jongg League, a \$15 value. Instructor: Sharon Walden.

\$80.00 ID \$96.00 OD  
Activity: [102603](#) - Opens Dec. 9  
**Th:** 9:00 - 11:00 am  
Session: 1/9 - 2/6

### Learn to Play Pinochle

**Ages:** All Adults  
**Larkspur Community Center**

Pinochle is making a comeback in Bend and you're invited to join the fun! In each class of this beginning course, you will spend the first hour learning game fundamentals and the second hour practicing in small groups with a mentor. Focus will be on game terminology, how to bid, how to count meld and how to strategize your hand for winning. Instructor: Patricia DeLozier.

\$30.00 ID \$36.00 OD  
Activity: [102602](#) - Opens Dec. 9  
**Th:** 9:30 - 11:30 am  
Session: 1/9 - 16

## Learn to Play Bridge NEW

**Ages:** All Adults

**Larkspur Community Center**

Bridge is a fantastic pastime for casual enthusiasts to diehard competitors. In this six-session course for beginners, you'll learn the fundamentals including the object of the game, the play of the hand, bidding methods and conventions and basic defensive strategies. By the course's conclusion, you should have enough knowledge and hands-on practice to participate in novice level bridge games. Instructor: Steve Puchli.

\$80.00 ID \$96.00 OD

**Activity:** [102604](#) - Opens Dec. 9

**W:** 12:00 - 2:00 pm

**Session:** 1/15 - 2/19

## Music, Theater & Voice

### Beginner Guitar: Play Your Favorite Song NEW

**Ages:** 16 & up

**Larkspur Community Center**

Interested in playing the guitar but don't know where to start? This four-week class offers you the basics of guitar while you focus on a personal goal - playing your favorite song! This supportive and fun program is designed for beginners, whether you've never touched a guitar or struggled to make progress. We'll cover essential skills like tuning, strumming and simple chords, while keeping things relaxed and enjoyable. If needed, the instructor can help connect you with local resources to borrow or purchase a guitar at a discount. By course's end, you'll be strumming confidently, ready to enjoy the guitar in your own space. Come ready to learn, connect with others and discover the joy of making music! Instructor: Marc Proctor.

\$69.00 ID \$82.80 OD

**Activity:** [102108](#) - Opens Dec. 9

**Tu:** 5:00 - 6:00 pm

**Session:** 1/21 - 2/11



### Guitar Performance Workshop: Open Mic Ready NEW

**Ages:** 16 & up

**Larkspur Community Center**

Get ready to take your first step toward performing! This four-week series is for those who want to learn a song and perform at an open mic event. We'll work together to choose a song, practice guitar techniques and build your performance confidence. You'll learn the ins and outs of preparing for a live show including playing in front of an audience, making the song your own and even handling stage fright. In the final class, we'll attend a local open mic, where you'll get to share your music in a supportive environment. Whether you've never performed before or are just starting out, this workshop is a perfect way to learn, grow and have fun in the process! Bring your own guitar or connect with the instructor for local instrument rental/purchase information. Instructor: Marc Proctor.

\$69.00 ID \$82.80 OD

**Activity:** [102109](#) - Opens Dec. 9

**Tu:** 5:00 - 6:00 pm

**Session:** 2/18 - 3/11

### Beginner Ukulele Basics: Strum & Play NEW

**Ages:** 16 & up

**Larkspur Community Center**

Curious about learning to play the ukulele? Perfect for beginners, this four-week class will get you playing one of the most fun and accessible instruments around - the ukulele! Learn the fundamentals, from tuning and simple chords to strumming techniques. You'll be playing your favorite songs in no time as we keep the pace relaxed and fun, with plenty of guidance and hands-on practice. No experience is required. If needed, the instructor can help connect you with local resources to borrow or purchase a ukulele at a discount. By course's end, you'll have the skills and confidence to continue your musical journey on your own. Instructor: Marc Proctor.

\$69.00 ID \$82.80 OD

**Activity:** [102102](#) - Opens Dec. 9

**Tu:** 6:15 - 7:15 pm

**Session:** 1/21 - 2/11

#### Looking for fitness and wellness classes?

Check out the Adult Fitness & Wellness section on pages 24 -25.





## Travel

For all travel tours, call Larkspur Community Center at (541) 388-1133 for an information packet or stop by Larkspur front desk and pick up tour information.

### Treasures of Ireland

**Ages:** All Adults

Start your trip with two nights in Dublin, Ireland's capital city, known for its 1,000-plus pubs. Next, travel to Limerick to visit the Guinness Storehouse, St. Mary's Cathedral, King John's Castle and the Treaty Stone, followed by the spectacular Cliffs of Moher on the Wild Atlantic Way of Ireland's west coast. Afterward, it is off to vibrant Galway, "The City of Tribes," with its great seafaring tradition, and Killarney where you will take a horse-drawn Jaunting Car Ride into Killarney National Park. Travel the Ring of Kerry, renowned as one of the world's most gorgeous coastal routes. You will pass peat bogs, small colorful villages and breathtaking panoramic views of Macgillycuddy's Reeksa and Dingle Peninsula. Finally, visit the medieval town of Kilkenny with its historic castle, great shops, cobbled lanes and secret alleys before spending a unique overnight experience at the Dublin area Castle Hotel.

\$4499.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 3/25 - 4/2/2025

### Utah's Mighty National Parks

**Ages:** All Adults

Spend five nights in Moab, Utah with day trips to Canyonlands National Park featuring deeply eroded canyons interspersed with mesas, spires, arches and unusual rock formations; Monument Valley, where you will see a collection of Indian artifacts and a movie set from a John Wayne film; Capitol Reef National Park, which early inhabitants referred to as the "land of the sleeping rainbow" because of its beautiful contrasts of multi-colored sandstone, verdant riverbanks and arid desert vegetation; and Arches National Park with over 2,000 famous arches and other red rock formations and canyons. On the final evening, you'll experience a cowboy-style Dutch oven meal and night cruise down the Colorado River with a narrated sound show on the illuminated canyon walls above the river.

\$3625.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 5/4 - 10/2025

### Cape Cod & the Islands

**Ages:** All Adults

After a day of sightseeing in Boston, Massachusetts including Faneuil Hall Marketplace, Plimoth Plantation, the Mayflower II and Plymouth Rock, you'll head to Cape Cod for a five-night stay. You'll visit a traditional cranberry bog, explore Provincetown's artist community, travel along the Cape Cod National Seashore and tour the delightful coastal city of Newport, Rhode Island. Scenic ferry rides will bring you to Martha's Vineyard and Nantucket Island to discover colorful Victorian cottages, cobblestoned streets and unspoiled beaches. Your trip will end with a traditional New England lobster boil on the final night.

\$3425.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 6/7 - 13/2025





## Highlights of Scandinavia

**Ages:** All Adults

Summer in Scandinavia! Enjoy the beauty and colorful history of Scandinavia as you explore capital cities, experience breath-taking views on train journeys and marvel at dramatic landscapes and waterways. First, you will visit Stockholm, Sweden, often called the “Venice of the North” for its exquisite architecture and abundant open water. Then it’s off to Oslo, Norway to tour the impressive Norwegian Folk Museum and the Gol Stave Church and then learn about farming traditions and taste the local beer at a Norwegian sheep farm. Afterward, you’ll take a short flight to Copenhagen, Denmark for a day of sightseeing before departing for home.

\$7199.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 7/17 – 27/2025

## Mackinac Island, the Grand Hotel & Niagara Falls

**Ages:** All Adults

Step back in time to the Victorian era in the Great Lakes for a two-night stay at The Grand Hotel, Mackinac Island, Michigan’s most famous resort property. Visit the Henry Ford Museum and the Ford River Rouge Plant, where F-150 trucks are built and ride in a Model-T car. Motorcoach into Ontario, Canada to visit Niagara Falls, one of the world’s natural wonders. Cruise close to the falls aboard the famous Maid of the Mist tour boat, dine at a revolving restaurant overlooking the falls and enjoy the unique “Journey Behind the Falls” experience where you descend 125 feet and explore 130-year-old tunnels carved through bedrock.

\$3975.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 9/26 – 10/3/2025

## Music Cities Holiday

**Ages:** All Adults

Venture down to the South for a musical excursion to Branson, Missouri; Little Rock, Arkansas; and Memphis and Nashville, Tennessee. Enjoy live bluegrass, classical and blues music galore, plus a holiday show at the famous Grand Ole Opry. Between shows, tour the Branson waterfront, take a dinner cruise on the Showboat Branson Belle, visit Elvis Presley’s famous Graceland 14-acre estate, tour the sights of Nashville, and ride a horse-drawn carriage to marvel at the two-million twinkling holiday lights at the Gaylord Opryland Resort.

\$3399.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 12/2 – 7/2025





## Wilderness Safety & First Aid

### Wilderness First Aid

Ages: 16 & up

Hollinshead Barn

This program covers a wide range of wilderness medicine topics for people who travel in the outdoors: from hunters and fishermen, guides and activity leaders to the casual outdoor user. No previous experience/knowledge required. Presented by National Outdoor Leadership School (NOLS). Wilderness Medicine CPR not included.

\$290.00 ID / OD

Activity: [408360](#) - Open now

W-Th: 8:00 am - 5:00 pm

Session: 1/22 - 23

Su/Sa: 8:00 am - 5:00 pm

Session: 5/3 - 4



### Wilderness Upgrade for Medical Professionals

Ages: All Adults

Hollinshead Barn

Presented by NOLS Wilderness Medicine, this course is for medical professionals - EMTs, medical students, nurses, physician assistants and physicians. It includes a five-day (48-hour) module for professional medical practitioners that builds on existing knowledge to learn how to improvise equipment, deal with challenging environmental conditions and make difficult medical decisions in remote locations. Continuing education units available. 50% deposit required at registration with remaining balance due 30 days prior to start of training.

\$950.00 ID / OD

Activity: [408366](#) - Open now

M-F: 8:00 am - 5:00 pm

Session: 1/27 - 31

**Work for play  
with  
Bend Park &  
Recreation District.**

Visit  
[bendparksandrec.org/jobs/](http://bendparksandrec.org/jobs/)

### WFR Recertification

Ages: 16 & up

Hollinshead Barn

This training is specifically designed to recertify the Wilderness First Responder certification\* (also Wilderness EMT-wilderness portion only and WAFA certifications). Includes CPR. \*If your certification is expired, to recertify a WFR course issued by National Outdoor Leadership School (NOLS), please check their website at [www.nols.edu](http://www.nols.edu) to confirm the latest policies in regards to the grace period (typically 1 year). For certifications not issued by NOLS, you should possess a valid and unexpired WFR certification in order to take this course.

\$385.00 ID / OD

Activity: [408362](#) - Open now

Su-M: 8:00 am - 5:00 pm

Session: 2/2 - 4

Tu-Th: 8:00 am - 5:00 pm

Session: 3/4 - 6      4/1 - 3  
4/8 - 10      5/13 - 15

### Wilderness First Responder

Ages: 16 & up

Hollinshead Barn

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to address difficult medical decisions. Presented by National Outdoor Leadership School (NOLS) Wilderness Medicine, this course is fast-paced and engaging. You'll spend half your time outside of the classroom practicing hands-on skills and realistic scenarios. Training days are typically 8:00 am-5:00 pm, with two evening sessions required. Adult/child CPR certification is included. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. 50% deposit required at registration with remaining balance due 30 days prior to start of training.

\$920.00 ID / OD

Activity: [408364](#) - Open now

Su-Sa: 8:00 am - 5:00 pm

Session: 2/19 - 28      3/11 - 20  
4/22 - 5/1

INDOOR  
& OUTDOOR  
NORDIC  
WALKING  
.....  
PAGE 25



## Play up your fitness.

Every season is a great season to move! Not only does BPRD offer regularly occurring, weekly drop-in fitness classes, but there are also special opportunities to enhance your fitness curriculum. Our specialized classes let you connect with others while helping to expand your body and mind, gain more confidence and feel great.

## Specialized/ Registration Fitness Classes

### Fit & Happy Feet

Ages: All Adults

Larkspur Community Center

Create fit and happy feet! Receive coaching on a series of exercises targeted to strengthen your feet, ankles, and legs over three separate 45-minute sessions. Our feet are our foundation and giving them the attention they deserve can help avoid injury from the stress they receive. Space is limited to 18 participants so register early! Instructor: Cinda Strauch.

\$34.00 ID \$40.80 OD

Activity: [115670](#) - Opens Dec. 9

W: 11:15 am - 12:00 pm

Session: 1/8 - 22



## Slow Yoga & Nutrition for Healthy Living NEW

Ages: All Adults

Larkspur Community Center

If you're aiming for a balanced lifestyle that integrates healthy exercise and eating, you're invited to learn about yoga and nutrition through Ayurveda. Considered a whole-body system of medicine in India and other countries, Ayurveda began in India more than 3,000 years ago and takes a natural approach to all aspects of health and well-being. The complementary sciences of yoga and Ayurvedic medicine aim to make people feel better with such conditions as anxiety, fatigue, depression, chronic pain and various illnesses. With these two holistic lifestyle-based practices, we will explore slow, therapeutic yoga and then learn about Ayurvedic eating and cooking principles while we enjoy an easy-to-replicate meal. We'll feed your body and mind! Instructor: Brandy Berlin.

\$99.00 ID \$118.80 OD

Activity: [102338](#) - Opens Dec. 9

Su: 12:00 - 3:00 pm

Session: 1/26





## The Science & Tradition of Slow, Mindful Yoga NEW

**Ages:** All Adults

**Larkspur Community Center**

Just like your muscles and heart, your nervous system needs to train, and slow mindful yoga can help build the nervous system resilience and promote mental health. Learn the reasons why time spent practicing in this way is as important as any other exercise or self-care practice you do - and science is starting to reveal that these practices have their own, unique value for healing and well-being. Yoga Alliance CEUs available. Instructor: Brandy Berlin.

\$40.00 ID \$48.00 OD

Activity: [115642](#) - Opens Dec. 9

**Su:** 2:00 - 4:00 pm

Session: 2/9

## Valentine's Partner Yoga

**Ages:** All Adults

**Larkspur Community Center**

Partner yoga is a style of asana practice in which two people support each other in poses in a way that enhances the postures and builds trust and communication. Partner yoga can also help lighten up and invite a sense of playfulness into your practice. Sign up with a loved one or friend. Registration fee is per person, not per couple. Instructor: Jes Scheel.

\$18.00 ID \$21.60 OD

Activity: [115640](#) - Opens Dec. 9

**Tu:** 6:00 - 7:30 pm

Session: 2/11

## Nordic Walking

**Ages:** All Adults

**Larkspur Community Center**

Learn to walk with power, propulsion and purpose! One of the main benefits of Nordic walking is that it's a year-round activity you can do on a variety of terrain including asphalt, grass, dirt and indoors. Research-backed science supports that you'll build strength in your upper body and core, improve your posture and burn up to 46% more calories than regular walking. Poles take weight off the joints and increase coordination and stabilization. Bring your own poles - with rubber tip covers for indoors - or borrow ours. Instructor: Monica McClain-Smith.

### INDOOR NORDIC WALKING

Held at Larkspur Community Center indoor track.

\$18.00 ID \$21.60 OD

Activity: [115600](#) - Opens Dec. 9

**Th:** 10:20 - 11:40 am

Session: 2/20

### OUTDOOR NORDIC WALKING

Held outside at Larkspur Community Center.

\$15.00 ID \$18.00 OD

Activity: [115610](#) - Opens Dec. 9

**Th:** 10:20 - 11:40 am

Session: 3/6

## Pilates for Pickleball

**Ages:** All Adults

**Juniper Swim & Fitness Center**

This 6-week small group training session features a different focus each week. Pilates exercises, dynamic stretching and warm ups, balance and stability exercises, and strength and conditioning. Cross training ideas will be incorporated to help create a more balanced body. By the end, you will have a routine aimed to help you minimize injuries and more thoroughly enjoy Pickleball. Instructor: Susie Montross.

\$120.00 ID \$144.00 OD

Activity: [105685](#) - Opens Dec. 9

**W:** 10:30 - 11:30 am

Session: 3/5 - 4/9

## Health & Longevity Through Ayurveda NEW

**Ages:** All Adults

**Larkspur Community Center**

Practiced by 80 percent of India's population and more than 3,000 years old, Ayurveda is a whole-body system of medicine in India and other countries. This workshop will outline the foundational principles of this ancient system of health care that emphasizes cultivating balance through traditional, common-sense, lifestyle-based practices that aim for robust health and longevity. Come share an easy-to-replicate Ayurvedic meal and learn how to align routine, diet and self-care with nature's rhythms and your unique constitution. Instructor: Brandy Berlin.

\$79.00 ID \$94.80 OD

Activity: [102339](#) - Opens Dec. 9

**Su:** 1:00 - 3:00 pm

Session: 3/9

## 200+ weekly drop-in fitness classes

**Ages:** 16 & up;  
11 - 15 with adult

Looking for regularly occurring fitness classes that fit your schedule and needs?

BPRD offers numerous drop-in fitness classes every week at Larkspur Community Center and Juniper Swim & Fitness Center. All abilities are welcome and you can focus your energy on targeting cardio, indoor cycling, mind/body, strength training and conditioning and more.

Learn more on page 83 and visit [bendparksandrec.org/fitness-swim](http://bendparksandrec.org/fitness-swim) for schedules and details.

CLICK TO LEARN  
MORE ABOUT  
DROP-IN  
FITNESS & WELLNESS  
CLASSES





Skate on.  
Slide on.  
Roll on.

The Pavilion's rink is the place to slide, glide, twirl and roll with a wide variety of roller skating and sports in spring through fall and a complementary selection of ice skating and ice sports in the fall through spring. These activities offer movement, a breeze in your hair and the reward of personal development and/or the excitement of competition.

## Curling

### Adult Curling League

Ages: All Adults

#### The Pavilion

Open to all levels of curling experience, from first-timers to seasoned experts! This league gives you a chance to compete alongside your friends. BPRD will supply stones, brooms and all necessary equipment. Games are played on Sunday afternoons and evenings in a round-robin format. Games will run until a team has won or for a maximum of 80 minutes. Curling League is very popular and space is limited, so register early. Game schedule will be organized once 40 teams are registered. One person registers and pays on behalf of your team of four to six players.

Registration deadline: 12/22,  
11:59 p.m. or until full.

\$450.00 ID / OD

Activity: [110331](#)

Su: 3:30 - 10:40 pm

Session: 1/5 - 2/23

**Be a coach!**  
**Volunteer coaches needed**  
**for youth sports.**

Contact Kim at (541) 706-6127  
for more information.

### Adult Beginner Curling League NEW

Ages: All Adults

#### The Pavilion

Want to join the curling league, but still have a lot of questions? Join our Friday morning Beginner Curling League, where we will have an instructor on site to support the league and help you hone your curling technique! BPRD will supply stones, brooms and all necessary equipment. One person registers and pays on behalf of your team of four to six players.

Registration deadline: 12/22,  
11:59 p.m. or until full.

\$450.00 ID / OD

Activity: [110333](#)

F: 9:00 - 11:00 am

Session: 1/10 - 2/28





## Hockey

### Learn to Skate: Adult Hockey

Ages: All Adults

The Pavilion

Let's learn some hockey-specific ice skating skills! In this class, you'll develop your skating skills for hockey such as falling and recovery, hockey stance forward and backward, snowplow stops, backward swizzles, forward C-cuts and more. Wearing hockey gear is optional. No sticks or pucks on ice. Prerequisite: Basic ice skating experience prior to the first class - should be able to stand and skate forward confidently and unassisted. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity: [110146](#)

Th: 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/20

### Adult Hockey Skills & Drills

Ages: All Adults

The Pavilion

Let's get together and improve our hockey skills! These sessions are designed to develop the fundamentals of the game, hone in on particular skills, promote physical fitness and above all else have fun. This program focuses on skills progression with drills including skating techniques, puck handling, passing and offensive-defensive tactics, positioning, shift changes and more. Both beginner and intermediate players are welcome; participants must have prior ice skating experience. Basic gear is required including stick, helmet, gloves, elbow pads, shin pads and hockey pants.

\$160.00 ID \$192.00 OD

Activity: [110321](#)

F: 8:15 - 9:15 pm

- OR - 9:30 - 10:30 pm

Session: 1/3 - 3/7



### Adult Hockey Lunch League

Ages: All Adults

The Pavilion

Looking for more hockey in your mid-day schedule? Come join us during your lunch break for an adult hockey league. Everyone is welcome because teams are comprised of a wide range of skill levels. Register as an individual; BPRD will draft balanced teams for a seven-game schedule. Game times start at 11:45 am or 1:00 pm each week. Full gear required. Space is limited.

Registration deadline: 12/22,  
11:59 p.m. or until full.

\$160.00 ID \$192.00 OD

Activity: [110325](#)

F: 11:45 am - 2:00 pm

Session: 1/3 - 2/28 1/3 - 2/28

### Required Hockey Gear

**PLAYERS:** Helmet, mouth guard, elbow pads, hockey pants, shin pads, hockey socks and hockey stick. Shoulder pads recommended but optional.

**GOALIES:** Goalie helmet, chest protector, goalie pants, leg pads, blocker, catching glove and goalie stick.



### Specialized Times:

**Registration:** Opens 72 hours prior to scheduled session. You must check-in with the front desk before the session.

**Drop-in:** If space is available. Check activity # status online prior to arrival.

**Sessions:** Times and days will vary. Check online schedule.

### Stick Time

Think "Open Gym," but for hockey. Bring your sticks, skates and gear and work on your skating, stick handling and shooting in these no pressure hockey-only sessions. Nets and pucks provided.

Adult: \$13.50 / Youth: \$12.50

Activity: [410402](#) - Adult  
[410401](#) - Youth

### Pick-up Hockey

Get some extra game practice during these pick-up hockey times. No officials or scoring. Teams are self-selected each session. Full gear required. Bring light and dark jerseys.

Adult: \$13.50

Activity: [410403](#) - Adult

### Freestyle

Freestyle is a practice session designed for intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.

Adult: \$13.50 / Youth: \$12.50

Activity: [410160](#) - Adult/Youth

## Wally Wallace Cup Hockey Tournament

**Ages:** All Adults

### The Pavilion

Welcome to the Wally Cup - an exciting 4 vs 4 full-ice hockey tournament honoring Wally Wallace, one of the founders of local ice hockey in Bend. The event features four-team round-robin pool play to determine standings followed by an eight-team championship tournament Friday and Saturday. Each game is two 10-minute running time periods with no stoppage of play after goals. Full protective gear required; shoulder pads optional but recommended. This is a non-checking event. All players must possess both light and dark jerseys, preferably white and black. Please do not wear gray, yellow, light blue or any other neutral color. Register in either A/B or C/D division following similar placement as the regular-season Adult Hockey League. Sign up individually and teams will be separated by BPRD. Spectators free and encouraged. Questions? Email [alyr@bendparksandrec.org](mailto:alyr@bendparksandrec.org)

**Registration opens 2/1 at 8:00 a.m. and spaces fill very quickly.**

\$50.00 ID \$60.00 OD

Activity: [110320](#)

**M-Sa: 6:30 - 10:30 pm**

Session: 3/17 - 22



## Ice Season Passes

Good for all public skate sessions at The Pavilion for the current ice season, October - April.

More on page 86.



## Ice Skating

### Learn to Skate: Adult Levels 1 - 2

**Ages:** All Adults

#### The Pavilion

Welcome to Skate School where you will learn the fundamentals of ice skating! Depending on your experience and ability, you may learn about falling and recovery, marching forward, two-foot glides, forward swizzles, snowplow stops, one-foot glides, two-foot turns in place, backward snowplow stops, switching direction and more. No prerequisite skills required. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity: [110141](#)

**Th: 5:40 - 6:10 pm**

Session: 1/2 - 2/6 2/13 - 3/20

## Skate Lesson Assessment **FREE**

Inquire at the Pavilion front desk or call (541) 389-7588 to arrange an appointment.

## Skating Practice **FREE**

Registered Learn to Skate participants skate for free at public skate sessions Mondays through Thursdays within enrolled dates (rental skates not included). Cheap Skates and Holiday Skate not included.

Schedules at [thepavilioninbend.com](http://thepavilioninbend.com).

## Learn to Skate: Adult Levels 3 - 4

**Ages:** All Adults

#### The Pavilion

Let's develop your skating skills further! Depending on your experience and ability, we may work on forward inside/outside edges, forward crossovers, one-foot glides, backward half-swizzle pumps, two-foot spins and more. Suggested prerequisite: Completion of Level 1-2. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity: [110143](#)

**Th: 5:40 - 6:10 pm**

Session: 1/2 - 2/6 2/13 - 3/20

## With A Child: Learn to Skate

**Ages:** 6 - 11 with adult

#### The Pavilion

Welcome to Skate School to learn the fundamentals of ice skating! Young skaters - grab a parent, relative or other adult in your life and learn to skate together. We will learn about sitting and standing up on the ice, forward swizzles, snowplow stops on two feet, two-foot hops and more. Register under the child's name; one adult is included. No prerequisite. Skate rentals included.

\$140.00 ID \$168.00 OD

Activity: [110110](#)

**Tu: 5:40 - 6:10 pm**

Session: 2/11 - 3/18

## Skaters Levels 4 & Up

For skaters Level 4 and above, we recommend Bend Ice Figure Skating Club to help continue with progressive development.

More on page 69.





## Adult Ice Skating & Sports

Find adult ice skating, curling and hockey programs on pages 26 - 28.

## Adult Sports Conditioning

Specialized training and conditioning programs available on pages 24 - 25.

Drop-in fitness activities and information on page 83.

### Pilates for Pickleball

Ages: All Adults

Juniper Swim & Fitness Center

This 6-week small group training session features a different focus each week. Pilates exercises, dynamic stretching and warm ups, balance and stability exercises, and strength and conditioning. Cross training ideas will be incorporated to help create a more balanced body. By the end, you will have a routine aimed to help you minimize injuries and more thoroughly enjoy Pickleball. Instructor: Susie Montross.

\$120.00 ID \$144.00 OD

Activity: [105685](#) - Opens Dec. 9

W: 10:30 - 11:30 am

Session: 3/5 - 4/9

**Be a coach!**  
**Volunteer coaches**  
**needed for**  
**youth sports.**

Contact Kim at (541) 706-6127  
 for more information.

## Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, please call (541) 706-6115.

## Game time.

Play is a key element of our youth. So why not feel like a kid again and have sports in your life? You'll exercise, make new friends and either learn a new skill or keep an old one alive. And that is the real fountain of youth.



## Liquid benefits.

It's never too late to become a swimmer! Our swim program allows you to progress from no experience to becoming a master swimmer. Come swim - gain confidence in the water and feel great.

### Did you know? Why you should learn to swim for your safety:

More than a third of adults in the United States can't swim the length of a pool, according to the Centers for Disease Control and Prevention, which puts them at risk of being one of the 10 people who drown every day in this country.

## Swim Lessons

### Swim Lessons Adult Level 1

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

This class is designed for the adult swimmer with little to no experience in the water. We will introduce you to basic swim skills and water safety while helping conquer any fears of swimming you may have. The majority of class is in shallow water.

\$150.00 ID \$180.00 OD

Activity: [105554](#) - Opens Dec. 10

**Sa:** 9:00 - 9:45 am

Session: 1/11 - 3/15

### Swim Lessons Adult Level 2

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

Develop your skills in a comfortable environment designed for new swimmers to learn basic front crawl and back strokes. Appropriate for adults unable to swim 15 meters.

\$150.00 ID \$180.00 OD

Activity: [105555](#) - Opens Dec. 10

**Tu:** 5:30 - 6:15 pm

Session: 1/7 - 3/11

**Th:** 6:20 - 7:05 pm

Session: 1/9 - 3/13

### Swim Lessons Adult Level 3

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

This class works on building your confidence, developing stroke technique and achieving the ability to swim full laps. The focus is on fitness through skill training, short distance repeats and is individualized to meet your goals. Appropriate for adults who can swim 15 meters but not much more.

\$150.00 ID \$180.00 OD

Activity: [105556](#) - Opens Dec. 10

**Tu:** 6:20 - 7:05 pm

Session: 1/7 - 3/11

**Th:** 5:30 - 6:15 pm

Session: 1/9 - 3/13

## Masters Swimming: Bend's Adult Swim Program

**Ages:** 18 & up

**Juniper Swim & Fitness Center**

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for various ages and abilities. Participants must be able to swim comfortably for 500 meters (20 lengths). Although not required, many choose to race.

Fitness, Swim & Skate Pass/drop-in fee

Dates: 1/2 - 6/13 [Check schedule](#)

**M/W/F:** 5:35 - 6:30 am

**T/Th:** 9:15 - 10:30 am

**M-F:** 11:45 am - 1:00 pm

**Sa/Su:** 9:00 - 10:30 am





## YOUTH THERAPEUTIC RECREATION

### Youth Snow Day

Ages: 7 - 13

District Office

Let's go play in the snow! We will either go sledding or join a U.S. Forest Service ranger-led snowshoe tour. Activity will be determined by weather.

\$55.00 ID \$66.00 OD

Activity: [104804](#) - Opens Dec. 9

Sa: 11:00 am - 4:30 pm

Session: 1/11

### Youth Swimming Night

Ages: 7 - 17

Larkspur Community Center

It's time to swim! We will make a splash at Recreation Swim at the Larkspur Community Center pool. This program is designed for youth with disabilities, and their siblings or friends.

\$25.00 ID \$30.00 OD

Activity: [104801](#) - Opens Dec. 9

F: 5:30 - 7:00 pm

Session: 1/17 3/7

With inclusion,  
everybody  
benefits!

If you or your child has a disability and are interested in participating in a general program, we will help make it happen. When people with disabilities participate in general programs EVERYBODY benefits!

To ensure successful inclusion, we encourage you to check the box on the registration form that says "check here if you want an assessment team to contact you about disability accommodations." Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!

"When you're  
moving in the  
positive, the  
destination is your  
brightest star."  
~ Stevie Wonder



## Youth Trampoline Night

**Ages:** 6 - 12

**District Office**

Jump, bounce, run, play - join us for a night on trampolines with friends. This program is designed for youth with disabilities and their siblings or friends.

\$35.00 ID \$42.00 OD

**Activity:** [104813](#) - Opens Dec. 9

**M:** 5:45 - 7:15 pm

**Session:** 1/27

## Youth Game & Activity Night

**Ages:** 7 - 17

**District Office**

Join us for an evening of crafts and games. This program is designed for youth with disabilities, and their siblings or friends.

\$30.00 ID \$36.00 OD

**Activity:** [104802](#) - Opens Dec. 9

**F:** 5:45 - 7:45 pm

**Session:** 2/21

## Kids' Adventure Days

**Ages:** 6 - 12

**District Office**

Join us for an afternoon of adventure in and around Bend. Activities are weather-dependent, and may include accessible hiking, exploring state parks and visiting local farms. This program is designed for kids with disabilities and their siblings or friends.

\$45.00 ID \$54.00 OD

**Activity:** [104811](#) - Opens Dec. 9

**Sa:** 1:30 - 5:00 pm

**Session:** 3/1

## TEEN THERAPEUTIC RECREATION

### Teen Fitness

**Ages:** 13 - 18

**Larkspur Community Center**

Join a program focused on healthy lifestyles and habits. We will utilize the fitness center at Larkspur Community Center to exercise with friends. This program is designed for teens with disabilities and their siblings or friends.

\$25.00 ID \$30.00 OD

**Activity:** [104850](#) - Opens Dec. 9

**M:** 5:30 - 7:00 pm

**Session:** 1/13

**F:** 5:30 - 7:00 pm

**Session:** 2/28 3/21

### Afternoon at the Pool

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

It may be cold outside, but we can still make a splash at the warm indoor pool! We will join the Recreation Swim time at Juniper Swim & Fitness Center.

\$25.00 ID \$30.00 OD

**Activity:** [104300](#) - Opens Dec. 9

**Sa:** 1:00 - 3:30 pm

**Session:** 1/25 3/22

## Teen Snowshoe Outing

**Ages:** 13 - 21

**District Office**

Dress warm and get ready to have the best time snowshoeing with friends. We will join a U.S. Forest Service ranger led tour at Mt. Bachelor. Snowshoes will be provided; you bring the smiles. This program is designed for teens with disabilities.

\$55.00 ID \$66.00 OD

**Activity:** [104821](#) - Opens Dec. 9

**Sa:** 11:00 am - 4:30 pm

**Session:** 2/8



### Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.





## Teen Adventure Club

**Ages:** 13 - 21

**District Office**

Looking for an exciting and active morning of adventure and fun with your friends? Join the Teen Adventure Club. Come enjoy games, field trips around Central Oregon, community events and much more. Activities are dependent on the weather. This program is designed for teens with disabilities and their siblings or friends.

\$45.00 ID \$54.00 OD

**Activity:** [104820](#) - Opens Dec. 9

**Sa:** 9:30 am - 1:00 pm

**Session:** 3/1

## ADULT THERAPEUTIC RECREATION

### Arts & Crafts

#### Island Inspiration NEW

**Ages:** All Adults

**Larkspur Community Center**

Can you feel the warm breeze of the islands? A refreshing creative escape from our dark and cold winter, Island Inspiration is a vibrant art class that transports participants to the warmth and color of tropical paradises in a variety of mediums.

\$90.00 ID \$108.00 OD

**Activity:** [104318](#) - Opens Dec. 9

**M:** 5:00 - 7:00 pm

**Session:** 1/6 - 27 (No class 1/20)

#### Art Is in the Air NEW

**Ages:** All Adults

**Larkspur Community Center**

Let your passion for friends, family and art inspire you during this art class centered around love. We will use different mediums to create gifts and tokens of appreciation to the people in our lives that we are most grateful for.

\$90.00 ID \$108.00 OD

**Activity:** [104400](#) - Opens Dec. 9

**M:** 5:00 - 7:00 pm

**Session:** 2/3 - 24 (No class 2/17)

#### Inspiration Station

**Ages:** All Adults

**Norton Avenue Apts**

Inspiration Station is a dynamic, creative hub designed to spark imagination and nurture artistic expression across various mediums. Creators of all skill levels are welcome and a supportive environment will be provided so that we explore our artistic selves!

\$52.00 ID \$62.40 OD

**Activity:** [104111](#) - Opens Dec. 9

**Th:** 5:30 - 7:30 pm

**Session:** 2/6 - 27

#### Luck of the Irish Designs

NEW

**Ages:** All Adults

**Larkspur Community Center**

Embrace the spirit of the Emerald Isle in this vibrant and engaging art class that celebrates Irish culture and folklore through creative expression. Luck of the Irish Designs offers a delightful journey into Irish-inspired art forms.

\$120.00 ID \$144.00 OD

**Activity:** [104401](#) - Opens Dec. 9

**M:** 5:00 - 7:00 pm

**Session:** 3/3 - 31 (No class 3/24)

### Cooking & Baking

#### New Year, New Recipes

**Ages:** All Adults

**Twin Knolls Transition Co-op**

Let's kick off our new year and try out some new healthy and delicious recipes! Each week learn more about healthy habits and ingredients to create exciting dinners. Yum!

\$120.00 ID \$144.00 OD

**Activity:** [104301](#) - Opens Dec. 9

**W:** 5:00 - 7:30 pm

**Session:** 1/8 - 29

#### Winter Warmers: NEW Comfort Food Edition

**Ages:** All Adults

**Twin Knolls Transition Co-op**

Embrace the winter cold and join us for a cooking class that's all about comfort and coziness. From rich stews to creamy soups, indulgent casseroles and baked treats - we'll cover some tasty recipes!

\$120.00 ID \$144.00 OD

**Activity:** [104308](#) - Opens Dec. 9

**W:** 5:00 - 7:30 pm

**Session:** 2/5 - 26



## One Pot Wonders NEW

**Ages:** All Adults

**Twin Knolls Transition Co-op**

During the busy week, using less equipment and having less clean-up can be helpful when preparing meals. One pot wonders will teach you a variety of simple but healthy, delicious meals with clean-up that's a snap!

\$120.00 ID \$144.00 OD

**Activity:** [104310](#) - Opens Dec. 9

**W:** 5:00 - 7:30 pm

**Session:** 3/5 - 4/2 (No class 3/26)

## Outdoors

### Ski for Life With OAS

**Ages:** All Adults

**Norton Avenue Apts**

Bring on the winter adventures! Try this adventurous offering with partner Oregon Adaptive Sports for OAS's Ski for Life program. OAS provides life-changing outdoor recreation experiences to individuals with disabilities. Through skiing and snowboarding, participants gain confidence, build self-esteem and strive for independence leading to an enhanced quality of life. This program is for adults with developmental or intellectual disabilities. Transportation provided by BPRD and ski/snowboard equipment by OAS.

\$320.00 ID \$384.00 OD

**Activity:** [104316](#) - Opens Dec. 9

**M:** 8:30 am - 1:30 pm

**Session:** 2/3 - 3/17 (No class 2/17)

## Snowshoeing

**Ages:** All Adults

**Norton Avenue Apts**

Dress warm and get ready to have the best time snowshoeing with friends. We will join a U.S. Forest Service ranger led tour at Mt. Bachelor. Snowshoes will be provided; you bring the smiles.

\$40.00 ID \$48.00 OD

**Activity:** [104704](#) - Opens Dec. 9

**Sa:** 11:30 am - 4:00 pm

**Session:** 2/22

## Saturday Adventure

**Ages:** All Adults

**Norton Avenue Apts**

Join us for an outing with friends in or around Bend. The outing will be determined based on the weather, but it will certainly be active and scenic. Saturdays have never been so much fun!

\$45.00 ID \$54.00 OD

**Activity:** [104700](#) - Opens Dec. 9

**Sa:** 10:00 am - 4:00 pm

**Session:** 3/8



## Fun & Games

### Night at the Pool

**Ages:** All Adults

**Norton Avenue Apts**

Splash around with your friends! Come join us for an evening of open recreation swim and games at Larkspur Community Center.

\$20.00 ID \$24.00 OD

**Activity:** [104503](#) - Opens Dec. 9

**F:** 5:00 - 7:00 pm

**Session:** 1/24

### Afternoon at the Pool

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

It may be cold outside, but we can still make a splash at the warm indoor pool! We will join the Recreation Swim time at Juniper Swim & Fitness Center.

\$25.00 ID \$30.00 OD

**Activity:** [104300](#) - Opens Dec. 9

**Sa:** 1:00 - 3:30 pm

**Session:** 1/25 3/22

### Adult Game Night

**Ages:** All Adults

**Norton Avenue Apts**

Join us for an evening of games and friendly competition. We will play a few old favorites as well as learn a couple of new games to enjoy with your friends.

\$25.00 ID \$30.00 OD

**Activity:** [104317](#) - Opens Dec. 9

**F:** 5:30 - 7:30 pm

**Session:** 2/7



## Social Programs

### Smart Living Series NEW

**Ages:** All Adults  
**Norton Avenue Apts**

The Smart Living Series is a multi-session program designed to help participants learn how to navigate modern life more effectively and efficiently. Presentations and information-sharing will include a range of topics aimed at enhancing your personal well-being, productivity and sustainability in today's fast-paced world.

\$52.00 ID \$62.40 OD

Activity: [104114](#) - Opens Dec. 9

**Th:** 5:30 - 7:30 pm

Session: 1/9 - 30

### Spa Night NEW

**Ages:** All Adults  
**Norton Avenue Apts**

Indulge in an evening of relaxation and self-care with Spa Night. This rejuvenating experience offers participants a chance to unwind, de-stress and pamper themselves in a tranquil atmosphere.

\$35.00 ID \$42.00 OD

Activity: [104421](#) - Opens Dec. 9

**F:** 6:00 - 8:00 pm

Session: 1/10

### Day Program: Community Outing

**Ages:** All Adults  
**Norton Avenue Apts**

Join us for this daytime program designed for adults who are not working at this time of day and would enjoy getting out in the community. Activities could include an outdoor adventure, going to the library or museum or visiting other local attractions.

\$125.00 ID \$150.00 OD

Activity: [104315](#) - Opens Dec. 9

**F:** 9:30 am - 12:30 pm

Session: 1/10 - 31 2/7 - 28  
3/7 - 4/4 (No class 3/28)



### Day at the Museum

**Ages:** All Adults  
**Norton Avenue Apts**

Come spend the day exploring the High Desert Museum. From river otters to rotating exhibits, there's always something new and exciting to see.

\$35.00 ID \$42.00 OD

Activity: [104130](#) - Opens Dec. 9

**Sa:** 10:00 am - 1:00 pm

Session: 1/18

### Community Contributions

**Ages:** All Adults  
**Norton Avenue Apts**

Let's take some time to give back to the Bend community. We will either volunteer at a business in town, or use our artistic skills to create gifts to donate somewhere in need.

\$30.00 ID \$36.00 OD

Activity: [104515](#) - Opens Dec. 9

**Sa:** 10:00 am - 1:00 pm

Session: 1/25 3/22

### A Winter's Night Out NEW

**Ages:** All Adults  
**Norton Avenue Apts**

Celebrate the magic of the winter season in this enchanting evening program. You'll enjoy a variety of festive activities which may include ice skating, sitting by a cozy fire, sipping hot chocolate and stargazing. Oh, the delights!

\$35.00 ID \$42.00 OD

Activity: [104102](#) - Opens Dec. 9

**F:** 5:30 - 8:30 pm

Session: 1/31

### Oregon Winterfest

**Ages:** All Adults  
**Norton Avenue Apts**

Join us as we explore the fun and festivities at Oregon Winterfest back in the Old Mill District!

\$55.00 ID \$66.00 OD

Activity: [104501](#) - Opens Dec. 9

**Sa:** 10:30 am - 2:30 pm

Session: 2/15

### Culture Club

**Ages:** All Adults  
**Norton Avenue Apts**

No need for a plane ticket for this international adventure! In Culture Club, we will learn about a different country and its customs each week. We will sample local cuisine, listen to some favorite songs and participate in popular local activities.

\$52.00 ID \$62.40 OD

Activity: [104115](#) - Opens Dec. 9

**Tu:** 5:30 - 7:30 pm

Session: 3/4 - 4/1

### Spring Celebration & Dance

**Ages:** All Adults  
**Hollinshead Barn**

Let's get together to celebrate the seasonal change to spring. We will eat, dance and play games while enjoying each other's company. Don't miss out on this fun social gathering!

\$35.00 ID \$42.00 OD

Activity: [104511](#) - Opens Dec. 9

**F:** 6:00 - 9:00 pm

Session: 3/14



## Sports & Fitness

### Fitness Fun

**Ages:** All Adults

**Norton Avenue Apts**

Try out different fitness activities as you challenge yourself to reach your personal fitness goals. With a focus on fun and camaraderie, we will use the fitness center at Larkspur Community Center, try different workouts, learn yoga basics and more.

\$52.00 ID \$62.40 OD

Activity: [104113](#) - Opens Dec. 9

**Tu:** 5:30 - 7:30 pm

Session: 1/7 - 28

### Winter Sports & Activities

**NEW**

**Ages:** All Adults

**Norton Avenue Apts**

Come learn about and try out a variety of exhilarating winter recreational pursuits. All skill levels are welcome, from beginners to advanced enthusiasts, and the program will offer instruction and opportunities in several different sports and activities.

\$52.00 ID \$62.40 OD

Activity: [104104](#) - Opens Dec. 9

**Tu:** 5:30 - 7:30 pm

Session: 2/4 - 25

### Moving to Music

**Ages:** All Adults

**Norton Avenue Apts**

Get ready to shake, shimmy and salsa your way to a healthier you! Dance away the afternoon with a fun, energetic blend of dance music. This is an easy and fun way to work out on your own or with friends.

\$52.00 ID \$62.40 OD

Activity: [104100](#) - Opens Dec. 9

**Th:** 6:15 - 7:45 pm

Session: 3/6 - 4/3





# Young Child Activity Finder

Looking for activities for a young child, ages 5 and under?

The Young Child Activity Finder is here with all the winter programs for children ages 0 to 5 years old.

Designed to make finding activities a breeze, the finder is organized by category and dates and lets you also view program age, days, time and location to help you discover the activities that match your needs.

You can view the program description online by clicking the Activity # link or go to the Youth Section featuring the program category.



## Use the online tool!

Visit our website for the same great Young Child Activity Finder!

Go to [register.bendparksandrec.org](http://register.bendparksandrec.org) and click on Young Child Activity Finder under Search.

TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
ART PLAY GROUP	<a href="#">111300</a>	2 - 5	F	9:00 am - 10:00 am 10:30 am - 11:30 am	1/10, 1/24, 2/7, 2/21, 3/7, 3/21	ARTS & CRAFTS	LARKSPUR COMMUNITY CENTER
ART START	<a href="#">111302</a>	2 - 5	T, W, Th	9:00 am - 10:00 am 10:30 am - 11:30 am	T: 1/14 - 2/4, 2/18 - 3/11 W: 1/15 - 2/5, 2/19 - 3/12 Th: 1/16 - 2/6, 2/20 - 3/13	ARTS & CRAFTS	LARKSPUR COMMUNITY CENTER
FUN WORKS INC. INTRO TO ART SPRING BREAK	<a href="#">106662</a>	5 - 6	M - F	9:00 am - 12:00 pm	3/24 - 3/28	ARTS & CRAFTS	MILLER ELEMENTARY
PRECLAY	<a href="#">111304</a>	3 - 5	F	9:30 am - 10:30 am	1/10, 1/17, 1/24, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21	CLAY & POTTERY	HARMON PARK CLAY STUDIO
LITTLE STARS BALLET	<a href="#">106571</a>	3 - 4	Sa	9:25 am - 10:10 am	1/11 - 3/22	DANCE & MOVEMENT	ACADEMIE DE BALLET
FANTASY BALLET	<a href="#">106582</a>	5 - 6	Sa	10:15 am - 11:00 am	1/11 - 3/22	DANCE & MOVEMENT	ACADEMIE DE BALLET
OPERATION RECREATION	<a href="#">107400</a>	5.3 - 11.7	M - F	7:30 am - 5:30 pm	F: 1/31 M - F: 3/24 - 3/28	DAY CAMP	BEAR CREEK ELEMENTARY, LAVA RIDGE ELEMENTARY, PINE RIDGE
FUN, FUNKY, FRESH DANCE	<a href="#">406601</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12	ENRICHMENT WEDNESDAYS	BEAR CREEK ELEMENTARY
READY TO THRIVE! SPANISH, STEM AND LIFE SKILLS	<a href="#">406601</a>	5 - 12	W	12:45 pm - 2:15 pm	2/19 - 3/19	ENRICHMENT WEDNESDAYS	BEAR CREEK ELEMENTARY
DRAMA CLUB	<a href="#">406603</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12, 2/19 - 3/19	ENRICHMENT WEDNESDAYS	ELK MEADOW ELEMENTARY
FUN WORKS INC. STEAM USING LEGO	<a href="#">406603</a>	5 - 12	W	12:45 pm - 2:15 pm	2/19 - 3/19	ENRICHMENT WEDNESDAYS	ELK MEADOW ELEMENTARY
FUN WORKS INC. STEAM USING LEGO	<a href="#">406608</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12	ENRICHMENT WEDNESDAYS	JUNIPER ELEMENTARY
READY TO THRIVE! SPANISH, STEM AND LIFE SKILLS	<a href="#">406605</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12	ENRICHMENT WEDNESDAYS	HIGH LAKES ELEMENTARY
MAKING CHARACTERS	<a href="#">406606</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12	ENRICHMENT WEDNESDAYS	HIGHLAND ELEMENTARY
MAKING CHARACTERS	<a href="#">406611</a>	5 - 12	W	12:45 pm - 2:15 pm	2/19 - 3/19	ENRICHMENT WEDNESDAYS	PINE RIDGE ELEMENTARY

TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
EXPERIMENT WITH ART	<a href="#">406607</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12	ENRICHMENT WEDNESDAYS	JEWELL ELEMENTARY
EXPERIMENT WITH ART	<a href="#">406610</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12	ENRICHMENT WEDNESDAYS	MILLER ELEMENTARY
EXPERIMENT WITH ART	<a href="#">406606</a>	5 - 12	W	12:45 pm - 2:15 pm	2/19 - 3/19	ENRICHMENT WEDNESDAYS	HIGHLAND ELEMENTARY
EXPERIMENT WITH ART	<a href="#">406608</a>	5 - 12	W	12:45 pm - 2:15 pm	2/19 - 3/19	ENRICHMENT WEDNESDAYS	JUNIPER ELEMENTARY
HAPPY HABITS FUN & FITNESS CLASS	<a href="#">406614</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12	ENRICHMENT WEDNESDAYS	NORTH STAR ELEMENTARY
HAPPY HABITS FUN & FITNESS CLASS	<a href="#">406610</a>	5 - 12	W	12:45 pm - 2:15 pm	2/19 - 3/19	ENRICHMENT WEDNESDAYS	MILLER ELEMENTARY
CREATIVE WRITING	<a href="#">406611</a>	5 - 12	W	12:45 pm - 2:15 pm	1/8 - 2/12, 2/19 - 3/19	ENRICHMENT WEDNESDAYS	PINE RIDGE ELEMENTARY
FUN, FUNKY, FRESH DANCE	<a href="#">406614</a>	5 - 12	W	12:45 pm - 2:15 pm	2/19 - 3/19	ENRICHMENT WEDNESDAYS	NORTH STAR ELEMENTARY
YOUTH LEARN TO PLAY HOCKEY: LEVEL 1	<a href="#">110201</a>	5 - 14	W	4:00 pm - 5:00 pm	1/8 - 2/19, 2/26 - 3/19	ICE HOCKEY	THE PAVILION
YOUTH LEARN TO PLAY HOCKEY: LEVEL 2	<a href="#">110202</a>	5 - 14	W	4:00 pm - 5:00 pm 5:15 pm - 6:15 pm	1/8 - 2/19, 2/26 - 3/19	ICE HOCKEY	THE PAVILION
KINDERSKATE 1	<a href="#">110101</a>	4 - 5	Th	4:30 pm - 5:00 pm, 5:05 pm - 5:35 pm	T: 1/7 - 2/4, 2/11 - 3/18 Th: 1/2 - 2/6, 2/13 - 3/20	ICE SKATE LESSONS	THE PAVILION
KINDERSKATE 2	<a href="#">110102</a>	4 - 5	Tu	4:30 pm - 5:00 pm	T: 1/7 - 2/4, 2/11 - 3/18 Th: 1/2 - 2/6, 2/13 - 3/20	ICE SKATE LESSONS	THE PAVILION
KINDERSKATE 3	<a href="#">110103</a>	4 - 5	Th	4:30 pm - 5:00 pm	T: 1/7 - 2/4, 2/11 - 3/18 Th: 1/2 - 2/6, 2/13 - 3/20	ICE SKATE LESSONS	THE PAVILION
LIL' DRAGONS	<a href="#">106750</a>	4 - 6	M, W	3:20 pm - 3:50 pm	1/6 - 1/29, 2/3 - 2/26, 3/3 - 4/2	MARTIAL ARTS	ODYSSEY MARTIAL ARTS
BRAZILIAN JIU - JITSU	<a href="#">106755</a>	4 - 7	M, W	1:45 pm - 2:30 pm 4:00 pm - 4:45 pm	1/6 - 1/29, 2/3 - 2/26, 3/3 - 3/26	MARTIAL ARTS	CONNECTION RIO JUJITSU
DRAMA CLUB	<a href="#">106222</a>	5 - 6	Th	3:00 pm - 4:00 pm	1/9 - 1/30, 2/6 - 2/27, 3/6 - 3/20	MUSIC, THEATER & VOICE	LARKSPUR COMMUNITY CENTER
DRAMA CLUB FULL SESSION	<a href="#">106222</a>	5 - 6	Th	3:00 pm - 4:00 pm	1/9 - 3/20	MUSIC, THEATER & VOICE	LARKSPUR COMMUNITY CENTER
DRAMA CLUB SPRING BREAK THEATER CAMP	<a href="#">106222</a>	4 - 6	M - F	9:00 am - 12:00 pm	3/24 - 3/28	MUSIC, THEATER & VOICE	CALDERA HIGH SCHOOL
SCHOOL OF ROCK - LITTLE WING	<a href="#">106310</a>	3 - 5	W	10:00 AM - 10:45 AM	W: 3/5 - 3/19 Sa: 3/8 - 3/22	MUSIC, THEATER & VOICE	SCHOOL OF ROCK
BUSY BUDDIES	<a href="#">405601</a>	3 - 5	M/W OR T/TH	1:30 PM - 4:30 PM	NOW - 6/11	PRESCHOOL	JUNIPER SWIM & FITNESS CENTER
SOCCERJRS - TEDDIES (18 - 35 MONTHS WITH ADULT)	<a href="#">103310</a>	1.5 - 3	T, W, Th, Sa	Sa: 9:00 am - 9:55 am, 10:00 am - 10:55 am T: 10:00 am - 10:55 am W: 11:00 am - 11:55 am Th: 5:00 pm - 5:55 pm	T: 1/7 - 2/25, 3/4 - 4/29 W: 1/8 - 2/26, 3/5 - 4/30 Th: 1/9 - 2/27, 3/6 - 5/1 Sa: 1/11 - 3/1, 3/8 - 5/3	SOCCER	CASCADE INDOOR SPORTS CENTER
SOCCERJRS - CUBS (3 & 4 YEARS OLD)	<a href="#">103311</a>	3 - 4	M	M: 5:00 pm - 5:55 pm T: 11:00 am - 11:55 am, 4:00 pm - 4:55 pm W: 10:00 am - 10:55 am, 4:00 pm - 4:55 pm Th: 4:00 pm - 4:55 pm, 5:00 pm - 5:55 pm Sa: 9:00 am - 9:55 am, 10:00 am - 10:55 am	M: 1/6 - 2/24, 3/3 - 4/28 T: 1/7 - 2/25, 3/4 - 4/29 W: 1/8 - 2/26, 3/5 - 4/30 Th: 1/9 - 2/27, 3/6 - 5/1 Sa: 1/11 - 3/1, 3/8 - 5/3	SOCCER	CASCADE INDOOR SPORTS CENTER

TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION
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TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
SOCCERJRS - BEARS (5 & 6 YEARS OLD)	<a href="#">103312</a>	5 - 6	M, T, W, Th	M, T, Th: 4:00 pm - 4:55 pm W: 3:00 pm - 3:55 pm	M: 1/6 - 2/24, 3/3 - 4/28 T: 1/7 - 2/25, 3/4 - 4/29 W: 1/8 - 2/26, 3/5 - 4/30 Th: 1/9 - 2/27, 3/6 - 5/1	SOCCER	CASCADE INDOOR SPORTS CENTER
YOUTH INDOOR SOCCER LEAGUE GRADE K	<a href="#">103340</a>	5 - 6	Sa	11:00 am - 12:00 pm	1/11 - 3/1, 3/8 - 5/3	SOCCER	CASCADE INDOOR SPORTS CENTER
YOUTH INDOOR SOCCER LEAGUE GRADES 1 - 2	<a href="#">103340</a>	5.5 - 8	Sa	12:00 pm - 2:00 pm	1/11 - 3/1, 3/8 - 5/3	SOCCER	CASCADE INDOOR SPORTS CENTER
YOUTH SOFTBALL LEAGUE GRADES: K - 2	<a href="#">103450</a>	5 - 8	M - Th, Sa	4:30 pm - 7:00 pm	4/2 - 6/4	SOFTBALL	LOCATION TBD
MATHEMATICS ADVANTAGE	<a href="#">106361</a>	5 - 12	M	3:30 pm - 5:00 pm	1/6 - 2/10	STEM	HAPPY STARS
SPACE EXPLORATION	<a href="#">106363</a>	5 - 12	Tu	3:30 pm - 5:00 pm	1/7 - 2/11	STEM	HAPPY STARS
STEM ADVENTURE	<a href="#">106364</a>	5 - 12	Th	3:30 pm - 5:00 pm	1/9 - 2/13	STEM	HAPPY STARS
FUN WORKS INC. INTRO TO STEAM USING LEGO	<a href="#">106651</a>	5 - 6	M, F M - F	9:00 am - 12:00 pm	M: 1/20, 2/17 F: 1/31 M - F: 3/24 - 3/28	STEM	ELK MEADOW ELEMENTARY
STOP ANIMATION LEGO BUILDERS BATTLE CLUB	<a href="#">106772</a>	5 - 12	W	1:00 pm - 3:00 pm	3/5 - 4/2	STEM	SAMARA LEARNING CENTER
CLASES DE NATACION PARA FAMILIAS EN ESPANOL/FAMILY SWIM LESSONS IN SPANISH	<a href="#">105260</a>	3 - 99	Sa	12:30 pm - 1:00 pm	1/11 - 3/15	SWIM LESSONS	JUNIPER SWIM & FITNESS CENTER

TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION
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For more opportunities for little ones:  
**With A Child Activity Finder**  
 on pages 40 - 41.  
**Family & Parent-Tot Swim Lessons**  
 on pages 78 - 80.  
**Childcare Opportunities**  
 on page 51 - 56 .



# With A Child Activity Finder

Time to play together with the child in your life. To get ready, check out the With A Child Finder and start making plans!

Designed to make finding With A Child activities a breeze, the finder is organized by activity category and date, and lets you search by age, days, time and location to meet your busy schedule.

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

You can view the program description online by clicking the Activity # link or go to the Youth Section featuring the program category.



## Search online too!

Go to our website for the same great With A Child Finder!

Visit [register.bendparksandrec.org](http://register.bendparksandrec.org) and click on With a Child Activity Finder under Search.

WITH A CHILD PROGRAM TITLE	ACTIVITY	AGES	DAY	TIME	DATES	CATEGORY	LOCATION
WITH A CHILD: OWL PLATES	<a href="#">111510</a>	5 - 14	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	1/11	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: ROBOTS	<a href="#">111510</a>	5 - 15	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	1/18	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: FAIRY DOORS	<a href="#">111510</a>	5 - 15	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	1/25	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: HEART BOWLS	<a href="#">111510</a>	5 - 15	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	2/1	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: PICTURE FRAMES	<a href="#">111510</a>	5 - 15	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	2/8	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: COOL CACTI/SUCCULENTS	<a href="#">111510</a>	5 - 15	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	2/15	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: SNOW PEOPLE	<a href="#">111510</a>	5 - 15	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	2/22	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: FAIRY HOUSES	<a href="#">111510</a>	5 - 15	Sa	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	3/1	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: SHAMROCK BOWLS	<a href="#">111510</a>	5 - 15	Su	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	3/8	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: BIRD HOUSE	<a href="#">111510</a>	5 - 15	Su	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	3/15	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: MYSTICAL CREATURES	<a href="#">111510</a>	5 - 15	Su	10:00 am - 12:00 pm, 12:30 pm - 2:30 pm	3/22	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: MARSHMALLOW MADNESS	<a href="#">102260</a>	8 - 12	F	2:00 pm - 4:00 pm	1/3	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: THE ART OF SHARED JOURNALING	<a href="#">102285</a>	9 - 12	Th	3:30 pm - 5:00 pm	1/23	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: SUSHI ROLLING MADE EASY	<a href="#">102293</a>	8 - 12	Th Su	Th: 5:00 pm - 7:00 pm Su: 1:00 pm - 3:00 pm	TH: 1/30 Su: 2/1	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FLOURLESS CHOCOLATE CAKE	<a href="#">102296</a>	8 - 12	Su	2:00 pm - 4:00 pm	2/8	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: PIE PERFECTION	<a href="#">102252</a>	8 - 12	Su	1:00 pm - 3:00 pm	2/22	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD PROGRAM TITLE	ACTIVITY	AGES	DAY	TIME	DATES	CATEGORY	LOCATION



WITH A CHILD PROGRAM TITLE	ACTIVITY	AGES	DAY	TIME	DATES	CATEGORY	LOCATION
WITH A CHILD: MARSHMALLOW MADNESS	<a href="#">102260</a>	8 - 12	Su	2:00 pm - 4:00 pm	3/8	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: CORN HUSK DOLLS - A BILINGUAL ENGLISH & SPANISH CLASS	<a href="#">111502</a>	4 - 15	Su	9:30 am - 11:00 am	3/22	CRAFTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FUN WITH FUSED GLASS - WINTER NIGHT LIGHT	<a href="#">102414</a>	6 - 12	Su	10:00 am - 11:30 am	1/18	GLASS ARTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FUN WITH FUSED GLASS - HEART SUNCATCHER	<a href="#">102414</a>	6 - 12	Su	10:00 am - 11:30 am	2/8	GLASS ARTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FUN WITH FUSED GLASS - GNOMES	<a href="#">102414</a>	6 - 12	Su	10:00 am - 11:30 am	3/15	GLASS ARTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: LEARN TO SKATE	<a href="#">110110</a>	6 - 11	T	5:40 pm - 6:10 pm	1/7 - 2/4	ICE SKATE LESSONS	THE PAVILION
WITH A CHILD: CREATE & PLAY	<a href="#">111504</a>	5 - 10	M Su	M: 6:30 pm - 7:30 pm Su: 9:00 am - 10:00 am	M: 1/13, 2/10, 3/10 Su: 1/18, 2/15, 3/15	MUSIC, THEATER & VOICE	LARKSPUR COMMUNITY CENTER
WITH A CHILD: ACRYLIC POURING ON CANVAS	<a href="#">111545</a>	6 - 15	Su	9:00 am - 11:00 am	1/4	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: PAINT TOGETHER - PENGUINS	<a href="#">102294</a>	6 - 12	Su	10:00 am - 12:00 pm	1/11	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: ACRYLIC POURING ON CANVAS	<a href="#">111545</a>	6 - 15	Su	9:00 am - 11:00 am	1/11, 1/18, 1/25	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
CLASE DE ARTE CON SU HIJO(A): ÂISUMĂ RGETE EN EL MUNDO DE LA PINTURA/ WITH A CHILD PAINTING IN SPANISH	<a href="#">111503</a>	5 - 15	Su	9:00 am - 11:00 am	1/11, 2/8, 3/8	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: LET'S TALK ART!	<a href="#">102117</a>	8 - 13	T	5:00 pm - 6:30 pm	1/14	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: PAINT TOGETHER - BLIND LOVE (CACTUS & HEDGEHOG)	<a href="#">102294</a>	6 - 12	Su	10:00 am - 12:00 pm	2/22	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: PAINT TOGETHER - LUCKY LEPRECHAUN	<a href="#">102294</a>	6 - 12	Su	10:00 am - 12:00 pm	3/8	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
CLASES DE NATACION PARA FAMILIAS EN ESPANOL/FAMILY SWIM LESSONS IN SPANISH	<a href="#">105260</a>	3 - 99	Sa	12:30 pm - 1:00 pm	1/11 - 3/15	SWIM LESSONS	JUNIPER SWIM & FITNESS CENTER



Participation in “With A Child” programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

**Looking for Family and Parent-Tot Swim Lessons?**  
See pages 78 - 80.

# No-School Day Activity Finder



Looking for activities to keep the young ones busy on no school days?

The No School Day Activity Finder is here with all the programs scheduled on no school days during the Bend-La Pine school year.

Designed to make finding activities a breeze, the finder is organized by date and category and lets you also view program age, days, time and location to help you discover the activities that match your needs.

You can view the program description online by clicking the Activity # link or go to the Youth Section featuring the program category.

## Use the Finder online!

Go to our website for the same great No-School Day Activity Finder!

Visit [register.bendparksandrec.org](http://register.bendparksandrec.org) and click on No-School Day Activity Finder under Search.

TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
STEAM WORKSHOP - SYLVAN LEARNING CENTER	<a href="#">106655</a>	6 - 12	M	9:30 AM - 2:30 PM	1/20	STEM	SYLVAN LEARNING CENTER NORTHWEST CROSSING
WESTSIDE VILLAGE DAY CAMP	<a href="#">106510</a>	6 - 14	M	7:45 AM - 5:15 PM	1/20	GENERAL ENRICHMENT	WESTSIDE VILLAGE
COBO YOUTH HOOP CAMP	<a href="#">103055</a>	7.5 - 11	M	9:00 AM - 11:30 AM	1/20	SPORTS	PILOT BUTTE MIDDLE SCHOOL
FUN WORKS INC. INTRO TO STEAM USING LEGO	<a href="#">106651</a>	5 - 6	M	9:00 AM - 12:00 PM	1/20	STEM	ELK MEADOW ELEMENTARY
FUN WORKS INC. STEAM USING LEGO	<a href="#">106652</a>	7 - 11	M	1:00 PM - 4:00 PM	1/20	STEM	ELK MEADOW ELEMENTARY
LAVA RIDGE OPERATION RECREATION	<a href="#">107400</a>	5 - 11	F	7:30 AM - 5:30 PM	1/31	DAY CAMPS	LAVA RIDGE ELEMENTARY
STEAM WORKSHOP - SYLVAN LEARNING CENTER	<a href="#">106655</a>	6 - 12	F	9:30 AM - 2:30 PM	1/31	STEM	SYLVAN LEARNING CENTER NORTHWEST CROSSING
COBO YOUTH HOOP CAMP	<a href="#">103055</a>	7.5 - 11	F	9:00 AM - 11:30 AM	1/31	SPORTS	PILOT BUTTE MIDDLE SCHOOL
FUN WORKS INC. INTRO TO STEAM USING LEGO	<a href="#">106651</a>	5 - 6	F	9:00 AM - 12:00 PM	1/31	STEM	ELK MEADOW ELEMENTARY
FUN WORKS INC. STEAM USING LEGO	<a href="#">106652</a>	7 - 11	F	1:00 PM - 4:00 PM	1/31	STEM	ELK MEADOW ELEMENTARY
FUN WORKS INC. INTRO TO STEAM USING LEGO	<a href="#">106651</a>	5 - 6	M	9:00 AM - 12:00 PM	2/17	STEM	ELK MEADOW ELEMENTARY
FUN WORKS INC. STEAM USING LEGO	<a href="#">106652</a>	7 - 11	M	1:00 PM - 4:00 PM	2/17	STEM	ELK MEADOW ELEMENTARY
STEAM WORKSHOP - SYLVAN LEARNING CENTER	<a href="#">106655</a>	6 - 12	M	9:30 AM - 2:30 PM	2/17	STEM	SYLVAN LEARNING CENTER NORTHWEST CROSSING
WESTSIDE VILLAGE DAY CAMP	<a href="#">106510</a>	6 - 14	M	7:45 AM - 5:15 PM	2/17	DAY CAMP	WESTSIDE VILLAGE
COBO YOUTH HOOP CAMP	<a href="#">103055</a>	7.5 - 11	M	9:00 AM - 11:30 AM	2/17	SPORTS	PILOT BUTTE MIDDLE SCHOOL
ART-RAGEOUS CAMP	<a href="#">111228</a>	6 - 11	M - TH	9:00 AM - 12:00 PM, 1:00 PM - 4:00 PM	3/24 - 3/27	ARTS & CRAFTS	CASCADE MIDDLE SCHOOL

TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION
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TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
BREAKFAST BOOTCAMP	<a href="#">106501</a>	7 - 12	M - TH	9:00 AM - 12:00 PM	3/24 - 3/27	COOKING & BAKING	SAMARA LEARNING CENTER
OPERATION RECREATION	<a href="#">107400</a>	5 - 11	M - F	7:30 AM - 5:30 PM	3/24 - 3/28	DAY CAMP	PINE RIDGE ELEMENTARY BEAR CREEK ELEMENTARY
FUN WORKS INC. ART SPRING BREAK	<a href="#">106663</a>	7 - 12	M - F	1:00 PM - 4:00 PM	3/24 - 3/28	ARTS & CRAFTS	MILLER ELEMENTARY
FUN WORKS INC. INTRO TO ART SPRING BREAK	<a href="#">106662</a>	5 - 6	M - F	9:00 AM - 12:00 PM	3/24 - 3/28	ARTS & CRAFTS	MILLER ELEMENTARY
FUN WORKS INC. STEAM USING LEGO SPRING BREAK	<a href="#">106652</a>	7 - 11	M - F	1:00 PM - 4:00 PM	3/24 - 3/28	STEM	ELK MEADOW ELEMENTARY
SCHOOL OF ROCK'S 21ST CENTURY MODERN ROCK SPRING BREAK CAMP	<a href="#">106312</a>	8 - 13	M - F	9:00 AM - 3:00 PM	3/24 - 3/28	MUSIC, THEATER & VOICE	SCHOOL OF ROCK
WESTSIDE VILLAGE SPRING BREAK CAMP	<a href="#">106510</a>	6 - 14	M - F	7:45 AM - 5:15 PM	3/24 - 3/28	DAY CAMP	WESTSIDE VILLAGE
DRAMA CLUB SPRING BREAK THEATER CAMP	<a href="#">106222</a>	7 - 15	M - F	1:00 PM - 4:00 PM	3/24 - 3/28	MUSIC, THEATER & VOICE	CALDERA HIGH SCHOOL
FUN WORKS INC. INTRO TO STEAM USING LEGO SPRING BREAK	<a href="#">106651</a>	5 - 6	M - F	9:00 AM - 12:00 PM	3/24 - 3/28	STEM	ELK MEADOW ELEMENTARY

TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION
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# crafting play

creativity  
equals  
expression

Art allows each of us  
to play and express  
our unique thoughts  
and individuality.

“I don’t say  
everything, but I  
paint everything.”  
~ Pablo Picasso

## Clay & Pottery

### Intro to Adult & Teen Wheel Throwing

Ages: 14 & up

Harmon Park Clay Studio

Learn how to throw different vessels on the wheel and understand the process to create mugs, plates, bowls, vases and more in this class specially designed for beginners.

\$188.00 ID \$225.60 OD

Activity: [111203](#) - Opens Dec. 9

Tu: 6:00 - 9:00 pm

Session: 1/7 - 2/4 2/18 - 3/18

## PreClay

Ages: 3 - 5 with Adult

Harmon Park Clay Studio

This is a starter class for little artists to experience the wonders of clay. Children will squish, push, form, flatten and create a ceramic piece and decorate it with bright-colored glazes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$35.00 ID \$42.00 OD

Activity: [111304](#) - Opens Dec. 9

F: 9:30 - 10:30 am

Session:	1/10	1/17
	1/24	2/7
	2/14	2/21
	2/28	3/7
	3/14	3/21







## Home School Academy: Clay Arts

Ages: 8 - 13

Harmon Park Clay Studio

\$149.00 ID \$178.80 OD

Activity: [111261](#) - Opens Dec. 9

### HANDBUILDING

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand building skills and techniques and glaze your pieces with bright colors. Instructor: Amanda Krammes.

**M:** 10:00 am - 12:00 pm

Session: 1/13 - 2/10 (No class 1/20)  
2/24 - 3/17

### WHEEL THROWING

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Harmon Clay Studio Staff.

**M:** 1:00 - 3:00 pm

Session: 1/13 - 2/10 (No class 1/20)  
2/24 - 3/17

### CLAY EXPERIENCE

All levels are welcome in this complete clay experience class. Learn basic techniques of hand building and the process of basic wheel throwing practice. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Gracie Sherrill.

**Tu:** 12:30 - 2:30 pm

Session: 1/14 - 2/4 2/25 - 3/18

## Youth Wheel Throwing

Ages: 8 - 14

Harmon Park Clay Studio

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Harmon Clay Studio Staff.

\$149.00 ID \$178.80 OD

Activity: [111202](#) - Opens Dec. 9

**M:** 3:30 - 5:30 pm

Session: 1/13 - 2/10 (No class 1/20)  
2/24 - 3/17

**Tu:** 3:30 - 5:30 pm

Session: 1/14 - 2/4 2/25 - 3/18

**Th:** 3:30 - 5:30 pm

- OR - 6:00 - 8:00 pm

Session: 1/16 - 2/6 2/27 - 3/20

## Advanced Youth Wheel Throwing

Ages: 10 - 17

Harmon Park Clay Studio

Advanced potters are welcome to further develop their skills on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Prerequisite: Youth Wheel Throwing. Instructor: Harmon Clay Studio Staff.

\$149.00 ID \$178.80 OD

Activity: [111201](#) - Opens Dec. 9

**M:** 6:00 - 8:00 pm

Session: 1/13 - 2/10 (No class 1/20)  
2/24 - 3/17



## Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

### CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

### MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

### ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit [bendparksandrec.org/artstation](http://bendparksandrec.org/artstation) to learn more.



## Fun With Clay

**Ages:** 6 - 12

**Harmon Park Clay Studio**

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand building skills and techniques, and glaze your pieces with bright colors. Instructor: Harmon Clay Studio Staff.

\$129.00 ID \$154.80 OD

Activity: [111216](#) - Opens Dec. 9

**W:** 3:00 - 5:00 pm

Session: 1/15 - 2/5 2/26 - 3/19

**F:** 3:00 - 5:00 pm

Session: 1/17 - 2/7 2/28 - 3/21

## Crafts & Do-It-Yourself

### Young Jewelers

**Ages:** 8 - 13

**Larkspur Community Center**

Learn beginner jewelry skills and make some razzle-dazzle to wear or share with friends. This class is designed for children that are interested in basic beading skills and jewelry design. Instructor: Milsia Makris.

\$129.00 ID \$154.80 OD

Activity: [111243](#) - Opens Dec. 9

**M:** 3:30 - 5:30 pm

Session: 1/13 - 2/10 (No class 1/20)

### Work for play!

View BPRD jobs available at [bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

## Intermediate Young Jewelers

**Ages:** 8 - 13

**Larkspur Community Center**

Take your jewelry making skills to the next level! You will be learning to create jewelry out of polymer clay, leather and more! This class is geared toward students who have taken Young Jewelers or have a good foundation of making jewelry before the class. Instructor: Milsia Makris.

\$129.00 ID \$154.80 OD

Activity: [111244](#) - Opens Dec. 9

**M:** 3:30 - 5:30 pm

Session: 2/24 - 3/17

## Multimedia

### Art Play Group

**Ages:** 2 - 5 with Adult

**Larkspur Community Center**

Parents, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$30.00 ID \$36.00 OD

Activity: [111300](#) - Opens Dec. 9

**F:** 9:00 - 10:00 am

- OR - 10:30 - 11:30 am

Session: 1/10 1/24  
2/7 2/21  
3/7 3/21

## Art StART

**Ages:** 2 - 5 with Adult

**Larkspur Community Center**

Inspire a love for art! Discover beginning art fundamentals and mediums in a fun, hands-on creative environment. Join us for play-based art explorations inspired by child-friendly themes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$89.00 ID \$106.80 OD

Activity: [111302](#) - Opens Dec. 9

**Tu:** 9:00 - 10:00 am  
- OR - 10:30 - 11:30 am

Session: 1/14 - 2/4 2/18 - 3/11

**W:** 9:00 - 10:00 am  
- OR - 10:30 - 11:30 am

Session: 1/15 - 2/5 2/19 - 3/12

**Th:** 9:00 - 10:00 am  
- OR - 10:30 - 11:30 am

Session: 1/16 - 2/6 2/20 - 3/13

## Let's Make An Installation

**Ages:** 7 - 12

**Larkspur Community Center**

Let's make an installation! What is installation art? A whole lot of fun! In this class you will learn a bit about the history of installation art and discover some famous installation artists and their work! You will design and build a model of your own dream installation and we will work together to build our own public art installation! Instructor Anastasia Zielinski.

\$129.00 ID \$154.80 OD

Activity: [111213](#) - Opens Dec. 9

**Tu:** 3:30 - 5:30 pm

Session: 1/14 - 2/11



## Introduction to Printmaking

**Ages:** 8 - 12

**Larkspur Community Center**

Learn several different printmaking techniques that you can easily do at home. This class will introduce you to several types of printmaking methods. Discover how to create your own monotype prints, collagraph prints, linocut prints and reduction prints. Learn about color mixing and using pattern and texture to create unique designs that will be sure to impress. Instructor: Anastasia Zielinski.

\$139.00 ID \$166.80 OD

Activity: [111132](#) - Opens Dec. 9

**Tu/Th:** 4:00 - 5:30 pm

Session: 2/25 - 3/18

## Art-Rageous Camp

NO SCHOOL

**Ages:** 6 - 11

**Cascade Middle School**

Discover your creative side! Each class may offer painting, pastels, drawing, sculpture and mixed media - the possibilities are endless! Let's play and create in the studio. For full-day enrollment, sign up for both am and pm sessions and care will be provided during 12:00 - 1:00 pm. Instructor: Art Station Staff.

\$140.00 ID \$168.00 OD

Activity: [111228](#) - Opens Dec. 9

**M-Th:** 9:00 am - 12:00 pm

- **OR-** 1:00 - 4:00 pm

Session: 3/24 - 27

## Fun Works Inc. Intro to Art

NO SCHOOL

**Ages:** 5 - 6

**Miller Elementary**

Students are introduced to a new project each day of class, with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Fun, learning and experimentation are priorities for the class. Students will bring home five projects during the week. Instructor: Izabel Crosby.

\$240.00 ID \$288.00 OD

Activity: [106662](#) - Opens Dec. 9

**M-F:** 9:00 am - 12:00 pm

Session: 3/24 - 28

## Fun Works Inc. Art

NO SCHOOL

**Ages:** 7 - 12

**Miller Elementary**

Similar to the Intro class with more advanced projects and challenges, students are introduced to a new project each day of class with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Students will bring home five projects during the week. No experience required. Instructor: Izabel Crosby.

\$240.00 ID \$288.00 OD

Activity: [106663](#) - Opens Dec. 9

**M-F:** 1:00 - 4:00 pm

Session: 3/24 - 28

## Drawing & Painting

### Making Characters

NEW

**Ages:** 10 - 15

**Larkspur Community Center**

Dive into the world of making characters! Join us to unleash your imagination and develop your artistic skills. Together, we will create self-portraits, mythical creatures and superheroes on the page, in movement and in character studies. Students will dive into their imaginations, gain confidence in their abilities and express themselves. Instructor: Ann Boyd.

\$69.00 ID \$82.80 OD

Activity: [111212](#) - Opens Dec. 9

**M:** 4:30 - 6:00 pm

Session: 1/13 - 2/10 (No class 1/20)  
2/24 - 3/17

### Learn to Draw Manga

**Ages:** 8 - 12

**Larkspur Community Center**

"Manga" refers to comics and graphic novels created in Japan, but this style of comic is popular worldwide. To draw manga or illustrations in a manga style, we will practice sketching facial features, clothing styles, and other elements common to manga. We will also incorporate elements of "anime" -- Japanese animation -- into your drawings. Instructor: Chieko Saito.

\$99.00 ID \$118.80 OD

Activity: [111234](#) - Opens Dec. 9

**Tu:** 5:00 - 7:00 pm

Session: 1/14 - 2/4 2/18 - 3/11

### Ease into Watercolor

**Ages:** 8 - 13

**Larkspur Community Center**

Take a step forward with your watercolor painting in this class for beginners and anyone wanting to paint more independently. We will begin with the basics, creating fun images and representational paintings while practicing wash techniques, texture methods and design principles. Instructor: Milsia Makris.

\$129.00 ID \$154.80 OD

Activity: [111124](#) - Opens Dec. 9

**Th:** 6:00 - 8:00 pm

Session: 1/16 - 2/6



## Paint Central Oregon Landscapes

**Ages:** 14 & up

**Larkspur Community Center**

No painting experience is needed for this all-ages, alcohol-free paint-and-sip-style painting series! In these two-hour classes, participating painters will be led step-by-step through a series of paintings inspired by well-known Central Oregon landmarks, using acrylic paint to complete one unique painting each week. Art basics like color, composition, texture, materials, the fundamentals of painting technique, and more will be introduced and discussed throughout the series in a fun, playful, and approachable manner as each artwork is made. If you've always wanted to begin painting but didn't know quite how to start, this is the class for you. Instructor: Stephen Teater.

\$50.00 ID \$60.00 OD

Activity: [111121](#) - Opens Dec. 9

**Sa:** 9:00 - 11:00 am

Session: 2/1 2/8  
2/15 2/22

## Drawing Animals

**Ages:** 7 - 12

**Larkspur Community Center**

Draw fuzzy and furry creatures! Learn how they are made up of shapes and how those shapes fit together to create animals. Complete your drawing with color using different mediums while gaining understanding of light and dark tones. Instructor: Milsia Makris.

\$75.00 ID \$90.00 OD

Activity: [111121](#) - Opens Dec. 9

**Th:** 6:00 - 8:00 pm

Session: 2/20 - 3/13

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

## Painting Birds & Flowers

**Ages:** 14 & up

**Larkspur Community Center**

Celebrate the return of spring wildflowers and birds by painting them in oil and with no painting experience required! Use vibrant colors and expressive brushstrokes to create a dynamic springtime composition. Working in layers, we will explore the depiction of energetic movement and the fundamentals of avian form. The instructor will demonstrate and explain the painting process from roughing-in the overall composition to the adding final layers of color, texture and your personal finishing touches, allowing plenty of time for individual assistance, exploration of style, and, of course, painting. You are encouraged to bring photo references of your own or choose to work from provided references. Instructor: Stephen Teater.

\$180.00 ID \$216.00 OD

Activity: [111226](#) - Opens Dec. 9

**Sa:** 9:00 am - 12:00 pm

Session: 3/8 - 29

## With A Child: Arts & Crafts

### With A Child: Acrylic Pouring on Canvas

**Ages:** 6 - 15 with Adult

**Larkspur Community Center**

Swirl, slip and slide acrylic paint across a canvas and create amazing results together. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD

Activity: [111545](#) - Opens Dec. 9

**Sa:** 9:00 - 11:00 am

Session: 1/4 1/11  
1/18 1/25



## Clase de arte con su hijo(a): ¡Sumérgete en el mundo de la pintura!/With A Child Painting in Spanish

**Ages:** 5 - 15 with Adult

**Larkspur Community Center**

¡Sumérgete en el mundo de la pintura! Estas clases son aptas para todos los niveles y edades y ofrecen la oportunidad de explorar el óleo pastel, la acuarela, la témpera, el acrílico sobre lienzo, la pintura sobre tela y otras técnicas. No requiere experiencia previa. Actualmente, ésta es la única clase de arte que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. El costo de la clase cubre la participación de un participante y un adulto. Solo debe inscribir al niño(a). Instructora: Lillia Royce.

Dive into the world of painting in Spanish! These classes are suitable for all levels and ages and offer the opportunity to explore pastel oil, watercolor, tempera, acrylic on canvas, painting on fabric and other techniques. No prior painting experience is required. Since this is BPRD's only art class in Spanish, registration is prioritized for Spanish-speaking families. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Lilia Royce.

\$50.00 ID \$60.00 OD

Activity: [111503](#) - Opens Dec. 9

**Sa:** 9:00 - 11:00 am

Session: 1/11 2/8  
3/8





### With A Child: Paint Together

**Ages:** 6 - 12 with Adult  
**Larkspur Community Center**

Enjoy quality time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity: [102294](#) - Opens Dec. 9

**Sa:** 10:00 am - 12:00 pm

Session: 1/11 - Penguins  
2/22 - Cactus & Hedgehog  
3/8 - Lucky Leprechaun

**More  
"With A Child" classes:  
Art on pages 15 - 16.**

### With A Child: Fun With Clay

**Ages:** 5 - 14 with Adult  
**Harmon Park Clay Studio**

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD

Activity: [111510](#) - Opens Dec. 9

**Sa:** 12:30 - 2:30 pm  
- OR - 10:00 am - 12:00 pm

Session: 1/11 - Owl Plates  
1/18 - Robots  
1/25 - Fairy Doors  
2/1 - Heart Bowls  
2/8 - Picture Frames  
2/15 - Cool Cacti/Succulents  
2/22 - Snow People  
3/1 - Fairy Houses  
3/8 - Shamrock Bowls  
3/15 - Bird Houses  
3/22 - Mystical Creatures

### With A Child: Create & Play

**Ages:** 5 - 10 with Adult  
**Larkspur Community Center**

With a mixture of creative, spontaneous and interactive activities and games, this class provides engagement, bonding and fun for both adults and children. Together, we'll explore visual arts, movement and storytelling through improvisational play while fostering creativity and connection. Every session is different so you're invited to participate in multiple classes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Ann Boyd

\$30.00 ID \$36.00 OD

Activity: [111504](#) - Opens Dec. 9

**M:** 6:30 - 7:30 pm

Session: 1/13 2/10  
3/10

**Sa:** 9:00 - 10:00 am

Session: 1/18 2/15  
3/15

### With A Child: Let's Talk Art

**NEW**

**Ages:** 8 - 13 with Adult  
**Larkspur Community Center**

This class is for creative kids and the adults in their lives to grow their art experience together. We'll combine a social art jam, where kids can practice drawing, and a positive feedback workshop, where adults hone their skills at giving young artists supportive feedback on their creative journeys. Adults will also draw and kids will offer them feedback, too! Materials are provided with prompts and coaching for artists upon request. All levels welcome; the only requirement is an interest in making and interacting with art! Instructor: Grace Ogawa.

\$59.00 ID \$70.80 OD

Activity: [102117](#) - Opens Dec. 9

**Tu:** 5:00 - 6:30 pm

Session: 1/14



### With A Child: Fun With Fused Glass

**Ages:** 6 - 12 with Adult

**Larkspur Community Center**

Come enjoy time with your young artist and make a fused glass piece of art together. Try your creativity in designing with different shapes and color pieces to make the most of your decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$89.00 ID \$106.80 OD

Activity: [102414](#) - Opens Dec. 9

**Sa:** 10:00 - 11:30 am

Session: 1/18 - Winter Night Lights  
2/8 - Heart Suncatcher  
3/15 - Gnomes



### With A Child: The Art of Shared Journaling

**Ages:** 9 - 12 with Adult

**Larkspur Community Center**

Start a special journal for you and a child to trade thoughts and feelings in a fun and easy format. Come learn about the practice of conversation-style journal writing, get started on your first written exchange and decorate a physical notebook together to make it your own special shared diary. Notebooks will be provided. Please bring any photos or mementos you may wish to decorate your notebook cover with. The fee includes one child and one accompanying adult. Please only register the child. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [102285](#) - Opens Dec. 9

**Th:** 3:30 - 5:00 pm

Session: 1/23

### With A Child: Corn Husk Dolls - A Bilingual English & Spanish Class

NEW

**Ages:** 4 - 15 with Adult

**Larkspur Community Center**

Making corn husk dolls is a Northeast Native American cultural tradition that features creative re-use of the non-edible portion of an ear of corn, an essential Iroquios crop. Corn husk dolls reflect the individual culture, clothing and resources of a particular Native American tribe. Both boys and girls created and played with the figures and came to understand one of the many ways that children of long ago were like themselves. This class will be taught in English and Spanish. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Lilia Royce.

La fabricación de muñecos de hojas de maíz ofrece la oportunidad de conocer una tradición de los pueblos indígenas del noreste de América y demuestra la reutilización creativa de la parte no comestible de una mazorca de maíz. Las muñecas de tusa reflejaban la cultura, la vestimenta y los recursos de cada pueblo indígena. Tanto los niños como las niñas jugaban con figuras hechas con este cultivo esencial de los iroqueses. Al crear una muñeca de mazorca de maíz, los niños llegan a comprender una de las muchas maneras en que los niños de generaciones pasadas eran como ellos mismos. Esta clase se impartirá de forma bilingüe (inglés y español). Solo debe inscribir a su hijo(a). Instructora: Lilia Royce.

\$40.00 ID \$48.00 OD

Activity: [111502](#) - Opens Dec. 9

**Sa:** 9:30 - 11:00 am

Session: 3/22

**More  
"With A Child" classes**  
View the With A Child Finder  
on pages 40 - 41.





# play for all

ENRICHMENT

WEDNESDAYS

## At Your School

Grades: K - 5

Make Wednesday afternoons into something special! Register your child to experience and learn something new such as science, arts, dance, Spanish, robotics, animal habitats and more!

\$120.00 ID \$144.00 OD

W: 12:45 - 2:15 pm

Session: 1/8 - 2/12 2/19 - 3/19



## BEAR CREEK ELEMENTARY

Grades: K - 5

All Programs: [406610](#) - Opens Dec. 9

### Fun, Funky, Fresh Dance

Have fun and get some energy out by moving and grooving to music and expressing yourself through dance. We'll also integrate dance games like the limbo, freeze dance, dance teacher and more!

Session: 1/8 - 2/12

### Ready to Thrive STEM & Spanish

A combination of Spanish and STEM (Science, Technology, Engineering, Mathematics) which provide the tools to enrich the overall development of your child in a fun and creative environment

Session: 2/19 - 3/19

## Filling a need with play.

Balancing school, work and life can be challenging for busy families. To help, BPRD is your family's partner for afterschool and no-school day childcare and day camps. We offer positive and enriching play and environments where your child can connect and grow in a way that compliments your needs.



ENRICHMENT  
WEDNESDAYS

**ELK MEADOW  
ELEMENTARY**

Grades: K - 5

All Programs: [406603](#) - Opens Dec. 9

**Drama Club  
With CoCreated**

An exciting drama class guiding young students through an immersive exploration of the fundamentals of acting, storytelling, and theatrical expression.

Session: 1/8 - 2/12

**Fun Works Inc.  
STEAM Using LEGO®**

Children are introduced to engineering concepts focused on building skills and techniques. Every project built is modified and customized by students and makes fun No. 1! LEGO® motorized gear-drive cars, airplanes and monorail are just a few of the amazing projects.

Session: 2/19 - 3/19

**HIGH LAKES  
ELEMENTARY**

Grades: K - 5

All Programs: [406605](#) - Opens Dec. 9

**Ready to Thrive  
STEM & Spanish**

A combination of Spanish and STEM (Science, Technology, Engineering, Mathematics) which provide the tools to enrich the overall development of your child in a fun and creative environment

Session: 1/8 - 2/12

**Creative Writing**

Do you love reading or writing stories? Let your imagination take flight in this dynamic story program. Through games, art, puppets, theater, reading and writing, we will explore the incredible world of storytelling while also having a whole lot of fun! Learn to create fantastic, interesting characters, design the perfect story setting, and figure out how to craft an exciting plot that creates conflict and offers satisfying resolution. Beyond just writing, expect to be creating and collaborating with your peers in a supportive environment.

Session: 2/19 - 3/19

**HIGHLAND  
ELEMENTARY**

Grades: K - 5

All Programs: [406606](#) - Opens Dec. 9

**Making Characters**

Dive into the world of making characters! Join us to unleash your imagination and develop your artistic skills in this class. Together we will create self-portraits, mythical creatures and superheroes on the page, in movement and in character studies. Students will dive into their imaginations and gain confidence in their abilities and express themselves.

Session: 1/8 - 2/12

**Experiment With Art**

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 2/19 - 3/19







**ENRICHMENT  
WEDNESDAYS**

**JEWELL ELEMENTARY**

Grades: K - 5

All Programs: [406607](#) - Opens Dec. 9

**Experiment With Art**

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 1/8 - 2/12

**Drama Club  
With CoCreated**

An exciting drama class guiding young students through an immersive exploration of the fundamentals of acting, storytelling, and theatrical expression.

Session: 2/19 - 3/19

**JUNIPER  
ELEMENTARY**

Grades: K - 5

All Programs: [406608](#) - Opens Dec. 9

**Fun Works Inc.  
STEAM Using LEGO®**

Children are introduced to engineering concepts focused on building skills and techniques. Every project built is modified and customized by students and makes fun No. 1! LEGO® motorized gear-drive cars, airplanes and monorail are just a few of the amazing projects.

Session: 1/8 - 2/12

**Experiment With Art**

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 2/19 - 3/19

**MILLER ELEMENTARY**

Grades: K - 5

All Programs: [406610](#) - Opens Dec. 9

**Experiment With Art**

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 1/8 - 2/12

**Happy Habits  
Fun & Fitness Class**

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. With a healthy snack provided in class, kids are getting exercise, having fun and building strength of character.

Session: 2/19 - 3/19

**Looking for  
No School Day and  
Spring Break programs?**

Check out all the Youth program sections and look for this symbol.





ENRICHMENT  
WEDNESDAYS

**PINE RIDGE  
ELEMENTARY**

Grades: K - 5

All Programs: [406611](#) - Opens Dec. 9

**Creative Writing**

Do you love reading or writing stories? Let your imagination take flight in this dynamic story program. Through games, art, puppets, theater, reading and writing, we will explore the incredible world of storytelling while also having a whole lot of fun! Learn to create fantastic, interesting characters, design the perfect story setting, and figure out how to craft an exciting plot that creates conflict and offers satisfying resolution. Beyond just writing, expect to be creating and collaborating with your peers in a supportive environment.

Session: 1/8 - 2/12

**Making Characters**

Dive into the world of making characters! Join us to unleash your imagination and develop your artistic skills in this class. Together we will create self-portraits, mythical creatures and superheroes on the page, in movement and in character studies. Students will dive into their imaginations and gain confidence in their abilities and express themselves.

Session: 2/19 - 3/19

**NORTH STAR  
ELEMENTARY**

Grades: K - 5

All Programs: [406614](#) - Opens Dec. 9

**Happy Habits  
Fun & Fitness Class**

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. With a healthy snack provided in class, kids are getting exercise, having fun and building strength of character.

Session: 1/8 - 2/12

**Fun, Funky,  
Fresh Dance**

Have fun and get some energy out by moving and grooving to music and expressing yourself through dance. We'll also integrate dance games like the limbo, freeze dance, dance teacher and more!

Session: 2/19 - 3/19







## No School Day Camps

### Westside Village Camp

NO SCHOOL

Ages: 6 - 14

#### Westside Village

Pack your no-school day with adventures and creative arts! Get moving with outdoor activities such as walking adventures within two miles of Westside Village Magnet School. Tap into your creative side with drama, music, dancing, drumming, ukulele, art projects, and cooking/baking. Campers should bring lunch each day.

Activity: [106510](#) - Opens Dec. 9

\$75.00 ID \$90.00 OD

M: 7:45 am - 5:15 pm

Session: 1/20

F: 7:45 am - 5:15 pm

Session: 1/31

M: 7:45 am - 5:15 pm

Session: 2/17

Fee: \$275.00 ID \$330.00 OD

M-F: 7:45 am - 5:15 pm

Session: 3/24 - 3/28



## Operation Recreation No-School Day Camps

NO SCHOOL

Grades: K - 5

#### Various local schools

When school isn't in session, it's time to get the Operation going! Operation Recreation, that is! Serious fun that meets the serious needs of the working parent and the fun-seeking child, this program operates on non-school days for kindergarten through 5th grade. Children enjoy a variety of enrichment activities and daily field trips. Open to all elementary school children throughout the school district.

Kids INC Families: If you're interested in this program, it requires a separate registration from Kids INC.

Activity: [107400](#) - Opens Dec. 9

Daily: 7:30 am - 5:30 pm

\$52.00 ID \$62.40 OD

F: 7:30 am - 5:30 pm

Jewell & Lava Ridge Elementary

Session: 1/31

\$259.00 ID \$310.80 OD

M-F: 7:30 am - 5:30 pm

Pine Ridge & Bear Creek Elementary

Session: 3/24 - 28



bend park & recreation district

## Afterschool Programs

Grades: K - 5

#### Located at your school

KIDS Inc. is currently accepting applications for the waitlist.

Look for more information a [bendparksandrec.org/childcare](http://bendparksandrec.org/childcare).

### Looking for more No School Day and Spring Break programs?

Check out all the Youth program sections and look for this symbol.

NO SCHOOL



## Preschool

### Busy Buddies Preschool

INCLUDES WEEKLY SWIM LESSONS

Ages: 3 - 5

#### Juniper Swim & Fitness Center

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar. This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided. No prior swimming experience necessary. Children must be potty-trained. Registration for each school year opens in May.

Limited availability - sign up on waitlist if the program is full.

A \$20.00 ID/OD non-refundable registration fee is due at time of enrollment and monthly fee of \$260.00 ID / \$312.00 OD is due the 5th of every month September through June. You can register for multiple sessions per week if you choose.

Activity: [405601](#) - Open now

M/W: 1:30 - 4:30 pm

Session: Now - 6/11

Tu/Th: 1:30 - 4:30 pm

Session: Now - 6/12

No school during Winter Break (12/23 - 1/2) and Spring Break (3/24 - 27) and on Martin Luther King Jr. Day, President's Day, and Memorial Day.

## Register in advance to sync with your workout Kids' Corner Childcare

Ages: 6 months - 5 years

#### Juniper Swim & Fitness Center

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, work out or just relax.

- Registration is strongly recommended and includes a standard of four scheduled 75-minute visits per session at discounted rate.
- Fee is adjusted for three- or five-visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits and only available as space allows or if registered.



### Registration Childcare

#### TODDLER

Ages: 6 - 24 months.  
Limited availability

\$36.00 ID \$43.20 OD / session

Activity: [105660](#) - Opens Dec. 9

#### PRESCHOOLER

Ages: 25 months  
- 5 years old

\$30.00 ID \$36.00 OD / session

Activity: [105661](#) - Opens Dec. 9

Weekdays: 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Sessions:

M: 1/6 - 27 2/3 - 24  
3/3 - 31

T: 1/7 - 28 2/4 - 25  
3/4 - 18

W: 1/8 - 29 2/5 - 26  
3/5 - 19

Th: 1/2 - 30 2/6 - 27  
3/6 - 20

F: 1/3 - 31 2/7 - 28  
3/7 - 21

### Drop-in Childcare

Available if space allows.

Call 541-706-6191 for availability.

#### TODDLER

Ages: 6 - 24 months.  
Limited availability

\$11.00 ID \$13.20 OD

per visit up to 75 minutes.

#### PRESCHOOLER

Ages: 25 months  
- 5 years old

\$9.25 ID \$11.10 OD

per visit up to 75 minutes.

Weekdays: 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

### Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at

[bendparksandrec.org/fitness-swim/](http://bendparksandrec.org/fitness-swim/)





**NO-SCHOOL  
& AFTER-  
SCHOOL  
ACTIVITIES**  
.....  
PAGES 42 - 43

find your play

## Cooking & Baking

### Beginners Baking 101

Ages: 7 - 12

Samara Learning Center

This baking series will help your child become more creative, independent and helpful in the kitchen. Participating in a focused, small group setting, your young baker will receive encouraging instruction and enjoy a fun and messy hands-on baking experience - from mixing batter and rolling pie dough to decorating cupcakes and much more. Plus, your child will bring home tasty treats! All materials included.

\$146.00 ID \$175.20 OD

Activity: [106560](#) - Opens Dec. 9

W: 3:30 - 5:00 pm

Session: 1/8 - 29



## Snacktacular Host

NEW

Ages: 7 - 12

Samara Learning Center

Make it Snacktacular! As a Snacktacular host, your child will be the heart and soul of a delicious event or playdate! They will learn to create, arrange and serve snacks in a fun and organized manner. Savory and sweet finger snacks (vegetarian and omnivorous options) such as parmesan crisps, savory pinwheels, flavored popcorn, fruit carvings, vegetable dips and butter cream charcuterie board. They will learn to decorate the snack area and integrate upbeat music to keep the energy high.

\$218.00 ID \$261.60 OD

Activity: [106551](#) - Opens Dec. 9

W: 3:30 - 5:00 pm

Session: 2/5 - 26

### Young Child Activity Finder

A handy list of programs for ages 0 - 5 years old.

Pages 37 - 39.

## Learn + play.

“Play is often talked about as it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood.” - Fred Rogers, aka Mister Rogers

Play is the focus of youth activities whether it's crafts, dance or science. Because if you're having fun, then discovery and development come easy!



## Knife Skills & Kitchen Basics for Teens NEW

**Ages:** 12 - 17

**Larkspur Community Center**

Get set to cook and bake with success as we learn kitchen fundamentals and safety in a fun, engaging way. Slice and chop safely like the pros on cooking competition shows. Find out the most essential kitchen tools and how to use them. Together, we'll delve into kitchen basics while preparing a simple menu of teen favorites. Bring an apron, to-go containers, a vegetable knife and cutting board if available. Instructor: Suzanne Landry.

\$89.00 ID \$106.80 OD

Activity: [102298](#)

**W-Th: 5:00 - 7:00 pm**

Session: 2/5

## Sushi Rolling for Teens NEW

**Ages:** 12 - 17

**Larkspur Community Center**

Nori-makis are Japanese seaweed sushi rolls that can include a wide variety of ingredients. We will create ours with prepared seafood, a variety of rice, vegetables, pickles and condiments. We'll also make miso soup from scratch. By class's end, you'll be such a pro at rolling your creations that you'll want to throw a sushi party! Bring your best vegetable knife, a sushi mat if you have one, apron, cutting board and to-go containers. Instructor: Suzanne Landry.

\$99.00 ID \$118.80 OD

Activity: [102299](#)

**Sa: 2:00 - 4:00 pm**

Session: 3/1

## Spring Baking Series NEW

**Ages:** 7 - 12

**Samara Learning Center**

Samara's Spring Baking series helps your child become more creative, independent and helpful in the kitchen. Participating in a focused, small group setting, your young baker will receive encouraging instruction and enjoy a fun and messy hands-on baking experience - from mixing the batter for carrot cake muffins to decorating bunny cupcakes. Bonus! Your child will bring home tasty treats!

\$135.00 ID \$162.00 OD

Activity: [106521](#) - Opens Dec. 9

**W: 3:30 - 5:00 pm**

Session: 3/5 - 19

## Breakfast Bootcamp NEW NO SCHOOL

**Ages:** 7 - 12

**Samara Learning Center**

In this cooking camp, we will make delicious and nutritious breakfast foods. It's a fast-paced and fun experience that emphasizes practical skills and hands-on learning. Participants will make a variety of breakfast recipes, from classic pancakes and omelets to more adventurous dishes. Send your kiddos to us hungry; they will be cooking for themselves each day.

\$357.00 ID \$428.40 OD

Activity: [106501](#) - Opens Dec. 9

**M-Th: 9:00 am - 12:00 pm**

Session: 3/24 - 27

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

## With A Child: Cooking & Baking

### With A Child: Marshmallow Madness

**Ages:** 8 - 12 with Adult

**Larkspur Community Center**

Let's whip up some sweet, fluffy, homemade marshmallows. Join us as we put together a few basic ingredients and learn to make marshmallow magic and how to vary flavorings to create original marshmallow treats. Bring an apron and a 9x9 baking pan to take home your final confection creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD

Activity: [102260](#) - Opens Dec. 9

**F: 2:00 - 4:00 pm**

Session: 1/3

**Sa: 2:00 - 4:00 pm**

Session: 3/8

### With A Child: Sushi Rolling Made Easy

**Ages:** 8 - 12 with Adult

**Larkspur Community Center**

Learn how to make a platter of norimaki sushi rolls - it is easy! We will roll a variety of rice, noodles, vegetables, vegetarian proteins and/or cooked and smoked seafood with condiments in nori, a Japanese seaweed wrap. You will also learn to make cones, California rolls, miso soup from scratch and wakame cucumber sesame salad. Once you get the knack of it, you can throw your own sushi rolling party! Bring a cutting board, large sharp knife, small container for your sushi and an apron. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$99.00 ID \$118.80 OD

Activity: [102293](#) - Opens Dec. 9

**Th: 5:00 - 7:00 pm**

Session: 1/30

**Sa: 1:00 - 3:00 pm**

Session: 2/1



## With A Child: Flourless Chocolate Cake

NEW

**Ages:** 8 - 12 with Adult

**Larkspur Community Center**

Calling all chocolate lovers!! This rich and fudgy flourless chocolate cake is a perfect dessert for any occasion and, bonus, it's gluten-free! With a child, grab an apron and an 8-inch cake pan, and come discover how easy it is to make this decadent dessert together. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD

Activity: [102296](#) - Opens Dec. 9

**Sa:** 2:00 - 4:00 pm

Session: 2/8

## With A Child: Hand Pie Perfection

**Ages:** 8 - 12 with Adult

**Larkspur Community Center**

Spend some quality time with a child and learn to make the perfect hand pie. We will learn the fundamentals of making pie crust dough and delicious fillings. You and a little one will be on your way to making hand pies on your own. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD

Activity: [102252](#) - Opens Dec. 9

**Sa:** 1:00 - 3:00 pm

Session: 2/22

### With A Child Activity Finder

A comprehensive list of all adult with child programs.  
Pages 40 - 41,



## Dance & Movement

### Little Stars Ballet

**Ages:** 3 - 4

**Academie de Ballet Classique**

Guided play of leaping over lily pads, swimming like a mermaid/merman becomes grand jeté in later levels. Action-packed lessons engage and enrich your child's dance experience. Join us for a creative journey in learning basic ballet steps and terminology. Children's confidence rises as they explore freedom of movement and learn through dance play. Dress code is required; contact studio for more information. Learn more at [abcbend.com/petitesetoiles/petitesetoiles-uniform-guide/](http://abcbend.com/petitesetoiles/petitesetoiles-uniform-guide/)

\$234.00 ID \$280.80 OD

Activity: [106571](#) - Opens Dec. 9

**Sa:** 9:25 - 10:10 am

Session: 1/11 - 3/22

### Fantasy Ballet

**Ages:** 5 - 6

**Academie de Ballet Classique**

Children are delighted to dance through all of the magical places while using their newly learned ballet steps. This fantasy-themed ballet class is designed to cultivate your child's creativity, individuality and artistry while discovering ballet terminology and culture of discipline. Dress code is required. Contact the studio for more information at [www.abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/](http://www.abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/)

\$234.00 ID \$280.80 OD

Activity: [106582](#) - Opens Dec. 9

**Sa:** 10:15 - 11:00 am

Session: 1/11 - 3/22

### Looking for childcare & day camps?

Take a look at the Youth  
Camps & Childcare section  
on pages 51 - 56.

# Music, Theater & Voice

## Drama Club

NO SCHOOL

### Larkspur Community Center

Drama Club is an ongoing and exciting drama class guiding students through an immersive exploration of the fundamentals of acting, storytelling and theatrical expression. Participants are invited to attend multiple times as sessions are designed to be stand-alone or taken consecutively. Instructor: Jana Mohr.

Activity: [106222](#) - Opens Dec. 9

Ages: 5 - 6

Th: 3:00 - 4:00 pm

Ages: 7 - 9

Th: 4:30 - 5:30 pm

Ages: 10 - 15

Th: 6:00 - 7:00 pm

\$65.00 ID \$78.00 OD

Session: 1/9 - 1/30 2/6 - 2/27

\$165.00 ID \$198.00 OD

Session: 1/9 - 3/20

\$49.00 ID \$58.80 OD

Session: 3/6 - 3/20

## Spring Break Drama Club

NO SCHOOL

### Caldera High School

Let's put our theatrical experiences together for this immersive Spring Break theater camp. Together, we will produce a recital-style, all-ages performance on Friday, March 28 at 6:00 pm and friends and family are welcome to see us perform! Prerequisite: Participants must have registered for a previous Drama Club session.

\$100.00 ID \$120.00 OD

Activity: [106223](#) - Opens Dec. 9

Ages: 5 - 9

M-F: 9:00 am - 12:00 pm

Session: 3/24 - 28

Ages: 10 - 15

M-F: 1:00 - 4:00 pm

Session: 3/24 - 28



## School of Rock – Little Wing

NEW

Ages: 3 - 5 with Adult

### School of Rock

Little Wing is for our youngest rock stars! Toddlers and preschoolers play games and participate in interactive activities to help them acquire the foundational skills they will use as their musical abilities grow. Using classic rock songs, Little Wing students learn about rhythm, song structure, melody and dynamics through play. Adult caregivers rock out too! Adult participation required; instruments provided.

\$95.00 ID \$114.00 OD

Activity: [106310](#) - Opens Dec. 9

W: 10:00 - 10:45 am

Session: 3/5 - 19

Sa: 10:00 - 10:45 am

Session: 3/8 - 22

## School of Rock – Intro to Rookies

NEW

Ages: 6 - 7

### School of Rock

Intro to Rookies provides a fun, interactive and fast-paced introduction to fundamental musical concepts for rock stars, ages 6 and 7. Students will explore different instruments, including bass, guitar, drums and keyboard, and play simple arrangements of well-known rock, blues and pop songs. No previous musical instruction is required. Instruments provided.

\$90.00 ID \$108.00 OD

Activity: [106311](#) - Opens Dec. 9

W: 1:30 - 2:30 pm

Session: 3/5 - 19

Sa: 10:00 - 11:00 am

Session: 3/8 - 22

## School of Rock – 21st Century Modern Rock Spring Break Camp

NEW

NO SCHOOL

Ages: 8 - 13

### School of Rock

Kids, get ready to rock this Spring Break as School of Rock teaches you rock songs through group-based performance. In just five days, rock stars will learn and rehearse familiar songs from Imagine Dragons, Paramore, The White Stripes and more culminating in a live show on Friday! Great for students with some previous music instruction. Bring a lunch. Instruments provided.

\$500.00 ID \$600.00 OD

Activity: [106312](#) - Opens Dec. 9

M-F: 9:00 am - 3:00 pm

Session: 3/24 - 28

**Looking for more No School Day and Spring Break programs?**

Check out all the Youth program sections and look for this symbol.

NO SCHOOL



## STEM

### Mathematics Advantage

Ages: 5 - 12

Happy Stars

This afterschool program will provide a foundation to help your child develop a love of mathematics. This program is designed with fun in mind and practical, real-life situations that kids will enjoy while providing math skills to succeed in life and school.

\$120.00 ID \$144.00 OD

Activity: [106361](#) - Opens Dec. 9

M: 3:30 - 5:00 pm

Session: 1/6 - 2/10

### Fidget Sensory Fun NEW

Ages: 7 - 14

Samara Learning Center

Embark on a journey of Fidget Sensory Fun! Unleash your creativity by learning to create your own sensory jars. Dive into the world of bead snakes, thinking putty, squishies, felt softies and paper ninja fidget spinners. This craft class is designed to inspire and engage students in a world of imaginative and hands-on learning

\$142.00 ID \$170.40 OD

Activity: [106563](#) - Opens Dec. 9

Tu: 2:45 - 3:40 pm

Session: 1/7 - 28

### Space Exploration

Ages: 5 - 12

Happy Stars

5 - 4 - 3 - 2 - 1, blast off! This after school program will help develop your children's interest in space exploration and technology and giving them a strong foundation for future development and enjoyment of the subject. Taught by an aerospace engineer using resources and materials from NASA, it will expose your children to the most up-to-date happenings of the aerospace industry. Instructor: Pilar Davami.

\$120.00 ID \$144.00 OD

Activity: [106363](#) - Opens Dec. 9

Tu: 3:30 - 5:00 pm

Session: 1/7 - 2/11



### Beginning Stop-Motion Animation Filmmaking

Ages: 7 - 13

Samara Learning Center

Combining computer technology with a variety of materials such as LEGOs®, clay, paint, hot glue and green screens, filmmakers will construct miniature sets, characters, stories and vignettes reflective of their imaginations. From brainstorming to the final edit, students will be taught stop-motion animation techniques and story-telling strategies necessary to produce original, short, animated movies. Emphasis will be put on the step-by-step creative process as practiced in professional creative fields. All technology and filmmaking materials are included.

\$220.00 ID \$264.00 OD

Activity: [106567](#) - Opens Dec. 9

W: 1:30 - 3:00 pm

Session: 1/8 - 29

### STEM Adventure

Ages: 5 - 12

Happy Stars

This afterschool program aims to develop children's interest of science and engineering with involvement in projects and experiments that will spur their curiosity and interest in learning. Taught by an engineer, it will develop children's analytical skills, leadership, and team building while they're having plenty of fun.

\$120.00 ID \$144.00 OD

Activity: [106364](#) - Opens Dec. 9

Th: 3:30 - 5:00 pm

Session: 1/9 - 2/13

### Fun Works Inc. Intro to STEAM Using LEGO®

NO SCHOOL

Ages: 5 - 6

Elk Meadow Elementary

Join Fun Works Inc. for an introduction to STEAM using LEGO®. Complete 2 fun projects each day, projects will include STEAM principles and encourage students to experiment and modify their projects. This is an educational and fun way to explore the principle of cause and effect.

\$50.00 ID \$60.00 OD

Activity: [106651](#) - Opens Dec. 9

M: 9:00 am - 12:00 pm

Session: 1/20 2/17

F: 9:00 am - 12:00 pm

Session: 1/31

\$230.00 ID \$276.00 OD

M-F: 9:00 am - 12:00 pm

Session: 3/24 - 28

### Fun Works Inc. STEAM Using LEGO®

NO SCHOOL

Ages: 7 - 11

Elk Meadow Elementary

Join Fun Works Inc. for fun projects, two per day. Fun and educational, all projects incorporate STEAM principles. Students are encouraged to experiment and modify their projects. Exploration and cause and effect are our goals. This class includes several advanced projects not included in the Intro class.

Activity: [106652](#) - Opens Dec. 9

\$50.00 ID \$60.00 OD

M: 1:00 - 4:00 pm

Session: 1/20 2/17

F: 1:00 - 4:00 pm

Session: 1/31

\$230.00 ID \$276.00 OD

M-F: 1:00 - 4:00 pm

Session: 3/24 - 28

## STEAM Workshop

NO SCHOOL

Ages: 6 - 12

Sylvan Learning Center Northwest Crossing

Sylvan's no-school day workshop incorporates digital art into the fan-favorite robotics and engineering courses our students know and love! Explore the STEAM world with all-new seasonal projects in every class. Students will use and develop their creativity and problem-solving skills to imagine, draw, build, innovate, engineer and troubleshoot robots that come to life. Students will use digital art, LEGO® robotics and additional interactive hands-on materials to tackle thematic engineering challenges. Bring a sack lunch and water bottle.

\$135.00 ID \$162.00 OD

Activity: [106655](#) - Opens Dec. 9

M: 9:30 am - 2:30 pm

Session: 1/20 2/17

F: 9:30 am - 2:30 pm

Session: 1/31

## Kawaii Cutie Creations

NEW

Ages: 9 - 14

Samara Learning Center

Kawaii is an adjective used in Japanese popular culture to define something as appealing in an endearing way, in other words, cute. Indulge in the world of Kawaii with this enchanting class. Dive into the Japanese art style that celebrates all things cute and unleash your creativity as we craft adorable felt creations, mini-whiteboards, magnets, stickers, wall decorations, keychains and more. Join us for a delightful journey into the world of cuteness.

\$142.00 ID \$170.40 OD

Activity: [106569](#) - Opens Dec. 9

Tu: 2:45 - 3:40 pm

Session: 2/4 - 25

### Volunteer with kids!

Contact Kim at 541-706-6127 for more information.



## Neuroscience for Kids

NEW

Ages: 9 - 12

Samara Learning Center

Brains! We all use them every moment of every day, but how? Kids, come embark on a fascinating journey into the science of our brains, just for you. Dive into the world of neuroscience through engaging science-based activities, arts and crafts. This unique enrichment class explores our five senses, crafts examples of how emotions shape our perspectives, builds funny breath-monitoring crafts and celebrates the beauty of our diversity. You'll have an unforgettable adventure in understanding and appreciating the wonders of our human brains!

\$235.00 ID \$282.00 OD

Activity: [106565](#) - Opens Dec. 9

Tu: 4:15 - 5:15 pm

Session: 2/4 - 25

## Advanced Stop - Motion Animation Filmmaking

NEW

Ages: 8 - 13

Samara Learning Center

This class is for students with some prior stop-motion animation experience. Combining computer technology with materials such as LEGOs®, clay, paint, hot glue and green screens, filmmakers will construct miniature sets, characters, stories and vignettes reflective of their imaginations. Advanced iMotion techniques are emphasized. All technology and filmmaking materials are included.

\$220.00 ID \$264.00 OD

Activity: [106568](#) - Opens Dec. 9

W: 1:30 - 3:00 pm

Session: 2/5 - 26

## LEGO® Robotics Invention Squad

NEW

Ages: 7 - 10

Samara Learning Center

Research, develop, invent! Students will apply their engineering design skills to each step of the LEGO® robotic design process by defining a problem and success criteria, making different prototypes, establishing systematic testing procedures, analyzing data to improve their solutions and describing why their solution is the best.

\$120.00 ID \$144.00 OD

Activity: [106562](#) - Opens Dec. 9

Tu: 2:45 - 3:40 pm

Session: 3/4 - 4/1 (No class 3/26)

## Stop Animation LEGO® Builder's Battle Club

Ages: 7 - 13

Samara Learning Center

Welcome to the Stop Animation LEGO® Builders Battle Club, where imagination knows no bounds! Dive into a world of endless possibilities where you construct elaborate environments with a vast array of LEGOs® provided. Learn the art of stop-motion animation using provided iPads. Bring your creations to life by animating epic battles and stories. Collaborate with fellow builders and animators and form alliances, strategize and create masterpieces together. The grand finale awaits as you showcase your animated battles and compete for awards in various categories. We provide all the LEGOs® iPads and technology needed. You bring your passion for creativity and we'll handle the rest.

\$220.00 ID \$264.00 OD

Activity: [106772](#) - Opens Dec. 9

W: 1:30 - 3:00 pm

Session: 3/5 - 4/2 (No class 3/26)





# play for keeps

## Hockey

### Youth Learn to Play Hockey: Level 1

Ages: 5 - 14

The Pavilion

Our "Learn to Play" program is designed to introduce young players with little experience to the sport of ice hockey. Designed to develop your fundamentals of the game, we'll work on basic hockey skills, promote physical fitness and above all else have fun. Prerequisite: Completion of Skate Level 1 class or mastery of basic skating skills including forward skating, stopping and turning. Rental gear is available for \$50.00 ID \$60.00 OD.

\$137.00 ID \$154.40 OD

Activity: [110201](#) - Opens Dec. 9

W: 4:00 - 5:00 pm

Session: 1/8 - 2/19 2/26 - 3/19

### Youth Learn to Play Hockey: Level 2

Ages: 5 - 14

The Pavilion

Continue progressing your hockey to the next level. Participants will continue to refine their fundamental hockey skills as well as begin to transfer drills into fun, game-like scrimmages. Prerequisite: Learn to Play Hockey Level 1 (or significant previous hockey experience). Rental gear is available for \$50.00 ID \$60.00 OD.

\$137.00 ID \$154.40 OD

Activity: [110202](#) - Opens Dec. 9

W: 5:15 - 6:15 pm

Session: 1/8 - 2/19 2/26 - 3/19

Need to learn to skate before you can pick up a hockey stick? See the page 68 for hockey skate lessons.

### Learn to Play Hockey Rental Gear

Protective equipment is required for each participant including: helmet with full face mask, mouth guard, neck guard, shoulder pads, elbow pads, hockey pants, athletic supporter, shin pads, gloves, skates and hockey stick.

Optional rental gear includes a hockey bag and all necessary gear except mouth guard and athletic supporter. The rental fee is \$50.00 ID and \$60.00 OD.

Learn to Play Hockey includes a jersey and hockey socks for all participants to keep. Rental skates are also available at no extra charge.

## Rink-reation.

Ice and roller skating and sports feature many benefits - physical exercise, balance and coordination development, personal growth and connection with others. But above all, they're lots of fun. So, get those kiddos in skate lessons or have them play in a league and see their joy of rink-reation.



## Hockey Rental Gear

Protective equipment is required for each participant including: helmet with full face mask, mouth guard, neck guard, shoulder pads, elbow pads, hockey pants, athletic supporter, shin pads, gloves, skates and hockey stick.

Optional rental gear includes a hockey bag and all necessary gear except mouth guard and athletic supporter. The rental fee is \$50.00 ID and \$60.00 OD.

Learn to Play Hockey includes a jersey and hockey socks for all participants to keep.

Rental skates are also available at no extra charge.

## Youth Hockey League

**Ages:** 6 - 14

### The Pavilion

Welcome to BPRD's youth hockey league - your next step in developing your hockey skills. With age-divided teams engaging in weekly practices and games, players are coached on fundamental strategies, techniques and sportsmanship. Some prior experience is highly recommended before signing up for this league such as the Learn to Play program. Practices will be held on Mondays and games will be on Saturdays. Rental equipment is available for \$50.00 ID \$60.00 OD. Space is limited.

**Registration deadline: 12/22, 11:59 pm or until full.**

\$190.00 ID \$228.00 OD

**Ages:** 6 - 8

**Activity:** [110206](#) - Opens Dec. 11

**M:** 3:45 - 4:45 pm (Practice)

**Sa:** 9:00 - 9:45 am (Games)

**Ages:** 9 - 11

**Activity:** [110207](#) - Opens Dec. 11

**M:** 5:00 - 6:00 pm (Practice)

**Sa:** 9:45 - 10:30 am (Games)

**Ages:** 12 - 14

**Activity:** [110208](#) - Opens Dec. 11

**M:** 6:15 - 7:15 pm (Practice)

**Sa:** 10:45 am - 12:00 pm (Games)

**Season:** 1/6 - 3/22  
(no game/practice on 1/20, 1/25 & 2/17)

**Need to learn to skate before you can pick up a hockey stick? See the previous page for hockey skate lessons.**





## Learn to Skate: Youth

**Ages:** 4 - 17

**The Pavilion**

Welcome to Skate School, where you will learn the FUNdamentals of ice skating!

This program offers progressive classes designed to increase your recreational skating experience and develop the basic skills that are fundamental to figure skating. Note: skaters may be moved by coaches during the session to a level that is most appropriate. Rental skates included.

### Our ice skating lessons are...

- **Age Appropriate:** Most classes grouped by ages 4 - 5, 6 - 11 and 12 - 17.
- **Skill Appropriate:** Based on progressively learned skate skills.
- **Inclusive:** All ages and abilities welcome.
- **Healthy:** Regular skating practice develops strength, coordination, endurance and a happy mind!

Session dates and times vary - check Activity link for schedules.

**REGISTRATION TIP:** Prerequisites for each class are listed in the class description here and [online](#). We encourage skaters to master each skill level before progressing to the next level.

For more information, call 541-389-7588.

## Guided Skating With Your Preschooler

**Ages:** 3 - 5 with Adult

During Tuesday and Thursday With A Child Skate sessions, free instructor support is available at 10:00 - 11:15 am. Drop-in skating fees apply and direct supervision of your child on the ice required.

Schedules at [thepavilioninbend.com](http://thepavilioninbend.com)

## KinderSkate 1

**Ages:** 4 - 5

**The Pavilion**

Introduce your young child to ice skating! In this entry-level class, we will learn about sitting and standing on the ice, marching in place, forward marches, dips and glides through fun games and activities. No prerequisite. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity: [110101](#) - Opens Dec. 9

**Tu:** 4:30 - 5:00 pm  
- OR - 5:05 - 5:35 pm

Session: 1/7 - 2/4 2/11 - 3/18

**Th:** 4:30 - 5:00 pm  
- OR - 5:05 - 5:35 pm

Session: 1/2 - 2/6 2/13 - 3/20

## KinderSkate 2

**Ages:** 4 - 5

**The Pavilion**

Time for your young skater's next step up in skating skill development! In this class, we will develop forward swizzles, backward wiggles, two-foot hops, turns and more. Prerequisite: Completion of KinderSkate 1. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity: [110102](#) - Opens Dec. 9

**Tu:** 4:30 - 5:00 pm

Session: 1/7 - 2/4 2/11 - 3/18

**Th:** 4:30 - 5:00 pm

Session: 1/2 - 2/6 2/13 - 3/20

## KinderSkate 3

**Ages:** 4 - 5

**The Pavilion**

Welcome to the final level for KinderSkate! In this class, we will continue to learn basic skills such as forward skating, backward swizzles, snowplow stops, one-foot glides, and more. Prerequisite: Completion of KinderSkate 2. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity: [110103](#) - Opens Dec. 9

**Tu:** 4:30 - 5:00 pm

Session: 1/7 - 2/4 2/11 - 3/18

**Th:** 4:30 - 5:00 pm

Session: 1/2 - 2/6 2/13 - 3/20



## With A Child: Learn to Skate

**Ages:** 6 - 11 with adult

### The Pavilion

Welcome to Skate School to learn the fundamentals of ice skating! Young skaters - grab a parent, relative or other adult in your life and learn to skate together. We will learn about sitting and standing up on the ice, forward swizzles, snowplow stops on two feet, two-foot hops and more. Register under the child's name; one adult is included. No prerequisite. Skate rentals included.

\$140.00 ID \$168.00 OD

Activity: [110110](#) - Opens Dec. 9

**Tu:** 5:40 - 6:10 pm

Session: 1/7 - 2/4 2/11 - 3/18

## Learn to Skate: Youth Level 1

**Ages:** 6 - 11

### The Pavilion

In this class for entry-level beginners, we'll work on sitting and standing up on the ice, forward marching, forward swizzles, snowplow stops, and more. No prerequisite. Helmets recommended; bring your own or use ours for free. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110111](#) - Opens Dec. 9

**Tu:** 4:30 - 5:00 pm

Session: 1/7 - 2/4 2/11 - 3/18

**Th:** 4:30 - 5:00 pm

- OR - 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/20

## Learn to Skate: Youth Level 2

**Ages:** 6 - 11

### The Pavilion

Building on what we learned in Level 1, we'll develop one-foot glides, backward swizzles, two-foot turns, faster snowplow stops and more. Prerequisite: Completion of Level 1 or KinderSkate 3. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110112](#) - Opens Dec. 9

**Tu:** 4:30 - 5:00 pm

- OR - 5:40 - 6:10 pm

Session: 1/7 - 2/4 2/11 - 3/18

**Th:** 4:30 - 5:00 pm

Session: 1/2 - 2/6 2/13 - 3/20

## Skating Practice **FREE**

Learn to Skate participants skate for free at public skate sessions Monday - Thursday during enrolled dates. Rental skates and "Cheap Skates" sessions not included.

Schedules at [thepavilioninbend.com](http://thepavilioninbend.com)

## Skate Lesson Assessment **FREE**

Unsure which class to register yourself or your child in? Take the guesswork out - come for a free skate skill assessment to ensure you or your child are in the right class. Inquire at the Pavilion front desk or call 541-389-7588 to arrange an appointment.





### Learn to Skate: Youth Level 3

Ages: 6 - 11

The Pavilion

In Level 3 we will develop forward stroking, forward half swizzle pumps, backward one-foot glides, backward snowplow stops and more as we begin to focus on skills specific to figure and/or recreational skating. Prerequisite: Completion of Level 2. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110113](#) - Opens Dec. 9

Tu: 4:30 - 5:00 pm

Session: 1/7 - 2/4 2/11 - 3/18

Th: 4:30 - 5:00 pm

Session: 1/2 - 2/6 2/13 - 3/20

### Learn to Skate: Youth Level 4

Ages: 6 - 11

The Pavilion

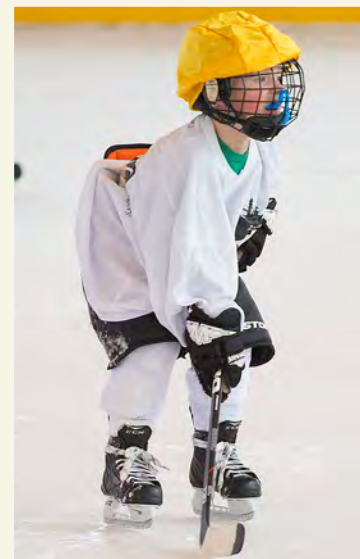
In this class, we'll take your skating up another level with forward and outside edges around a circle, forward crossovers, two-foot spins, backward half-swizzle pumps and more. This class is often repeated since mastery of these skills is an important foundation needed before attempting the skills of Level 5-6 safely. Prerequisite: Completion of Level 3. Skate rentals included; figure skates only.

\$70.00 ID \$84.00 OD

Activity: [110114](#) - Opens Dec. 9

Th: 5:05 - 5:35 pm

Session: 1/2 - 2/6 2/13 - 3/20



### Specialized Ice Times

Youth Fee: \$12.50 / session

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the beginning of the session.

Drop-in: If space available. Check activity # status online prior to arrival.

Sessions: Times and days will vary. Check online schedule.

#### Stick Time

Bring your sticks, skates and gear and work on your skating, stick handling and shooting in these no pressure hockey-only sessions. Nets and pucks provided.

Activity: [410401](#) - Youth

#### Freestyle

Take your skating to the next level. Freestyle is a practice session designed for intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.

Activity: [410160](#)





### Learn to Skate: Youth Levels 5 - 6

**Ages:** 6 - 11

**The Pavilion**

Continuing your progression, Level 5-6 will develop backward inside and outside edges, backward crossovers, transitioning from two-foot to one-foot spins, more advanced stops, beginning toe-hops, forward spirals and more. This class is often repeated multiple times. Skaters at this level are encouraged to consider joining Bend Ice Figure Skating Club for further instruction and opportunities. Prerequisite: Completion of Level 4. Skate rentals included; figure skates required.

\$70.00 ID \$84.00 OD

Activity: [110115](#) - Opens Dec. 9

**Th: 5:05 - 5:35 pm**

Session: 1/2 - 2/6 2/13 - 3/20

### Learn to Skate: Youth Hockey Level 1

**Ages:** 6 - 11

**The Pavilion**

Let's learn some hockey-specific ice skating skills! In this advanced-beginner class, we will develop skating skills for hockey such as falling and recovery, hockey stance forward and backward, snowplow stops, backward swizzles, forward C-cuts and more. Wearing hockey gear is optional. No sticks or pucks will be used. Prerequisite: Completion of Learn to Skate: Youth Level 1 class or similar skating experience. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110120](#) - Opens Dec. 9

**Tu: 5:05 - 5:35 pm**

Session: 1/7 - 2/4 2/11 - 3/18

**Th: 5:05 - 5:35 pm**

Session: 1/2 - 2/6 2/13 - 3/20

### Learn to Skate: Youth Hockey Level 2

**Ages:** 6 - 11

**The Pavilion**

Take your hockey skating skills to the next level! In this class, skaters will work on outside/inside edges, quick starts, forward cross-overs, hockey stops and more. Wearing hockey gear is optional. We recommend skaters move from this class into our Learn to Play Hockey program. No sticks or pucks will be used. Prerequisite: Completion of Learn to Skate: Hockey Level 1. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110122](#) - Opens Dec. 9

**Tu: 5:05 - 5:35 pm**

Session: 1/7 - 2/4 2/11 - 3/18

**Th: 5:05 - 5:35 pm**

Session: 1/2 - 2/6 2/13 - 3/20

### Learn to Skate: Teen Levels 1 - 3

**Ages:** 12 - 17

**The Pavilion**

Welcome to Skate School where you will learn the fundamentals of ice skating! Depending on your experience and ability, you may learn about falling and recovery, marching forward, two-foot glides, forward swizzles, snowplow stops, one-foot glides, two-foot turns in place, backward snowplow stops, switching direction and more. No prerequisite skills required. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110131](#) - Opens Dec. 9

**Tu: 5:40 - 6:10 pm**

Session: 1/7 - 2/4 2/11 - 3/18

### Learn to Skate: Teen Levels 4 - 6

**Ages:** 12 - 17

**The Pavilion**

Let's develop your skating skills further! Depending on your experience and ability, we may work on forward and backward edges, crossovers, two-foot spins, lunges and more. Suggested prerequisite: Completion of Level 3. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110133](#) - Opens Dec. 9

**Tu: 5:40 - 6:10 pm**

Session: 1/7 - 2/4 2/11 - 3/18





## About Bend Ice

Bend Ice is Bend Park & Recreation District's community partner in helping promote and develop ice sports available at The Pavilion including hockey, curling and figure skating. Founded in 2010, Bend Ice traces its roots to a small group of ice sports enthusiasts dedicated to creating a culture of ice sports in Central Oregon. A non-profit, community-supported organization, Bend Ice has seven active Board members and a team of dedicated volunteers.

### Bend Ice Figure Skating Club

Come meet new friends, develop your skating skills and have a blast! The Bend Ice Figure Skating Club is perfect for skaters who have mastered basic skating skills equivalent to level 4 and above. Club members get access to exclusive practice ice time to skate as a team and prepare for testing, competition and exhibition events. Joining the club helps take an individual sport to a team sport and gives skaters the opportunity to skate with like-minded athletes.

Website: [bendicefigureskatingclub.org](http://bendicefigureskatingclub.org)

### Bend Rapids Hockey Club

The mission of the Bend Rapids Hockey Club is to provide travel teams an instructional and competitive environment aimed at developing hockey players. The club's philosophy is to provide both on-and-off-ice training using USA Hockey trained coaches for U8, U10, U12, U14 and high school teams. Adhering to USA Hockey safe sport policies, the club offers a competitive travel schedule designed to stretch players as they develop into excellent athletes and young people.

Website: [bendrapidsyouthhockey.org](http://bendrapidsyouthhockey.org)

### Bend Ice Curling Club

Bend Curling Club, a member of USA Curling, is dedicated to growing the understanding of the sport of curling including ice preparation, game strategy and skills. Bend Curling Club hosts curling leagues for all abilities on Saturday evenings, including pairing new curlers with experienced coaches to further their skills and understanding of the game, as well as a competitive league for the most serious curlers. The club also hosts a Bonspiel in November and promotes teams playing in regional competitions.

Website: [sites.google.com/site/bendcurlingcluborg/home](https://sites.google.com/site/bendcurlingcluborg/home)



.....  
**YOUTH BASKETBALL CAMPS**  
 .....  
 PAGE 71

# hop into play

## Everybody wins.

Sports, whether team-based or individual, are a great activity for kids that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate kids to excel and develop social skills. With those benefits, everyone is a winner.

### Baseball

#### Moment Athletics Winter Baseball Camp

Grades: 3 - 7

Bend FieldHouse

Let's get ready to play ball this spring! Aiming to improve your game skills and fitness, all activities will be organized in an inclusive, exciting way that creates maximum engagement for all participants. Moment Athletics is operated by former Summit High School head coach, CJ Colt. Bring your glove and water bottle.

\$99.00 ID \$118.80 OD

Activity: [103051](#) - Opens Dec. 9

W: 6:30 - 8:00 pm

Session: 1/22 - 2/12

### Basketball

#### Portland Trail Blazers Rip City Hoops NEW

Ages: 6 - 15

Cascade Middle School

Join the Portland Trail Blazers for Rip City Hoops youth basketball! This program is dedicated to providing a safe and fun environment where youth can learn the game of basketball within a respectful and supportive setting.

\$75.00 ID \$90.00 OD

Activity: [103100](#) - Opens Dec. 9

Ages: 6 - 10

Sa: 10:00 - 11:30 am

Ages: 11 - 15

Sa: 12:30 - 2:00 pm

Session: 1/11





## Portland Trail Blazers She Hoops

**NEW**

Ages: 6 - 16

Cascade Middle School

The Portland Trail Blazers She Hoops Program is dedicated to inspiring young women to navigate life's challenges with commitment, determination and resilience. We strive to empower girls both on and off the basketball court, preparing our She Hoopers for success long after the game ends. Our mission is anchored in four pillars: Education, Mental Health, Physical Health, and Community. Through these pillars, we aim to cultivate confident, well-rounded individuals ready to flourish in all aspects of life.

\$75.00 ID \$90.00 OD

Activity: [103105](#) - Opens Dec. 9

Sa: 3:00 - 5:00 pm

Session: 1/11

## COBO Youth Basketball Camps - No School Days

**NO SCHOOL**

Grades: 3 - 5

Pilot Butte Middle School

No school? Cool - come play ball and develop your skills! This camp is geared toward grade-level skills and is under the direction of former Mountain View head coach and COBO Director Craig Reid.

\$32.00 ID \$38.40 OD

Activity: [103055](#) - Opens Dec. 9

M: 9:00 - 11:30 am

Session: 1/20 2/17

F: 9:00 - 11:30 am

Session: 1/31



## Spring Youth Lacrosse League

Grades: 1 - 8

Locations to be determined

It's no wonder why lacrosse is so popular - it's exciting, fast-paced, and great fun. A wonderful off-season complement to many other sports, this league emphasizes skill development, participation, teamwork, sportsmanship, and fun.

Teams will meet twice a week and play an eight-game schedule. Volunteer coaches will select individual team practice times, days, and location. Helmets, sticks, mouthguards, and game jerseys are provided. All players on coed and boys' teams must provide their own shoulder pads, arm pads, and gloves.

This program is dependent on volunteer coaches. Anyone interested in coaching this season, visit [bendparksandrec.org](http://bendparksandrec.org) and complete a BPRD Volunteer Application.

**Registration deadline: 2/23, 11:59 pm or until full.**

\$109.00 ID \$130.80 OD / season

Season: 3/31 - 5/30

Opens Dec. 11

**COED**

Activity: [103401](#) - Grades: 1 - 2

**BOYS**

Activity: [103403](#) - Grades: 3 - 4

[103407](#) - Grades: 5 - 6

**GIRLS**

Activity: [103404](#) - Grades: 3 - 5

[103410](#) - Grades: 6 - 8

## Football

### Xtreme Flag Football

Grades: 3 - 8

Summit High School

Join the Xtreme Flag Football team! Xtreme means we play no matter what! Snow, rain, wind, cold, no big deal! Lace up for three weeks of outdoor skills, drills and games under the lights. These non-contact training sessions allow players to advance their skills and have fun with friends. Designed for players of all ability levels; groups will be divided by grades 3 - 5 and grades 6 - 8.

\$109.00 ID \$130.80 OD

Activity: [103164](#) - Opens Dec. 9

Tu/Th: 5:30 - 6:45 pm

Session: 1/21 - 2/6



## Martial Arts

### Intro to Lil' Dragons

**Ages:** 4 - 6

**Odyssey Martial Arts**

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence and teamwork as well as develop motor skills.

\$99.00 ID \$118.80 OD

Activity: [106750](#) - Opens Dec. 9

**M/W:** 3:20 - 3:50 pm

Session: 1/6 - 29 2/3 - 26  
3/3 - 4/2 (No class 3/24 & 3/26)

### Beginning White Belt Karate

**Ages:** 6.5 - 12

**Odyssey Martial Arts**

Discover what martial arts is all about in this class designed for white belt beginners. Students will acquire control, focus, discipline, self-defense skills, confidence and respect, while learning karate techniques and having fun. Bring a water bottle and wear shoes. Please wear comfortable clothing (no jeans) to class.

\$119.00 ID \$142.80 OD

Activity: [106751](#) - Opens Dec. 9

**M/W:** 3:55 - 4:40 pm

Session: 1/6 - 29 2/3 - 26  
3/3 - 4/2 (No class 3/24 & 3/26)

### Volunteer with youth sports.

Contact Kim at (541) 706-6127 for more information.

### Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.



### Brazilian Jujitsu

**Ages:** 4 - 14

**Connection Rio Jujitsu**

Based on the ancient ground-based martial art of Jiu-Jitsu, our Kids Brazilian Jiu-Jitsu program is focused on developing students skills and experiences and taking pride as they grow. Aimed at teaching students to control and subdue an opponent through strength by leverage, the lessons learned in class can extend far beyond the mat, helping create well-rounded character and positive lifelong healthy habits that reach into many aspects of a one's life. Suitable for all skill levels. \$75 uniform fee payable to Connection Rio.

\$155.00 ID \$186.00 OD

Activity: [106755](#) - Opens Dec. 9

**Ages:** 4 - 7

**M/W:** 1:45 - 2:30 pm  
**- OR -** 4:00 - 4:45 pm

Session: 1/6 - 29 2/3 - 26  
3/3 - 26

**Ages:** 8 - 14

**M/W:** 2:45 - 3:45 pm  
**- OR -** 5:00 - 6:00 pm

Session: 1/6 - 29 2/3 - 26  
3/3 - 26

### Children's Ki Aikido

**Ages:** 6 - 14

**Oregon Ki Society**

By helping to cultivate good habits at an early age, the practices of Japanese martial arts, Ki-Aikido and Ki Development, offer children a foundation that can help prepare them for a lifetime of positive growth. While children's bodies are growing so are their minds, so we aim to develop them together in Ki's physically active and cooperative learning environment. The goal is that as children grow, they learn to apply these lessons to many of life's activities - school, play, sports and relationships.

\$90.00 ID \$108.00 OD

Activity: [106758](#) - Opens Dec. 9

**Tu/Th:** 5:30 - 6:30 pm

Session: 1/7 - 2/13 2/18 - 3/20



## Rock Climbing

### Kids Bouldering - Bend Endurance Academy

Ages: 7 - 11

#### Bend Endurance Academy

Come and experience the movement challenges that bouldering/indoor climbing has to offer in a youth-specific bouldering facility at the Bend Endurance Academy's bouldering club. Classes will be separated by grade and Bend Endurance Academy coaches and instructors tailor sessions to meet the needs of each individual, with a focus on increasing body position awareness, strength, balance and agility. No climbing experience is required. Rental climbing shoes are available for participants at class, all other safety equipment included.

\$225.00 ID \$270.00 OD

Activity: [106601](#) - Opens Dec. 9

**M:** 3:00 - 4:30 pm

Session: 1/13 - 2/17  
2/24 - 4/7 (No class 3/24)

**W:** 1:30 - 3:00 pm

Session: 1/15 - 2/19  
2/26 - 4/9 (No class 3/26)

**Sa:** 10:00 - 11:30 am

Session: 1/18 - 2/22 (No class 1/25)  
3/1 - 4/12 (No class 3/29)

**Su:** 10:00 - 11:30 am

Session: 1/19 - 2/23 (No class 1/26)  
3/2 - 4/13 (No class 3/30)



## SoccerJrs

### SoccerJrs - Teddies

Ages: 1.5 - 2 with Adult

#### Cascade Indoor Sports Center

Using props and games to enhance your child's soccer skills, this series is designed to develop motor skills, promote physical fitness and create self-confidence. Adults participate with the child as they learn soccer basics and fun activities. An introductory program teaching kicking, balance, dribbling, foot-eye coordination as well as listening and following directions. We do not play competitive games in this class. No classes the week of Spring Break.

\$130.00 ID \$156.00 OD

Activity: [103310](#) - Opens Dec. 9

**Tu:** 10:00 - 10:55 am

Session: 1/7 - 2/25  
3/4 - 4/29 (No class 3/25)

**W:** 11:00 - 11:55 am

Session: 1/8 - 2/26  
3/5 - 4/30 (No class 3/26)

**Th:** 5:00 - 5:55 pm

Session: 1/9 - 2/27  
3/6 - 5/1 (No class 3/27)

**Sa:** 9:00 - 9:55 am  
- OR - 10:00 - 10:55 am

Session: 1/11 - 3/1  
3/8 - 5/3 (No class 3/29)

### SoccerJrs - Cubs

Ages: 3 - 4

#### Cascade Indoor Sports Center

Using props and games to enhance your child's soccer skills, this series is designed to develop motor skills, promote physical fitness and create self-confidence. An introductory program teaching kicking, balance, dribbling, foot-eye coordination as well as listening and following directions. We do not play competitive games in this class. No classes the week of Spring Break.

\$130.00 ID \$156.00 OD

Activity: [103311](#) - Opens Dec. 9

**M:** 5:00 - 5:55 pm

Session: 1/6 - 2/24  
3/3 - 4/28 (No class 3/24)

**Tu:** 11:00 - 11:55 am  
- OR - 4:00 - 4:55 pm

Session: 1/7 - 2/25  
3/4 - 4/29 (No class 3/25)

**W:** 10:00 - 10:55 am  
- OR - 4:00 - 4:55 pm

Session: 1/8 - 2/26  
3/5 - 4/30 (No class 3/26)

**Th:** 4:00 - 4:55 pm  
- OR - 5:00 - 5:55 pm

Session: 1/9 - 2/27  
3/6 - 5/1 (No class 3/27)

**Sa:** 9:00 - 9:55 am  
- OR - 10:00 - 10:55 am

Session: 1/11 - 3/1  
3/8 - 5/3 (No class 3/29)



## Spring Youth Softball League

Grades: K - 6

Locations to be determined

What a great way to play, make friends and grow your game! The season swings into action with a players' clinic then teams practice twice a week and most games are during the week. Includes uniform top, socks, and softball pants.

This program is dependent on volunteer coaches. If you are interested in coaching this season, visit [bendparksandrec.org/coach](http://bendparksandrec.org/coach) and complete a BPRD Volunteer Application.

Registration deadline: 2/23, 11:59 pm or until full.

Opens Dec. 11

Season: 4/2 - 6/4

### GRADE K - 2

\$97.00 ID \$116.40 OD

Activity: [103450](#)

### GRADES 3 & 4

\$101.00 ID \$121.20 OD

Activity: [103453](#)

### GRADES 5 & 6

\$109.00 ID \$130.80 OD

Activity: [103456](#)

## SoccerJrs - Bears

Ages: 5 - 6

Cascade Indoor Sports Center

Using props and games to enhance your child's soccer skills, this series is designed to develop motor skills, promote physical fitness and create self-confidence. Designed for kids with little or no soccer experience to teach the basics of this fun, fast-paced game. No classes the week of Spring Break.

\$130.00 ID \$156.00 OD

Activity: [103312](#) - Opens Dec. 9

M: 4:00 - 4:55 pm

Session: 1/6 - 2/24  
3/3 - 4/28 (No class 3/24)

Tu: 5:00 - 5:55 pm

Session: 1/7 - 2/25  
3/4 - 4/29 (No class 3/25)

W: 3:00 - 3:55 pm

Session: 1/8 - 2/26  
3/5 - 4/30 (No class 3/26)

Th: 4:00 - 4:55 pm

Session: 1/9 - 2/27  
3/6 - 5/1 (No class 3/27)

## Soccer

### Youth Spring Indoor Soccer League

Grades: K - 8

Cascade Indoor Sports Center

Get out of the cold weather and join a youth indoor soccer league! All skill levels are welcome. Leagues are designed to develop and enhance soccer skills, promote physical fitness and create self-confidence. League games are on Saturdays; one game a week for eight weeks with no practices. Team shirt included. Space is limited, registration is available until program is full or start date.

\$130.00 ID \$156.00 OD

Activity: [103340](#) - Opens Dec. 11

Grade: K

Sa: 11:00 am - 12:00 pm

Grades: 1 - 2

Sa: 12:00 - 2:00 pm

Grades: 3 - 5

Sa: 2:00 - 5:00 pm

Grades: 6 - 8

Sa: 5:00 - 8:00 pm

Sessions: 1/11 - 3/1 3/8 - 5/3

## Softball

### Spring Indoor Softball Camp

Ages: 7.5 - 14

Bend FieldHouse

Presented by Mountain View High School head coach Sarah Stacy, this camp is heavy on hitting and fielding with special breakout sessions.

\$79.00 ID \$94.80 OD

Activity: [103066](#) - Opens Dec. 9

Su: 4:15 - 6:00 pm

Session: 3/2 - 16



## Track & Field

### Middle School Track Clinics

Grades: 6 - 8

Cascade Middle School

You're invited to Cascade Middle School's annual track conditioning camp to practice all running events - 1500m, 800m, 400m, 200m, 100m, and both relays: 4x400m and 4x100m. Focused on running, camp will not offer hurdles or field events. Each camp participant will receive a cinch bag.

\$48.00 ID \$57.60 OD

Activity: [103170](#) - Opens Dec. 9

M-Tu: 4:00 - 5:15 pm

Session: 3/10 - 20





## 2025 Youth Sports Leagues Registration Deadlines

Youth sports leagues are filled with great fun and action! In order for staff to get leagues properly organized for all the teams, uniforms, gear, coaches, practices and games, registration needs to be in advance of the season - sometimes several months ahead. So that you and your child don't miss out, make note of the important deadlines below, register on time and get on the team!

- All registrations are dependent on availability; some leagues fill faster than others.
- Registration deadlines are typically on Sundays at 11:59 p.m.
- Hold periods are needed to organize registrants and teams and determine if space availability.
- When a hold period is over, registration or a wait list will be available on re-opening.

### Winter 2025 Registration: Leagues open December 11

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List
Youth Hockey League	January - March	12/22		
Youth Lacrosse League	April - June	2/23	2/24 - 3/2	3/3
Youth Softball League	April - June	2/23	2/24 - 3/2	3/3

### Spring 2025 Registration: Leagues open February 12

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List
Youth Roller Hockey League	May - June	TBD		

### Summer 2025 Registration: Leagues open in late March

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List
Kindergarten Soccer League	Sept. - Oct.	TBD		
Youth Fall Soccer League	Sept. - Oct.	TBD		
Youth Flag Football League	Sept. - Oct.	TBD		
Middle School Tennis League	Sept. - Oct.	TBD		

### Fall 2025 Registration: Leagues open Early August

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List
Fall Ultimate Middle School	Sept. - Oct.	TBD		
Youth Volleyball League	Nov. - Dec.	TBD		
Bitty Basketball	Nov. - Dec.	TBD		
Youth Basketball League	Jan. - Mar.	TBD		
Middle School Basketball - Boys	Nov. - Dec.	TBD		
Middle School Basketball - Girls	Jan. - Mar.	TBD		
High School Basketball League	Dec. - Feb.	TBD		

Check seasonal Playlists or the registration website at [register.bendparksandrec.org](http://register.bendparksandrec.org) for updates throughout the year.

Questions? Just ask!

Email: [SportsInfo@bendparksandrec.org](mailto:SportsInfo@bendparksandrec.org) or call 541-693-1044.



give a little, get a lot

**Volunteer Coaches & Sponsors:  
Making a Difference for Hundreds of Kids & Families**



**Thanks, Coach!**

Thanks, Coach! Cheers to the volunteers that gave their time and heart as coaches for these fall sport programs. You made it a great season for the young players and their families and we can't thank you enough!

- Youth soccer
- Kindergarten soccer
- Youth flag football
- Middle school tennis
- Youth volleyball
- Bitty basketball
- Boys middle school basketball

**Thanks, Sponsors!**

Sport program sponsors provide resources for recreation scholarships so everyone has a chance to play. Thank you to these fall/winter sport sponsors:

**RIDGELINE ORAL SURGERY**

- Kindergarten soccer
- Youth soccer
- Youth flag football
- Youth volleyball
- Bitty basketball
- Youth ice hockey
- Youth basketball

**BIGFOOT BEVERAGES**

- Middle school basketball

**MILLER LUMBER**

- Adult ice hockey
- Adult curling



**Ready to Coach Youth Team Sports?**

We need you!

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. Registration in sport programs is at an all-time high and we want all kids to have the opportunity to play. We make it easy to be a coach and we know it will be rewarding and fun! We are currently seeking volunteer coaches for:

- Youth lacrosse
- Youth softball
- Girls middle school basketball

Sport experience preferred, but mostly need to enjoy working with kids. Application and background check required. Training and support provided. For more information, contact BPRD sports program staff at (541) 693-1044 or [sportsinfo@bendparksandrec.org](mailto:sportsinfo@bendparksandrec.org)





**YOUTH SWIM LESSONS**  
.....  
PAGES 78 - 80

# all kinds of play

## Youth & Teen Fitness

### Teen Fitness

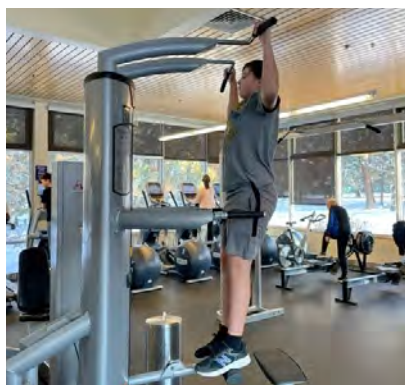
Ages: 11 - 17

Juniper Swim & Fitness Center & Larkspur Community Center

**FITNESS CENTER USE:** Improve strength and conditioning in our state-of-the-art fitness center. Youth ages 16 - 17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation. Youth ages 11 - 15 may only workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11 - 15 year-olds need to check in at front desk for a wristband for each fitness center visit. Children 10 years and younger are not allowed in the fitness center.

**GROUP FITNESS CLASSES:** Get fit and have fun with our many group exercise class options. 16 - 17 year-olds are welcome in all of our regular group exercise classes. 11 - 15 year-olds may attend some classes under parent/guardian supervision.

[View classes and schedules online.](#)



### Drop in and jump in at Rec Swim!

BPRD has three great recreation swim sessions available at two facilities:

- Family Swim
- Parent-Child Swim
- Open Recreation Swim

Learn more on page 79 and view schedules at [bendparksandrec.org/recswim](http://bendparksandrec.org/recswim)

## Dive into fitness and swimming.

Get your kids started with fitness and swimming! These important programs teach life-long skills to help your child be comfortable and safe around water. Lessons enable kids to understand how good swimming can feel and can unlock many outdoor water activities available in Central Oregon.



## Youth Swim Lessons

### Our year-round youth swim lessons are...

- **Age-Appropriate:** Offered for infants, preschoolers, youth and teens.
- **Skill-Appropriate:** Based on progressively learned swim skills.
- **Safe:** Lifeguards are always on duty to provide extra protection.
- **Small:** Maximum class size of five for preschoolers and six for other levels.
- **Professional:** All instructors are trained in our own best practices program.
- **Fun:** We believe learning to swim should be a positive, fun experience!

For more information, call (541) 389-7665.



### Swim lessons fill quickly! How to register:

1. **Based on your child's age, select a lesson group:**
  - 6 - 36 months: Parent Tot
  - 30 - 35 months: Sea Stars
  - 3 - 5 years: Journey
  - 6 - 12 years: Level
  - 13 - 16 years: Teen Level
2. **Review lesson descriptions and select level for your child's skills and required class prerequisites. Still not sure? Schedule a swim assessment (below right).**
3. **Determine preferred location.**
4. **Click on blue "View" hyperlinks to see offerings. Fees vary with session lengths.**
5. **Register for the class that matches your child's level.**
6. **If the appropriate lessons are full, be sure to sign up on the waitlist.**

### Parent Tot Swim Lessons

**Ages:** 6 - 36 months with Adult

Developmentally appropriate classes provide a safe, encouraging and fun introduction to the wonderful world of water. Parents/guardians work directly with their child under instructor's guidance. Swim diaper required for all children.

**Parent Tot 1:** (6 - 18 months) Hands-on work, skill-oriented games and songs emphasize water adjustment and enjoyment.

**Parent Tot 2:** (19 - 36 months) More skill-building fun and games with an increased emphasis placed on basic swim skills and independence.

**Fees:** \$108.00 - \$129.60 ID  
\$115.00 - \$138.00 OD

**Frequency:** 1 and 2 days a week

Opens Dec. 10

**Juniper Swim & Fitness Center**

[View Parent-Tot 1-2 at Juniper](#)

**Larkspur Community Center**

[View Parent-Tot 1-2 at Larkspur](#)

### Sea Stars Swim Lessons

**Age:** 30 - 35 months with Adult

Has your child attended Parent Tot lessons multiple times? Is your child two and a half years old and ready for more? Specially designed for the independent, not quite three year old, this fun and encouraging class will teach your child the basic skills of floating, gliding and water safety. Prerequisite: Parent Tot lessons. Parent participation in the water is required. Swim diaper required for all children.

**Fees:** \$108.00 - \$129.60 ID  
\$115.00 - \$138.00 OD

**Frequency:** 1 and 2 days a week

Opens Dec. 10

**Juniper Swim & Fitness Center**

[View Sea Stars at Juniper](#)

**Larkspur Community Center**

[View Sea Stars at Larkspur](#)



## Journey Swim Lessons

**Ages:** 3 - 5

A progressive journey for preschoolers/ kindergartners that develops swimming skills in a creative environment for your child's comfort, confidence and enjoyment. Children work on kicking, gliding and basic strokes. Journey 1 through 5 levels are available.

**Journey 1:** Water adjustment, underwater exploration, floating on front and flutter kicking.

Prerequisite: Ability to participate in a class environment.

**Journey 2:** Front and back floats, glides and kicks. Prerequisite: Float on front with face in water for 3-5 seconds.

**Journey 3:** Front crawl stroke and backstroke with big pool exposure. Prerequisite: Float and kick on front and back for 5 seconds.

**Journey 4:** Crawl stroke with side breathing, back crawl stroke and increased endurance with extensive work in the big pool. Prerequisite: Completion of Journey 3.

**Journey 5:** More advanced stroke work including technique and endurance with both crawl stroke and backstroke. Prerequisite: Completion of Journey 4 or front crawl with side breathing 20 feet and backstroke for 20 feet.

Fees: \$108.00 - \$129.60 ID  
\$115.00 - \$138.00 OD

**Frequency:** 1 and 2 days a week

Opens Dec. 10

**Juniper Swim & Fitness Center**  
[View Journey 1 - 5 at Juniper](#)

**Larkspur Community Center**  
[View Journey 1 - 5 at Larkspur](#)



**Questions?**  
Check out the  
"Frequently Asked  
Questions"  
on the next page.

## Level Swim Lessons

**Ages:** 6 - 12

This progressive program designed for school-age children will be fun and challenging as swimmers progress to refine strokes and breathing, build confidence and further develop skills. There are Levels 1 through 6 for your child's progression.

**Level 1:** Water adjustment, front and back floats and glides and flutter kick. Prerequisite: Ages 6 years and older.

**Level 2:** Streamline kicking on front, back and side, basic crawl stroke, into back crawl stroke and deep water exposure. Prerequisite: Float, glide and kick comfortably on front and back for 5 seconds.

**Level 3:** Crawl stroke with side breathing and back crawl stroke for 45 feet. Prerequisite: Strong kick on front and back in proper body position for 10 seconds.

**Level 4:** Crawl stroke with rhythmic side breathing and back crawl stroke for 25 meters with increased emphasis on proper technique. Elementary backstroke, breast stroke and dolphin kick introduced. Prerequisite: Comfortably swim crawl stroke with side breathing and backstroke for 45 feet.

**Level 5:** Refinement of crawl stroke, back stroke and elementary backstroke; introduction of breast stroke, butterfly and open turns. Prerequisite: Comfortably swim crawl stroke with rhythmic side breathing, back stroke and elementary backstroke for 25 meters.

**Level 6:** Increased endurance and technique in all previously learned strokes including butterfly and breast stroke; flips turns and diving from starting blocks. Prerequisite: Completion of Level 5.

Fees: \$108.00 - \$129.60 ID  
\$115.00 - \$138.00 OD

**Frequency:** 1 and 2 days a week

Opens Dec. 10

**Juniper Swim & Fitness Center**  
[View Level 1 - 6 at Juniper](#)

**Larkspur Community Center**  
[View Level 1 - 6 at Larkspur](#)



## Teen Level Swim Lessons

**Ages:** 13 - 16

Designed to teach teens basic swim skills: kicking in an arrow, front crawl stroke, backstroke and exposure to deep water. There are Levels 1 through 6 for effective progression.

**Descriptions available above.**

Fees: \$108.00 ID  
\$129.60 OD

**Frequency:** 1 day a week

Opens Dec. 10

**Juniper Swim & Fitness Center**  
[View Teen Level 1 - 6 at Juniper](#)

## Swim Lesson Assessment FREE

Take the guesswork out with a free swim assessment to ensure your child is in the right class. Come by the pools at:

### Larkspur Community Ctr.:

Dates: Now - 12/15  
M-Th: 4:00 & 6:15 pm

Dates: 1/2 - 3/21  
M-Th: 4:00 & 6:15 pm

### Juniper Swim & Fitness Ctr.:

Dates: Now - 12/15  
M-Th: 10:45 am  
M/W: 4:00 & 6:30 pm,  
Sa: 12:30 pm

Dates: 1/2 - 3/21  
M-Th: 4:00 & 6:30 pm

Email [keri@bendparksandrec.org](mailto:keri@bendparksandrec.org) to arrange an appointment to work with your schedule.



## Swim Lessons: Frequently Asked Questions

### When does registration begin?

Registration opens Tuesday, December 10 at 6:00 a.m. and is ongoing.

### How do I know what lesson to register my child for?

Come to a swim lesson assessment or read the prerequisite listed under the class description.

### Why are swim lessons so popular?

Youth swim lessons are some of the most in-demand recreation programs in our community. There are several reasons why. The facility shutdown of the pandemic coupled with area population growth created a backlog of children needing lessons. Even with a full schedule of lessons, we're not able to meet all of the demand, but it is improving. If you are unable to get a spot, please sign up on a waitlist so that we know of your interest and can try to accommodate your child.

### I am on a waitlist, what should I do?

If there is room for additional swimmers, we will email the waitlist participants in the order received. Keep your eye on your email. Once an email notice is sent, you have 48 hours to register or your held spot will be forfeited.

### What lesson level is my child signed up for?

At your lesson, the deck supervisor has the information and can help you find the appropriate class.

### What if I don't remember what facility my lesson is at?

When you registered, you should have received an e-mail receipt with your class location listed with the activity.

### What do I do if I signed my child up for the wrong level?

Contact customer service and ask about updating the customer question on your swim lesson registration.

### I have multiple children and would like them in lessons at the same time.

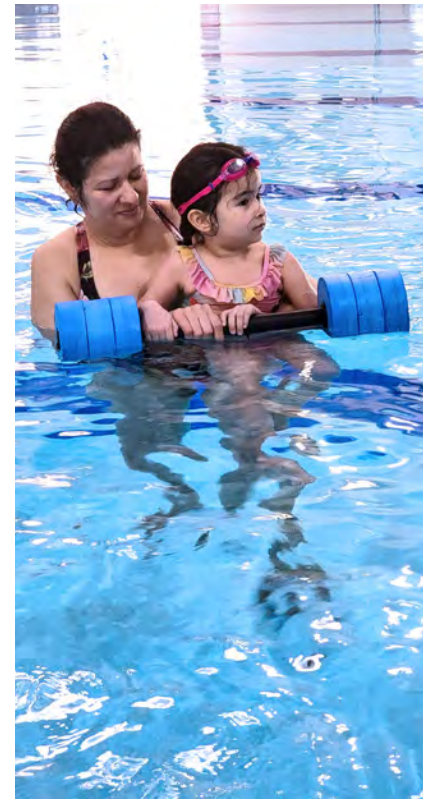
Most of our lessons have the opportunity to occur at the same time. If you weren't able to sign up for the same time due to the class being full, we encourage you to place your child on the waitlist for the time you like and sign up for the class closest to that time. If the class has an opening, you will have the opportunity to transfer.

### My child is signed up for a level they already passed.

Contact customer service and ask about updating the customer question on your swim lesson registration.

### Are private or semi-private swim lessons available?

We are unable to offer private or semi-private lessons at this time as group lessons are our priority. As we bring on more staff, we hope to offer additional swim lesson opportunities.



## Clases de Natacion para Familias en espanol / Family Swim Lesson in Spanish

**Ages: 3 & up with Adult**

**Juniper Swim & Fitness Center**

Actualmente, ésta es la única clase de natación que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. Esta clase es para niños, jóvenes y adultos, enseñaremos natación de manera progresiva para toda la familia. Incluye el ingreso al horario de recreación para público en general en las piscinas, inmediatamente después de la clase.

Designed for Latino families, this combined youth and adult class features a progressive swim lesson for the whole family! Since this is BPRD's only swim class in Spanish, registration is prioritized for Spanish-speaking families. Includes admission to Open Recreation Swim immediately after class.

\$132.00 ID \$158.40 OD

Activity: [105260](#) - Opens Dec. 10

**Sa: 12:30 - 1:00 pm**

Session: 1/11 - 3/15



## Diving

### Springboard Diving

**Ages:** 9 - 12

**Juniper Swim & Fitness Center**

Learn the basics of how to dive from the 1-meter springboard. The instructor will lead you through the specifics of how to do a diving approach, front jumps, front dives, as well as a basic introduction to the back dive. Additional instruction includes introductions to front flips and twist jumps, along with basic step-by-step progressions. Focused on developing your confidence in a safe environment the sessions will build skills to help you become a successful diver. Prerequisite: Ability to comfortably swim two widths of the pool in the deep end and tread water.

\$54.00 ID \$64.80 OD

Activity: [105570](#) - Opens Dec. 10

**W:** 2:15 - 3:00 pm

- OR - 3:05 - 3:50 pm

Session: 1/8 - 2/5 2/12 - 3/12

**F:** 4:10 - 4:55 pm

- OR - 5:00 - 5:45 pm

- OR - 5:50 - 6:35 pm

Session: 1/10 - 2/7 2/14 - 3/14

## Swim Programs

### Youth Novice Swim Team

**Ages:** 6.6 - 12

**Juniper Swim & Fitness Center**

An introduction to competitive swimming skills and training designed to challenge and refine swimming skills. Participants must be able to swim 25 meters front crawl stroke with side breathing and 25 meters backstroke with level body position. We'll teach the rest. Groups are divided by age and ability levels.

\$163.00 ID \$195.60 OD

Activity: [105540](#) - Opens Dec. 10

**M/W:** 4:00 - 4:55 pm

Session: 1/27 - 3/19

**Tu/Th:** 3:15 - 4:10 pm

- OR - 4:15 - 5:10 pm

Session: 1/28 - 3/20



### Middle School Novice Swim Team

**Ages:** 10.5 - 14

**Juniper Swim & Fitness Center**

Continue to learn and refine competitive swimming skills and develop fitness at the same time. Newcomers and veterans welcome. Participants must be able to swim 25 meters crawl stroke using side breathing and 25 meters backstroke with level body position.

\$163.00 ID \$195.60 OD

Activity: [105541](#) - Opens Dec. 10

**Tu/Th:** 5:15 - 6:10 pm

Session: 1/28 - 3/20



## Water Polo

### Novice Water Polo Workshop

**Ages:** 7.5 - 14

**Juniper Swim & Fitness Center**

Have fun learning basic water polo skills and playing games. Participants must be able to swim 100 meters (4 lengths) continuously.

\$80.00 ID \$96.00 OD

Activity: [105412](#) - Opens Dec. 10

**M/W:** 4:00 - 4:55 pm

Session: 1/6 - 22

**Tu/Th:** 3:15 - 4:10 pm

- OR - 4:15 - 5:10 pm

- OR - 5:15 - 6:10 pm

Session: 1/7 - 23

**Enjoy the water?  
Be a lifeguard  
or swim instructor.**

Learn more at  
[bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).



## Preschool

### Busy Buddies Preschool

INCLUDES WEEKLY  
SWIM LESSONS

**Ages:** 3 - 5

#### Juniper Swim & Fitness Center

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar. This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided. No prior swimming experience necessary. Children must be potty-trained. Registration for each school year opens in May.

Limited availability - sign up on waitlist if the program is full.

A \$20.00 ID/OD non-refundable registration fee is due at time of enrollment and monthly fee of \$260.00 ID / \$312.00 OD is due the 5th of every month September through June. You can register for multiple sessions per week if you choose.

Activity: [405601](#) - Open now

**M/W:** 1:30 - 4:30 pm

Session: Now - 6/11

**Tu/Th:** 1:30 - 4:30 pm

Session: Now - 6/12

No school during Winter Break (12/23 - 1/2) and Spring Break (3/24 - 27) and on Martin Luther King Jr. Day, President's Day, and Memorial Day.

Register in advance to sync with your workout

## Kids' Corner Childcare

**Ages:** 6 months - 5 years  
**Juniper Swim & Fitness Center**

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, work out or just relax.

- Registration is strongly recommended and includes a standard of four scheduled 75-minute visits per session at discounted rate.
- Fee is adjusted for three- or five-visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits and only available as space allows or if registered.



### Registration Childcare

#### TODDLER

**Ages:** 6 - 24 months.  
Limited availability

\$36.00 ID \$43.20 OD / session

Activity: [105660](#) - Opens Dec. 9

#### PRECHOOLER

**Ages:** 25 months  
- 5 years old

\$30.00 ID \$36.00 OD / session

Activity: [105661](#) - Opens Dec. 9

**Weekdays:** 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Sessions:

M: 1/6 - 27 2/3 - 24

3/3 - 31

T: 1/7 - 28 2/4 - 25

3/4 - 18

W: 1/8 - 29 2/5 - 26

3/5 - 19

Th: 1/2 - 30 2/6 - 27

3/6 - 20

F: 1/3 - 31 2/7 - 28

3/7 - 21

### Drop-in Childcare

Available if space allows.  
Call 541-706-6191 for availability.

#### TODDLER

**Ages:** 6 - 24 months.  
Limited availability

\$11.00 ID \$13.20 OD

per visit up to 75 minutes.

#### PRECHOOLER

**Ages:** 25 months  
- 5 years old

\$9.25 ID \$11.10 OD

per visit up to 75 minutes.

**Weekdays:** 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

### Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

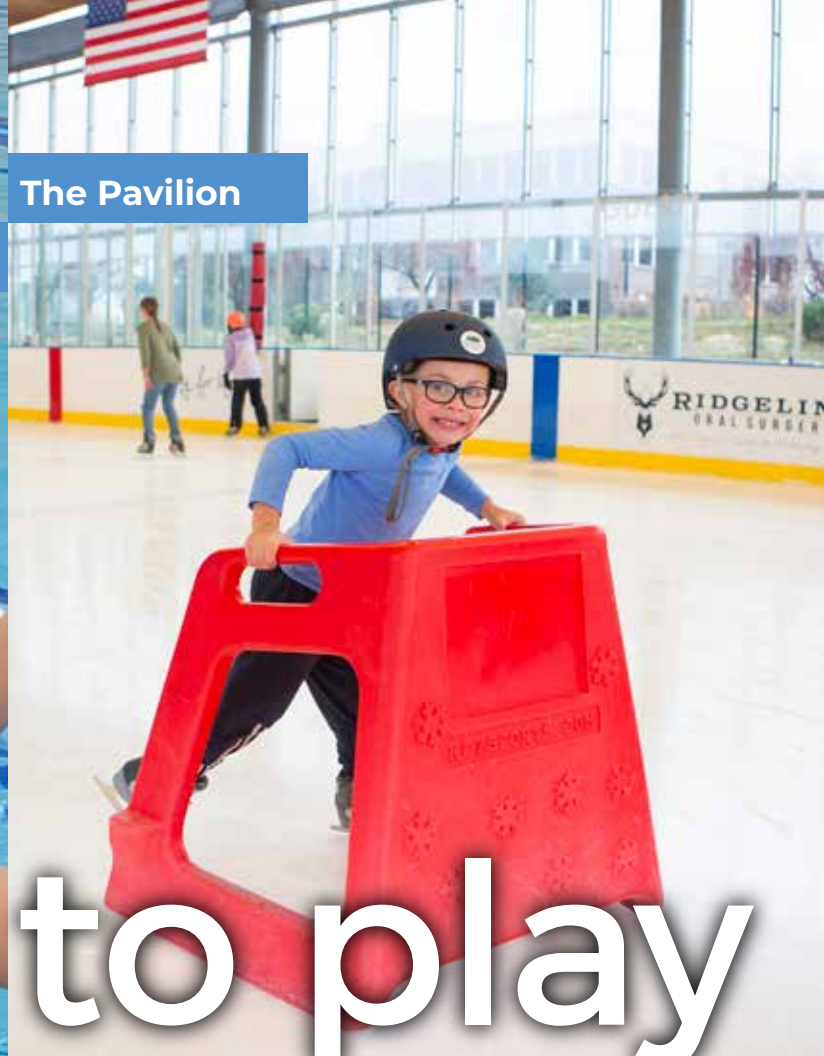
Learn more and view drop-in fitness classes at

[bendparksandrec.org/fitness-swim/](http://bendparksandrec.org/fitness-swim/)





Juniper Swim & Fitness Center



The Pavilion

# places to play

## recreation centers



Bend Senior Center



Larkspur Community Center

# let's go!

## Recreation Center Fees & Passes



Bend Park & Recreation District offers three unique recreation centers with hundreds of weekly drop-in activities. To use a BPRD facility, choose the fee structure and payment option that best matches your household's needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- **No initiation or start up fees**
- **No contracts**

### Match your play with the perfect pass

#### 10-Visit Passes

- **Save an average of 15% off regular fees**
- **Pre-paid to use as you go**
- **Use at any recreation facility**

10-Visit Passes may be used for drop-in activities at all locations. Patrons may use visits for themselves or guests at the same or lower entrance fee. This pass doesn't expire.

#### Annual Pass Discount

Save 20% off the Auto-Renewal/3-Month Pass with an Annual Pass. Combine with partner and family pass for the best value!

#### Partner Discount

Save 10% off Auto-Renewal/3-Month pass and Annual Passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household.

#### Family Pass

Available for adult, youth or senior family members living in the same household. Three-member minimum required.

#### 30-Day, Auto-Renewal, 3-Month & Annual Passes

- **Great for the frequent user**
- **Unlimited in-and-out privileges**
- **Quick and easy check-in**
- **Four options for pass duration**
- **Awesome savings - the more you use your pass, the more you save**

30-Day, Auto-Renewal, 3-Month and Annual Passes may be purchased at any time. Full payment is required at time of purchase. 30-Day Passes offer the control to purchase every 30 days at your choice. Auto-Renewal Passes offer the convenience of monthly auto-renewal with three-month minimum commitment; 3-Month and Annual Passes offer online/ in-person renewal. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

### Out-Of-District Fee Policy

The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the district. If you need help determining if you live inside or outside the district boundaries, view the district map at [bendparksandrec.org](http://bendparksandrec.org) or call us at (541) 389-7275.

For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



# DROP-IN FITNESS, SWIM & SKATE IN-DISTRICT FEES & PASSES

Effective beginning June 19, 2024.

**PURCHASE YOUR  
PASS ONLINE @:**  
[register.bendparksandrec.org](https://register.bendparksandrec.org)

## JUNIPER SWIM & FITNESS CENTER, LARKSPUR COMMUNITY CENTER & THE PAVILION

### All passes include:

Drop-in fitness classes, swim activities, hot tub/spa features, fitness centers, indoor track, social activities and public roller skating sessions.  
Roller skate rental: \$3.00.

### Single-Visit and 10-Visit Pass:

Include public ice skating sessions. Ice skate rental: \$4.00.

### 30-Day, Auto-Renewal, 3-Month and Annual Passes:

Offer a discount of 50% off public ice skating sessions. Ice skate rental: \$4.00.

Does not include access to registration programs.

See activity details on pages 87 - 91.

<b>Single Visit Admission</b>	Adult (19-64)	\$9.00
	Older Adult* (65-79)	\$8.00
	Youth (3-18)/Honored Citizens (80+)	\$7.00
	Children under 3 with paying adult	Free
<b>10-Visit Pass</b> Save an average of 15%	Adult (19-64)	\$76.50
	Older Adult* (65-79)	\$68.00
	Youth (3-18)/Honored Citizens (80+)	\$59.50
	Children under 3 with paying adult	Free
<b>30-Day Pass</b> Unlimited visits!	Adult (19-64)	\$72.00
	Older Adult* (64-79)	\$56.00
	Youth (3-18)/Honored Citizens (80+)	\$39.00
	Family - Any mix of 3 or more household members	\$133.00
<b>Auto-Renewal Pass</b> Unlimited visits! Priced per month.	Adult (19-64)	\$65.00
	Older Adult* (64-79)	\$50.00
	Youth (3-18)/Honored Citizens (80+)	\$35.00
	Family - Any mix of 3 or more household members	\$120.00
<b>3-Month Pass</b> Unlimited visits!	Adult (19-64)	\$195.00
	Older Adult* (65-79)	\$150.00
	Youth (3-18)/Honored Citizens (80+)	\$105.00
	Family - Any mix of 3 or more household members	\$360.00
<b>Annual Pass</b> Unlimited visits! Save 20% off the monthly fee.	Adult (19-64)	\$624.00
	Older Adult* (65-79)	\$480.00
	Youth (3-18)/Honored Citizens (80+)	\$336.00
	Family - Any mix of 3 or more household members	\$1,152.00

Older Adult Rate\*: Those born on or before December 31, 1961 will receive the older adult rate even though they may not be 65 years or older yet.

**Partner Discount:** Get a 10% discount on Auto-Renewal, 30-Day, 3-Month and Annual Passes when two family members in the same household purchase a pass at the same time.



**One pass—  
three facilities  
& hundreds of sessions**

The Fitness, Swim & Skate 30-Day, Auto-Renewal, 3-Month and Annual Passes include unlimited lap swim, recreation swim, roller skating, fitness center use, spa features use, social activities and access to 200+ weekly fitness programs at Juniper Swim & Fitness Center, Larkspur Community Center and The Pavilion.

30-Day, Auto-Renewal, 3-Month and Annual Passes offer 50% discount to ice skating at The Pavilion.

Skate rentals are an additional fee.

More on pages 84 - 85.

**Ice skating offered  
fall through spring**

Season runs late October - April.

**DROP-IN  
ICE SEASON  
IN-DISTRICT  
PASSES**

Effective beginning October 1, 2024

**THE PAVILION:  
OCTOBER - APRIL**

Unlimited drop-in public ice skate sessions.

Ice skate rental: \$4.00.

Does not include access to registration programs.

**See activity details on page 87.**

<b>Ice Season Pass</b> Unlimited visits for public ice skating sessions	Adult (19-64)	\$325.00
	Older Adult* (65-79)	\$282.00
	Youth (3-18)/Honored Citizens (80+)	\$240.00
	Family - Any mix of 3 or more household members	\$605.00

**PURCHASE YOUR PASS ONLINE @:**  
[register.bendparksandrec.org](https://register.bendparksandrec.org)

**DROP-IN  
ADULT  
SOCIAL  
ACTIVITY  
IN-DISTRICT  
FEES & PASSES**

Effective beginning June 19, 2024.

**BEND SENIOR CENTER**

Includes participation in drop-in social activities including games, billiards & Senior Center events.

Does not include access to registration programs..

**See activity details on page 91.**

<b>Single Visit Admission</b>	Adult (19-64)	\$3.50
	Older Adult* (65-79)	\$1.50
	Youth (3-18)/Honored Citizens (80+)	\$1.25
<b>10-Visit Pass</b> Save an average of 15%	Adult (19-64)	\$29.00
	Older Adult* (65-79)	\$12.00
	Youth (3-18)/Honored Citizens (80+)	\$10.00
<b>Monthly Pass</b> Unlimited visits!	Adult (19-64)	\$24.00
	Older Adult* (65-79)	\$16.00
	Youth (3-18)/Honored Citizens (80+)	\$13.00



# recreation center activities

## Drop-in Ice Skate Sessions

### Location: The Pavilion

- Ice season: late October - April
- Roller season: April - September
- Facility information on page 95.
- Fees: Pass or drop-in fee. See pages 84 - 86.
- Rental skates available.
- Helmets available to borrow.

More at: [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

### Open Skate

#### ROLLER & ICE

#### All ages

Open Skate sessions offer a recreational opportunity for all ages and abilities to enjoy the rink. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and maneuvers that would endanger others are not allowed.

### \$7 Family Skate

#### ROLLER & ICE

#### All ages with adult

Open Skate for families at a special discounted fee including skate rental. All children must be accompanied by parent/guardian.

### OPEN SKATE SPECIAL

Adults are \$7 each when adult accompanies paid child.

Not available for Holiday Skate.

### \$7 Cheap Skates

#### ROLLER & ICE

#### All ages

Open Skate at a special discounted fee including skate rental.

### \$7 With A Child Skate

#### ROLLER & ICE

#### Ages: 18 & under with adult

Special discounted Open Skate session for adults to skate with their child. Includes skate rental. All children must be accompanied by an adult. Adult and children groups such as homeschool groups or young children play groups are welcome. For ages 5 and under, there is skate instructor support available for a positive experience.

During roller skating season, you can expect an open play space (with mats and balls) along with roller skating.

### Holiday Skate

#### ICE ONLY

#### All ages

Special Open Skate sessions during fall and winter holiday breaks for all ages and abilities to enjoy the rink. No large groups or discounts available.

### Large Groups: 10 & more

School groups and other large groups are welcome at The Pavilion and discounts are available. Reservations are needed for groups of 10 and more. Reservations must be booked 72 hours in advance for special rates. Group reservations are not available during Holiday Skate. Learn more on the [Parties and Groups Fees web page](#).



## let's party!

### ROLLER & ICE SKATING PARTIES

Great for birthday parties and more! During ice season, The Pavilion features an indoor viewing room with fireplace. During roller season, guests can enjoy the outdoor pavilion.

Learn more about parties and event rentals on the BPRD website [bendparksandrec.org](http://bendparksandrec.org) or call 541-389-7275.



## Drop-in Swim Sessions

**Locations:** Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information: pages 93 - 94.
- Fees: Pass or drop-in fee. See pages 84 - 86.

More at: [bendparksandrec.org/recswim](http://bendparksandrec.org/recswim)  
[bendparksandrec.org/lapswim](http://bendparksandrec.org/lapswim)

### Open Recreation Swim

**All ages**

Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older. Hot tub use only available to ages 16 and up.

### Family Swim

**All ages with adult**

A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian. Hot tub use available to ages 6 & up only while accompanied by an adult.

### POOL PARTIES

Make waves at your next celebration with a pool party.

Available at both Juniper and Larkspur pools with options for both indoor and outdoor pool parties.

Private pool parties can be customized for exclusive fun with rental of Juniper's pools.

Learn more about parties and event rentals on the BPRD website [bendparksandrec.org](http://bendparksandrec.org) or call 541-389-7275.

### Parent-Child Swim

**Ages: 6 & under with adult**

A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not toilet trained.

### Lap Swimming & Water Work Out on Your Own

**All ages**

Swim for fitness! Swim for fun! Two facilities welcome you to lap swim or do your own water work out. Check the website for pool schedule, pool length, number of lanes and requirements.

### Masters Swimming Bend's Adult Swim Program

**Ages: 18 & up**

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for all adults and abilities, who can swim comfortably for 500 meters (20 lengths).

### Current Channel Work Out on Your Own

**Ages: 16 & up; 11-15 with adult**

Uninstructed, drop-in times at Larkspur Community Center with moderate levels of resistance for you to walk, stabilize, stretch and tone for all abilities and levels. No swimming.

### Sensory Swim

**All ages with adult**

This is a great alternative for our community members with diverse sensory needs to enjoy the pools and amenities. All children must be accompanied by an adult. Spa use available for ages 16 and up and children 6 - 15 only with an adult. Five and under may not use the spa.

### Hot Tub, Sauna & Steam Room Use

**Ages: 16 & up**

The coed hot features, including hot tub, sauna and steam room, are available when Juniper's indoor pool is open.

The hot tub at Larkspur is open when Larkspur's pool is open.

Youth ages 6 years and up are only allowed in the hot tubs with an adult; not allowed during Open Recreation Swim.

### Large Groups: 10 & more

School groups and other large groups are welcome for open recreation swim and discounts are available. Reservations are needed for groups of 10 or more. Reservations must be booked 72 hours in advance for special rates. Visit the [Parties & Groups Fees web page](#).

### RECREATION SWIM SPECIAL

Adults are \$7 each when adult accompanies paid child.

Good for: Open Recreation Swim, Family Swim and Parent-Child Swim





## Drop-in Fitness Classes

### Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information:  
pages 93 - 94.
- Fees: Pass or drop-in fee.  
See pages 84 - 86.

**Ages: 16 & up; 11 – 15 with adult**

#### **DROP-IN CLASSES & SCHEDULES:**

Classes are held on a weekly basis. Check schedules at [bendparksandrec.org/fitness-swim/](http://bendparksandrec.org/fitness-swim/). You can start at any time. Classes are offered on a first-come, first-served basis.

**SAME INSTRUCTORS:** Both locations feature the same great instructors.

**ADVISED:** We strongly recommend checking with your physician before starting any exercise program.

### Cardio Fitness & Dance

**Features:** Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.

More at: [bendparksandrec.org/cardio](http://bendparksandrec.org/cardio)

### Indoor Cycling

**Features:** Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, non-impact cardio workout. Classes are held in our theater-style indoor cycle studio with beautiful park views. Our state-of-the-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.

More at: [bendparksandrec.org/indoor-cycling/](http://bendparksandrec.org/indoor-cycling/)

### Mind & Body

**Features:** Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.

More at: [bendparksandrec.org/mind-and-body](http://bendparksandrec.org/mind-and-body)

### Strength & Conditioning

**Features:** Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.

More at: [bendparksandrec.org/strength-and-conditioning](http://bendparksandrec.org/strength-and-conditioning)

### Water Fitness

**Features:** Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use floatation devices. Water shoes recommended.

More at: [bendparksandrec.org/water-fitness](http://bendparksandrec.org/water-fitness)



## FITNESS PASSES THROUGH HEALTH INSURANCE

There is a low-cost or no-cost fitness pass option for insurance-reimbursed fitness programs, including: Active & Fit Enterprise, Active & Fit Direct, AARP Renew Active, Optum Renew Active and Silver & Fit. Eligible programs will include unlimited access to BPRD fitness centers, virtual fitness classes, lap swimming, social activities and drop-in fitness classes, including water fitness classes and workout-on-your-own sessions.

Learn more at: [bendparksandrec.org/medicare](http://bendparksandrec.org/medicare)

## Drop-in Fitness Center Use

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### Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information: Pages 93 - 94.
- Fees: Pass or drop-in fee. See pages 84 - 86.

Ages: 16 & up; 11-15 with adult

### Fitness Center Orientation

Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

### Fitness Center & Under 16 Use

Youth ages 16 - 17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation.

Youth ages 11 - 15 may only workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11-15 year olds need to check in at front desk for a wristband for each fitness center visit.

Children 10 years and younger are not allowed in the fitness center.

More at: [bendparksandrec.org/fitness-centers](https://bendparksandrec.org/fitness-centers)

## Personal Training

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### Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 93 - 94.

A BPRD personal trainer can help you:

- Focus on your personal goals.
- Prepare for an adventure, race or event.
- Make your fitness routine fresh and interesting.
- Meet your desired activity and fitness level.
- Take the next step in your recovery from an injury or surgery.
- Train as an individual or group.

BPRD has a diverse group of trainers and services to meet your needs.

Personal training requires advanced registration and separate fees.

More at: [bendparksandrec.org/fitness-swim/personal-training/](https://bendparksandrec.org/fitness-swim/personal-training/)

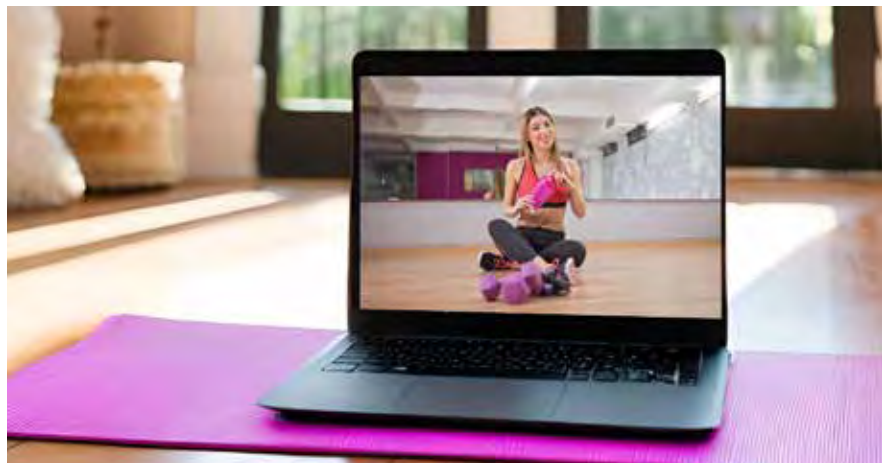


## Therapeutic Fitness

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BPRD can help you make the most of your fitness with targeted therapeutic fitness programs which research has shown to offer health benefits. Here are some health challenges where therapeutic fitness could offer help: mobility issues; chronic conditions, especially related to joints and muscles; preventing injury; preparing for surgery; recovering from surgery or injury; next steps from physical therapy and weight loss. Whether you are seeking low-impact and light-intensity, cardio, strength or mobility, you can take a class or work individually with staff to get back on track.

More at: [bendparksandrec.org/therapeuticfitness](https://bendparksandrec.org/therapeuticfitness)



## Virtual Fitness Classes

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### Online

- Fee: Pass or \$4.00 fee.

Keep moving, even remotely! BPRD online classes are brought to you using Zoom, a web-hosted video conference application. Step-by-step instructions are provided to help you get connected. Variety of classes offered in Cardio Fitness & Dance and Strength & Conditioning.

Advance registration is required.

More at: [bendparksandrec.org/virtualfitness/](https://bendparksandrec.org/virtualfitness/)





## Drop-in Older Adult Social Activities

### Larkspur Community Center - Home of the Bend Senior Center

- Facility information: Page 94.
- Pass or drop-in fee: Pages 84 - 86.
- More at: [bendparksandrec.org/bend-senior-center](http://bendparksandrec.org/bend-senior-center)

BPRD is proud to welcome older adults to social activities, such as games and group gatherings.

Check the website regularly for additional information, schedules and updates.

### Lunch & Learn Series FREE

Tuesdays • 12:00 - 1:30 p.m. | Fall through Spring | Presented in partnership with PacificSource Medicare Health Plans.

Feed your body and your mind as local experts share their knowledge about issues important to you. Bring your lunch; dessert and coffee are on us. Check online schedule for topics each month.

### Super Tuesday Brunch

Second Tuesday of the month at 9:00 - 10:30 a.m.

Join us for a tasty brunch on the second Tuesday of each month. A suggested donation of \$3 per person benefits BPRD's scholarship program.



### Wednesday Afternoon at the Movies FREE

Wednesdays • 1:00 p.m.

Drama, comedy, adventure! Join us weekly to watch a movie with friends. We'll show both contemporary and classic films. Check online schedule for movies offered.

### Yesterday's Tunes

Wednesdays • 2:00 p.m.

Come spend some time with friends old and new in the Senior Lounge listening to "oldies" from the 40s, 50s, 60s, 70s and 80s that will bring back special memories and moments in time. Requests encouraged! We'll have a pot of coffee on and puzzles out. Hosted with DJ Tim Ream of Senior Moments.

### Library Book Club FREE

Third Wednesday of the month at 10:00 a.m.

Come join our newest book club hosted by Paige Bentley-Flannery of Deschutes Public Library. This is an open book group, so no registration is necessary. Simply show up whichever meeting dates you are available.

### Crochet, Knitting, Quilting, Rug Hooking & Stitching Groups

Celebrate and enjoy fiber arts together! Bring in your hand work and knit, stitch and/or hook projects together while making friends. Four different groups meet regularly. Check online schedules for details.

### Pool/Billiards

Come enjoy a game of billiards. Fun times and good friendships guaranteed! Check online schedule for days and times.

### Cards & Games

Join a game of Bridge, Mexican Train, Mahjonn or Pinochle. Inquire at the front desk for days and times.

### Technology Troubleshooting FREE

Third Wednesday of the month at 10:00 - 11:30 a.m.

Join the Deschutes Library for free technology advice and support. Bring in your smart phone, laptop, tablet or watch. Sessions are first-come, first-serve for up to 20 minutes per person.

### AARP Smart Driver Class

Fourth Thursday of the month at 8:30 a.m. - 3:00 p.m.

The AARP Smart Driver Course is one of many programs offered by AARP Driver Safety. It's the nation's largest classroom and online driver safety course and is designed especially for drivers age 50 and older. The class meets 8:30 a.m. - 3:00 p.m. with a lunch break. Fees are \$20.00 for AARP members; \$25.00 for non-members. For the next class and to register, call 503-676-3653.

### The ABC & D's of Medicare FREE

Fourth Wednesday of the month at 10:00 - 11:00 a.m.

Join us for an informational Q & A session about Medicare. Check online schedule or call for next session.



Bend Park and Recreation District features three recreation centers - Juniper Swim and Fitness Center, The Pavilion and Larkspur Community Center - Home of the Bend Senior Center.

You're invited to visit one, two or all three for any of the hundreds of hosted weekly activities including fitness classes, swim sessions, roller or ice skating and enrichment activities.



- Fees and Passes, pages 84 - 86
- Drop-in Roller Skating, page 87
- Drop-in Swimming, page 88
- Drop-in Fitness, pages 89 - 90
- Drop-in Adult Social Activities, page 91

### Recreation Center Holiday Hours

**December 24:**

Juniper Swim & Fitness Center:  
Closed at 1:00 p.m.

Larkspur Community Center:  
Closed at 1:00 pm

The Pavilion:  
Closed at 5:30 pm

**December 25:**

All recreation centers closed.

**December 31:**

Juniper Swim & Fitness Center:  
Closed at 5:30 pm

Larkspur Community Center:  
Closed at 5:30 pm

The Pavilion:  
8:00 am - 4:00 pm

**January 1:**

Juniper Swim & Fitness Center:  
9:00 am - 12:30 pm

Larkspur Community Center:  
Closed

The Pavilion:  
10:00 am - 8:00 pm

**January 20:**

All recreation centers open regular hours.

**February 17:**

All recreation centers open regular hours.





## Juniper Swim & Fitness Center

Located in the heart of Bend's east side, Juniper serves as our community swim and fitness facility and features fitness and recreation opportunities to people of all ages and abilities.

### Location

800 NE 6th Street, Bend, OR 97701

Juniper Swim & Fitness Center is located in Juniper Park. For public transit, Juniper is located two blocks from the Hawthorne Street transit center of Cascade East Transit.

### Phone

541-389-7665 (POOL)

### Hours

Monday - Thursday: 5:30 a.m. - 9:00 p.m.

Friday: 5:30 a.m. - 7:30 p.m.

Saturday: 8:00 a.m. - 6:00 p.m.

Sunday: 8:00 a.m. - 6:00 p.m.

Holiday hours at left.

### Fees, Schedules & Information

Visit [bendparksandrec.org/juniper](http://bendparksandrec.org/juniper) for schedules, rules and regulations.

Fees on pages 84 - 86.

### Rentals

The pools are available to rent. Details online.

### Social Media

[facebook.com/JuniperSwimandFitnessCenter](https://facebook.com/JuniperSwimandFitnessCenter)

[instagram.com/juniperswimandfitness](https://instagram.com/juniperswimandfitness)

### Activities

Childcare & Preschool

Fitness Classes

Fitness Center

Personal Training

Swim Lessons

Swimming

Therapeutic Fitness

Wellness & Relaxation

### Swimming Pools, Spa Features & Fitness Amenities

Indoor/Outdoor Olympic 50-Meter Pool

Indoor 25-Meter Pool

Indoor Children's Pool

Outdoor Activity Pool  
(Open Late May to early September)

Hot Tub / Steam Room / Dry Sauna

Fitness Center, Studios & Equipment





## Larkspur Community Center

Larkspur is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. Larkspur is Home of the Bend Senior Center.

### Location

1600 SE Reed Market Road  
Bend, OR 97702

Larkspur is located in Larkspur Park.  
For public transit, use Cascade East  
Transit routes #5, 6 or 9.

### Phone

541-388-1133

### Hours

Monday - Friday: 6:00 a.m. - 8:00 p.m.

Saturday: 8:00 a.m. - 6:00 p.m.

Sunday: 9:00 a.m. - 4:00 p.m.

Holiday hours on page 92.

### Fees, Schedules & Information

Visit [bendparksandrec.org/larkspur](http://bendparksandrec.org/larkspur) for  
schedules, rules and regulations.

Fees on pages 84 - 86.

### Social Media

[facebook.com/Larkspur-Community-Center](https://facebook.com/Larkspur-Community-Center)

[instagram.com/larkspurcommunitycenter](https://instagram.com/larkspurcommunitycenter)

### Rentals

Event Room, meeting rooms and pool  
are available to rent. Details online.

### Activities

Enrichment Activities for All Ages

Fitness Classes

Fitness Center

Personal Training

Swim Lessons

Swimming

Therapeutic Fitness

Wellness & Relaxation

### Swimming Pool, Hot Tub, Fitness Amenities & Walk/Jog Track

Recreation & Leisure Pool

Current Channel with Hydro Feature

Accessible, ADA-friendly Features

Hot Tub

Fitness Center & Group Fitness Rooms

Walk/jog Track

### Larkspur Cafe

Featuring house-made and "Grab & Go" items

### Bend Senior Center

3,500-sq.-ft. Event Room and Kitchen

Social Lounge, Billiards Room, Book and Puzzle  
Lending Library and Free Wi-Fi





## The Pavilion

Two kinds of play - The Pavilion has distinct personalities! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities.

### Location

1001 SW Bradbury Way  
Bend Oregon 97702

The Pavilion is located at the Simpson and Colorado Avenue roundabout. For public transit, The Pavilion can be accessed via Cascade East Transit.

### Phone

541-389-7588 (SK8T)

### Hours

Days and times vary. Check online schedules for sessions.

Holiday hours on page 92.

### Fees, Schedules & Information

Visit [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion) for schedules, rules and regulations.

Fees on pages 84 - 86.

### Social Media

[facebook.com/thepavilioninbend](https://facebook.com/thepavilioninbend)

[instagram.com/thepavilioninbend](https://instagram.com/thepavilioninbend)

### Rentals

Rink, outdoor pavilion, lawn area and indoor viewing room are available to rent. Details online.

### Activities

#### LATE OCTOBER - APRIL:

Ice Skating & Lessons

Hockey

Curling

Skate Parties

#### APRIL - SEPTEMBER:

Roller Skating & Hockey

Skateboarding & Scootering

Skate Parties

Adult Sports Leagues

Youth Summer Camps

### Amenities

NHL-size Ice Sheet (Late October - April)

Roller Sports Flooring (April - September)

Skatepark (April - September)

Viewing Room





Hollinshead Barn



Aspen Hall



The Pavilion



Picnic Shelter at Riverbend Park

Visit [bendparksandrec.org/facility-rental](http://bendparksandrec.org/facility-rental) or call 541-706-6149 for rental details and reservations.



# Park & Facility Rentals: For Your Next Event

Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.

**HOLLINSHEAD BARN** rests in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors and an ADA-accessible elevator to the second floor. The outdoor space features a fenced-in lawn, two patios and outdoor benches.

**ASPEN HALL** is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

**RIVERBEND COMMUNITY ROOM** is located in the District Office and available for presentations, meetings or small events fall through spring. The room opens up to an outdoor plaza overlooking Riverbend Park.

**THE PAVILION** welcomes groups for birthday parties and other special events and the indoor party room and outdoor Little Pavilion can be included. In addition, the entire facility is available during the non-ice season for event rentals.

**LARKSPUR COMMUNITY CENTER** welcomes groups of various sizes for gatherings, celebrations, meetings and other events. The event room features a maple hardwood floor and natural light. Various smaller rooms are perfect for meetings and gatherings. All rooms feature audio-visual equipment; details available online.

**PARKS & SPORTS FIELDS** are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event. Sports fields are available for rent seasonally from April 1 to October 31.

**PARK PICNIC SHELTERS** are a great option for a variety of events, including company picnics, birthday parties, family gatherings, weddings, receptions and more. Fees are based on the size of your group, event amenities and type of function.

**ART, SKATE & POOL PARTIES** can be great options for birthday parties and other celebrations. Held at recreation centers, activity-based parties are available for children and adults. View recreation center web pages at [bendparksandrec.org](http://bendparksandrec.org) to learn more.



## Winter 2025 Program Locations

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Locations of all seasonal programs are in alphabetical order below.

### **Academie De Ballet Classique**

1900 NE 3rd St #104, Bend, OR 97701

### **Aspen Hall**

18920 Shevlin Park Rd, Bend, OR 97701

### **Bear Creek Elementary School**

51 NE 13th St, Bend, OR 97702

### **Bend Endurance Academy**

222 SE Reed Market Rd, Bend, OR 97702

### **Bend FieldHouse**

401 SE Roosevelt Ave, Bend, OR 97702

### **Bend Senior Center**

1600 SE Reed Market Rd, Bend, OR 97702

### **Caldera High School**

60925 SE 15th St, Bend, OR 97702

### **Cascade Indoor Sports Center**

20775 NE High Desert Ln, Bend, OR 97701

### **Cascade Middle School**

19619 Mountaineer Way, Bend, OR 97702

### **Connection Rio Jujitsu**

1620A NE 3rd St, Bend, OR 97701

### **District Office**

799 SW Columbia St, Bend, OR 97702

### **Elk Meadow Elementary School**

60880 Brookwood Blvd, Bend, OR 97702

### **Happy Stars**

61383 S Hwy 97, Suite F, Bend, OR 97703

### **Harmon Park Clay Studio**

1100 NW Harmon Blvd, Bend, OR 97702

### **Highland Elementary School/**

### **Highland Magnet School**

701 NW Newport Ave, Bend, OR 97703

### **High Lakes Elementary School**

2500 NW High Lakes Loop, Bend, OR 97701

### **Hollinshead Park & Barn**

1235 NE Jones Rd, Bend, OR 97701

### **Jewell Elementary School**

20550 Murphy Rd, Bend, OR 97702

### **Juniper Elementary School**

1300 NE Norton Ave, Bend, OR 97701

### **Juniper Swim & Fitness Center**

800 NE 6th St, Bend, OR 97701

### **Larkspur Community Center - Home of the Bend Senior Center**

1600 SE Reed Market Rd, Bend, OR 97702

### **Lava Ridge Elementary School**

20805 Cooley Rd, Bend, OR 97701

### **Miller Elementary School**

300 NW Crosby Dr, Bend, OR 97703

### **North Star Elementary School**

63567 NW Brownrigg Ln, Bend, OR 97703

### **Norton Avenue Apts**

415 NE Norton Ave, Bend, OR 97701

### **Odyssey Martial Arts**

924 B SE Wilson Ave, Bend, OR 97702

### **Oregon Ki Society**

20685 Carmen Loop, Bend, OR 97702

### **The Pavilion**

1001 SW Bradbury Way, Bend, OR 97702



### **Pilot Butte Middle School**

1501 NE Neff Rd, Bend, OR 97701

### **Pine Ridge Elementary**

19840 Hollygrape St, Bend, OR 97702

### **Riverbend Community Room - BPRD District Office**

799 SW Columbia St, Bend, OR 97702

### **Samara Learning Center**

230 NE 9th St, Bend, OR 97701

### **School of Rock**

211 NE Revere Ave #5, Bend, OR 97701

### **Summit High School**

2855 NW Clearwater Dr, Bend, OR 97703

### **Sylvan Learning Center Northwest Crossing**

2754 NW Crossing Dr #101, Bend, OR 97701

### **Twin Knolls Transition Co-op**

2500 NE Twin Knolls Dr, Bend, OR 97702

### **Westside Village School**

1101 NW 12th St, Bend, OR 97703

# Featured Trails

**Hit the trails! Here are some favorites in the more than 80 miles of trails in the BPRD system.**

Looking for more details and/or more trails?

An interactive map is available online at [bendparksandrec.org](http://bendparksandrec.org) and a print map is available at our facilities.

For additional information on parks and trails, visit [bendparksandrec.org](http://bendparksandrec.org) or call 541-389-7275.

## TRAIL ACCESSIBILITY

It is the goal of Bend Park and Recreation District to provide trail access for all. However, some trails may present obstacles, running slopes, cross slopes, narrow tread widths and unstable surfaces, making them inaccessible for some users. Trails at Alpenglow, Farewell Bend, Riverbend, Pioneer and Pine Nursery parks offer the best access for visitors with mobility aids. Updated information about the condition and accessibility of trails is available by calling 541-389-7275. It is the trail user's responsibility to determine if trail difficulty is appropriate for their skill level.

## DOGS ON TRAILS & IN PARKS

Unless otherwise indicated, dogs must be leashed on trails and in parks. Bend has nine areas for people to recreate with their dogs off-leash. Dogs are not allowed in Riley Ranch Nature Reserve.



CRUISER / ROAD BIKING  
MTN / GRAVEL BIKING  
DOG-FRIENDLY  
WALKING & RUNNING  
NATURE TRAIL  
STROLLER-FRIENDLY  
ACCESSIBLE

TRAIL NAME	ACCESS	MILES	SURFACE	CRUISER / ROAD BIKING	MTN / GRAVEL BIKING	DOG-FRIENDLY	WALKING & RUNNING	NATURE TRAIL	STROLLER-FRIENDLY	ACCESSIBLE
Alpenglow Park Trails	Alpenglow Park	3.5	paved, compacted gravel, natural	●		●	●	●	●	●
Alpine Park Trails	Alpine Park	0.7	paved, natural		●	●	●	●		
Big Sky Park Trails	Big Sky Park	0.8	compacted gravel		●	●	●			
Cascade Highlands Trail	Overturf Park	2.9	paved, compacted gravel, natural	●	●	●	●	●		
Central Oregon Historic Canal Trail	Blakely Park	4.0	compacted gravel		●	●	●	●		
Coyner Trail	Ponderosa Park and Juniper Park	1.1	paved	●	●	●	●	●	●	●
Deschutes River Trail - Awbrey Reach	Sawyer Park	3.9	compacted gravel		●	●	●	●		
Deschutes River Trail - Old Mill Reach	Farewell Bend Park, McKay Park, Riverbend Park	2.7	paved	●		●	●	●	●	●
Deschutes River Trail - Pioneer Reach	Columbia Park, Drake Park, Harmon Park, Pacific Park, Pioneer Park, Miller's Landing Park	1.7	paved, compacted gravel, road/sidewalk connection	●		●	●		●	●
Deschutes River Trail - River Run Reach	First Street Rapids Park, Pioneer Park, Sawyer Park	1.4	paved, compacted gravel		●	●	●	●		
Deschutes River Trail - South Canyon Reach	Farewell Bend Park, Riverbend Park	3.0	paved, compacted gravel, natural		●	●	●	●		
Discovery Trail	Discovery Park	5.5	paved, natural, road/sidewalk	●		●	●			
Haul Road Trail	McKay Park, Miller's Landing Park, Riverbend Park, Farewell Bend Park	3.8	paved	●	●	●	●	●	●	●
Larkspur Trail	Larkspur Park, Pilot Butte Neighborhood Park	3.9	paved, compacted gravel	●	●	●	●	●	●	●
Outback Trail	Discovery Park	2.5	paved, compacted gravel, natural	●	●	●	●	●	●	●
Pine Nursery Park Trails	Pine Nursery Park	4.7	paved	●		●	●		●	●
Riley Ranch Trails	Riley Ranch Nature Reserve	3.2	compacted gravel, natural				●	●		
Rockridge Park Trails	Rockridge Park	1.7	paved, compacted gravel, natural		●	●	●	●		
Sawyer Park Trails	Sawyer Park	2.0	paved, compacted gravel, natural			●	●	●		
Shevlin Park Trails	Shevlin Park	23	paved, compacted gravel, natural		●	●	●	●		
Stone Creek Park Trail	Stone Creek Park	1.0	paved, compacted gravel			●	●	●		
West Bend Trail	Skyliner Road	3.6	paved, natural	●		●	●	●	●	●





# Park Features & Amenities



**Get out and play with our features and amenities guide.**

Need to know how to get to a park?

An interactive map is available online at [bendparksandrec.org](http://bendparksandrec.org) and a print map is available at our facilities.

For additional information on parks and trails, visit [bendparksandrec.org](http://bendparksandrec.org) or call 541-389-7275.



Bend Heroes Memorial at Brooks Park

PARK NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Al Moody Park	2225 NE Daggett Ln		●								●	●	●				
Alpenglow Park	61049 SE 15th St				●	●			●	●	●	●	●				
Alpine Park	61355 SW Swarens Ave								●								
Awbrey Village Park	3015 NW Merchant Way											●					
Bend Senior Center	1600 SE Reed Market Rd					●			●				●				
Bend Whitewater Park	166 SW Shevlin Hixon Dr														●		
Big Sky Park	21690 NE Neff Rd	●			●				●	●	●	●	●				
Blakely Park	1155 SW Brookwood Blvd		●								●	●	●				
Boyd Park	20750 NE Comet Ln		●								●	●	●		●		
Brooks Park	35 NW Drake Rd						●								●		
Canal Row Park	1630 NE Butler Market Rd								●	●	●	●	●				
Columbia Park	264 NW Columbia St							●		●	●	●	●		●		
Compass Park	2500 NW Crossing Dr								●	●	●	●	●				
Discovery Park	1315 NW Discovery Dr				●				●	●	●	●	●				
Dohema River Access	35 NW Drake Rd														●		
Drake Park	777 NW Riverside Blvd						●						●		●		
Eagle Park	62891 NE Nolan St									●	●	●	●		●		
Empire Crossing Park	63145 Lancaster Street								●	●							
Farewell Bend Park	1000 SW Reed Market Rd						●	●	●	●	●	●	●		●		
Fieldstone Park	3750 Eagle Rd								●	●	●	●	●		●		
First Street Rapids Park	1980 NW First St						●	●				●	●		●		
Foxborough Park	61308 Sunflower Ln		●								●	●	●		●		
Gardenside Park	61750 Darla Pl									●	●	●	●				
Goodrich Pasture Park	941 NW Quimby Ave									●			●				
Harmon Park	1100 NW Harmon Blvd	●								●	●	●	●		●		
Harvest Park	63240 NW Lavacrest St										●	●	●		●		
Hillside I Park	2050 NW 12th St		●									●	●				
Hillside II Park	910 NW Saginaw Ave				●												
Hixon Park	125 SW Crowell Way																



Hollinshead Park



Larkspur Park



Little Fawn Park

PARK NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Hollinshead Park	1235 NE Jones Rd				●	●							●				
Hollygrape Park	19489 SW Hollygrape St											●	●				
Jaycee Park	478 Railroad St		●									●		●			
Juniper Park	800 NE 6th St	●						●	●		●	●	●				●
Juniper Swim & Fitness Center	800 NE 6th St					●							●				
Kiwanis Park	800 SE Centennial Blvd	●	●								●	●		●			
Larkspur Community Center	1600 SE Reed Market Rd											●					
Larkspur Park	1700 SE Reed Market Rd		●					●	●		●	●	●				
Lewis & Clark Park	2520 NW Lemhi Pass Dr		●									●					
Little Fawn Park	61012 Parrell Rd		●						●		●	●		●			
McKay Park	166 SW Shevlin Hixon Dr						●						●		●		
Miller's Landing Park	55 NW Riverside Blvd						●				●		●		●		
Mountain View Park	1975 NE Providence Dr		●									●		●			
Northpointe Park	63800 Wellington St											●		●		●	
Orchard Park	2001 NE 6th St		●								●	●		●			
Overturf Park	475 NW 17th St				●			●	●			●					
Pacific Park	200 NW Pacific Park Ln						●										
Pageant Park	691 NW Drake Rd						●									●	
The Pavilion	1001 SW Bradbury Way					●											●
Pilot Butte Neighborhood Park	1310 NE Highway 20	●									●	●	●				
Pine Nursery Park	3750 NE Purcell Blvd	●	●	●			●	●	●	●	●	●	●				
Pine Ridge Park	61250 Linfield Ct										●	●		●			
Pioneer Park	1525 NW Wall St						●				●		●				
Ponderosa Park	225 SE 15th St	●	●	●						●	●	●	●			●	
Providence Park	1055 NE Providence Dr		●									●		●			
Quail Park	2755 NW Regency St		●						●	●	●	●		●			
Riley Ranch Nature Reserve	19975 Glen Vista Rd						●	●					●		●		
River Canyon Park	61005 Snowbrush Dr								●								
River Rim Park	19400 Charleswood Ln								●							●	
Riverbend Park	799 SW Columbia St						●				●	●		●		●	





Rockridge Park

PARK NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Riverview Park	225 NE Division St								•								
Rockridge Park	20885 Egypt Dr			•					•		•	•	•			•	
Sawyer Park	62999 O.B. Riley Rd						•		•				•		•		
Sawyer Uplands Park	700 NW Yosemite Dr								•			•					
Shevlin Park	18920 NW Shevlin Park Rd					•	•		•		•	•	•		•		
Skyline Sports Complex Park	19617 Mountaineer Way	•									•	•	•				
Stone Creek Park	61531 Stone Creek Ln								•		•			•			
Stover Park	1650 NE Watson Dr	•										•	•				
Summit Park	1150 NW Promontory Dr		•						•								•
Sun Meadow Park	61150 Dayspring Dr		•								•	•		•			
Sunset View Park	990 NW Stannium Rd								•								
Sylvan Park	2996 NW Three Sisters Dr								•			•					•
Three Pines Park	19089 Mt Hood Pl												•				
Wildflower Park	60955 River Rim Dr										•	•					
Woodriver Park	61690 Woodriver Dr		•									•		•			

## Park & Trail Rules & Regulations

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list. For the full rules and regulations text, call 541-389-7275 or visit our website at [bendparksandrec.org](http://bendparksandrec.org).

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 a.m. to 10:00 p.m. daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog “rest stops” along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.

- Do not litter. Trash cans are located throughout the park system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 p.m. and 5:00 a.m.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; charcoal grills are not allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

### Trail Use:

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only sections.
- No motorized vehicles allowed on trails.



let's play  
together

*play for life*