

WINTER
2024

registration opens
december
4 - 6

PLAYLIST

recreation program guide



youth
& adult
activities

play for life



Bend Park &
Recreation
DISTRICT

CONTACT US



phone: 541-389-7275



email: info@bendparksandrec.org



website: bendparksandrec.org

ADMINISTRATION & RECREATION SERVICES

799 SW Columbia St. • p. 541-389-7275

Hours, holidays and more available online at:
bendparksandrec.org

ART STATION

Art Station classes are currently relocated to Harmon Park Clay Studio, Larkspur Community Center and some school locations. Learn more in Adult Art and Youth Art sections.

p. 541-389-7275

JUNIPER SWIM & FITNESS CENTER

800 NE 6th St. • p. 541-389-7665

Hours, holidays, fees and more available online at:
bendparksandrec.org/juniper

Facility details on page 69.

LARKSPUR COMMUNITY CENTER HOME OF THE BEND SENIOR CENTER

1600 SE Reed Market Rd. • p. 541-388-1133

Hours, holidays, fees and more available online at:
bendparksandrec.org/larkspur

Facility details on page 70.

PARK SERVICES

1675 SW Simpson Ave. • p. 541-388-5435

Hours, holidays and more available online at:
bendparksandrec.org

THE PAVILION

1001 SW Bradbury Way • p. 541-389-7588

Hours, holidays, fees and more available online at:
bendparksandrec.org/pavilion

Facility details on page 71.



winter 2024 | online playlist

Welcome to “Your Playlist.” You’re invited to play, learn and thrive in the many recreation programs available to you this season.

Whether you are one, one hundred or somewhere in between, the Bend Park & Recreation District is your place for play.

Bienvenido a su Revista de Actividades Recreativas “Playlist.” Los invitamos a participar, aprender y crecer de manera sana en muchos de los programas de recreación, centros de recreación, parques y senderos disponibles durante esta estación del año. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, cientos o menos.

VISION STATEMENT: To be a leader in building a community connected to nature, active lifestyles and one another.

MISSION STATEMENT: To strengthen community vitality and foster healthy, enriched lifestyles by providing exceptional park and recreation services.

BOARD OF DIRECTORS:

Nathan Hovekamp, Board Chair • Jodi Barram, Vice-Chair • Xavier Borja • Donna Owens • Debra Schoen

BUDGET COMMITTEE:

Corey Johnson • Cara Marsh-Rhodes • Joanne Mathews • Daryl Parrish • Cary Schneider

EXECUTIVE DIRECTOR:

Don Horton • 541-706-6101
don@bendparksandrec.org

DEPUTY EXECUTIVE DIRECTOR:

Michelle Healy • 541-706-6113
michelleh@bendparksandrec.org

ADMINISTRATION SERVICES DIRECTOR:

Kristin Toney • 541-706-6109
kristint@bendparksandrec.org

RECREATION SERVICES DIRECTOR:

Matt Mercer • 541-706-6103
matt@bendparksandrec.org

FOLLOW US:

Facebook - Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

Instagram - bendparks, bendwhitewaterpark, bendparks, juniperswimandfitness, larkspurcommunitycenter and thepavilioninbend.

Twitter - Bend Park & Rec (@bendparksandrec)

INCLUSION: The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations. For more information or an activity assessment, contact Therapeutic Recreation at 541-706-6121.

SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA | LATINO OUTREACH SERVICES:

Comuníquese con Kathya al Tel. 541-706-6190
Contact: Kathya Avila p. 541-706-6190
kathya@bendparksandrec.org

COVER: A patron and child enjoy recreation swim at Larkspur Community Center. Credit: Greg Kleinert



welcome, winter



As the frosty embrace of winter descends upon Bend, we are delighted to present the latest edition of the Playlist, an inspiration for exploration in this chilly season. Inside, you will find a curated selection of winter programs brought to you by the Bend Park and Recreation District, each designed to ignite your passion, warm your heart, and create lasting memories.

In the midst of the season, there's no better way to celebrate the cold than by diving into the exhilarating world of winter sports. Our Pavilion sports program brings you the thrill of gliding across the ice in hockey, the graceful art of ice skating, and the strategic precision of curling. Whether you're a seasoned pro or a curious beginner, these activities promise to be an unforgettable part of your winter journey.

For those of you seeking indoor activities, winter is the perfect canvas for exploring your artistic talents. Immerse yourself in the world of music with our various music lessons, delight your taste buds and your senses with baking and cooking classes or explore the immersive art of pottery. Other indoor activities to entice you include Pilates for Pickleball or Water Wisdom Swim Lessons for 55 & better.

As the snow falls and the world outside transforms into a winter wonderland, we hope this Playlist becomes your trusted companion for exploration, creativity and discovery. We invite you to dive into these pages and participate in the magic of winter. We look forward to serving you this season.

Best,

Don Horton, Executive Director
don@bendparksandrec.org

About The Playlist

This online recreation program guide is produced seasonally to support registration for recreation programs. With this focused format comes a fresh name: The Playlist. This online resource is an efficient, sustainable and up-to-date shopping guide offering recreation opportunities for our growing community.

A community favorite since 2014, Your Playbook will continue as a magazine-style book offering news and information about BPRD's projects, programs, places, people and activities and will be published twice a year for fall/winter and spring/summer.

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Mark Your Calendar:

Winter 2024
registration
opens
December 4 - 6.

how to register

Winter 2024 Registration

Winter 2024 registration opens for January - March programs and winter/spring sports leagues:

- **Monday, December 4, 6:00 a.m.:** Recreation, enrichment and sports programs.
- **Tuesday, December 5, 6:00 a.m.:** Swim lessons and aquatics programs.
- **Wednesday, December 6, 6:00 a.m.:** Sports leagues including adult curling, youth hockey, youth indoor soccer, youth lacrosse and youth softball leagues.

Once opened, registration is ongoing throughout the season.

About Opening Days

When program registration opens, there can be very high demand for certain activities and a high volume of traffic on the BPRD registration website. To be prepared, please read our tips on pages 6 - 7.

Registration Options

If you are not able to register online, you can register in person at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or the BPRD District Office. If you need further assistance, call Customer Service at 541-389-7275.

REGISTER ONLINE:

<https://register.bendparksandrec.org>

New Accounts

You can go online or come in person to create a new account. New accounts created online must be verified for district residency and accuracy. NOTE: This process is normally completed in 24 hours.

Out-of-District Fee Policy

Out-of-district residents do not pay property taxes that support the district and will be charged an additional 20% for most programs. If you need help determining if you live inside the district boundaries, call us at 541-389-7275.

Online Registration Instructions

1. Click on the "Register" link on our website or go directly to: <https://register.bendparksandrec.org>

REGISTER

Enter your email and password. You already have an account if you have recently participated in a program or have a pass at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or Bend Senior Center. The default password is your last name (first letter capitalized) unless you set it up differently.



2. Make sure all family members are added with correct birth dates and genders.
3. You can select/search for activities in one of three ways:

- › **Activity Number (Fastest)** - Enter the activity number (first six digits) in the box. Click on the Search button. The activity numbers are printed in this guide.



- › **Activity Index** - **NEW** To search by program title, click on the Activity Index in the Quick Links below the Activity Search.
- › **Type or Category** - Simply click on the name for the types of programs that interest you. Scroll down to view all the programs offered.



You can further refine the search using the options at the top of the screen. These include day of week, age, gender and month.



Waitlists


If the registration for a program is listed as "full," be sure to add your name on the waitlist.

This important step lets us know you are interested if an opportunity becomes available.

If you are on a waitlist, be sure to check emails regularly for any notifications about activity openings.

Once a notification email is sent to you, you have 48 hours to respond and register, otherwise your held spot is forfeited.

Being on the waitlist does not guarantee placement in a program or commit you to participating.



"Let the storm rage on. The cold never bothered me anyway."
- Elsa in "Frozen"



Refund & Cancellation Policy

You may cancel a program at any time and are encouraged to do so as soon as possible to make space available for others. Credits and refunds will be granted as follows:

- Within 48 hours of registering: 100% of program fee.
- 15 days or more before program start date: 90% of program fee.
- 7 - 14 days before program start date: 75% of program fee.
- 6 days or less before program start: No credit or refund. It is extremely difficult to fill cancelled spaces with short notice.
- After start date: No credits, refunds or prorating of fees will be given for missed portions or early withdrawals.

Online Cancellations

If you need to cancel a registration, you can do so online.

Learn how to cancel on the [Cancellation Policy & Instructions web page](#).



Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs.

The goal is to remove financial barriers for community members with limited financial resources.

In the past year, more than 1,600 individuals and families have received financial support to participate in programs that provide safe, enriching activities and contribute to a physically active community.

ABOUT SCHOLARSHIPS:

- Visit bendparksandrec.org/scholarship to download application forms or pick up an application at the district office or recreation facilities.
- You may submit your application at any time; allow at least one week for processing prior to registering for an activity.
- Scholarships can be used by children, adults and families for most recreation programs and facility passes.
- Scholarship assistance ranges from 25 percent to 75 percent of the regular fee, depending on the applicant's level of need, and the specific activity or program.
- Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF or Oregon Health Plan.
- Scholarships are valid for one year. You must reapply for renewal.



CLICK TO
LEARN MORE ABOUT
& APPLY FOR
RECREATION
SCHOLARSHIPS



Everyone can play. Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation.

tips for

REGISTERING ON OPENING DAYS

for an efficient & successful registration

Registration opening days are by far the busiest transaction days of the year at Bend Park & Recreation District. As our community grows, so has the amount of registration activity during the first hours a season's programs are made available.

So, to help everyone have the best experience possible, we've made improvements including staggered registration opening, upgraded technology and a virtual waiting room.

Read on to learn our tips and best practices for registering on opening day to help you find success.

**REGISTER
ONLINE:**

[https://register.
bendparksandrec.org](https://register.bendparksandrec.org)



REVIEW YOUR ACCOUNT

First things, first...make sure your BPRD account profiles and payment methods are up to date and ready to go:

1. Click on the "Register" link on the BPRD website or go directly to: <https://register.bendparksandrec.org>
2. Enter your username and password. You already have an account if you have previously participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Larkspur Community Center/Bend Senior Center. The default username is your email address and the default password is your last name (first letter capitalized) unless you set it up differently.
3. Go to "My Account" followed by "Update: Household & Member" and make sure all family members are in your account with correct birth dates and genders. If needed, add a new household member or new person for child pickup by clicking on the buttons at the bottom of the page. Also review, and if needed, update your account address, phone, email and personal information.

Once you've ensured your account is up to date, it's go time.

SET UP FOR SUCCESS

A few important recommendations:

1. Create a list of your priority activities and programs. More on that below.
2. Registration works best on a desktop computer or laptop. While you can use a mobile device, it's not the most efficient and some mobile devices with older apps or operating systems can have conflicts.
3. Use one web browser window with one tab open for registration. That one window and tab should be on the registration page. Close all other windows and tabs when it's time to register.
4. Be patient. You will likely need to wait in line in the virtual waiting room until it's your turn. If during registration your screen slows down dramatically or you see the spinning circle, it means the system is processing your request. Do not refresh your screen nor open another window, tab or computer - you will disrupt that process and likely lose your transaction.

BEFORE OPENING DAYS

- View the programs on the online Playbook or linked to the registration website homepage and make a note of the Activity numbers for the programs you want. One exception in the Playbook is Youth Swim Lessons - click the link in the online Playbook to view the offerings and Activity numbers.
- Have program Activity numbers (first 6 digits) ready when registration begins. Most of the Activity numbers are published in the online Playbook and are all available in the online program preview.
- Another method is to use the "Wishlist." Add the programs you want to your "Wishlist" in your account. At registration opening, you can go to your "Wishlist" and check availability of those specific programs, then add them to your shopping cart. As backup, it can be helpful to take a screenshot of your "Wishlist."
- Whether your list is on paper or digital, keep that list handy for registration opening day.
- Note programs that are a priority to you and your household.

Winter 2024 Registration

Winter 2024 registration opens for January - March programs and winter/spring sports leagues:

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- **Tuesday, December 5, 6:00 a.m.: Swim lessons and aquatics programs.**
- **Wednesday, December 6, 6:00 a.m.: Sports leagues** including adult curling, youth hockey, youth indoor soccer, youth lacrosse and youth softball leagues.

Once opened, registration is ongoing throughout the season.

ABOUT THE VIRTUAL WAITING ROOM

ON OPENING DAYS: DECEMBER 4 - 6

1. Log into your BPRD account. If you log on before 6:00 a.m., you and any others will be randomized at 5:59 a.m. After 6:00 a.m., the line will form one after another just like in person at the movie theater. The wait time may vary, but knowing how many are ahead of you will allow you to plan your morning.
2. Wait for your turn. The virtual waiting room is automated and there's nothing you need to do. If your computer or browser window unintentionally close or shut down, don't panic. Just turn the same device and browser back on and a helpful "cookie" will remember you and your place in line.
3. When it's your turn, add programs to your cart and register. The shopping and registration experience is consistent with past seasons. Use your "Wishlist" and click "Check Availability" or enter Activity #s to add to your shopping cart.
4. Starting with your priority programs, type the Activity number in the search bar and click search.
5. Click the + (plus symbol) on the left to select the Activity.
6. Note the green bar at the bottom of the screen and click "Add To Cart."
7. Confirm details/waivers/etc. for each of the participants.
8. If you have other priority programs you'd like to enroll in, click on the "Continue Shopping" button. Repeat above steps from entering in Activity number to adding the program into your cart. You can have multiple programs in your cart.
9. Once your priority activity or activities are in your cart, check out promptly so you get into the programs you want and your session isn't accidentally timed out due to inactivity. Important: your transaction must be completed before your enrollment is confirmed.
10. Look for your confirmation email.
11. After you've registered for your priority programs, now is the time to go back and shop for the programs that weren't your top priority, repeating the above steps.
12. When you complete your transaction(s), log out of your account. This step helps the virtual waiting room allow others in for their turn.

The screenshot shows a search bar with the text "ACTIVITY SEARCH" in blue. Below it, instructions read: "Type your 6 digit Activity Number in the space below then click on the Search button." There is a text input field and a "Search" button.

Select	Activity #	Ages	Description
<input type="checkbox"/>	208103-20	6-17	With A Child: I



Queue-it is a virtual waiting room that serves as a line for our online registration process. It's automatic if you're on the registration website at opening, so there's nothing needed for you to do! Queue-it will display how many shoppers are in line in front of you and you will see the number get smaller until it is your turn.

Patience is appreciated as you wait. By providing information about how many others are in line ahead of you, it should help the morning go smoother.

High demand is still expected, but with three days of staggered registration programs, it will be a smaller number of programs being registered on each morning.

Thank you for your cooperation.



A virtual waiting room, Queue-it will be implemented on the mornings of December 4 - 6 to help control traffic to the registration website.



Aspen Hall



Hollinshead Barn



Skating Party at The Pavilion



Picnic Shelter at Shevlin Park

Park & Facility Rentals: For Your Next Event



Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.

HOLLINSHEAD BARN rests in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors and an ADA-accessible elevator to the second floor. The outdoor space features a fenced-in lawn, two patios and outdoor benches.

ASPEN HALL is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

RIVERBEND COMMUNITY ROOM is located in the District Office and available for presentations, meetings or small events fall through spring. The room opens up to an outdoor plaza overlooking Riverbend Park.

THE PAVILION welcomes groups for birthday parties and other special events. Bring the gang for open skate and rent the party room. In addition, the entire facility is available in the non-ice season.

LARKSPUR COMMUNITY CENTER welcomes groups of various sizes for gatherings, celebrations, meetings and other events. The Event Room features a maple hardwood floor, abundant natural light, high ceiling and a full commercial kitchen. Various meeting rooms are also available.

PARKS & SPORTS FIELDS are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event. Sports fields are available for rent seasonally from April 1 to October 31.

PARK PICNIC SHELTERS are a great option for a variety of events, including company picnics, birthday parties, family gatherings, weddings, receptions and more. Fees are based on the size of your group, park amenities and type of function.

ART, SKATE & POOL PARTIES can be great options for birthday parties and other celebrations. Held at recreation centers, activity-based parties are available for children and adults. View recreation center web pages at bendparksandrec.org to learn more.




 COOKING
& BAKING
CLASSES

PAGES 9 - 11

stay in play

Cooking & Baking

A Taste of France: Palmiers Cookies

All Adults

Larkspur Community Center

Miam! Yum! Learn to bake classic French Palmiers, a crispy caramelized cookie with hundreds of light flaky layers. In this class, students will get detailed, hands-on practice in the art of pastry lamination, the process behind puff pastry. Bring an apron and to-go containers for leftovers. Instructor: Andy Hatz.

\$79.00 ID \$94.80 OD

Activity: [102246](#) - Opens Dec. 4

Sa: 1:00 - 4:30 pm

Session: 1/13



Simple & Sensible Nutritional Changes for Your New Year

Ages: 16 & up

Larkspur Community Center

Simple and sensible nutrition is about resting your body from heavy foods, processed foods and allergens, while eating lighter and healthier. It's typically a minor change that can bring about major feel-good results. Learn what simple and sensible nutrition means to you, what the human body thrives on and strategies to get off the roller coaster of food cravings and energy crashes. We'll discuss some easy and helpful guidelines to gently redirect our food choices. Expect handouts, recipes and several delicious dishes. Bring your best vegetable knife, apron, a small cutting board and to-go containers. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [102287](#) - Opens Dec. 4

Th: 5:00 - 7:30 pm

Session: 1/18



Make Your Own Soft Cheese

Ages: 16 & up

Larkspur Community Center

Come learn how to make simple soft cheeses with minimal supplies and equipment. You will learn the ins and outs of choosing the appropriate dairy source, flavorings, cultures and rennet. This easy-to-learn process will take you from start to finish in a fun-filled and informative class setting. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [102221](#) - Opens Dec. 4

Sa: 12:00 - 3:00 pm

Session: 1/20

Learn + play.

This section of classes is designed for those of us of a certain age. As adults, it's important to implement both discovery and play in our lives. Lifelong learning helps keep our brains fresh and play helps us feel young. And who doesn't want that?



Easy Soups & Stews

Ages: 16 & up

Larkspur Community Center

Soups and stews can be hearty, wholesome, easy-to-make, low-cost, and delicious. Forget canned soups or stocks! Instead, learn the secrets of great build-as-you-go soup stocks and soup-making. We will make a single-pot meal using fresh vegetables, herbs, spices, whole grains, beans and protein with dairy as an option. Bring your best vegetable knife, an apron, a small cutting board and to-go containers. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [102226](#) - Opens Dec. 4

Th: 5:00 - 7:30 pm

Session: 2/1

Sushi & Norimaki Platter

Ages: All Adults

Larkspur Community Center

Norimakis are seaweed rolls that can include just about anything you come up with. We will prepare ours with smoked or cooked seafood, a variety of rice, noodles, marinated tofu, vegetables and condiments. You'll learn to be comfortable rolling your own creations - enough that you may want to throw a sushi party or bring some to a potluck. Bring your best vegetable knife, an apron, a small cutting board, to-go containers and a sushi mat if you have one. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [102279](#) - Opens Dec. 4

Th: 5:00 - 7:30 pm

Session: 3/21

More "With A Child" classes

Art on pages 15 - 18.

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

With A Child: Cooking & Baking

With A Child: Knife Skills & Kitchen Basics

Ages: 7 - 15

Larkspur Community Center

Bring your child to this hands-on kitchen basic skills class. We will prepare easy kid-friendly dishes while we learn about kitchen fundamentals. You'll learn how to cut like a chef, safely and efficiently. We will cover knife skills; kitchen basics and safety. We also will learn about essential tools and cutting boards for stocking a well-equipped kitchen. Bring your best vegetable knife and a small cutting board. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [102295](#) - Opens Dec. 4

Th: 5:00 - 7:30 pm

Session: 1/25

With A Child: Cantonese Barbecue Pork Buns

Ages: 7 - 12

Larkspur Community Center

Celebrate the Lunar New Year with the dim sum favorite, Char Siu Bao or Cantonese steamed barbecue pork buns. You will learn to create the sweet and savory barbecue pork filling then how to fill, shape and bake these delicious, soft and fluffy buns. Bring an apron and to-go containers for any leftovers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Andy Hatz.

\$89.00 ID \$106.80 OD

Activity: [102283](#) - Opens Dec. 4

Sa: 1:00 - 4:00 pm

Session: 2/3

With A Child: Mardi Gras King Cake

NEW

Ages: 7 - 12

Larkspur Community Center

Let's celebrate Mardi Gras by baking a festive king cake! Together, we'll make this special New Orleans pastry from scratch using a buttery brioche dough, a rich cream cheese filling, a simple glaze and even the traditional hidden plastic baby inside. It's flavor and fun combined as we mix, shape and decorate the cake with the much-loved colors of Mardi Gras. Bring an apron and to-go container for leftovers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Andy Hatz.

\$89.00 ID \$106.80 OD

Activity: [102284](#) - Opens Dec. 4

Sa: 12:00 - 3:30 pm

Session: 2/10

With A Child: Marshmallow Madness

Ages: 7 - 12

Larkspur Community Center

Let's whip up some sweet, fluffy, homemade marshmallows. Join us as we put together a few basic ingredients and learn to make marshmallow magic and how to vary flavorings to create original marshmallow treats. Bring an apron and a 9X9 baking pan to take home your final confection creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [102282](#) - Opens Dec. 4

Sa: 1:00 - 3:00 pm

Session: 2/17



With A Child: Tasty Tacos for Everyone

Ages: 7 - 15

Larkspur Community Center

Let's create some amazing taco-inspired meals from around the world - great for sharing and with vegetarian options, too. Bring your best vegetable knife, apron, a small cutting board and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [102241](#) - Opens Dec. 4

Sa: 1:00 - 3:30 pm

Session: 2/24

With A Child: Let's Make Pizza

Ages: 7 - 12

Larkspur Community Center

Grab your buddy and let's make pizza together! We'll start from the bottom up to create your very own personal pizza. Your artisan bread-baking instructor will walk you through each step, from perfect pizza dough to the finishing touches. Learn the dough basics from thick to thin crusts and achieving that authentic flavor. Bring an apron, rolling pin, pizza pan or cookie sheet, to-go containers for any leftovers, and your appetite! Note: This is not a gluten- or dairy-free class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [102248](#) - Opens Dec. 4

Sa: 12:00 - 2:00 pm

Session: 3/9

With A Child: Kids Can Cook! Snack-cuterie

Ages: 7 - 15

Larkspur Community Center

How about a kids' snack board based on a charcuterie design and filled with healthy snacks kids love? It's a total win for an afterschool bite, a weekend lunch or more! Kids will learn to create their unique snack board from a variety of cheeses, crackers, fruits, veggies, caprese kebobs, protein nut balls and other healthy treats. Bring your best vegetable knife, apron, a small cutting board and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [102291](#) - Opens Dec. 4

Sa: 1:00 - 3:30 pm

Session: 3/16

With A Child: Perfectly Pillowy Cinnamon Rolls

Ages: 8 - 13

Larkspur Community Center

Who doesn't love a good cinnamon roll? In this class, you will learn the basics of mixing an enriched dough and the tangzhong method to keep baked goods softer for longer. Get ready for a deliciously fun experience as you get hands-on practice with mixing, shaping and proofing yeasted doughs. Bring an apron and to-go containers for leftovers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Andy Hatz.

\$89.00 ID \$106.80 OD

Activity: [102236](#) - Opens Dec. 4

Sa: 12:00 - 3:00 pm

Session: 3/23



With A Child: Hot Butter Dinner Rolls

Ages: 7 - 12

Larkspur Community Center

From start to finish, you will learn the steps to master yeast rolls that will be the highlight of any meal. Once you understand the process, you will work with dairy, flour, and yeast to create your own rolls to take home and enjoy. Let us know if you are gluten or dairy sensitive so that we may accommodate your dietary needs. Bring an apron and to-go containers for any leftovers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD

Activity: [102243](#) - Opens Dec. 4

Tu: 1:00 - 4:00 pm

Session: 3/26



Creative Writing

Begin Your Own Travel Journal

NEW

Ages: 16 & up

Larkspur Community Center

If you're a traveler to places near or far, you likely relish creating memories and savoring special moments in wonder-filled places. Come learn some simple ways to capture on paper your thoughts and feelings about the journeys you've taken. We'll focus on easy, fun ways to write about your travel experiences and memories, how to journal daily or on a schedule that works for you and ways to incorporate physical mementos into your journal. Instructor: Claire-Anne Wood.

\$49.00 ID \$58.80 OD

Activity: [102115](#) - Opens Dec. 4

W: 1:30 - 3:00 pm

Session: 1/24



Dancing

Latin Dance: Rumba & Cha Cha

Ages: All Adults

Larkspur Community Center

Let's dance! Experience the allure of Rumba's sensuality and the excitement of Cha Cha's vibrant energy in one course. Whether you're a beginner or seasoned dancer, our expert instructor will teach you the essentials of these captivating dances. Join us for a fun, social, and fitness-enhancing experience that will leave you with newfound dance skills and great memories. Instructor: Barry Jost.

\$49.00 ID \$58.80 OD

Activity: [102141](#) - Opens Dec. 4

Tu: 6:00 - 7:00 pm

Session: 2/6 - 27



Music

Beginning Ukulele I

Ages: 16 & up

Larkspur Community Center

Join the growing group of friendly folks who are having a great time playing the ukulele. Learn basic chords, progressions and strumming patterns. You'll even play popular songs at the first class. No experience? No problem! Ukuleles are available to rent from the instructor. Baritone Ukuleles will not be covered in this class. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [102100](#) - Opens Dec. 4

M: 5:00 - 6:00 pm

Session: 1/22 - 2/12

Beginning Ukulele II

Ages: 16 & up

Larkspur Community Center

Now you are ready to learn more about your amazing ukulele! We will take you beyond beginning ukulele and emphasize new strumming and picking techniques while learning to play more advanced chords. Soon you will play the songs you love. You are going to enjoy this class as you progress your skills! Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [102103](#) - Opens Dec. 4

M: 5:00 - 6:00 pm

Session: 2/26 - 3/18

Beginning Guitar I

Ages: 16 & up

Larkspur Community Center

Learn the basics of playing the acoustic guitar. Topics include rhythm technique, chords, playing with others and a little music theory. We will ensure individual attention, a fun learning environment and plenty of opportunity to address questions. Students need to bring their own acoustic guitar. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [102106](#) - Opens Dec. 4

W: 6:15 - 7:15 pm

Session: 1/31 - 2/21

Beginning Guitar II

Ages: 16 & up

Larkspur Community Center

Building off Beginning Guitar I, we will expand our knowledge base and learn to use different strum patterns. We will also incorporate picking and simple bar chords to expand our song knowledge, along with a little music theory. Improve your skills and build your confidence. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [102107](#) - Opens Dec. 4

W: 6:15 - 7:15 pm

Session: 2/28 - 3/20



Specialized Fitness & Wellness

Pilates for Pickleball NEW

Ages: All Adults

Juniper Swim and Fitness Center

This 6-week small group training session features a different focus each week. Pilates exercises, dynamic stretching and warm ups, balance and stability exercises, and strength and conditioning. Cross training ideas will be incorporated to help create a more balanced body. By the end, you will have a routine aimed to help you minimize injuries and more thoroughly enjoy Pickleball. Instructor: Susie Montross.

\$120.00 ID \$144.00 OD

Activity: [105685](#) - Opens Dec. 4

W: 10:30 - 11:30 am

Session: 1/10 - 2/14



Nordic Walking

Ages: All Adults

Larkspur Community Center

Learn to walk with power, propulsion and purpose! One of the main benefits of Nordic walking is that it's a year-round activity you can do on a variety of terrain including asphalt, grass, dirt and indoors. Research-backed science supports that you'll build strength in your upper body and core, improve your posture and burn up to 46% more calories than regular walking. Poles take weight off the joints and increase coordination and stabilization. Bring your own poles - with rubber tip covers - or borrow ours. Instructor: Monica McClain-Smith.

INDOOR NORDIC WALKING

Sessions are held at Larkspur Community Center indoor track

\$12.00 ID \$14.40 OD

Activity: [115600](#) - Opens Dec. 4

Th: 10:30 - 11:30 am

Session: 1/11 2/8

OUTDOOR NORDIC WALKING

Sessions are held at Larkspur Park Picnic Shelter.

\$12.00 ID \$14.40 OD

Activity: [115610](#) - Opens Dec. 4

Th: 10:30 - 11:30 am

Session: 3/7

Enlivening Restorative Yoga Workshop NEW

Ages: All Adults

Larkspur Community Center

Based on the Awake pathway. This workshop aims to influence circulation through chest opener stretches and restorative inversions to help gently guide you into a state of renewal and postural support. We will cover customizing prop use for your needs and the workshop includes a practice handbook. All levels welcome. Instructor: Nicole Williams.

\$28.00 ID \$33.60 OD

Activity: [115634](#) - Opens Dec. 4

Sa: 12:00 - 1:30 pm

Session: 1/13

Exploring Pilates Workshop NEW

Ages: All Adults

Larkspur Community Center and Juniper Swim & Fitness Center

Whether you are new to Pilates or have practiced for a while, this workshop is for you. The Pilates Method stresses good posture and awareness of the placement of all parts of your body. You'll learn the importance of the position of your head, neck and spine to ensure proper breathing and technique. This workshop follows the structure of a Mat Pilates class and offers time for discussion and technical breakdown of the exercises to help you get the most out of your practice. Instructor: Susie Montross.

\$17.00 ID \$20.40 OD

Larkspur Community Center

Activity: [115650](#) - Opens Dec. 4

Su: 11:00 am - 12:15 pm

Session: 1/21

Th: 5:30 - 6:45 pm

Session: 3/28

Juniper Swim & Fitness Center

Activity: [105689](#) - Opens Dec. 4

W: 10:30 - 11:45 am

Session: 2/28



Calm Restorative Yoga Workshop

Ages: All Adults

Juniper Swim and Fitness Center

Keep calm and carry on in this popular workshop using the power of props, poses and pranayama pathways to help induce calm in body and mind. Restorative forward and inverted shapes can help to influence the circulation and helping to calm the heart, breath and brain. All levels welcome. Instructor: Nicole Williams.

\$28.00 ID \$33.60 OD

Activity: [105633](#) - Opens Dec. 4

Sa: 4:00 - 5:30 pm

Session: 2/10

Valentine's Partner Yoga NEW

Ages: All Adults

Larkspur Community Center

Partner yoga is a style of asana practice in which two people support each other in poses in a way that enhances the postures and builds trust and communication. Partner yoga can also help lighten up and invite a sense of playfulness into your practice. Sign up with a loved one or friend. Registration fee is per person, not per couple. Instructor: Jes Scheel

\$18.00 ID \$21.60 OD

Activity: [115640](#) - Opens Dec. 4

Tu: 6:00 - 7:30 pm

Session: 2/13

Looking for
drop-in fitness
classes?

Visit
bendparksandrec.org/fitness-swim/

Travel

For all travel tours, call Larkspur Community Center at (541) 388-1133 for an information packet or stop by Larkspur front desk and pick up tour information.

Best of Australia & New Zealand

Ages: All Adults

A trip of a lifetime. This very inclusive journey features many great highlights of Australia and both the North and South Island of New Zealand. In Sydney, enjoy a tour of the famed Opera House. Take in a sunset cruise in Sydney Harbour and visit Wildlife World to get an up-close look at Australia's unique critters among many other highlights. Next, we fly to Cairns in tropical North Queensland where you'll spend the day enjoying all aspects of the Great Barrier Reef. You'll see firsthand why Melbourne is considered the cultural capital on a fascinating city tour to see all of the highlights! We then fly to the South Island of New Zealand where we spend three beautiful nights in Queensland on the banks of Lake Wakatipu. You'll also take a breathtaking drive to beautiful Milford Sound and enjoy a scenic luncheon cruise. Lastly, we visit the North Island of New Zealand. In Rotorua, home to the island's unique thermal reserves and geysers, you'll enjoy a traditional Maori feast and see the famed Haka firsthand. You'll also visit Hobbiton, the movie set for Lord of the Rings and home to hobbits everywhere. Your last stop is to metropolitan Auckland before you make your way home. Sit back and relax on this epic 17-day journey while we take care of all your flights and arrangements on this bucket list trip.

\$9195.00 each
(dbl. occupancy, land/air/tax from Portland)

Dates: 3/11 – 28/2024



Best of Chicago

Ages: All Adults

Stay five nights at the beautiful and historic Palmer House Hilton located in the heart of downtown Chicago. Enjoy a city tour on the famed Chicago Architectural Boat Tour on the Chicago River. Also travel to the top of the Willis Tower (former Sears Tower) for incomparable views of the Windy City. Take a trip back in time as you explore Chicago's 1930s history on the Untouchables Tour. Next, visit the home and studio of famed architect Frank Lloyd Wright. You'll also travel to Racine, Wisconsin to explore more Frank Lloyd Wright designs. And no trip to Chicago is complete without a behind-the-scenes tour of Wrigley Field, the historic home of the Chicago Cubs.

\$2875.00 each
(dbl. occupancy, land/air/tax from Portland)

Dates: 5/23 – 28/2024

Majestic Canadian Rockies

Ages: All Adults

Spend five nights in one hotel in Banff - the heart of the Canadian Rockies. Your hotel is located in the town center with easy access to all the restaurants and shops. Enjoy daily sightseeing to take in the unparalleled beauty of the majestic Canadian Rockies. Visit highlights of the area including Lake Louise, Moraine Lake, the Icefields Parkway, Yoho National Park and so much more.

\$3699.00 each
(dbl. occupancy, land/air/tax from Portland)

Dates: 7/21 – 26/2024

Albuquerque Balloon Fiesta & Santa Fe NEW

Ages: All Adults

We invite you to come see one of the most photographed events in the world, the Albuquerque Balloon Fiesta! Some of the amazing highlights of this tour include a front row view of the Mass Assentation and the balloon glow at one the oldest and largest hot air balloon festivals in the world. You'll also spend three nights in the artist community of Santa Fe. Travel to Taos, New Mexico and tour the oldest continuously inhabited community in the United States.

\$3175.00 each
(dbl. occupancy, land/air/tax from Portland)

Dates: 10/4 – 9/2024

Highlights of the Douro River in Spain

Ages: All Adults

Travel to Porto, Portugal and embark on a seven-night cruise on the Douro River aboard the MS Amelia Rodrigues. Your ship features all outside cabins and a maximum of 128 guests. All meals and beverages are included for the duration of your cruise including wine, soft drinks, and non-premium spirits. Your ship also features complimentary Wi-Fi for sharing pictures and staying connected. In Portugal you'll enjoy tours in Porto, Vila Réal, Lamego and Guimarães. You'll also enjoy a visit and city tour of Salamanca Spain, several opportunities for wine tasting and Flamenco and Fado entertainment. This trip also offers an opportunity to extend your journey with three nights in Portugal's beautiful capital, Lisbon.

\$5195.00 each CAT E
(dbl. occupancy, land/air/tax from Portland)

Dates: 10/21 – 29/2024



Rose Parade & New Year's in Southern California NEW

Ages: All Adults

Escape the rainy Pacific Northwest and enjoy five nights in one hotel in sunny Southern California. Enjoy a wonderful New Year's Eve party complete with live entertainment. Take in the splendor of the Tournament of Roses Parade from your reserved grandstand seats. This trip features highlights like a behind-the-scenes look at the parade floats at the Showcase of Floats, the beautiful beach communities of Laguna and Newport, a mouth-watering lunch at Lawry's in Beverly Hills, a San Diego Harbor cruise and much more.

\$3349.00 each
(dbl. occupancy, land/air/tax from Portland)

Dates: 12/30/2024 – 1/4/2025



For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



art in play

MAKE IT
YOURSELF
.....
**CLAY
CLASSES**
.....
PAGES 15 - 18

Clay

Intro to Adult Wheel Throwing **NEW**

Ages: 14 & up

Harmon Park Clay Studio

Learn how to throw different vessels on the wheel and understand the process to create mugs, plates, bowls, vases and more in this class specially designed for beginners. Instructor: Anne Hunter.

\$209.00 ID \$250.80 OD

Activity: [111203](#) - Opens Dec. 4

Tu: 6:00 - 9:00 pm

Session: 1/2 - 2/6 2/20 - 3/26

All Skills Pottery

Ages: 16 & up

Harmon Park Clay Studio

Learn basic techniques, including hand-building and wheel-thrown stoneware pottery techniques as a beginner or an experienced potter. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Hunter Teig.

\$209.00 ID \$250.80 OD

Activity: [111101](#) - Opens Dec. 4

W: 6:00 - 9:00 pm

Session: 1/3 - 2/7 2/14 - 3/20

Day Clay

Ages: 16 & up

Harmon Park Clay Studio

This six-week class provides a supportive atmosphere for all experience levels to learn clay techniques. Practice hand building, wheel throwing and design skills. Explore creative methods and find inspiration in this project-oriented class. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Helen Bommarito.

\$209.00 ID \$250.80 OD

Activity: [111100](#) - Opens Dec. 4

W: 11:00 am - 2:00 pm

Session: 1/3 - 2/7 2/14 - 3/20

Th: 11:00 am - 2:00 pm

Session: 1/4 - 2/8 2/15 - 3/21

F: 11:00 am - 2:00 pm

Session: 1/5 - 2/9 2/16 - 3/22

Work for play at BPRD.

Learn more at
bendparksandrec.org/jobs

create yourself.

Whether you're taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It's about connecting and discovering yourself.



Register at register.bendparksandrec.org • Winter registration opens December 4 - 6 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 72 - 73. • Park lists on pages 74 - 75.



Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit bendparksandrec.org/artstation to learn more.

Wheel Experience

Ages: 16 & up

Harmon Park Clay Studio

All experience levels are welcome to this pottery wheel class including those who have always wanted to give the wheel a spin and test the waters or refine their skills. Follow the process of basic wheel-throwing practice, trimming and glazing. Instructor: Hunter Teig.

\$209.00 ID \$250.80 OD

Activity: [111105](#) - Opens Dec. 4

Tu: 11:00 am - 2:00 pm

Session: 1/9 - 2/13 2/27 - 4/2

DIY & Multimedia

DIY: Mini Mosaic Tray NEW

Ages: All Adults

Larkspur Community Center

Learn the basics of mosaic art and make a colorful, unique tray for your table, shelf, or counter. You will experience each step of the process including design, color selection, placement, and grouting. No experience necessary; all tools and materials provided. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

Activity: [102432](#) - Opens Dec. 4

Sa: 10:00 am - 2:00 pm

Session: 1/27



DIY: Glass on Glass Candle Jar NEW

Ages: All Adults

Larkspur Community Center

Candles bring warmth and ambience which can be especially welcome in the winter months. By designing and decorating your own candle jar with a "glass on glass" mosaic, you'll bring that to a whole new level. You will experience each step of the process including design, color selection, placement and grouting. No experience necessary; all tools and materials provided. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

Activity: [102431](#) - Opens Dec. 4

Sa: 10:00 am - 3:00 pm

Session: 2/10

DIY: Mosaic Flower Pots NEW

Ages: All Adults

Larkspur Community Center

Come create beautiful and functional pieces of mosaic in the form of mini 4-inch flower pots. You will experience each step of the process including design, color selection, placement, and grouting. No experience necessary; all tools and materials provided. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

Activity: [102433](#) - Opens Dec. 4

Sa: 10:00 am - 3:00 pm

Session: 2/24

DIY: Mosaic Stepping Stone

Ages: 13 & up

Larkspur Community Center

Mosaic stepping stones are a great way to personalize your garden, walkway or yard. Get ready for spring by making a one-of-a-kind stepping stone with us. Learn a different style of mosaic in this class. You will create a design by attaching colorful glass in a pattern to an adhesive film, and then we will then pour in the concrete. It will set up overnight and you can pick it up the next day. No experience necessary; all tools and materials provided. Instructor: Jessica Carleton.

\$69.00 ID \$82.80 OD

Activity: [102434](#) - Opens Dec. 4

Sa: 10:00 am - 12:00 pm

Session: 3/16

Painting

Introduction to Pastel Painting

Ages: All Adults

Larkspur Community Center

Learn the basics of painting with hard and soft pastels. No art experience necessary, just an eagerness to explore and learn something new. Jump into pastel painting with colorful pastel sticks to complete a simple project. All supplies provided. \$10 supply fee due to instructor at class. Instructor: Michelle Oberg.

\$25.00 ID \$30.00 OD

Activity: [102407](#) - Opens Dec. 4

Th: 1:00 - 3:30 pm

Session: 1/18





Situation & Environment Oil Painting

NEW

Ages: 12 & up

Larkspur Community Center

No painting experience is needed for this oil painting series. Explore composition and narrative by painting a human or animal figure, or multiple figures, in an environment. Scenes will be completed layer-by-layer as the instructor demonstrates and explains the painting process from initial compositional block-ins and establishing a value pattern, through the final finishing touches, allowing time for individual assistance and enjoying the practice of painting. Guidance on preparing a reference photo to paint from will be provided prior to class or students may choose to work from a provided reference image. Instructor: Stephen Teater.

\$169.00 ID \$202.80 OD

Activity: [111122](#) - Opens Dec. 4

Sa: 9:00 am - 12:00 pm

Session: 2/3 - 24

Beginning Watercolor

Ages: All Adults

Larkspur Community Center

No art experience is necessary, just a willing attitude to explore and have fun. Begin your journey of watercolor painting. With just two brushes and three colors, explore how to do washes, mix colors, make a color wheel, and complete a simple project. \$10 supply fee due to instructor. Instructor: Jennifer Ware-Kempke.

\$25.00 ID \$30.00 OD

Activity: [102400](#) - Opens Dec. 4

Th: 1:00 - 3:30 pm

Session: 2/8

Paint Central Oregon Landscapes

Ages: 14 & up

Larkspur Community Center

No painting experience is needed for this all-ages, alcohol-free paint-and-sip-style painting series! In these two-hour classes, participating painters will be led step-by-step through a series of paintings inspired by well-known Central Oregon landmarks, using acrylic paint to complete one painting each week in this four-week series. Art basics like color, composition, texture, materials, the fundamentals of painting technique, and more will be introduced and discussed throughout the series in a fun, playful, and approachable manner as each artwork is made. If you've always wanted to begin painting but didn't know quite how to start, this is the class for you. Take one or more - each week is different. Instructor: Stephen Teater.

\$50.00 ID \$60.00 OD

Activity: [111121](#) - Opens Dec. 4

Sa: 9:00 - 11:00 am

Session: 3/2 3/9
3/16 3/23

Printmaking

Printmaking

Ages: 12 & up

Larkspur Community Center

Learn several different printmaking techniques that you can easily do at home! This class will introduce you to several types of printmaking methods. Discover how to create your own monotype prints, collagraph prints, linocut prints and reduction prints. Learn about color mixing and using pattern and texture to create unique designs that will be sure to impress. Instructor: Anastasia Zielinski.

\$169.00 ID \$202.80 OD

Activity: [111132](#) - Opens Dec. 4

Th: 6:00 - 8:00 pm

Session: 1/4 - 2/8



With A Child: Art

With A Child: Acrylic Pouring on Canvas

Ages: 6 - 15 with Adult

Larkspur Community Center

Swirl, slip and slide acrylic paint across a canvas and create amazing results together. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD

Activity: [111545](#) - Opens Dec. 4

Sa: 9:00 - 11:00 am

Session: 1/6 1/13
1/20 1/27

More "With A Child" classes

Young Children programs
on pages 28 - 31

Cooking programs
on pages 10 - 11.

With A Child: Fun With Clay

Ages: 5 - 14 with Adult

Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques, and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD

Activity: [111510](#) - Opens Dec. 4Sa: 10:00 am - 12:00 pm
- OR - 12:30 - 2:30 pm

Session: 1/6 - Mini Food Plate
1/13 - Tiny Homes
1/20 - Animal Bowls
1/27 - Valentine Heart Bowls
2/3 - Valentine Mugs
2/10 - Dragons
2/17 - Unicorns
2/24 - Garden Gnomes
3/2 - Shamrock Bowls
3/9 - Bird House
3/16 - Spring Mugs
3/23 - Flowers

NO SCHOOL

M: 10:00 am - 12:00 pm
- OR - 12:30 - 2:30 pm

Session: 1/15 - Crazy Creatures
2/19 - Flower Pots



With A Child: **Mosaic Heart Trinket Tray** NEW

Ages: 7 - 12 with Adult
Larkspur Community Center
 Mini heart trays are quick and fun to make! You can give one to your Valentine or be your own Valentine and keep to enjoy. Starting with a cement base, you'll add colorful glass in a design or pattern of your liking. Take the tray home to set up and the next day it'll be ready to show off. No experience necessary; all tools and materials supplied. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Jessica Carleton.
 \$59.00 ID \$70.80 OD
 Activity: [102438](#) - Opens Dec. 4
Sa: 3:00 - 4:00 pm
 Session: 2/3

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

With A Child: **Paint Night**

Ages: 6 - 12 with Adult
Larkspur Community Center
 Enjoy a relaxing time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image and when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.
 \$69.00 ID \$82.80 OD
 Activity: [102415](#) - Opens Dec. 4
Th: 5:30 - 7:30 pm
 Session: 2/22 - Giraffe Love
 3/21 - Cows

**More
 "With A Child"
 classes**
 Cooking on page 10 - 11.

With A Child: **Fun With Fused Glass**

Ages: 6 - 12 with Adult
Larkspur Community Center
 Come enjoy an afternoon with your young artist and make a fused glass piece of art. Try your creativity in designing with different shapes and color pieces to make the most of your seasonal decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.
 \$79.00 ID \$94.80 OD
 Activity: [102416](#) - Opens Dec. 4
Sa: 1:30 - 3:00 pm
 Session: 2/17 - Love Bugs
 3/2 - Animals

With A Child: **The Art of Shared Journaling** NEW

Ages: 8 - 12 with Adult
Larkspur Community Center
 Start a special journal for you and your child to trade thoughts and feelings in a fun and easy format. Come learn about the practice of conversation-style journal writing, get started on your first written exchange, and decorate a physical notebook together to make it your own special shared diary. Notebooks will be provided. Please bring any photos or mementos you may wish to decorate your notebook cover with. The fee includes one child and one accompanying adult. Please only register the child. Instructor: Claire-Anne Wood.
 \$59.00 ID \$70.80 OD
 Activity: [102285](#) - Opens Dec. 4
Sa: 1:30 - 3:00 pm
 Session: 3/9





Curling

Adult Curling League

Ages: All Adults

The Pavilion

Open to all levels of curling experience, from first-timers to seasoned experts! This league gives you a chance to compete alongside your friends. BPRD will supply stones, brooms and all necessary equipment. Games are played on Sunday afternoons and evenings in a round-robin format. Games will run until a team has won or for a maximum of 80 minutes. Curling League is very popular and space is limited, so register early. Game schedule will be organized once 40 teams are registered. One person registers and pays on behalf of your team of four to six players.

Registration deadline: 12/22/23, 8:00 a.m. or until full

\$450.00 ID / OD

Activity: [110331](#) - Opens Dec. 6

Su: 3:30 - 10:40 pm

Season: 1/7 - 2/25 (no games 2/11)

Curling Clinics NEW

Ages: All Adults

The Pavilion

Welcome to the all-new Curling Clinics, designed to support a broad range of curlers from brand new to advanced players. This coached session will include a progression of skills to take your curling to the next level. Each session will separate participants into groups of relative skill level. Beginners will discuss fundamentals and rules of the game, proper delivery techniques and basic best practices. Advanced players will have the opportunity to fine-tune delivery, strategy, play calling and honing technical skills with the aid of a USA Curling Level 2 Instructor.

\$140.00 ID \$168.00 OD

Activity: [110335](#) - Opens Dec. 4

F: 9:00 - 11:00 am

Session: 1/12 - 2/2 2/9 - 3/1

**Be a coach!
Volunteer coaches
needed for
youth sports.**

Contact Kim at (541) 706-6127
for more information.



Hockey

Learn to Skate: Adult Hockey

Ages: All Adults

The Pavilion

Let's learn some hockey-specific ice skating skills! In this class, you'll develop your skating skills for hockey such as falling and recovery, hockey stance forward and backward, snowplow stops, backward swizzles, forward C-cuts and more. Wearing hockey gear is optional. No sticks or pucks on ice. Prerequisite: Basic ice skating experience prior to the first class - should be able to stand and skate forward confidently and unassisted. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity: [110146](#) - Opens Dec. 4

Th: 5:40 - 6:10 pm

Session: 1/4 - 2/8 2/15 - 3/21

Game time.

Play is a key element of our youth. So why not feel like a kid again and have sports in your life? You'll exercise, make new friends and either learn a new skill or keep an old one alive. And that is the real fountain of youth.

Specialized Times:

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the session.

Drop-in: If space is available. Check activity # status online.

Sessions: Times and days will vary. Check online schedule.

Stick Time

Bring your sticks, skates and gear and work on your skating, stick-handling and shooting in no-pressure, hockey-only sessions. Nets and pucks are provided. Helmet, stick and gloves required. Pick-up games and scrimmages are not allowed.

Adult: \$13.50 / Youth: \$12.50

Activity: [410402](#) - Adult
[410401](#) - Youth

Pick-up Hockey

Get some extra game practice during these pick-up hockey times. No officials or scoring. Teams are self-selected each session. Full gear and helmet is required. Bring a light and dark jersey with you.

Adult: \$13.50

Activity: [410403](#) - Adult

Freestyle

Freestyle is a practice session designed for Level 4+ intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.

Adult: \$13.50 / Youth: \$12.50

Activity: [410160](#) - Adult/Youth

Curling Time

Come and practice your curling skills during these pick-up sessions. All equipment provided.

Adult: \$20.00

Activity: [410332](#) - Adult

Adult Hockey Lunch League

Ages: All Adults

The Pavilion

Looking for more hockey in your mid-day schedule? Come join us during your lunch break for an adult hockey league. Everyone is welcome because teams are comprised of a wide range of skill levels. Register as an individual; BPRD will draft balanced teams for an eight-game schedule. Game times start at 11:45 am or 1:00 pm. Full gear required. Space is limited.

Registration deadline: 12/22/23,
8:00 a.m. or until full

\$160.00 ID \$192.00 OD

Activity: [110325](#) - Opens Dec. 6

F: 11:45 am - 2:00 pm

Season: 1/5 - 3/1 (no games 1/26)



Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, please call (541) 706-6115.



Adult Hockey Skills & Drills

Ages: All Adults

The Pavilion

Let's get together and improve our hockey skills! These sessions are designed to develop the fundamentals of the game, hone in on particular skills, promote physical fitness and above all else have fun. This program focuses on skills progression with drills including skating techniques, puck handling, passing and offensive-defensive tactics, positioning, shift changes and more. Both beginner and intermediate players are welcome; participants must have prior ice skating experience. Basic gear is required including stick, helmet, gloves, elbow pads, shin pads and hockey pants.

\$160.00 ID \$192.00 OD

Activity: [110321](#) - Opens Dec. 4

F: 8:15 - 9:15 pm

- OR - 9:30 - 10:30 pm

Session: 1/5 - 3/8 (no class 1/19, 1/26)

Required Hockey Gear

PLAYERS: Helmet, mouth guard, elbow pads, hockey pants, shin pads, hockey socks and hockey stick. Shoulder pads recommended but optional.

GOALIES: Goalie helmet, chest protector, goalie pants, leg pads, blocker, catching glove and goalie stick.

Wally Wallace Cup Hockey Tournament

Ages: All Adults

The Pavilion

Welcome to the Wally Cup - an exciting 4 vs 4 full-ice hockey tournament honoring Wally Wallace, one of the founders of local ice hockey in Bend. The event features four-team round-robin pool play to determine standings followed by an eight-team championship tournament Friday and Saturday. Each game is two 10-minute running time periods with no stoppage of play after goals. Full protective gear required; shoulder pads optional but recommended. This is a non-checking event. All players must possess both light and dark jerseys, preferably white and black. Please do not wear gray, yellow, light blue or any other neutral color. Register in either A/B or C/D division following similar placement as the regular-season Adult Hockey League. Sign up individually and teams will be separated by BPRD. Spaces fill quickly. Spectators free and encouraged. Questions? Email ClareG@bendparksandrec.org.

Registration opens: 2/1/24
at 8:00 a.m.

Registration deadline: 3/1/24,
5:00 p.m. or until full

\$50.00 ID \$60.00 OD

Goalies are free.

Activity: [110320](#) - Opens Feb. 1

M-Sa: 6:30 - 10:30 pm

Session: 3/18 - 23



Ice Skating

Learn to Skate: Adult Levels 1 - 3

Ages: All Adults

The Pavilion

Welcome to Skate School where you will learn the fundamentals of ice skating! Depending on your experience and ability, you may learn about falling and recovery, marching forward, two-foot glides, forward swizzles, snowplow stops, one-foot glides, two-foot turns in place, backward snowplow stops, switching direction and more. No prerequisite skills required. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity: [110141](#) - Opens Dec. 4

Th: 5:40 - 6:10 pm

Session: 1/4 - 2/8 2/15 - 3/21

Learn to Skate: Adult Levels 4 - 6

Ages: All Adults

The Pavilion

Let's develop your skating skills further! Depending on your experience and ability, we may work on forward and backward inside/outside edges, hockey stops, T-stops, two-foot spins, one-foot spins, lunges and more. Suggested prerequisite: Completion of Level 3. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity: [110143](#) - Opens Dec. 4

Th: 5:40 - 6:10 pm

Session: 1/4 - 2/8 2/15 - 3/21

Martial Arts

Adult & Teen NEW Shorinji Kempo

Ages: 13 & up

Larkspur Community Center

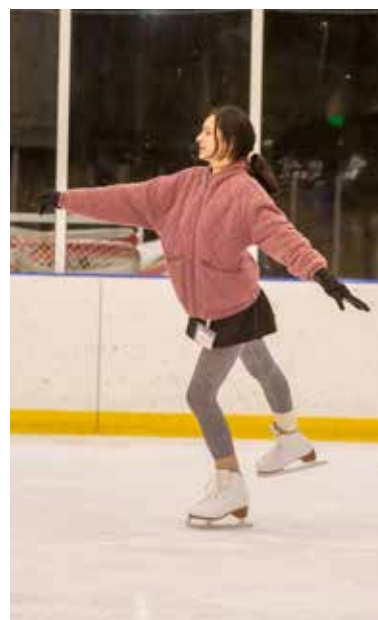
Experience training in Shorinji Kempo, a world class Japanese martial art, whose main purpose is to promote strength, balance, cooperation, and compassion. Founded by Doshin So in 1947, Shorinji Kempo is a discipline for the training the body and mind and is recognized as a life skill educational system. The techniques are dynamic yet pragmatic - designed for strengthening our bodies, protecting yourself, helping others, and improving people's lives. Together, we will learn foundational skills, which can be divided into three main pillars: Goho (technical elements focusing on basic blocking, striking, and kicking). Juho (technical elements focusing on body movement, dodging, footwork, releasing, escaping, and capturing). Seiho (basic healing techniques to help the body relax and recover). We will also pursue some purposeful philosophical elements so that we can be respectful, responsible, and positive members of the communities we live in. Instructor: Bruce Weinberg.

\$99.00 ID \$118.80 OD

Activity: [106756](#) - Opens Dec. 4

M/W: 7:00 - 7:50 pm

Session: 1/8 - 2/5 2/12 - 3/11
3/18 - 4/10



Save the date for Spring 2024 Sports

Make plans for:

**ROLLER HOCKEY, SOFTBALL
AND MORE.**

Spring program registration
is scheduled for February.

Watch for updates.

Skate Lesson Assessment FREE

Unsure which class to register yourself or your child in? Take the guesswork out - come for a free skate skill assessment on Saturdays at 10:30 - 10:45 am, December 2 - December 16, to ensure you or your child are in the right class. Following December 16, please inquire at the front desk or call (541) 706-6116 to arrange an appointment.

Skaters Levels 4 & Up

For skaters Level 4 and above, we recommend Bend Ice Figure Skating Club to help continue with progressive development.

More on page 525.

Skating Practice FREE

Registered Learn to Skate participants skate for free at public skate sessions Mondays through Thursdays within enrolled dates (rental skates not included). Cheap Skates on Tuesdays not included.

Schedules at
thepavilioninbend.com.



Wilderness Safety & First Aid

Wilderness First Responder

Ages: 16 & up

Hollinshead Barn

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to address difficult medical decisions. Presented by NOLS Wilderness Medicine, this course is fast-paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. Training days are typically 8:00 am-5:00 pm, with two evening sessions required. Adult/child CPR certification is included. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. Deposit of \$425 required at registration with remaining balance due 30 days prior to start of training.

\$850.00 ID / OD

Activity: [408364](#) - Open now

Su-Sa: 8:00 am - 5:00 pm

Session: 3/8 - 17 4/2 - 11

Wilderness First Aid

Ages: 16 & up

Hollinshead Barn

This program covers a wide range of wilderness medicine topics for people who travel in the outdoors: from hunters and fishermen, guides and activity leaders to the casual outdoor user. No previous experience/knowledge required. Presented by NOLS Wilderness Medicine. CPR not included.

\$250.00 ID / OD

Activity: [408360](#) - Open now

Tu-W: 8:00 am - 5:00 pm

Session: 2/6 - 7

W-Th: 8:00 am - 5:00 pm

Session: 4/17 - 18

Th-F: 8:00 am - 5:00 pm

Session: 5/2 - 3

Wilderness Safety & First Aid classes are open 6-plus months in advance. Please regularly check online for upcoming classes.

WFR Recertification

Ages: 16 & up

Hollinshead Barn

This training is specifically designed to recertify the Wilderness First Responder certification* (also Wilderness EMT-wilderness portion only, and Wafa certifications). Includes CPR. *If your certification is expired, to re-certify a WFR course issued by National Outdoor Leadership School (NOLS), please check their website at www.nols.edu to confirm the latest policies in regards to the grace period (typically 1 year). For certifications not issued by NOLS, you should possess a valid and unexpired WFR certification in order to take this course.

\$355.00 ID / OD

Activity: [408362](#) - Open now

M-W: 8:00 am - 5:00 pm

Session: 4/22 - 24

Tu-Th: 8:00 am - 5:00 pm

Session: 2/27 - 29 3/5 - 7

W-F: 8:00 am - 5:00 pm

Session: 5/15 - 17

Wilderness Upgrade for Medical Professionals

Ages: All Adults

Hollinshead Barn

Presented by NOLS Wilderness Medicine, this course is for medical professionals - EMTs, medical students, nurses, physician assistants and physicians. It includes a five-day (48-hour) module for professional medical practitioners that builds on existing knowledge to learn how to improvise equipment, deal with challenging environmental conditions and make difficult medical decisions in remote locations. Continuing education units available. Deposit of \$425 due at registration with remaining balance due 30 days prior start of training.

\$850.00 ID / OD

Activity: [408366](#) - Open now

M-F: 8:00 am - 5:00 pm

Session: 2/19 - 23



For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

ADVANCE
YOUR
SWIMMING
.....
SEE
BELOW

make waves

Adult Swimming

Swim Lessons Adult Level 1

Ages: 16 & up

Juniper Swim & Fitness Center

This class is designed for the adult swimmer with little to no experience in the water. We will introduce you to basic swim skills and water safety while helping conquer any fears of swimming you may have. The majority of class is in shallow water.

\$150.00 ID \$180.00 OD

Activity: [105554](#) - Opens Dec. 5

Sa: 9:00 - 9:45 am

Session: 1/13 - 3/16

Swim Lessons Adult Level 2

Ages: 16 & up

Juniper Swim & Fitness Center

Develop your skills in a comfortable environment designed for new swimmers to learn basic front crawl and back strokes. Appropriate for adults unable to swim 15 meters.

\$150.00 ID \$180.00 OD

Activity: [105555](#) - Opens Dec. 5

Tu: 5:30 - 6:15 pm

Session: 1/9 - 3/12

Th: 6:20 - 7:05 pm

Session: 1/11 - 3/14

Swim Lessons Adult Level 3

Ages: 16 & up

Juniper Swim & Fitness Center

This class works on building your confidence, developing stroke technique, and achieving the ability to swim full laps. The focus is on fitness through skill training, short distance repeats and is individualized to meet your goals. Appropriate for adults who can swim 15 meters but not much more.

\$150.00 ID \$180.00 OD

Activity: [105556](#) - Opens Dec. 5

Tu: 6:20 - 7:05 pm

Session: 1/9 - 3/12

Th: 5:30 - 6:15 pm

Session: 1/11 - 3/14

Water Wisdom Swim Lessons for 55 & Better

Ages: 55 & up

Larkspur Community Center

It is never too late to experience the magic of water. This class is designed for adults 55 and better who have always wanted to learn to swim.

Join your peers in our warm water pool where we will introduce you to basic swim skills and water safety while helping conquer any fears of swimming. The majority of this class is in shallow water.

\$150.00 ID \$180.00 OD

Activity: [115570](#) - Opens Dec. 5

Tu: 3:05 - 3:50 pm

Session: 1/9 - 3/12

Th: 3:05 - 3:50 pm

Session: 1/11 - 3/14

Masters Swimming: Bend's Adult Swim Program

Ages: 18 & up

Juniper Swim & Fitness Center

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for various ages and abilities. Participants must be able to swim comfortably for 500 meters (20 lengths). Although not required, many choose to race.

Fitness/Swim Pass or drop-in fee.

CLICK TO LEARN
MORE ABOUT
MASTERS SWIMMING
& LAP SWIMMING



Dates: 1/2 - 3/31

M/W/F: 5:35 - 6:50 am
11:45 am - 1:00 pm

T/Th: 6:45 - 8:00 am
9:00 - 10:15 am

Sa/Su: 9:00 - 10:15 am

[Check schedule](#)

Liquid benefits.

It's never too late to become a swimmer! Our swim program allows you to progress from no experience to becoming a master swimmer. Come swim - gain confidence in the water and feel great.

DID YOU KNOW? Why you should learn to swim for your safety:

More than a third of adults in the United States can't swim the length of a pool, according to the Centers for Disease Control and Prevention, which puts them at risk of being one of the 10 people who drown every day in this country.

TEEN
THERAPEUTIC
RECREATION
.....
PAGE 25

play and shine

"It's not our
disabilities,
it's our abilities
that count."
~ Chris Burke

With inclusion, everybody benefits!

If you or your child has a disability and are interested in participating in a general program, we will help make it happen. When people with disabilities participate in general programs EVERYBODY benefits! To ensure successful inclusion, we encourage you to check the box on the registration form that says "check here if you want an assessment team to contact you about disability accommodations." Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!

YOUTH THERAPEUTIC RECREATION

Youth Movie & Craft Night

Ages: 7 - 17

District Office

Come enjoy a movie and snacks with friends. We will also have multiple craft options for those who like to stay busy while watching a movie. This program is designed for youth with disabilities and their siblings or friends.

\$30.00 ID \$36.00 OD

Activity: [104805](#) - Opens Dec. 4

F: 6:00 - 8:00 pm

Session: 1/12

Work for play!

View BPRD jobs available at
bendparksandrec.org/jobs.

Youth Day at the Museum

Ages: 7 - 17

District Office

Come spend the day exploring the High Desert Museum. From river otters to rotating exhibits, there's always something new and exciting to see.

\$45.00 ID \$54.00 OD

Activity: [104803](#) - Opens Dec. 4

Sa: 9:30 am - 1:00 pm

Session: 1/20

Youth Snow Day

Ages: 10 - 17

District Office

Let's go play in the snow! We will join a U.S. Forest Service ranger-led snowshoe tour at Mt. Bachelor. This program is designed for youth with disabilities and their siblings or friends.

\$50.00 ID \$60.00 OD

Activity: [104804](#) - Opens Dec. 4

Sa: 11:30 am - 4:30 pm

Session: 2/10



Youth Night at Sun Mountain Fun Center

Ages: 7 - 17

Sun Mountain Fun Center

Come enjoy a night of games with friends. After a round of bowling, we'll spend some time in the arcade. This program is designed for youth with disabilities, and their siblings or friends.

\$40.00 ID \$48.00 OD

Activity: [104800](#) - Opens Dec. 4

F: 6:00 - 7:45 pm

Session: 2/16

Youth Game & Activity Night

Ages: 7 - 17

District Office

Join us for an evening of crafts and games. Depending upon the weather, we may get outside for some games in Riverbend Park. This program is designed for youth with disabilities, and their siblings or friends.

\$30.00 ID \$36.00 OD

Activity: [104802](#) - Opens Dec. 4

F: 5:45 - 7:45 pm

Session: 3/1

Kids' Adventure Days

Ages: 6 - 12

District Office

Join us for an afternoon of adventure in and around Bend. Activities are weather-dependent, and may include accessible hiking, exploring state parks and visiting local farms. This program is designed for kids with disabilities and their siblings or friends.

\$45.00 ID \$54.00 OD

Activity: [104811](#) - Opens Dec. 4

Sa: 1:30 - 5:00 pm

Session: 3/9



TEEN THERAPEUTIC RECREATION

Teen Fitness

Ages: 13 - 18

Larkspur Community Center

Join a program focused on healthy lifestyles and habits. We will utilize the fitness center at Larkspur Community Center to exercise with friends. This program is designed for teens with disabilities and their siblings or friends.

\$25.00 ID \$30.00 OD

Activity: [104850](#) - Opens Dec. 4

M: 5:30 - 7:30 pm

Session: 1/29 3/4

F: 5:30 - 7:30 pm

Session: 2/23

Teen Adventure Club

Ages: 13 - 21

District Office

Looking for an exciting and active morning of adventure and fun with your friends? Join the Teen Adventure Club. Come enjoy games, field trips around Central Oregon, community events and much more. Activities are dependent on the weather. This program is designed for teens with disabilities and their siblings or friends.

\$45.00 ID \$54.00 OD

Activity: [104820](#) - Opens Dec. 4

Sa: 9:30 am - 1:00 pm

Session: 3/9

ADULT THERAPEUTIC RECREATION

Day Program: Community Outing

Ages: All Adults

Norton Avenue Apts

Join us for this daytime program designed for adults who are not working at this time of day and would enjoy getting out in the community. Activities could include an outdoor adventure, going to the library or museum or visiting other local attractions.

\$120.00 ID \$144.00 OD

Activity: [104315](#) - Opens Dec. 4

F: 9:30 am - 12:30 pm

Session: 1/5 - 26 2/2 - 23

3/1 - 22

Community Contributions

Ages: All Adults

Norton Avenue Apts

Let's take some time to give back to the Bend community. We will either volunteer at an organization or business in town, or use our artistic skills to create gifts to donate somewhere in need.

\$30.00 ID \$36.00 OD

Activity: [104515](#) - Opens Dec. 4

Sa: 10:00 am - 1:00 pm

Session: 2/3

Oregon Winterfest

Ages: All Adults

Norton Avenue Apts

Join us as we explore the fun and festivities at Oregon Winterfest at the Deschutes County Fair and Expo Center in Redmond.

\$55.00 ID \$66.00 OD

Activity: [104501](#) - Opens Dec. 4

Sa: 10:00 am - 3:00 pm

Session: 2/17

Mania: The ABBA Tribute NEW

Ages: All Adults
Norton Avenue Apts

Mania: The ABBA Tribute theater production has been delighting audiences of all ages since its formation in 1999. This spring, Mania will bring "Dancing Queen" and "Mamma Mia" to the Tower Theater. Don't miss this celebration of ABBA's hits!

\$75.00 ID \$90.00 OD
Activity: [104513](#) - Opens Dec. 4
Su: 6:00 - 10:30 pm
Session: 3/17

Arts & Crafts

Artistic Realism NEW

Ages: All Adults
Twin Knolls Trans

Let's challenge our artistic selves to create realistic, beautiful art! We may create drawings of pets, people, or food as realistically as possible!

\$85.00 ID \$102.00 OD
Activity: [104400](#) - Opens Dec. 4
W: 6:30 - 8:00 pm
Session: 1/3 - 24



Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.

Clay Creations NEW

Ages: All Adults
Twin Knolls Trans

Let's get our hands dirty, use our imaginations and create with clay. First, we will create while learning about clay-sculpting techniques, then we will fire and paint two projects.

\$85.00 ID \$102.00 OD
Activity: [104401](#) - Opens Dec. 4
W: 6:30 - 8:00 pm
Session: 1/31 - 2/21

Community Mural NEW

Ages: All Adults
Twin Knolls Trans

Let's combine our artistic efforts to create a beautiful mural to display in a special place for our artists.

\$85.00 ID \$102.00 OD
Activity: [104403](#) - Opens Dec. 4
W: 6:30 - 8:00 pm
Session: 2/28 - 3/20

Cooking & Baking

New Year, New Recipes

Ages: All Adults
Twin Knolls Trans

Let's kick off our new year and try out some new healthy and delicious recipes! Each week learn more about healthy habits and ingredients to create exciting dinners. Yum!

\$110.00 ID \$132.00 OD
Activity: [104301](#) - Opens Dec. 4
W: 4:30 - 6:30 pm
Session: 1/3 - 24



Winter in Italy Cooking Class NEW

Ages: All Adults
Twin Knolls Trans

Join us at the table for an Italian dinner where we will create and enjoy delicious pastas, pizzas and baguettes. Buon appetito!

\$110.00 ID \$132.00 OD
Activity: [104308](#) - Opens Dec. 4
W: 4:30 - 6:30 pm
Session: 1/31 - 2/21

Soups & Stews

Ages: All Adults
Twin Knolls Trans

Spring is coming, but there is still a chill in the air and no better time to make savory soups and hearty stews.

\$110.00 ID \$132.00 OD
Activity: [104310](#) - Opens Dec. 4
W: 4:30 - 6:30 pm
Session: 2/28 - 3/20

Fun & Games

Virtual Game Series NEW

Ages: All Adults
Norton Avenue Apts

From Just Dance to virtual obstacle courses we will jump into the world of virtual reality to have fun, exercise and compete against friends!

\$50.00 ID \$60.00 OD
Activity: [104111](#) - Opens Dec. 4
Th: 5:30 - 7:30 pm
Session: 1/4 - 25

Night at the Pool

Ages: All Adults
Norton Avenue Apts

Splash around with your friends! Come join us for an evening of open recreation swim and games at Larkspur Community Center.

\$20.00 ID \$24.00 OD
Activity: [104503](#) - Opens Dec. 4
F: 5:00 - 7:00 pm
Session: 1/26

Kahoot Trivia

Ages: All Adults
Norton Avenue Apts

Competition will be fierce as we test our trivia skills with fun and engaging activities in the game of Kahoot! Trivia questions may range from Disney to pop culture.

\$50.00 ID \$60.00 OD
Activity: [104115](#) - Opens Dec. 4
Th: 5:30 - 7:30 pm
Session: 2/1 - 22

Afternoon at the Pool

Ages: 16 & up
Juniper Swim & Fitness Center

It may be cold outside, but we can still make a splash at the warm indoor pool! We will join the Recreation Swim time at Juniper Swim and Fitness Center.

\$30.00 ID \$36.00 OD
Activity: [104300](#) - Opens Dec. 4
Sa: 1:00 - 3:30 pm
Session: 2/3



Outdoors

Saturday Adventure

Ages: All Adults

Norton Avenue Apts

Join us for an outing with friends in or around Bend. The outing will be determined based on the weather, but it will certainly be active and scenic. Saturdays have never been so much fun!

\$45.00 ID \$54.00 OD

Activity: [104700](#) - Opens Dec. 4

Sa: 10:00 am - 4:00 pm

Session: 1/6

Ski for Life With OAS

Ages: All Adults

Norton Avenue Apts

Bring on the winter adventures! Try this adventurous offering with partner Oregon Adaptive Sports for OAS's Ski for Life program. OAS provides life-changing outdoor recreation experiences to individuals with disabilities. Through skiing and snowboarding, participants gain confidence, build self-esteem and strive for independence leading to an enhanced quality of life. This program is for adults with developmental or intellectual disabilities. Transportation provided by BPRD and ski/snowboard equipment by OAS.

\$150.00 ID \$180.00 OD

Activity: [104316](#) - Opens Dec. 4

M: 8:30 am - 1:30 pm

Session: 1/8 - 29 2/5 - 26

Snowshoeing

Ages: All Adults

Norton Avenue Apts

Dress warm and get ready to have the best time snowshoeing with friends. We will join a U.S. Forest Service ranger led tour at Mt. Bachelor. Snowshoes will be provided; you bring the smiles.

\$40.00 ID \$48.00 OD

Activity: [104704](#) - Opens Dec. 4

Sa: 11:30 am - 4:00 pm

Session: 1/27



Sports & Fitness

Fitness Fun

Ages: All Adults

Norton Avenue Apts

Try out different fitness activities as you challenge yourself to reach your personal fitness goals. With a focus on fun and camaraderie, we will use the fitness center, try workouts, learn yoga basics and more.

\$65.00 ID \$78.00 OD

Activity: [104113](#) - Opens Dec. 4

Tu: 5:30 - 7:30 pm

Session: 1/2 - 2/6

Water Fitness NEW

Ages: All Adults

Norton Avenue Apts

There is no better time than a Monday night to get fit in the water at Juniper Swim and Fitness Center. Fitness has never been so fun. Each week we will try a different type of water fitness which may include lap swimming, water polo or aqua dance!

\$50.00 ID \$60.00 OD

Activity: [104114](#) - Opens Dec. 4

M: 5:30 - 7:30 pm

Session: 2/5 - 26

Indoor Sports NEW

Ages: All Adults

Norton Avenue Apts

This indoor sports class will challenge you to try something new! We will give four different sports a try which may include rock climbing, pickleball, bowling and swimming.

\$50.00 ID \$60.00 OD

Activity: [104104](#) - Opens Dec. 4

Tu: 5:30 - 7:30 pm

Session: 2/27 - 3/19



Moving to Music

Ages: All Adults

Norton Avenue Apts

Get ready to shake, shimmy and salsa your way to a healthier you! Dance away the afternoon with a fun, energetic blend of dance music. This is an easy and fun way to work out on your own or with friends.

\$60.00 ID \$72.00 OD

Activity: [104100](#) - Opens Dec. 4

Th: 6:15 - 7:45 pm

Session: 2/29 - 3/21



ACTIVITIES
FOR
AGES 5
& UNDER

play away

Discovery through play.

Play is the language of childhood. We provide exciting, enriched play experiences for young children that tickle their imaginations, encourage curiosity and allow for self expression.

Art & Clay

Clay Play **NEW**

Ages: 3 - 5 with Adult

Harmon Park Clay Studio

Squish, poke, roll, pull, create and play with clay! Discover beginning ceramics fundamentals in a fun, hands-on creative environment. Join us for play-based art explorations inspired by child-friendly themes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Gracie Sherrill

\$139.00 ID \$166.80 OD

Activity: [111126](#) - Opens Dec. 4

M: 9:00 - 10:00 am
- OR - 10:15 - 11:15 am

Session: 1/8 - 2/5
2/12 - 3/11 (no class 2/19)

Art StART

Ages: 2 - 5 with Adult

Larkspur Community Center

Inspire a love for art! Discover beginning art fundamentals and mediums in a fun, hands-on creative environment. Join us for play-based art explorations inspired by child-friendly themes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$85.00 ID \$102.00 OD

Activity: [111302](#) - Opens Dec. 4

Tu: 9:00 - 10:00 am
- OR - 10:30 - 11:30 am

Session: 1/9 - 30 2/13 - 3/5

W: 9:00 - 10:00 am
- OR - 10:30 - 11:30 am

Session: 1/10 - 31 2/14 - 3/6

Th: 9:00 - 10:00 am
- OR - 10:30 - 11:30 am

Session: 1/11 - 2/1 2/15 - 3/7

Art Play Group

Ages: 2 - 5 with Adult

Larkspur Community Center

Parents, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$25.00 ID \$30.00 OD

Activity: [111300](#) - Opens Dec. 4

F: 9:00 - 10:00 am
- OR - 10:30 - 11:30 am

Session: 1/12 1/26

2/9 2/23

3/8 3/22

PreClay

Ages: 3 - 5 with Adult

Harmon Park Clay Studio

This is a starter class for little artists to experience the wonders of clay. Children will squish, push, form, flatten and create a ceramic piece and decorate it with bright-colored glazes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Helen Bommarito.

\$22.00 ID \$26.40 OD

Activity: [111304](#) - Opens Dec. 4

F: 9:45 - 10:45 am

Session:	1/19	1/26
	2/9	2/16
	2/23	3/1
	3/8	3/22

With A Child: Fun With Clay

Ages: 5 - 14 with Adult

Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques, and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD

Activity: [111510](#) - Opens Dec. 4

Sa: 10:00 am - 12:00 pm
- OR - 12:30 - 2:30 pm

Session: 1/6 - Mini Food Plate
1/13 - Tiny Homes
1/20 - Animal Bowls
1/27 - Valentine Heart Bowls
2/3 - Valentine Mugs
2/10 - Dragons
2/17 - Unicorns
2/24 - Garden Gnomes
3/2 - Shamrock Bowls
3/9 - Bird House
3/16 - Spring Mugs
3/23 - Flowers

NO
SCHOOL

M: 10:00 am - 12:00 pm
- OR - 12:30 - 2:30 pm

Session: 1/15 - Crazy Creatures
2/19 - Flower Pots



Dance

Happy Hip Hop

Ages: 5 - 7

Academie De Ballet

Come and learn the latest dance style of today's top choreographers. Utilizing moves from street dance, breaking, popping, locking and freestyle and incorporating them into a vibrant dance combination that expresses your individuality.

\$225.00 ID \$270.00 OD

Activity: [106572](#) - Opens Dec. 4

W: 2:45 - 3:30 pm

Session: 1/3 - 3/20

**Look for
With A Child
classes:**

**Art, page 17,
Cooking, pages 10 - 11.**

**Participation in "With
A Child" programs
is welcomed for
parents, guardians,
grandparents, aunts,
uncles, friends,
neighbors, Big
Brothers, Big Sisters
and more.**

Come Dance With Me

Age: 4

Academie De Ballet

Little budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Learn jumps, leaps and feet movement in an imaginary setting. Dress code is required; contact studio for more information. Learn more at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/

\$234.00 ID \$280.80 OD

Activity: [106570](#) - Opens Dec. 4

Sa: 9:40 - 10:15 am

Session: 1/6 - 3/23

Born to Dance

Age: 3

Academie De Ballet

Little ones will travel to the zoo, the sea or maybe the moon - it could be anywhere in this creative dance class! Budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Parents are able to sit in class with their dancer. Dress code is required; contact studio for more information. Learn more at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/

\$189.00 ID \$226.80 OD

Activity: [106573](#) - Opens Dec. 4

Sa: 9:30 - 10:00 am

Session: 1/6 - 3/23

Preschool

Busy Buddies Preschool Registration

Ages: 3 - 5

**Juniper Swim
& Fitness Center**

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar. This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided. Note: No prior swimming experience necessary. Children must be potty-trained. Registration opened in May.

Limited availability - Register if any openings or sign up on wait list if the program is full. This program began in September and the registration fee holds your spot until the start of the following month.

Fees are \$20.00 ID/OD non-refundable registration fee due at time of enrollment and monthly fee of \$240.00 ID / \$280.00 OD which is due the 5th of every month. You can register for multiple sessions per week if you choose.

\$20.00 ID \$24.00 OD

Activity: [405601](#) - Open now

M/W: 1:30 - 4:30 pm

Session: Now - 6/12

Tu/Th: 1:30 - 4:30 pm

Session: Now - 6/13

No school 1/15, 2/19 and 3/25 - 28, Spring Break.

Register at register.bendparksandrec.org • Winter registration opens December 4 - 6 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 72 - 73. • Park lists on pages 74 - 75.

Register in advance to sync with your workout Kids' Corner Childcare

Ages: 6 months - 5 years
Juniper Swim & Fitness Center

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, workout or just relax.



- Registration is strongly recommended.
- Registration includes four scheduled 75-minute visits per session at discounted rate. Fee is adjusted for three- or five-visit sessions.
- A visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits.
- Drop-ins welcome; space permitting.
- Hours: Monday - Friday, 9:00 - 10:15 am and 10:20 - 11:35 am.

Registration Childcare

TODDLER

Ages: 6 - 29 months.
Limited availability
\$30.00 ID \$36.00 OD / session
Activity: [105600](https://www.bendparksandrec.org/activities/105600) - Opens Dec. 4

PRESCHOOLER

Ages: 30 months
- 5 years old
\$25.00 ID \$30.00 OD / session
Activity: [105601](https://www.bendparksandrec.org/activities/105601) - Opens Dec. 4

Weekdays: 9:00 - 10:15 am
- OR - 10:20 - 11:35 am

Sessions:

M: 1/8 - 29 (No class on 1/15)
2/5 - 26 (No class on 2/19)
3/4 - 18
T: 1/2 - 20 2/6 - 27
3/5 - 19
W: 1/3 - 31 2/7 - 28
3/6 - 20
Th: 1/4 - 25 2/1 - 29
3/7 - 21
F: 1/5 - 26 2/2 - 23
3/1 - 22

Drop-in Childcare

*Available if space allows.
Call 541-706-6191 for availability.*

TODDLER

Ages: 6 - 29 months.
Limited availability
\$9.00 ID \$10.80 OD
per visit up to 75 minutes.

PRESCHOOLER

Ages: 30 months
- 5 years old
\$7.50 ID \$9.00 OD
per visit up to 75 minutes.

Weekdays: 9:00 - 10:15 am
- OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at [bendparksandrec.org/fitness-swim/](https://www.bendparksandrec.org/fitness-swim/)



Fantasy Ballet

Ages: 5 - 6
Academie De Ballet

Children are delighted to dance through all of the magical places while using their newly learned ballet steps. This fantasy-themed ballet class is designed to cultivate your child's creativity, individuality, and artistry while discovering ballet terminology and culture of discipline. Dress code is required. Contact the studio for more information at [abcend.com/petites-etoiles/petites-etoiles-uniform-guide/](https://www.bendparksandrec.org/activities/106582)

\$234.00 ID \$280.80 OD
Activity: [106582](https://www.bendparksandrec.org/activities/106582) - Opens Dec. 4
Sa: 10:10 - 10:55 am
Session: 1/6 - 3/23

Martial Arts

Intro to Lil' Dragons

Ages: 4 - 6
Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence and teamwork as well as develop motor skills.

\$89.00 ID \$106.80 OD
Activity: [106750](https://www.bendparksandrec.org/activities/106750) - Opens Dec. 4
M/W: 3:20 - 3:50 pm
Session: 1/8 - 31 2/5 - 28
3/4 - 2
(adj. fee \$66.75 ID \$80.10 OD)

Children's Ki Aikido

Ages: 5 - 14
Oregon Ki Society

By helping to cultivate good habits at an early age, the practices of Japanese martial arts, Ki-Aikido and Ki Development, offer children a foundation that can help prepare them for a lifetime of positive growth. While children's bodies are growing so are their minds, so we aim to develop them together in Ki's physically active and cooperative learning environment. The goal is that as children grow, they learn to apply these lessons to many of life's activities - school, play, sports and relationships.

\$90.00 ID \$108.00 OD
Activity: [106758](https://www.bendparksandrec.org/activities/106758) - Opens Dec. 4
Tu/Th: 5:30 - 6:30 pm
Session: 1/9 - 2/15 2/20 - 3/21

Looking for no-school day camp for a 5 year old?

Look at Operation
Recreation and other
camps page 35.

For more information, call 541-389-7275 or visit [bendparksandrec.org](https://www.bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Performing Arts

With A Child: Acting Wild NEW

Ages: 5 - 15 with Adult

Larkspur Community Center

A captivating drama workshop designed for children and adults to discover the art of embodying animals on stage. Together, you'll explore the world of theater, learning how to bring the natural world to life through expressive acting and movement. The fee includes one child and one required accompanying adult. Please only register the child.

\$70.00 ID \$84.00 OD

Activity: [106225](#) - Opens Dec. 4

Sa: 10:00 - 11:30 am

Session: 1/13 2/3
 3/2

Drama Discovery

Ages: 5 - 7

Larkspur Community Center

An exciting drama class guiding young students through an immersive exploration of the fundamentals of acting, storytelling, and theatrical expression. Each session is designed to be stand-alone or can be taken consecutively. Instructor: Jana Mohr.

\$60.00 ID \$72.00 OD

Activity: [106222](#) - Opens Dec. 4

Tu: 3:00 - 4:00 pm

Session: 1/23 - 2/13 2/27 - 3/19

More programs for little guys & gals at:

Afterschool & No-school
Camps, pages 32 - 35

Art, pages 43 - 45

Martial Arts, page 47

Sports, pages 46 - 53

Swimming, pages 55 - 59

Science & Technology

FunWorks Intro to Art of Flight NO SCHOOL

Ages: 5 - 6

Elk Meadow Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each student builds, modifies, decorates and takes home all projects. Paper airplanes, glider airplanes and a water rocket are just a few of the exciting projects built during camp. All aircraft are artistically customized with stickers and pens by students.

\$225.00 ID \$270.00 OD

Activity: [106143](#) - Opens Dec. 4

M-F: 9:00 am - 12:00 pm

Session: 3/25 - 29

Fun Works Intro to Engineering/ STEAM With LEGO NO SCHOOL

Ages: 5 - 6

Elk Meadow Elementary

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. Every project is built step-by-step by students with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear-drive electric vehicle, a belt-drive motorcycle, a monorail and a mosaic art project are just a few of the fun, exciting, educational projects built at camp.

\$225.00 ID \$270.00 OD

Activity: [106651](#) - Opens Dec. 4

M-F: 9:00 am - 12:00 pm

Session: 3/25 - 29



AFTERSCHOOL
& NO-SCHOOL
ACTIVITIES
PAGES 32 - 40



kididin' around

ENRICHMENT

WEDNESDAYS

Learn + play.

“Play is often talked about as it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood.”
- Fred Rogers, aka Mister Rogers

Play is the focus of youth activities whether it's crafts, dance or science. Because if you're having fun, then discovery and development come easy!

At Your School

Grades: K - 5

Make Wednesday afternoons into something special! Register your child to experience and learn something new such as science, arts, dance, Spanish, robotics, animal habitats, and more!

\$120.00 ID \$144.00 OD

W: 12:45 - 2:15 pm

Sessions: 1/3 - 2/7
2/14 - 3/20

BEAR CREEK ELEMENTARY

Grades: K - 5

All Programs: [406601](#) - Open Dec. 4

Experiment With Art

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 1/3 - 2/7

Ready to Thrive STEM & Spanish

A combination of Spanish and STEM (Science, Technology, Engineering, Mathematics) which provide the tools to enrich the overall development of your child in a fun and creative environment.

Session: 2/14 - 3/20

ELK MEADOW ELEMENTARY

Grades: K - 5

All Programs: [406603](#) - Open Dec. 4

Happy Habits Fun & Fitness Class

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. Kids are getting exercise, having fun and building strength of character.

Session: 1/3 - 2/7

Cultural Dance

This enriching journey in dance, music, and culture follows the legendary trail of nomadic people across India, Central Asia, -Persia, Arabia, North Africa and Spain. Class is focused on dance training, and we'll also look at the world map, listen to a variety of music styles, and enjoy traditional costumes from the instructor's international travels and dance studies. This class promises to be fun, dynamic, experimental and memorable!

Session: 2/14 - 3/20

ENRICHMENT WEDNESDAYS

At Your School

Grades: K - 5

Make Wednesday afternoons into something special! Register your child to experience and learn something new such as science, arts, dance, Spanish, robotics, animal habitats, and more!

\$120.00 ID \$144.00 OD

W: 12:45 - 2:15 pm

Sessions: 1/3 - 2/7
2/14 - 3/20



HIGH LAKES ELEMENTARY

Grades: K - 5

All Programs: [406605](#) - Open Dec. 4

Creative Writing

Do you love reading or writing stories? Let your imagination take flight in this dynamic story program. Through games, art, puppets, theater, reading and writing, we will explore the incredible world of storytelling while also having a whole lot of fun! Learn to create fantastic, interesting characters, design the perfect story setting and figure out how to craft an exciting plot that creates conflict and offers satisfying resolution. Beyond just writing, expect to be creating and collaborating with your peers in a supportive environment.

Session: 1/3 - 2/7

Experiment With Art

Try your hand at a variety of art mediums and see which you like the best! Learn new techniques and bring home some incredible art projects.

Session: 2/14 - 3/20

HIGHLAND ELEMENTARY

Grades: K - 5

All Programs: [406606](#) - Open Dec. 4

STEM LEGO® With FunWorks Engineering

Grades: 1 - 5

Children are introduced to engineering concepts focused on building skills and techniques. Every project built is modified and customized by students and makes fun No. 1! LEGO® motorized gear-drive cars, airplanes and monorail are just a few of the amazing projects.

Session: 1/3 - 2/7

Intro to Japanese Culture

Every week, students will learn about Japanese animation and practice simple Japanese phrases. Playing with origami and learning about Japanese pop culture, students will be introduced to Japanese history and traditional culture.

Session: 2/14 - 3/20

JEWELL ELEMENTARY

Grades: K - 5

All Programs: [406607](#) - Open Dec. 4

Fun, Funky, Fresh Dance

Have fun and get some energy out by moving and grooving to music and expressing yourself through dance. We'll also integrate dance games like the limbo, freeze dance, dance teacher and more!

Session: 1/3 - 2/7

Happy Habits Fun & Fitness Class

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. Kids are getting exercise, having fun and building strength of character.

Session: 2/14 - 3/20

JUNIPER ELEMENTARY

Grades: K - 5

All Programs: [406608](#) - Open Dec. 4

Cultural Dance

This enriching journey in dance, music, and culture follows the legendary trail of nomadic people across India, Central Asia, Persia, Arabia, North Africa and Spain. Class is focused on dance training, and we'll also look at the world map, listen to a variety of music styles, and enjoy traditional costumes from the instructor's international travels and dance studies. This class promises to be fun, dynamic, experimental and memorable!

Session: 1/3 - 2/7

STEM LEGO® With FunWorks Engineering

Grades: 1 - 5

Children are introduced to engineering concepts focused on building skills and techniques. Every project built is modified and customized by students and makes fun No. 1! LEGO® motorized gear-drive cars, airplanes and monorail are just a few of the amazing projects.

Session: 2/14 - 3/20

ENRICHMENT WEDNESDAYS

YOUTH ACTIVITIES

At Your School

Grades: K - 5

Make Wednesday afternoons into something special! Register your child to experience and learn something new such as science, arts, dance, Spanish, robotics, animal habitats, and more!

\$120.00 ID \$144.00 OD

W: 12:45 - 2:15 pm

Sessions: 1/3 - 2/7
2/14 - 3/20



MILLER ELEMENTARY

Grades: K - 5

All Programs: [406610](#) - Open Dec. 4

Happy Habits Fun & Fitness Class

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. Kids are getting exercise, having fun and building strength of character.

Session: 1/3 - 2/7

Experiment With Art

Try your hand at a variety of art mediums and see which you like the best! Learn new techniques and bring home some incredible art projects.

Session: 2/14 - 3/20

PINE RIDGE ELEMENTARY

Grades: K - 5

All Programs: [406611](#) - Open Dec. 4

Intro to Japanese Culture

Every week, students will learn about Japanese animation and practice simple Japanese phrases. Playing with origami and learning about Japanese pop culture, students will be introduced to Japanese history and traditional culture.

Session: 1/3 - 2/7

Creative Writing

Do you love reading or writing stories? Let your imagination take flight in this dynamic story program. Through games, art, puppets, theater, reading and writing, we will explore the incredible world of storytelling while also having a whole lot of fun! Learn to create fantastic, interesting characters, design the perfect story setting and figure out how to craft an exciting plot that creates conflict and offers satisfying resolution. Beyond just writing, expect to be creating and collaborating with your peers in a supportive environment.

Session: 2/14 - 3/20

PONDEROSA ELEMENTARY

Grades: K - 5

All Programs: [406612](#) - Open Dec. 4

Experiment With Art

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 1/3 - 2/7

Fun, Funky, Fresh Dance

Have fun and get some energy out by moving and grooving to music and expressing yourself through dance. We'll also integrate dance games like the limbo, freeze dance, dance teacher and more!

Session: 2/14 - 3/20

NORTH STAR ELEMENTARY

Grades: K - 5

All Programs: [406614](#) - Open Dec. 4

Ready to Thrive STEM & Spanish

A combination of Spanish and STEM (Science, Technology, Engineering, Mathematics) which provide the tools to enrich the overall development of your child in a fun and creative environment.

Session: 1/3 - 2/7

Happy Habits Fun & Fitness Class

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. Kids are getting exercise, having fun and building strength of character.

Session: 2/14 - 3/20



No School Days

Westside Village Camp

NO SCHOOL

Ages: 5 - 14

Westside Village

Pack your no-school day with adventures and creative arts! Get moving with outdoor activities such as walking adventures within two miles of Westside Village Magnet School. Tap into your creative side with drama, music, dancing, drumming, ukulele, art projects, and cooking/baking. Campers should bring lunch each day.

Activity: [106510](#) - Opens Dec. 4

\$65.00 ID \$78.00 OD

M: 7:45 am - 5:00 pm

Session: 1/15 2/19

F: 7:45 am - 5:00 pm

Session: 2/2

\$259.00 ID \$310.80 OD

M-F: 7:45 am - 5:00 pm

Session: 3/25 - 29

For more
No School Day
programs:
Look for

NO SCHOOL

Samara No School Day Camp

NO SCHOOL NEW

Ages: 6 - 14

Samara Learning Center

A safe, positive, and supportive environment for campers to have fun social experiences. The day is filled with arts, crafts, games, and other fun activities.

\$46.00 ID \$55.20 OD

Activity: [106561](#) - Opens Dec. 4

F: 8:00 am - 12:30 pm

- OR - 12:30 - 5:00 pm

Session: 2/2

M: 8:00 am - 12:30 pm

- OR - 12:30 - 5:00 pm

Session: 3/25

Tu: 8:00 am - 12:30 pm

- OR - 12:30 - 5:00 pm

Session: 3/26

W: 8:00 am - 12:30 pm

- OR - 12:30 - 5:00 pm

Session: 3/27

Th: 8:00 am - 12:30 pm

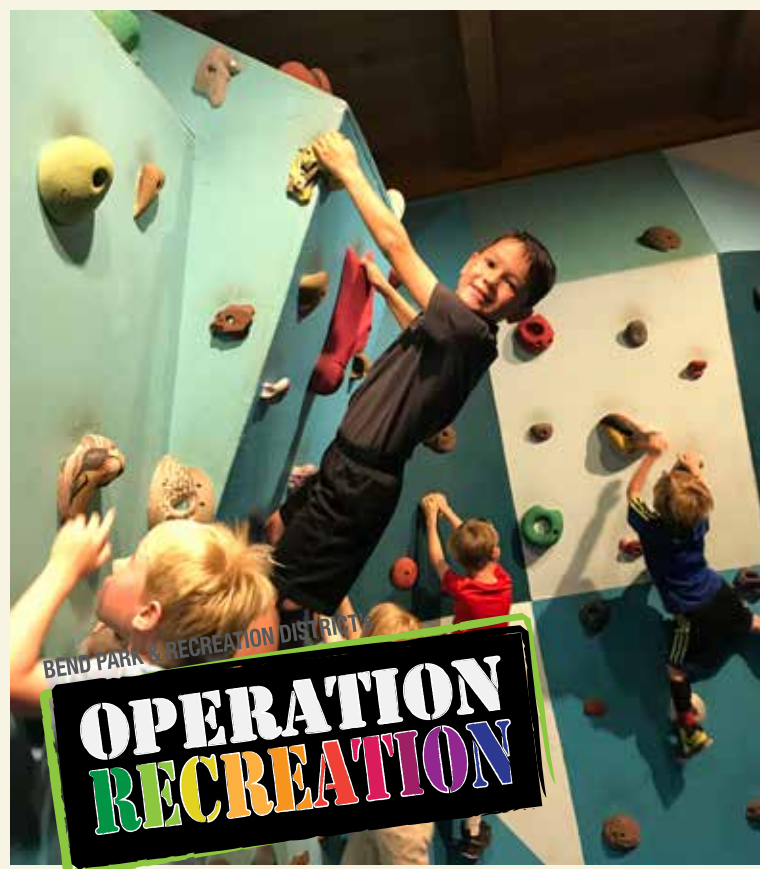
- OR - 12:30 - 5:00 pm

Session: 3/28

F: 8:00 am - 12:30 pm

- OR - 12:30 - 5:00 pm

Session: 3/29



No School Days

NO SCHOOL

Grades: K - 5

Buckingham & Silver Rail elementary schools

When school isn't in session, it's time to get the Operation going! Operation Recreation, that is! Serious fun that meets the serious needs of the working adult and the fun-seeking child, this program operates on non-school days for kindergarten through 5th grade. Children enjoy a variety of enrichment activities and daily field trips. Open to all elementary school children throughout the Bend-La Pine school district.

KIDS Inc. Participants: If you're interested in this program, it requires a separate registration from KIDS Inc.

Activity: [107400](#)

Daily: 7:30 am - 5:30 pm

\$52.00 ID \$62.40 OD

F: 7:30 am - 5:30 pm

Session: 2/2

\$259.00 ID \$310.80 OD

M-F: 7:30 am - 5:30 pm

Session: 3/25 - 29

Cooking & Baking

Beginners Baking 101 NEW

Ages: 7 - 12

Samara Learning Center

Samara's all-new four-week baking series will help your child become more creative, independent and helpful in the kitchen. Participating in a focused, small group setting, your young baker will receive encouraging instruction and enjoy a fun and messy hands-on baking experience - from mixing batter and rolling pie dough to decorating cupcakes and much more. Plus, your child will bring home tasty treats! All materials included.

\$146.00 ID \$175.20 OD

Activity: [106560](#) - Opens Dec. 4

W: 3:30 - 5:00 pm

Session: 1/10 - 31 2/7 - 28

Dance

Happy Hip Hop

Ages: 5 - 7

Academie De Ballet

Come and learn the latest dance style of today's top choreographers. Utilizing moves from street dance, breaking, popping, locking and freestyle and incorporating them into a vibrant dance combination that expresses your individuality.

\$225.00 ID \$270.00 OD

Activity: [106572](#) - Opens Dec. 4

W: 2:45 - 3:30 pm

Session: 1/3 - 3/20

With A Child Classes

Art on pages 17 - 18,
Cooking on pages 10 - 11,
Skating on page 48.

Come Dance With Me

Age: 4

Academie De Ballet

Little budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Learn jumps, leaps and feet movement in an imaginary setting. Dress code is required; contact studio for more information. Learn more at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/

\$234.00 ID \$280.80 OD

Activity: [106570](#) - Opens Dec. 4

Sa: 9:40 - 10:15 am

Session: 1/6 - 3/23



Born to Dance

Age: 3

Academie De Ballet

Little ones will travel to the zoo, the sea or maybe the moon - it could be anywhere in this creative dance class! Budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Parents are able to sit in class with their dancer. Dress code is required; contact studio for more information. Learn more at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/

\$189.00 ID \$226.80 OD

Activity: [106573](#) - Opens Dec. 4

Sa: 9:30 - 10:00 am

Session: 1/6 - 3/23

Fantasy Ballet

Ages: 5 - 6

Academie De Ballet

Children are delighted to dance through all of the magical places while using their newly learned ballet steps. This fantasy-themed ballet class is designed to cultivate your child's creativity, individuality, and artistry while discovering ballet terminology and culture of discipline. Dress code is required. Contact the studio for more information at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/.

\$234.00 ID \$280.80 OD

Activity: [106582](#) - Opens Dec. 4

Sa: 10:10 - 10:55 am

Session: 1/6 - 3/23



Kids Beaded Earrings

Ages: 12 - 17

DIYcave

In this two-hour workshop, students will learn to make two to three pairs of earrings using wire and glass/metal/stones. This is a wonderful project for young makers because it introduces them to the joy of jewelry-making and helps them create something tangible that they can be proud of. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$79.00 ID \$94.80 OD

Activity: [106159](#) - Opens Dec. 4

W: 4:00 - 6:00 pm

Session: 1/3 2/7
3/6

DIY & Crafts

Kids Welding

Ages: 10 - 17

DIYcave

In this hands-on class, kids will cut steel with a torch and weld those pieces back together. They'll learn some amazing skills and take their creations home. This can be a powerful experience and it won't soon be forgotten! Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$89.00 ID \$106.80 OD

Activity: [106151](#) - Opens Dec. 4

M: 1:00 - 3:00 pm NO SCHOOL

Session: 1/15 2/19

W: 4:00 - 6:00 pm

Session: 1/3 2/7
3/6

KIDS INC
bend park & recreation district

Afterschool Programs

Grades: K - 5

Located at your school

KIDS Inc. is currently accepting applications for the waitlist.

Look for more information at bendparksandrec.org/childcare.

For more information, call 541-389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Sheet Metal Art

Ages: 10 - 17

DIYcave

Learn how to use a torch to cut creative forms from sheet metal. Hammer the artwork into shape and braze on a hook to display it. This exciting class provides a great introduction to the world of metal art and sculpture. Beginners and intermediate beginners including repeat participants are welcome and will progress in skill level. All materials included.

\$89.00 ID \$106.80 OD

Activity: [106155](#) - Opens Dec. 4

Tu: 6:00 - 8:00 pm

Session: 1/9 2/13
 3/12



Kids Intro to Mosaic

NEW

Ages: 9 - 17

DIYcave

Learn the basics of mosaic and create a one-of-a-kind piece of art to adorn your own home or to give as a gift. After learning how to use nippers to shape pieces of glass to fit a design of their choosing, students will adhere the pieces to a pre-cut base then grout and fix with a hook. Art will dry overnight and can be picked up the next day, ready to hang and show off. The primary material will be stained glass which will all be provided, but students are encouraged to bring other trinkets and treasures to incorporate into their projects like jewelry, stones, beads, etc. Including special items is what makes mosaic art unique. Repeat participants are welcome and will progress in skill level.

\$69.00 ID \$82.80 OD

Activity: [106158](#) - Opens Dec. 4

W: 4:00 - 6:00 pm

Session: 1/17 2/21
 3/20

Kids Woodworking

Ages: 11 - 17

DIYcave

In this two-day workshop, kids will have an outlet for their creativity and tackle design challenges using technical problem-solving skills and mathematics to design and craft something special. Kids will focus on design, measurement, and layout techniques while gaining experience with power tools such as the miter saw, drill press, palm and drum sanders, router and various hand tools. This is a wonderful program for young makers, introducing them to the joy of woodworking and the pride of creating something with their own hands. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$189.00 ID \$226.80 OD

Activity: [106152](#) - Opens Dec. 4

Tu-W: 4:00 - 6:00 pm

Session: 1/30 - 31

Tu-W: 4:00 - 6:00 pm

Session: 2/27 - 28 3/26 - 27

Intro to 3D Printing

Ages: 9 - 17

DIYcave

Are you curious about exactly how something gets from an idea to a real-world object? This class will cover everything from how a 3D printer works to creating and printing out custom designs. You will be directed to the proper software to add to your own computer for future self-learning too. Beginners and intermediate beginners including repeat participants are welcome and will progress in skill level. All materials and tools included.

\$99.00 ID \$118.80 OD

Activity: [106153](#) - Opens Dec. 4

W: 3:30 - 6:30 pm

Session: 1/3 1/17
 2/7 2/21
 3/6 3/20

Intermediate 3D Printing

NEW

Ages: 10 - 17

DIYcave

Are you ready to advance yourself and become a more independent 3D printer? Join this class to learn how to measure and interact with real-world objects, design precisely and express creatively with your own piece of tiled art. You'll delve deeper into the slicer and 3D design and become more capable of hands-on 3D printer usage. After taking this class successfully, you will be certified to use the 3D printer at DIYcave on your own. Repeat participants are welcome and will progress in skill level. All materials and tools are included. Prerequisite: Attendance to two or more sessions of Intro to 3D Printing class.

\$99.00 ID \$118.80 OD

Activity: [106154](#) - Opens Dec. 4

Su: 1:00 - 4:00 pm

Session: 1/14 2/11
 3/10

Look for Art classes in Youth Art

in Youth Art,
on pages 41 - 45.

Martial Arts & Scootering

in Youth Sports,
on pages 47 & 52.

Work for play!

View BPRD jobs available at
bendparksandrec.org/jobs



Upcycled Spring Crafts NEW

Ages: 9 - 14

Samara Learning Center

From making hanging flower pots to garden decor, this eco-trend class is all about creating your own unique style and art pieces from cast-offs. Have fun and be inspired by the myriad ways you can re-use unwanted stuff. We'll introduce you to fantastic ways to transform unwanted things into something a loved one can cherish. All supplies provided.

\$137.00 ID \$164.40 OD

Activity: [106563](#) - Opens Dec. 4

Th: 2:45 - 3:40 pm

Session: 2/15 - 29 3/7 - 21

Volunteer with kids!

Contact Kim at (541) 706-6127 for more information.

Teen Metal Shop Workshop NO SCHOOL NEW

Ages: 13 - 17

DIYcave

Let's create with metal! This fun, introductory course will guide you through the process of metal fabrication through creative exploration of the most commonly used tools in the metal shop. Come learn to metal inert gas/MIG weld, bandsaw and plasma cut, heat, form and shape with an oxy/acetylene torch, then apply that knowledge to create your own work of art. All materials and tools are included. Looking for a full-day creative shop experience for Spring Break? Combine with Wood Shop program, # [106161](#), for the afternoon.

\$399.00 ID \$478.80 OD

Activity: [106160](#) - Opens Dec. 4

M-Th: 9:00 am - 12:00 pm

Session: 3/25 - 28

Teen Wood Shop Workshop NO SCHOOL NEW

Ages: 13 - 17

DIYcave

Cut, carve, sand, create and more in the wood shop! This fun, introductory course will give you a solid foundation in woodworking techniques. You'll learn best practices for many tools in the woodshop including both power tools and hand tools, construction techniques and finishing applications. Participants will use the table saw, jointer, planer, drill press, bandsaw, track saw, disk sander and much more. All materials and tools are included. Looking for a full-day creative shop experience for Spring Break? Combine with Metal Shop program, # [106160](#), for the morning.

\$399.00 ID \$478.80 OD

Activity: [106161](#) - Opens Dec. 4

M-Th: 12:30 - 3:30 pm

Session: 3/25 - 28



Games

D.I.C.E. - Tabletop Role Play

Ages: 10 - 14

Samara Learning Center

Dungeon In Constant Engagement (D.I.C.E.) is a tabletop fantasy-based role-playing game where students will make characters and embark on an adventure guided by a game master. Participants will learn about character creation, story progression and collaboration while interacting with mystical beings, uncovering mysteries and overcoming obstacles both fantastic and mundane. Requires experience making characters and out-of-class time to create a new character at home. Student-to-teacher ratio will not exceed 5:1. This program is intended for beginner and intermediate students.

\$148.00 ID \$177.60 OD

Activity: [106566](#) - Opens Dec. 4

M: 4:15 - 5:45 pm

Session: 1/8 - 29 3/4 - 18
2/5 - 26

Tu: 4:15 - 5:45 pm

Session: 1/2 - 16 1/23 - 2/6
2/13 - 27 3/5 - 19

Th: 4:15 - 5:45 pm

Session: 1/4 - 18 1/25 - 2/8
2/15 - 29 3/7 - 21

Su: 1:00 - 2:30 pm

Session: 1/7 - 28 2/4 - 25
3/3 - 17

Performing Arts

Social Success Improv & Acting Class NEW

Ages: 9 - 14

Samara Learning Center

Improv and acting can help kids build and practice social skills while having a lot of fun! This class uses the hilarious approach of improv and acting for kids to develop and manage social interactions, learn how to pick up on cues, understand comic timing and more. These comedic activities can help create patterns for future use through one's life. The Social Success Improv and Acting Class is a collaboration between BEAT Children's Theater, Samara Learning Center and Amy Bordelon, LMFT.

\$145.00 ID \$174.00 OD

Activity: [106562](#) - Opens Dec. 4

M: 2:45 - 3:40 pm

Session: 1/8 - 3/18

With A Child classes:

Art on pages 17 - 18,
Cooking on pages 10 - 11,
Skating on page 48.

With A Child: Acting Wild NEW

Ages: 5 - 15

Larkspur Community Center

A captivating drama workshop designed for children and adults to discover the art of embodying animals on stage. Together, you'll explore the world of theater, learning how to bring the natural world to life through expressive acting and movement. The fee includes one child and one required accompanying adult. Please only register the child.

\$70.00 ID \$84.00 OD

Activity: [106225](#) - Opens Dec. 4

Sa: 10:00 - 11:30 am

Session: 1/13 2/3
3/2

My Drama Journey

Ages: 8 - 11

Larkspur Community Center

An exciting drama class guiding young students through an immersive exploration of the fundamentals of acting, storytelling, and theatrical expression. Each session is designed to be stand-alone or can be taken consecutively. Instructor: Jana Mohr.

\$60.00 ID \$72.00 OD

Activity: [106221](#) - Opens Dec. 4

M: 3:00 - 4:00 pm

Session: 1/22 - 2/12 2/26 - 3/18

Hello My Name is ____.

Ages: 11 - 14

Larkspur Community Center

An exciting drama class guiding young students through an immersive exploration of the fundamentals of acting, storytelling, and theatrical expression. Each session is designed to be stand-alone or can be taken consecutively. Instructor: Jana Mohr.

\$60.00 ID \$72.00 OD

Activity: [106223](#) - Opens Dec. 4

M: 4:30 - 5:30 pm

Session: 1/22 - 2/12 2/26 - 3/18

Drama Discovery

Ages: 5 - 7

Larkspur Community Center

An exciting drama class guiding young students through an immersive exploration of the fundamentals of acting, storytelling, and theatrical expression. Each session is designed to be stand-alone or can be taken consecutively. Instructor: Jana Mohr.

\$60.00 ID \$72.00 OD

Activity: [106222](#) - Opens Dec. 4

Tu: 3:00 - 4:00 pm

Session: 1/23 - 2/13 2/27 - 3/19

Expressive Ensemble

Ages: 14 - 17

Larkspur Community Center

An exciting drama class guiding young students through an immersive exploration of the fundamentals of acting, storytelling, and theatrical expression. Each session is designed to be stand-alone or can be taken consecutively. Instructor: Jana Mohr.

\$60.00 ID \$72.00 OD

Activity: [106224](#) - Opens Dec. 4

Tu: 4:30 - 6:30 pm

Session: 1/23 - 2/13 2/27 - 3/19

Paper Mache Puppets Show NEW

Ages: 9 - 14

Samara Learning Center

Create and perform! This paper mache theater class will teach you how to make paper mache puppets and props for a play and work in a team environment for performance. After developing a story and its paper mache characters, you will learn the performance and put on a show. Ta da! What fun!

\$238.00 ID \$285.60 OD

Activity: [106569](#) - Opens Dec. 4

Tu: 2:45 - 3:40 pm

Session: 2/6 - 3/19



Science & Technology

LEGO® Robotics With SPIKE App NEW

Ages: 10 - 17

DIYcave

In this intro workshop you will build and program robots using LEGO's educational SPIKE app kits. By workshop's end, students will have a solid foundation in LEGO robotics and be able to create, modify and control their own robotic creations. These workshops are a great first dive before DIYcave's series of robotics and 3D printing classes. Computers and robots will be provided for workshop's duration. No prior robotics or programming experience required. Basic familiarity with computers and technology is beneficial. Be prepared to engage in hands-on activities and work closely with fellow participants to explore the exciting world of LEGO robotics! Repeat participants are welcome and will progress in skill level. All materials included.

\$69.00 ID \$82.80 OD

Activity: [106157](#) - Opens Dec. 4

W: 4:00 - 5:30 pm

Session: 1/10 1/24
2/14 2/28
3/13 3/27





Coding Class

Ages: 8 - 12

**Sylvan Learning Center
Northwest Crossing**

Investigate software engineering skills in this coding camp! Students learn to create their own programs, including games and interactive stories, and how to apply basic coding to solve problems. This course introduces students to life-long skills including logic, problem solving, collaboration, advanced coding skills, and, of course, fun!

\$195.00 ID \$234.00 OD

Activity: [106657](#) - Opens Dec. 4

W: 5:30 - 7:00 pm

Session: 1/10 - 2/14



Stop Motion Animation Filmmaking

Ages: 7 - 14

Samara Learning Center

Combining computer technology with a variety of materials such as LEGOs, clay, paint, hot glue and green screens, filmmakers will construct miniature sets, characters, stories and vignettes reflective of their imaginations. From brainstorming to the final edit, students will be taught stop-motion animation techniques and story-telling strategies necessary to produce original, short, animated movies. Emphasis will be put on the step-by-step creative process as practiced in professional creative fields.

\$287.00 ID \$344.40 OD

Activity: [106567](#) - Opens Dec. 4

Ages: 7 - 11

W: 1:30 - 3:00 pm

Ages: 9 - 14

W: 3:30 - 5:00 pm

Session: 1/10 - 3/6

STEAM

Workshop

Ages: 6 - 12

**Sylvan Learning Center
Northwest Crossing**

Sylvan™'s newest camp, this no-school workshop incorporates digital art into the fan-favorite robotics and engineering courses our students love! Explore the STEAM world with all-new seasonal projects in every class. Students will use and develop their creativity and problem-solving skills to imagine, draw, build, innovate, engineer and troubleshoot robots that come to life. Students will use digital art, LEGO® robotics and additional interactive hands-on materials to tackle thematic engineering challenges. Grades: 1st- 5th. Bring a sack lunch and water bottle.

\$125.00 ID \$150.00 OD

Activity: [106655](#) - Opens Dec. 4

M: 9:30 am - 2:30 pm

Session: 1/15 2/19



FunWorks Intro to Art of Flight

Ages: 5 - 6

Elk Meadow Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each student builds, modifies, decorates and takes home all projects. Paper airplanes, glider airplanes and a water rocket are just a few of the exciting projects built during camp. All aircraft are artistically customized with stickers and pens by students.

\$225.00 ID \$270.00 OD

Activity: [106143](#) - Opens Dec. 4

M-F: 9:00 am - 12:00 pm

Session: 3/25 - 29

FunWorks Art of Flight

Ages: 7 - 12

Elk Meadow Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each student builds, modifies, decorates and takes home all projects. All aircraft are artistically customized with stickers and pens by students. Motorized paper airplanes, glider airplanes and a solid fuel rocket are just a few of the exciting projects built during camp.

\$225.00 ID \$270.00 OD

Activity: [106142](#) - Opens Dec. 4

M-F: 1:00 - 4:00 pm

Session: 3/25 - 29

Fun Works Intro to Engineering/STEAM With LEGO

Ages: 5 - 6

Elk Meadow Elementary

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. . Every project is built step-by-step by students with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear-drive electric vehicle, a belt-drive motorcycle, a monorail and a mosaic art project are just a few of the fun, exciting, educational projects built at camp.

\$225.00 ID \$270.00 OD

Activity: [106651](#) - Opens Dec. 4

M-F: 9:00 am - 12:00 pm

Session: 3/25 - 29

Fun Works Engineering/STEAM With LEGO

Ages: 7 - 11

Elk Meadow Elementary

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. This program is similar to the Intro program with additional projects added that are more advanced and challenging to build. All projects may be modified and decorated while playing. Students use imagination, experimentation and trial and error - all part of being an engineer. An advanced robot walker, an inchworm vehicle are just a few of the fun, exciting, educational projects built at camp.

\$225.00 ID \$270.00 OD

Activity: [106652](#) - Opens Dec. 4

M-F: 1:00 - 4:00 pm

Session: 3/25 - 29

LET'S
GET ARTSY!
.....
**PRINTING
CLASSES**
.....
PAGE 43

play your way

Clay

Kooky Clay Creations

Ages: 6 - 12

Harmon Park Clay Studio

Construct kooky characters and wild creatures. Base your projects on real animals or craft your own distinctive creatures. Focus on using your imagination while learning about techniques to sculpt with clay. Imagination is mandatory! Instructor: Cat Melone.

\$119.00 ID \$142.80 OD

Activity: [111200](#) - Opens Dec. 4

F: 3:00 - 5:00 pm

Session: 1/19 - 2/9 2/23 - 3/15



Youth Wheel Throwing

Ages: 7 - 14

Harmon Park Clay Studio

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Harmon Clay Studio Staff.

\$139.00 ID \$166.80 OD

Activity: [111202](#) - Opens Dec. 4

M: 3:30 - 5:30 pm

Session: 1/22 - 2/12 2/26 - 3/18

Tu: 3:30 - 5:30 pm

Session: 1/23 - 2/13 2/27 - 3/19

Th: 3:30 - 5:30 pm

Session: 1/25 - 2/15 2/29 - 3/21

Home School Academy: Youth Wheel Throwing

Ages: 7 - 13

Harmon Park Clay Studio

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel-throwing practice, trimming and glazing. Small class sizes will allow one-on-one time with students to help improve their skills. Instructor: Hunter Teig.

\$139.00 ID \$166.80 OD

Activity: [111261](#) - Opens Dec. 4

M: 1:00 - 3:00 pm

Session: 1/22 - 2/12 2/26 - 3/18



creativity
equals
expression

Art allows each of us
to play and express
our unique thoughts
and individuality.

"I don't say
everything, but I
paint everything."
~ Pablo Picasso



Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit bendparksandrec.org/artstation to learn more.



Fun With Clay

Ages: 6 - 12

Harmon Park Clay Studio

Create something new each class, including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques, and glaze your pieces with bright colors. Instructor: Amanda Krammes

\$119.00 ID \$142.80 OD

Activity: [111216](#) - Opens Dec. 4

W: 3:30 - 5:30 pm

Session: 1/24 - 2/14 2/28 - 3/20

Drawing

Cartooning

Ages: 8 - 12

Larkspur Community Center

Become a cartoonist! Learn basic cartooning skills, draw using shape and volume and practice doodling amongst skills to build innovative and inventive cartoons. What a fun skill to have! Instructor: Carolyn Parker.

\$99.00 ID \$118.80 OD

Activity: [111209](#) - Opens Dec. 4

Tu: 3:30 - 5:30 pm

Session: 1/9 - 30 2/13 - 3/5

Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.

Multimedia

Let's Make An Installation

Ages: 7 - 12

Larkspur Community Center

Let's make an installation! What is installation art? A whole lot of fun! In this class you will learn a bit about the history of installation art and discover some famous installation artists and their work! You will design and build a model of your own dream installation and we will work together to build our own public art installation! Instructor Anastasia Zielinski.

\$129.00 ID \$154.80 OD

Activity: [111213](#) - Opens Dec. 4

Th: 3:30 - 5:30 pm

Session: 1/4 - 2/8

Th: 5:30 - 7:30 pm

Session: 3/28 - 4/25

Young Jewelers

Ages: 8 - 13

Larkspur Community Center

Learn beginner jewelry skills and make some razzle-dazzle to wear or share with friends. This class is designed for children that are interested in basic beading skills and jewelry design. Instructor: Anne Hunter.

\$95.00 ID \$114.00 OD

Activity: [111243](#) - Opens Dec. 4

M: 4:30 - 6:30 pm

Session: 1/8 - 29

Black Light Mixed Media NEW

Ages: 11 - 15

Larkspur Community Center

Experiment with pattern building and mark making as you play with a variety of mediums that illuminate under black light. The last class will include black light face painting. Each student will receive a mini blacklight flashlight and create multiple works of art. Instructor : Anne Hunter.

\$139.00 ID \$166.80 OD

Activity: [111207](#) - Opens Dec. 4

M: 4:30 - 6:30 pm

Session: 2/5 - 3/4 (no class 2/19)

Art-Rageous Camp NO SCHOOL

Ages: 6 - 11

Cascade Middle School

Discover your creative side! Each class may offer painting, pastels, drawing, clay, sculpture and mixed media. The possibilities are endless! Let's play and create in the studio. Instructor: Studio Staff.

\$259.00 ID \$310.80 OD

Activity: [111228](#) - Opens Dec. 4

M-Th: 9:00 am - 4:00 pm

Session: 3/25 - 28



Printmaking

Printmaking

Ages: 12 & up

Larkspur Community Center

Learn several different printmaking techniques that you can easily do at home! This class will introduce you to several types of printmaking methods. Discover how to create your own monotype prints, collagraph prints, linocut prints and reduction prints. Learn about color mixing and using pattern and texture to create unique designs that will be sure to impress. Instructor: Anastasia Zielinski.

\$169.00 ID \$202.80 OD

Activity: [111132](#) - Opens Dec. 4

Th: 6:00 - 8:00 pm

Session: 1/4 - 2/8



**LOOK FOR MORE
DIY & CRAFTS
IN YOUTH
ACTIVITIES**

on pages 36 - 38.

Art & The Young Child

Clay Play NEW

Ages: 3 - 5 with Adult

Harmon Park Clay Studio

Squish, poke, roll, pull, create and play with clay! Discover beginning ceramics fundamentals in a fun, hands-on creative environment. Join us for play-based art explorations inspired by child-friendly themes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Gracie Sherrill

\$139.00 ID \$166.80 OD

Activity: [111126](#) - Opens Dec. 4

M: 9:00 - 10:00 am

- OR - 10:15 - 11:15 am

Session: 1/8 - 2/5

2/12 - 3/11 (no class 2/19)

Art StART

Ages: 2 - 5 with Adult

Larkspur Community Center

Inspire a love for art! Discover beginning art fundamentals and mediums in a fun, hands-on creative environment. Join us for play-based art explorations inspired by child-friendly themes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$85.00 ID \$102.00 OD

Activity: [111302](#) - Opens Dec. 4

Tu: 9:00 - 10:00 am

- OR - 10:30 - 11:30 am

Session: 1/9 - 30 2/13 - 3/5

W: 9:00 - 10:00 am

- OR - 10:30 - 11:30 am

Session: 1/10 - 31 2/14 - 3/6

Th: 9:00 - 10:00 am

- OR - 10:30 - 11:30 am

Session: 1/11 - 2/1 2/15 - 3/7

Painting

Situation & Environment NEW Oil Painting

Ages: 12 & up

Larkspur Community Center

No painting experience is needed for this oil painting series. Explore composition and narrative by painting a human or animal figure, or multiple figures, in an environment. Scenes will be completed layer-by-layer as the instructor demonstrates and explains the painting process from initial compositional block-ins and establishing a value pattern, through the final finishing touches, allowing time for individual assistance and enjoying the practice of painting. Guidance on preparing a reference photo to paint from will be provided prior to class or students may choose to work from a provided reference image. Instructor: Stephen Teater.

\$169.00 ID \$202.80 OD

Activity: [111122](#) - Opens Dec. 4

Sa: 9:00 am - 12:00 pm

Session: 2/3 - 24

Paint Central Oregon Landscapes

Ages: 14 & up

Larkspur Community Center

No painting experience is needed for this all-ages, alcohol-free paint-and-sip-style painting series! In these two-hour classes, participating painters will be led step-by-step through a series of paintings inspired by well-known Central Oregon landmarks, using acrylic paint to complete one painting each week in this four-week series. Art basics like color, composition, texture, materials, the fundamentals of painting technique, and more will be introduced and discussed throughout the series in a fun, playful, and approachable manner as each artwork is made. If you've always wanted to begin painting but didn't know quite how to start, this is the class for you. Take one or more - each week is different. Instructor: Stephen Teater.

\$50.00 ID \$60.00 OD

Activity: [111121](#) - Opens Dec. 4

Sa: 9:00 - 11:00 am

Session: 3/2 3/9

3/16 3/23



Art Play Group

Ages: 2 - 5 with Adult
Larkspur Community Center

Parents, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$25.00 ID \$30.00 OD
 Activity: [111300](#) - Opens Dec. 4
F: 9:00 - 10:00 am
 - OR - 10:30 - 11:30 am
 Session: 1/12 1/26
 2/9 2/23
 3/8 3/22

PreClay

Ages: 3 - 5 with Adult
Harmon Park Clay Studio

This is a starter class for little artists to experience the wonders of clay. Children will squish, push, form, flatten and create a ceramic piece and decorate it with bright-colored glazes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$22.00 ID \$26.40 OD
 Activity: [111304](#) - Opens Dec. 4
F: 9:45 - 10:45 am
 Session: 1/19 1/26
 2/9 2/16
 2/23 3/1
 3/8 3/22

With A Child: Art

With A Child: Acrylic Pouring on Canvas

Ages: 6 - 15 with Adult
Larkspur Community Center
 Swirl, slip and slide acrylic paint across a canvas and create amazing results together. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD
 Activity: [111545](#) - Opens Dec. 4
Sa: 9:00 - 11:00 am
 Session: 1/6 1/13
 1/20 1/27

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.



With A Child: Fun With Clay

Ages: 5 - 14 with Adult
Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques, and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD
 Activity: [111510](#) - Opens Dec. 4
Sa: 10:00 am - 12:00 pm
 - OR - 12:30 - 2:30 pm
 Session: 1/6 - Mini Food Plate
 1/13 - Tiny Homes
 1/20 - Animal Bowls
 1/27 - Valentine Heart Bowls
 2/3 - Valentine Mugs
 2/10 - Dragons
 2/17 - Unicorns
 2/24 - Garden Gnomes
 3/2 - Shamrock Bowls
 3/9 - Bird House
 3/16 - Spring Mugs
 3/23 - Flowers
NO SCHOOL
M: 10:00 am - 12:00 pm
 - OR - 12:30 - 2:30 pm
 Session: 1/15 - Crazy Creatures
 2/19 - Flower Pots

With A Child: Mosaic Heart Trinket Tray

NEW

Ages: 7 - 12 with Adult

Larkspur Community Center

Mini heart trays are quick and fun to make! You can give one to your Valentine or be your own Valentine and keep to enjoy. Starting with a cement base, you'll add colorful glass in a design or pattern of your liking. Take the tray home to set up and the next day it'll be ready to show off. No experience necessary; all tools and materials supplied. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Jessica Carleton.

\$59.00 ID \$70.80 OD

Activity: [102438](#) - Opens Dec. 4

Sa: 3:00 - 4:00 pm

Session: 2/3

With A Child: Fun With Fused Glass

Ages: 6 - 12 with Adult

Larkspur Community Center

Come enjoy an afternoon with your young artist and make a fused glass piece of art. Try your creativity in designing with different shapes and color pieces to make the most of your seasonal decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity: [102416](#) - Opens Dec. 4

Sa: 1:30 - 3:00 pm

Session: 2/17 - Love Bugs
3/2 - Animals



With A Child: Paint Night

Ages: 6 - 12 with Adult

Larkspur Community Center

Enjoy a relaxing time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image and when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD

Activity: [102415](#) - Opens Dec. 4

Th: 5:30 - 7:30 pm

Session: 2/22 - Giraffe Love
3/21 - Cows



With A Child: NEW The Art of Shared Journaling

Ages: 8 - 12 with Adult

Larkspur Community Center

Start a special journal for you and your child to trade thoughts and feelings in a fun and easy format. Come learn about the practice of conversation-style journal writing, get started on your first written exchange, and decorate a physical notebook together to make it your own special shared diary. Notebooks will be provided. Please bring any photos or mementos you may wish to decorate your notebook cover with. The fee includes one child and one accompanying adult. Please only register the child. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [102285](#) - Opens Dec. 4

Sa: 1:30 - 3:00 pm

Session: 3/9

Look for With A Child classes:

Cooking, pages 10 - 11,

Skating, page 48.

Register at register.bendparksandrec.org • Winter registration opens December 4 - 6 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 72 - 73. • Park lists on pages 74 - 75.



Everybody wins.

Sports, whether team-based or individual, are a great activity for kids that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate kids to excel and develop social skills. With those benefits, everyone is a winner.

Baseball

Moment Athletics Winter Baseball Camp

Grades: 3 - 7

Bend FieldHouse

Let's get ready to play ball this spring! Aiming to improve your game skills and fitness, all activities will be organized in an inclusive, exciting way that creates maximum engagement for all participants. Moment Athletics is operated by former Summit High School head coach, CJ Colt. Bring your glove and water bottle.

\$89.00 ID \$106.80 OD

Activity: [103051](#) - Opens Dec. 4

W: 6:15 - 7:45 pm

Session: 1/24 - 2/14

**Work for play
at BPRD.**

Learn more at
bendparksandrec.org/jobs.

Basketball

COBO Youth NO SCHOOL Basketball Camps No School Days

Grades: 3 - 5

Pilot Butte Middle School

No school? Cool - come play ball! This camp is geared toward grade-level skills and is under the direction of former Mountain View head coach and COBO Director Craig Reid.

\$32.00 ID \$38.40 OD

Activity: [103055](#) - Opens Dec. 4

M: 9:00 - 11:30 am

Session: 1/15

F: 9:00 - 11:30 am

Session: 2/2 2/19



Flag Football

Xtreme Flag Football

Grades: 3 - 8

Summit High School

Join the Xtreme Flag Football team! Xtreme - meaning, we play no matter what! Snow, rain, wind, cold, no big deal! Lace up for three weeks of outdoor skills, drills and games under the lights. These non-contact training sessions allow players to advance their skills and have fun with friends. Designed for players of all ability levels; groups will be divided by grades 3 - 5 and grades 6 - 8.

\$99.00 ID \$118.80 OD

Activity: [103164](#) - Opens Dec. 4

Tu/Th: 5:30 - 6:45 pm

Session: 1/23 - 2/8



Martial Arts

Intro to Lil' Dragons

Ages: 4 - 6

Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence and teamwork as well as develop motor skills.

\$89.00 ID \$106.80 OD

Activity: [106750](#) - Opens Dec. 4

M/W: 3:20 - 3:50 pm

Session: 1/8 - 31 2/5 - 28
3/4 - 20 (adj. fee \$66.75 ID \$80.10 OD)

Beginning White Belt Karate

Ages: 6.5 - 12

Odyssey Martial Arts

Discover what martial arts is all about in this class designed for white belt beginners. Students will acquire control, focus, discipline, self-defense skills, confidence and respect, while learning karate techniques and having fun. Bring a water bottle and wear shoes. Wear comfortable clothing (no jeans) to the first class. Uniforms will be handed out at the end of the first class and required for all classes thereafter.

\$109.00 ID \$130.80 OD

Activity: [106751](#) - Opens Dec. 4

M/W: 3:55 - 4:40 pm

Session: 1/8 - 31 2/5 - 28
3/4 - 20 (adj. fee \$81.75 ID \$98.10 OD)

Youth & Teen Shorinji Kempo NEW

Larkspur Community Center

Experience training in Shorinji Kempo, a world class Japanese martial art, whose main purpose is to promote strength, balance, cooperation, and compassion. Founded by Doshin So in 1947, Shorinji Kempo is a discipline for the training the body and mind and is recognized as a life skill educational system. The techniques are dynamic yet pragmatic - designed for strengthening our bodies, protecting yourself, helping others, and improving people's lives. Together, we will learn foundational skills, which can be divided into three main pillars: Goho (technical elements focusing on basic blocking, striking, and kicking). Juho (technical elements focusing on body movement, dodging, footwork, releasing, escaping, and capturing). Seiho (basic healing techniques to help the body relax and recover). We will also pursue some purposeful philosophical elements so that we can be respectful, responsible, and positive members of the communities we live in. Instructor: Bruce Weinberg.

\$99.00 ID \$118.80 OD

Ages: 6.5 - 12

Activity: [106755](#) - Opens Dec. 4

M/W: 6:00 - 6:50 pm

Session: 1/8 - 2/5 2/12 - 3/11
3/18 - 4/10

Ages: 13 & up

Activity: [106756](#) - Opens Dec. 4

M/W: 7:00 - 7:50 pm

Session: 1/8 - 2/5 2/12 - 3/11
3/18 - 4/10

Children's Ki Aikido

Ages: 5 - 14

Oregon Ki Society

By helping to cultivate good habits at an early age, the practices of Japanese martial arts, Ki-Aikido and Ki Development, offer children a foundation that can help prepare them for a lifetime of positive growth. While children's bodies are growing so are their minds, so we aim to develop them together in Ki's physically active and cooperative learning environment. The goal is that as children grow, they learn to apply these lessons to many of life's activities - school, play, sports and relationships.

\$90.00 ID \$108.00 OD

Activity: [106758](#) - Opens Dec. 4

Tu/Th: 5:30 - 6:30 pm

Session: 1/9 - 2/15 2/20 - 3/21



Spring Youth Lacrosse League

Grades: 1 - 8

Locations to be determined

It's no wonder why lacrosse is so popular - it's exciting, fast-paced, and great fun. A wonderful off-season complement to many other sports, this league emphasizes skill development, participation, teamwork, sportsmanship, and fun.

Teams will meet twice a week and play an eight-game schedule. Volunteer coaches will select individual team practice times, days, and location. Helmets, sticks, mouthguards, and game jerseys are provided. All players on coed and boys' teams must provide their own shoulder pads, arm pads, and gloves.

This program is dependent on volunteer coaches. Anyone interested in coaching this season, visit bendparksandrec.org and complete a BPRD Volunteer Application.

Registration deadline: 2/26,
12:00 am or until full.

\$100.00 ID \$120.00 OD / season

Season: 4/1 - 5/31

COED

Activity: [103401](#) - Grades: 1 - 2 - Opens Dec. 6

BOYS

Activity: [103403](#) - Grades: 3 - 4 - Opens Dec. 6

[103407](#) - Grades: 5 - 6 - Opens Dec. 6

[103411](#) - Grades: 7 - 8 - Opens Dec. 6

GIRLS

Activity: [103404](#) - Grades: 3 - 5 - Opens Dec. 6

[103410](#) - Grades: 6 - 8 - Opens Dec. 6

Learn to Skate: Youth

Ages: 4 - 17

The Pavilion

Welcome to Skate School, where you will learn the FUNdamentals of ice skating!

This program offers progressive classes designed to increase your recreational skating experience and develop the basic skills that are fundamental to figure skating. Note: skaters may be moved by coaches during the session to a level that is most appropriate. Rental skates included.

Our ice skating lessons are...

- **Age Appropriate:** Most classes grouped by ages 4 - 5, 6 - 11 and 12 - 17.
- **Skill Appropriate:** Based on progressively learned skate skills.
- **Inclusive:** All ages and abilities welcome.
- **Healthy:** Regular skating practice develops strength, coordination, endurance and a happy mind!

\$70.00 ID \$84.00 OD per 6-week session

Session dates and times vary - check Activity link for schedules.

REGISTRATION TIP: Prerequisites for each class are listed in the class description here and [online](#). We encourage skaters to master each skill level before progressing to the next level.

For more information, call (541) 389-7588.



KinderSkate 1

Ages: 4 - 5

The Pavilion

Introduce your young child to ice skating! In this entry-level class, we will learn about sitting and standing on the ice, marching in place, forward marches, forward swizzles and more. No prerequisite. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity: [110101](#) - Opens Dec. 4

**Tu: 4:30 - 5:00 pm
5:05 - 5:35 pm**

Session: 1/2 - 2/6 2/13 - 3/19

**Th: 4:30 - 5:00 pm
- OR - 5:05 - 5:35 pm**

Session: 1/4 - 2/8 2/15 - 3/21

KinderSkate 2

Ages: 4 - 5

The Pavilion

Time for your young skater's next step up in skating skill development! In this class, we will develop backward marching, backward wiggles, two-foot hops, two-foot turns and more. Suggested prerequisite: Completion of KinderSkate 1. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity: [110102](#) - Opens Dec. 4

Tu: 4:30 - 5:00 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 4:30 - 5:00 pm

Session: 1/4 - 2/8 2/15 - 3/21



KinderSkate 3

Ages: 4 - 5

The Pavilion

Welcome to the final level for KinderSkate! In this class, we will continue to refine basic skills such as forward and backward marching, forward and backward wiggles, one-foot hops, one-foot turns and more. Suggested prerequisite: Completion of KinderSkate Level 2. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity: [110103](#) - Opens Dec. 4

Tu: 4:30 - 5:00 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 4:30 - 5:00 pm

Session: 1/4 - 2/8 2/15 - 3/21

With A Child: Learn to Skate

Ages: 6 - 11

The Pavilion

Welcome to Skate School to learn the fundamentals of ice skating! Young skaters - grab a parent, relative or other adult in your life and learn to skate together. We will learn about sitting and standing up on the ice, forward swizzles, snowplow stops on two feet, two-foot hops and more. Register under the child's name; one adult is included. No prerequisite. Skate rentals included.

\$140.00 ID \$168.00 OD

Activity: [110110](#) - Opens Dec. 4

Tu: 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/19

Skate Lesson Assessment **FREE**

Unsure which class to register yourself or your child in? Take the guesswork out - come for a free skate skill assessment on Saturdays at 10:30 - 10:45 am, December 2 - December 16 to ensure you or your child are in the right class. Inquire at the front desk or call (541) 389-7588 to arrange an appointment.

Guided Skating with Your Preschooler

Ages: 3 - 5 with Adult

During Tuesday and Thursday With A Child Skate, free instructor support is available. Drop-in skating fees apply and direct supervision of your child on the ice required.

Schedules at thepavilioninbend.com

Skating Practice **FREE**

Learn to Skate participants skate for free at public skate sessions Monday - Thursday during enrolled dates. Rental skates and "Cheap Skates" sessions not included. Schedules at thepavilioninbend.com

Learn to Skate: Youth Level 1

Ages: 6 - 11

The Pavilion

In this class for entry-level beginners, we'll work on sitting and standing up on the ice, forward swizzles, snowplow stops on two feet, two-foot hops and more. No prerequisite. Helmets recommended; bring your own or use ours for free. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110111](#) - Opens Dec. 4

Tu: 4:30 - 5:00 pm

- OR - 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 4:30 - 5:00 pm

- OR - 5:40 - 6:10 pm

Session: 1/4 - 2/8 2/15 - 3/21

Learn to Skate: Youth Level 2

Ages: 6 - 11

The Pavilion

Building on what we learned in Level 1 or your child's basic skills they already have, we'll develop one-foot glides, backward two-foot glides, backward swizzles, two-foot turns, faster snowplow stops and more. Suggested prerequisite: Completion of Level 1 or the ability to perform all Level 1 skills. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110112](#) - Opens Dec. 4

Tu: 4:30 - 5:00 pm

- OR - 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 4:30 - 5:00 pm

Session: 1/4 - 2/8 2/15 - 3/21



Learn to Skate: Youth Levels 3 - 4

Ages: 6 - 11

The Pavilion

In Levels 3-4, we will develop forward stroking, backward one-foot glides, backward snowplow stops, forward half swizzle pumps and more. Then, when you are ready, we'll take your skating up another level with forward and outside edges around circles, forward crossovers, two-foot spins, backward half-swizzle pumps and more. Suggested prerequisite: Completion of Level 2. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110113](#) - Opens Dec. 4

Tu: 4:30 - 5:00 pm

- OR - 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 4:30 - 5:00 pm

- OR - 5:05 - 5:35 pm

Session: 1/4 - 2/8 2/15 - 3/21

Learn to Skate: Youth Levels 5 - 6

Ages: 6 - 11

The Pavilion

Continuing your progression, we will develop backward inside and outside edgework around circles, backward crossovers, advanced two-foot spins, hockey stops, T-stops, bunny hop, forward spiral on a straight line and more. Suggested prerequisite: Completion of Level 4. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110115](#) - Opens Dec. 4

Th: 5:05 - 5:35 pm

Session: 1/4 - 2/8 2/15 - 3/21



About Bend Ice

Bend Ice is Bend Park & Recreation District's community partner in helping promote and develop ice sports available at The Pavilion including hockey, curling and figure skating. Founded in 2010, Bend Ice traces its roots to a small group of ice sports enthusiasts dedicated to creating a culture of ice sports in Central Oregon. A non-profit, community-supported organization, Bend Ice has seven active Board members and a team of dedicated volunteers.

Bend Ice Figure Skating Club

Come meet new friends, develop your skating skills and have a blast! The Bend Ice Figure Skating Club is perfect for skaters who have mastered basic skating skills equivalent to level 4 and above. Club members get access to exclusive practice ice time to skate as a team and prepare for testing, competition and exhibition events. Joining the club helps take an individual sport to a team sport and gives skaters the opportunity to skate with like-minded athletes.

Website: www.bendicefigureskatingclub.org

Bend Rapids Hockey Club

The mission of the Bend Rapids Hockey Club is to provide travel teams an instructional and competitive environment aimed at developing hockey players. The club's philosophy is to provide both on-and-off-ice training using USA Hockey trained coaches for U8, U10, U12, U14 and high school teams. Adhering to USA Hockey safe sport policies, the club offers a competitive travel schedule designed to stretch players as they develop into excellent athletes and young people.

Website: www.bendrapidsyouthhockey.org

Bend Ice Curling Club

Bend Curling Club, a member of USA Curling, is dedicated to growing the understanding of the sport of curling including ice preparation, game strategy and skills. Bend Curling Club hosts curling leagues for all abilities on Saturday evenings, including pairing new curlers with experienced coaches to further their skills and understanding of the game, as well as a competitive league for the most serious curlers. The club also hosts a Bonspiel in November and promotes teams playing in regional competitions.

Website: sites.google.com/site/bendcurlingcluborg/home



Register at register.bendparksandrec.org • Winter registration opens December 4 - 6 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 72 - 73. • Park lists on pages 74 - 75.



Specialized Sessions

Youth Fees: \$12.50 / session

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the beginning of the session.

Drop-in: If space available. Check activity # status online prior to arrival.

Sessions: Times and days will vary. Check online schedule.

Stick Time

Bring your sticks, skates and gear and work on your skating, stick-handling and shooting in these no pressure, hockey-only sessions. Nets and pucks are provided. Helmet, stick and gloves required. Skaters under 12 must wear full gear including helmet with full face protection. Pick-up games and scrimmages are not allowed.

Activity: [410401](#) - Youth

Freestyle

Freestyle is a practice session designed for intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.
 Note: Recommended for Level 4+ figure skaters only.

Activity: [410160](#)



Learn to Skate: Teen Levels 1 - 3

Ages: 12 - 17

The Pavilion

Welcome to Skate School where you will learn the fundamentals of ice skating! Depending on your experience and ability, you may learn about falling and recovery, marching forward, two-foot glides, forward swizzles, snowplow stops, one-foot glides, two-foot turns in place, backward snowplow stops, switching direction and more. No prerequisite skills required. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110131](#) - Opens Dec. 4

Tu: 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/19

Learn to Skate: Teen Levels 4 - 6

Ages: 12 - 17

The Pavilion

Let's develop your skating skills further! Depending on your experience and ability, we may work on forward and backward inside/outside edges, hockey stops, T-stops, two-foot spins, one-foot spins, lunges and more. Suggested prerequisite: Completion of Level 3. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110133](#) - Opens Dec. 4

Tu: 5:40 - 6:10 pm

Session: 1/2 - 2/6 2/13 - 3/19

Learn to Skate: Youth Hockey Level 1

Ages: 6 - 11

The Pavilion

Let's learn some hockey-specific ice skating skills! In this class, we will develop skating skills for hockey such as falling and recovery, hockey stance forward and backward, snowplow stops, backward swizzles, forward C-cuts and more. Wearing hockey gear is optional. No sticks or pucks on ice. Prerequisite: Basic ice skating experience prior to the first class - should be able to stand and skate forward unassisted. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110120](#) - Opens Dec. 4

Tu: 5:05 - 5:35 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 5:05 - 5:35 pm

Session: 1/4 - 2/8 2/15 - 3/21

Learn to Skate: Youth Hockey Level 2

Ages: 6 - 11

The Pavilion

Take your hockey skating skills to the next level! In this class, skaters will learn forward and backward outside/inside edges around circles, quick starts, forward and backward cross-overs, hockey stops and more. Wearing hockey gear is optional. No sticks or pucks on ice. Suggested prerequisite: Completion of Hockey Level 1. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110122](#) - Opens Dec. 4

Tu: 5:05 - 5:35 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 5:05 - 5:35 pm

Session: 1/4 - 2/8 2/15 - 3/21



Learn to Skate: Youth Hockey Level 3

Ages: 6 - 11

The Pavilion

Level up your hockey skating! In this class, skaters will hone in their dynamic and fast skating abilities designed for efficiency and agility during hockey games. Wearing hockey gear is optional. No sticks or pucks on ice. Suggested prerequisite: Completion of Hockey Level 2. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: [110124](#) - Opens Dec. 4

Tu: 5:05 - 5:35 pm

Session: 1/2 - 2/6 2/13 - 3/19

Th: 5:05 - 5:35 pm

Session: 1/4 - 2/8 2/15 - 3/21



Youth Learn to Play Hockey: Level 1

Ages: 5 - 14

The Pavilion

Our "Learn to Play" program is designed to introduce young players with little experience to the sport of ice hockey. Designed to develop your fundamentals of the game, we'll work on basic hockey skills, promote physical fitness and above all else have fun. Prerequisite: Participants should be able to skate unassisted. Rental gear is available for \$50.00 ID \$60.00 OD.

\$137.00 ID \$154.40 OD

Activity: [110201](#) - Opens Dec. 4

W: 4:00 - 5:00 pm

Session: 1/10 - 2/21

Youth Learn to Play Hockey: Level 2

Ages: 5 - 14

The Pavilion

Continue your progression of hockey to the next level. Participants will continue to refine their fundamental hockey skills as well as begin to transfer their practice skills into fun game-like scrimmages. Prerequisite: One to three years of hockey/skating experience required and participants must have participated in Learn to Play Hockey Level 1 (or had prior hockey experience). Rental gear is available for \$50.00 ID \$60.00 OD.

\$137.00 ID \$154.40 OD

Activity: [110202](#) - Opens Dec. 4

W: 5:15 - 6:15 pm

Session: 1/10 - 2/21



Youth Hockey League

Ages: 6 - 14

The Pavilion

Welcome to BPRD's youth hockey league - your next step in developing your hockey skills. With age-divided teams engaging in weekly practices and games, players are coached on fundamental strategies, techniques and sportsmanship. Some prior experience is highly recommended before signing up for this league such as the Learn to Play program. Practices will be held on Mondays and games will be on Saturdays. Rental equipment is available for \$50.00 ID \$60.00 OD. Space is limited.

Registration deadline: 12/22/23 at 8:00 am or until full.

\$230.00 ID \$266.00 OD

Ages: 6 - 8

Activity: [110206](#) - Opens Dec. 6

M: 3:45 - 4:45 pm (Practice)

Sa: 9:00 - 9:45 am (Games)

Ages: 9 - 11

Activity: [110207](#) - Opens Dec. 6

M: 5:00 - 6:00 pm (Practice)

Sa: 9:45 - 10:30 am (Games)

Ages: 12 - 14

Activity: [110208](#) - Opens Dec. 6

M: 6:15 - 7:15 pm (Practice)

Sa: 10:45 am - 12:00 pm (Games)

Season: 1/13 - 3/16

(no game/practice on 1/15, 1/27 & 2/19)

Learn to Play Hockey Optional Rental Gear

Protective equipment is required for each participant including: helmet with full face mask, mouth guard, shoulder pads, elbow pads, hockey pants, athletic supporter, shin pads, gloves, skates and hockey stick.

Optional rental gear includes a hockey bag and all necessary gear except mouth guard and athletic supporter. The rental fee is \$50.00 ID and \$60.00 OD.

Learn to Play Hockey includes a jersey and hockey socks for all participants to keep. Rental skates are also available at no extra charge.

**Need to learn to skate
before you can
pick up a hockey stick?
See the previous page for
hockey skate lessons.**



Scootering

Spring Break NO SCHOOL Scootering Camp

Ages: 6 - 17

Ponderosa Skate Park

Learn new skills and tricks while we have a blast with games and activities. Riders will be grouped by age and skill set. Pro-riders Jake Clark and Matt Edleston will instruct with guest appearances from other pros! On the last day, we will show off our skills in a mini-competition with prizes for the riders. Scooter, helmet and pads are required. Bring a water bottle and sack lunch. Program is weather dependent.

\$275.00 ID \$330.00 OD

Activity: [106778](#) - Opens Dec. 4

M-Th: 9:00 am - 1:00 pm

Session: 3/25 - 28

SoccerJrs

Cascade Indoor Sports Center

Using props and games to enhance your child's soccer skills, this series is designed to develop motor skills, promote physical fitness and create self-confidence.

SoccerJrs - Teddies

Ages: 1.5 - 2

Adults participate with the child as they learn soccer basics and fun activities. An introductory program teaching kicking, balance, dribbling, foot-eye coordination as well as listening and following directions. We do not play competitive games in this class. No classes the week of Spring Break.

\$130.00 ID \$156.00 OD

Activity: [103310](#) - Opens Dec. 4

Tu: 10:00 - 10:55 am

Session: 1/2 - 2/20
2/27 - 4/23 (no class 3/26)

W: 11:00 - 11:55 am

Session: 1/3 - 2/21
2/28 - 4/24 (no class 3/27)

Th: 5:00 - 5:55 pm

Session: 1/4 - 2/22
2/29 - 4/25 (no class 3/28)

Sa: 9:00 - 9:55 am

- OR - 10:00 - 10:55 am

Session: 1/6 - 2/24
3/2 - 4/27 (no class 3/30)

Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.

SoccerJrs - Cubs

Ages: 3 - 4

An introductory program teaching kicking, balance, dribbling, foot-eye coordination as well as listening and following directions. We do not play competitive games in this class. No classes the week of Spring Break

\$130.00 ID \$156.00 OD

Activity: [103311](#) - Opens Dec. 4

M: 5:00 - 5:55 pm

Session: 1/1 - 2/19
2/26 - 4/22 (no class 3/25)

Tu: 11:00 - 11:55 am

- OR - 4:00 - 4:55 pm

Session: 1/2 - 2/20
2/27 - 4/23 (no class 3/26)

W: 10:00 - 10:55 am

- OR - 4:00 - 4:55 pm

Session: 1/3 - 2/21
2/28 - 4/24 (no class 3/27)

Th: 4:00 - 4:55 pm

- OR - 5:00 - 5:55 pm

Session: 1/4 - 2/22
2/29 - 4/25 (no class 3/28)

Sa: 9:00 - 9:55 am

- OR - 10:00 - 10:55 am

Session: 1/6 - 2/24
3/2 - 4/27 (no class 3/30)

SoccerJrs - Bears

Ages: 5 - 6

Cascade Indoor Sports Center

Designed for kids with little or no soccer experience to teach the basics of this fun, fast-paced game. No class the week of Spring Break.

\$130.00 ID \$156.00 OD

Activity: [103312](#) - Opens Dec. 4

M: 4:00 - 4:55 pm

Session: 1/1 - 2/19
2/26 - 4/22 (no class 3/25)

Tu: 5:00 - 5:55 pm

Session: 1/2 - 2/20
2/27 - 4/23 (no class 3/26)

W: 3:00 - 3:55 pm

Session: 1/3 - 2/21
2/28 - 4/24 (no class 3/27)

Th: 4:00 - 4:55 pm

Session: 1/4 - 2/22
2/29 - 4/18 (no class 3/28)

Soccer

Youth Spring Indoor Soccer League

Grades: K - 8

Cascade Indoor Sports Center

Get out of the cold weather and join a youth indoor soccer league! All skill levels are welcome. Leagues are designed to develop and enhance soccer skills, promote physical fitness and create self-confidence. League games are on Saturdays; one game a week for eight weeks with no practices. Team shirt included. Space is limited, registration is available until program is full or start date.

\$130.00 ID \$156.00 OD

SESSION 1

Activity: [103340](#) - Opens Dec. 6

Grade: K

Sa: 11:00 am - 12:00 pm

Grade: 1 - 2

Sa: 12:00 - 2:00 pm

Grade: 3 - 5

Sa: 2:00 - 5:00 pm

Grade: 6 - 8

Sa: 5:00 - 8:00 pm

Session: 1/6 - 2/24

SESSION 2

No games the week of Spring Break.

Activity: [103341](#) - Opens Dec. 6

Grade: K

Sa: 11:00 am - 12:00 pm

Grade: 1 - 2

Sa: 12:00 - 2:00 pm

Grade: 3 - 5

Sa: 2:00 - 5:00 pm

Grade: 6 - 8

Sa: 5:00 - 8:00 pm

Session: 3/2 - 4/27 (no games 3/30)



Softball

Youth Softball League

Grades: K - 8

Locations to be determined

What a great way to play, make friends and grow your game! The season swings into action with a players' clinic then teams practice twice a week and most games are during the week. Includes uniform top, undershirt and softball pants.

This program is dependent on volunteer coaches. If you are interested in coaching this season, visit bendparksandrec.org and complete a BPRD Volunteer Application.

Registration deadline: 2/26 at 12:00 am or until full.

Grades: K - 2

\$95.00 ID \$114.00 OD

Activity: [103450](#) - Opens Dec. 6

Grades: 3 - 5

\$99.00 ID \$118.80 OD

Activity: [103453](#) - Opens Dec. 6

Grades: 6 - 8 - Fast Pitch

\$105.00 ID \$126.00 OD

Activity: [103456](#) - Opens Dec. 6

M-Th: 4:30 - 7:00 pm

Season: 4/3 - 6/5

Spring Indoor Softball Camp

Grades: 3 - 8

Bend FieldHouse

Presented by Mountain View High School head coach Sarah Stacy, this camp is heavy on hitting and fielding with special breakout sessions.

\$79.00 ID \$94.80 OD

Activity: [103066](#) - Opens Dec. 4

Su: 4:15 - 6:00 pm

Session: 3/3 - 17

Track

Middle School Track Clinics

Grades: 6 - 8

Cascade Middle School

Get a jump on the upcoming track season! Join your friends and local middle school track coaches as you try new events and improve your personal best. Emphasis is on individual improvement. Includes track cinch bag.

\$48.00 ID \$57.60 OD

Activity: [103170](#) - Opens Dec. 4

M-Tu: 4:00 - 5:15 pm

Session: 3/11 - 21



Volunteer with youth sports and adaptive programs.

Contact Kim at (541) 706-6127 for more information.



Yo! Sports Fans! Plan ahead for play!

2024 Youth Sports League Registration Deadlines

All registrations are dependent on availability; some leagues fill faster than others.

Winter 2024 Registration: Leagues open Dec. 6

Program/League	Dates	Deadline or until full
Youth Indoor Soccer League 1 & 2	Jan. - April	Open until full
Youth Hockey League	Jan. - Mar.	12/22
Youth Lacrosse League	April - June	2/26
Youth Softball League	April - June	2/26

Spring 2024 Registration: Early February

Program/League	Dates	Deadline or until full
Boys Volleyball League	April - May	TBD
Youth Roller Hockey League	May - June	TBD

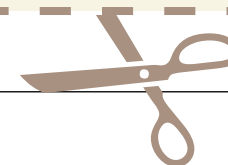
Summer 2024 Registration: Late March

Program/League	Dates	Deadline or until full
Kindergarten Soccer League	Sept. - Oct.	TBD
Youth Fall Soccer League	Sept. - Oct.	TBD
Youth Flag Football League	Sept. - Oct.	TBD
Middle School Tennis League	Sept. - Oct.	TBD

Fall 2024 Registration: August

Program/League	Dates	Deadline or until full
Youth Volleyball League	Nov. - Dec.	TBD
Bitty Basketball	Nov. - Dec.	TBD
Youth Basketball League	Jan. - Mar.	TBD
Middle School Basketball - Girls	Jan. - Mar.	TBD
Middle School Basketball - Boys	Nov. - Dec.	TBD
High School Basketball League	Dec. - Feb.	TBD

Be sure to check future Playlists or the registration website for updates.





GIVE & RECEIVE BACK
.....
COACHING MATTERS IN OUR COMMUNITY
.....

give a little, get a lot

Volunteer Coaches & Sponsors: Making a Difference for Hundreds of Kids & Families



Thanks, Coach!

Thanks, Coach! Cheers to the volunteers that gave their time and heart as coaches for these fall sport programs. You made it a great season for the young players and their families and we can't thank you enough!

- Tackle football
- Youth soccer
- Kindergarten soccer
- Flag football
- Middle school tennis
- Youth volleyball
- Bitty basketball
- Boys middle school basketball

Thanks, Sponsors!

Sport program sponsors provide resources for recreation scholarships so everyone has a chance to play. Thank you to these fall/winter sport sponsors:

RIDGELINE ORAL SURGERY

- Bitty basketball
- Youth ice hockey

BIGFOOT BEVERAGES

- Middle school basketball programs

MILLER LUMBER

- Adult ice hockey
- Adult curling

THE CENTER

- Youth basketball



Ready to Coach Youth Team Sports?

We need you!

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. Registration in sport programs is at an all-time high and we want all kids to have the opportunity to play. We make it easy to be a coach and we know it will be rewarding and fun! We are currently seeking volunteer coaches for:

- Youth lacrosse
- Youth softball

Sport experience preferred, but mostly need to enjoy working with kids. Application and background check required. Training and support provided. For more information, contact Rich at (541) 706-6126 or rich@bendparksandrec.org.



KIDS' SWIM LESSONS
PAGES 62 - 63

dive into play

Dive into fitness and swimming.

Get your kids started with fitness and swimming! These important programs teach life-long skills to help your child be comfortable and safe around water. Lessons enable kids to understand how good swimming can feel and can unlock many outdoor water activities available in Central Oregon.

Youth & Teen Fitness

Teen Fitness

Ages: 11 - 17

Juniper Swim & Fitness Center
& Larkspur Community Center

FITNESS CENTER USE: Improve strength and conditioning in our state-of-the-art fitness center. 16 - 17 year-olds may use the fitness center without restriction; although, a Fitness Center Orientation is recommended. 11 - 15 year-olds may workout in the fitness center under parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. Children 10 years and younger are not allowed in the fitness center. Orientations are free and offered weekly. See details [online](#).

GROUP FITNESS CLASSES: Get fit and have fun with our many group exercise class options. 16 - 17 year-olds are welcome in all of our regular group exercise classes. 11 - 15 year-olds may attend some classes under parent/guardian supervision.

[View classes and schedules available online.](#)

Enjoy the water?
Like helping people?
Be a lifeguard or swim instructor.

Learn more at
bendparksandrec.org/jobs.



Drop in and jump in at Rec Swim!

BPRD has three great recreation swim sessions available at two facilities:

- Family Swim
- Parent-Child Swim
- Open Recreation Swim

Learn more on page 65 and view schedules at bendparksandrec.org/recswim



Youth Swim Lessons

Our year-round youth swim lessons are...

- **Age-Appropriate:** Offered for infants, preschoolers, youth and teens.
- **Skill-Appropriate:** Based on progressively learned swim skills.
- **Safe:** Lifeguards are always on duty to provide extra protection.
- **Small:** Maximum class size of five for preschoolers and six for other levels.
- **Professional:** All instructors are trained in our own best practices program.
- **Fun:** We believe learning to swim should be a positive, fun experience!

For more information, call (541) 389-7665

Swim lessons fill quickly! How to register:

1. **Based on your child's age, select a lesson group:**
 - 0 - 36 months: Parent Tot
 - 30 - 35 months: Sea Stars
 - 3 - 5 years: Journey
 - 6 - 12 years: Level
 - 12 - 16 years: Teen Level
2. **Review lesson descriptions and select level for your child's skills and required class prerequisites. Still not sure? Schedule a swim assessment (below right).**
3. **Determine preferred location.**
4. **Click on blue "View" hyperlinks to see offerings. Fees vary with session lengths.**
5. **Register for the class that matches your child's level.**
6. **If the appropriate lessons are full, be sure to sign up on the waitlist.**



Parent Tot Swim Lessons

Ages: 6 - 36 months

Developmentally appropriate classes provide a safe, encouraging and fun introduction to the wonderful world of water. Parents/guardians work directly with their child under instructor's guidance. Swim diaper required for all children.

Parent Tot 1: (6 - 18 months) Hands-on work, skill-oriented games and songs emphasize water adjustment and enjoyment.

Parent Tot 2: (19 - 36 months) More skill-building fun and games with an increased emphasis placed on basic swim skills and independence.

Fees: \$108.00 - \$116.00 ID
\$129.60 - \$139.20 OD

Frequency: 1 and 2 days a week

Opens Dec. 5

Juniper Swim & Fitness Center

[View Parent-Tot 1-2 at Juniper](#)

Larkspur Community Center

[View Parent-Tot 1-2 at Larkspur](#)

Sea Stars Swim Lessons

Age: 30 - 35 months

Has your child attended Parent Tot lessons multiple times? Is your child two and a half years old and ready for more? Specially designed for the independent, not quite three year old, this fun and encouraging class will teach your child the basic skills of floating, gliding and water safety. Prerequisite: Parent Tot lessons. Parent participation in the water is required. Swim diaper required for all children.

Fees: \$108.00 - \$116.00 ID
\$129.60 - \$139.20 OD

Frequency: 1 and 2 days a week

Opens Dec. 5

Juniper Swim & Fitness Center

[View Sea Stars at Juniper](#)

Larkspur Community Center

[View Sea Stars at Larkspur](#)

Journey Swim Lessons

Ages: 3 - 5

A progressive journey for preschoolers/kindergartners that develops swimming skills in a creative environment for your child's comfort, confidence and enjoyment. Children work on kicking, gliding and basic strokes. Journey 1 through 5 levels are available.

Journey 1: Water adjustment, underwater exploration, floating on front and flutter kicking. Prerequisite: Ability to participate in a class environment.

Journey 2: Front and back floats, glides and kicks. Prerequisite: Float on front with face in water for 3-5 seconds.

Journey 3: Front crawl stroke and backstroke with big pool exposure. Prerequisite: Float and kick on front and back for 5 seconds.

Journey 4: Crawl stroke with side breathing, back crawl stroke and increased endurance with extensive work in the big pool. Prerequisite: Completion of Journey 3.



Journey 5: More advanced stroke work including technique and endurance with both crawl stroke and backstroke. Prerequisite: Completion of Journey 4 or front crawl with side breathing 20 feet and backstroke for 20 feet.

Fees: \$108.00 - \$116.00 ID
\$129.60 - \$139.20 OD

Frequency: 1 and 2 days a week

Opens Dec. 5

Juniper Swim & Fitness Center

[View Journey 1 - 5 at Juniper](#)

Larkspur Community Center

[View Journey 1 - 5 at Larkspur](#)

For more information, call 541-389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

Level Swim Lessons

Ages: 6 - 12

This progressive program designed for school-age children will be fun and challenging as swimmers progress to refine strokes and breathing, build confidence and further develop skills. There are Levels 1 through 6 for your child's progression.

Level 1: Water adjustment, front and back floats and glides and flutter kick. Prerequisite: Ages 6 years and older.

Level 2: Streamline kicking on front, back and side, basic crawl stroke, into back crawl stroke and deep water exposure. Prerequisite: Float, glide and kick comfortably on front and back for 5 seconds.

Level 3: Crawl stroke with side breathing and back crawl stroke for 45 feet. Prerequisite: Strong kick on front and back in proper body position for 10 seconds.

Level 4: Crawl stroke with rhythmic side breathing and back crawl stroke for 25 meters with increased emphasis on proper technique. Elementary backstroke, breast stroke and dolphin kick introduced. Prerequisite: Comfortably swim crawl stroke with side breathing and backstroke for 45 feet.

Level 5: Refinement of crawl stroke, back stroke and elementary backstroke; introduction of breast stroke, butterfly and open turns. Prerequisite: Comfortably swim crawl stroke with rhythmic side breathing, back stroke and elementary backstroke for 25 meters.

Level 6: Increased endurance and technique in all previously learned strokes including butterfly and breast stroke; flips turns and diving from starting blocks. Prerequisite: Completion of Level 5.

Fees: \$108.00 - \$116.00 ID
\$129.60 - \$139.20 OD

Frequency: 1 and 2 days a week

Opens Dec. 5

Juniper Swim & Fitness Center

[View Level 1 - 6 at Juniper](#)

Larkspur Community Center

[View Level 1 - 6 at Larkspur](#)

Teen Level Swim Lessons

Ages: 13 - 16

Designed to teach teens basic swim skills: kicking in an arrow, front crawl stroke, backstroke and exposure to deep water. There are Levels 1 through 6 for effective progression.

Descriptions available above.

Fees: \$108.00 ID \$129.60 OD

Frequency: 1 day a week

Opens Dec. 5

Juniper Swim & Fitness Center

[View Teen Level 1 - 6 at Juniper](#)

Frequently Asked Questions

When does registration begin?

Registration opens Tuesday, December 5 at 6:00 a.m. and is ongoing.

How do I know what lesson to register my child for?

Come to a swim lesson assessment or read the prerequisite listed under the class description.

Why are swim lessons so popular? I can't seem to get my child registered.

Youth swim lessons are some of the most in-demand recreation programs in our community. There are several reasons why. The facility shutdown of the pandemic coupled with area population growth created a backlog of children needing lessons. Now, current staffing challenges do not support offering a full schedule of lessons. If you are unable to get a spot, please sign up on a waitlist so that we know of your interest and can try to accommodate your child. We appreciate everyone's understanding as we try our best to remedy this situation.

I am on a waitlist, what should I do?

If there is room for additional swimmers, we will email the waitlist participants in the order received. Keep your eye on your email. Once an email notice is sent, you have 48 hours to register or your held spot will be forfeited.

What lesson level is my child signed up for?

At your lesson, the deck supervisor has the information and can help you find the appropriate class.

What if I don't remember what facility my lesson is at?

When you registered, you should have received an e-mail receipt with your class location listed with the activity.

What do I do if I signed my child up for the wrong level?

Contact customer service and ask about updating the customer question on your swim lesson registration.

I have multiple children and would like them in lessons at the same time.

Most of our lessons have the opportunity to occur at the same time. If you weren't able to sign up for the same time due to the class being full, we encourage you to place your child on the waitlist for the time you like and sign up for the class closest to that time. If the class has an opening, you will have the opportunity to transfer.

My child is signed up for a level they already passed.

Contact customer service and ask about updating the customer question on your swim lesson registration.

Are private or semi-private swim lessons available?

We are unable to offer private or semi-private lessons at this time as group lessons are our priority. As we bring on more staff, we hope to offer additional swim lesson opportunities.



Swim Lesson Assessment **FREE**

Take the guesswork out with a free swim assessment to ensure your child is in the right class. Come by the pools at:

Larkspur Community Ctr.:

Dates: 9/18 - 12/15
M-Th: 3:45 & 6:15 pm
Sa: 3:00 pm

Dates: 1/2 - 3/21
M-Th: 4:00 & 6:30 pm

Juniper Swim & Fitness Ctr.:

Dates: 9/18 - 12/15
M-Th: 10:45 am
M/W: 4:00 & 6:30 pm
Sa: 12:30 pm

Dates: 1/2 - 3/21
M-Th: 4:00 & 6:30 pm

Email ann@bendparksandrec.org or keri@bendparksandrec.org to arrange an appointment to work with your schedule.

Register in advance to sync with your workout Kids' Corner Childcare

Ages: 6 months - 5 years
Juniper Swim & Fitness Center

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, workout or just relax.



- Registration is strongly recommended.
- Registration includes four scheduled 75-minute visits per session at discounted rate. Fee is adjusted for three- or five-visit sessions.
- A visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits.
- Drop-ins welcome; space permitting.
- Hours: Monday - Friday, 9:00 - 10:15 am and 10:20 - 11:35 am.

Registration Childcare

TODDLER

Ages: 6 - 29 months.
Limited availability
\$30.00 ID \$36.00 OD / session
Activity: [105600](#) - Opens Dec. 4

PRESCHOOLER

Ages: 30 months
- 5 years old
\$25.00 ID \$30.00 OD / session
Activity: [105601](#) - Opens Dec. 4

Weekdays: 9:00 - 10:15 am
- OR - 10:20 - 11:35 am

Sessions:

M: 1/8 - 29 (No class on 1/15)
2/5 - 26 (No class on 2/19)
3/4 - 18
T: 1/2 - 20 2/6 - 27
3/5 - 19
W: 1/3 - 31 2/7 - 28
3/6 - 20
Th: 1/4 - 25 2/1 - 29
3/7 - 21
F: 1/5 - 26 2/2 - 23
3/1 - 22

Drop-in Childcare

*Available if space allows.
Call 541-706-6191 for availability.*

TODDLER

Ages: 6 - 29 months.
Limited availability
\$9.00 ID \$10.80 OD
per visit up to 75 minutes.

PRESCHOOLER

Ages: 30 months
- 5 years old
\$7.50 ID \$9.00 OD
per visit up to 75 minutes.

Weekdays: 9:00 - 10:15 am
- OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at bendparksandrec.org/fitness-swim/



Preschool

Busy Buddies Preschool includes swim lessons

Ages: 3 - 5

**Juniper Swim
& Fitness Center**

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar. This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided. Note: No prior swimming experience necessary. Children must be potty-trained. Registration opened in May.

Limited availability - Register if any openings or sign up on wait list if the program is full. This program began in September and the registration fee holds your spot until the start of the following month.

Fees are \$20.00 ID/OD non-refundable registration fee due at time of enrollment and monthly fee of \$240.00 ID / \$280.00 OD which is due the 5th of every month. You can register for multiple sessions per week if you choose.

\$20.00 ID \$24.00 OD

Activity: [405601](#) - Open now

M/W: 1:30 - 4:30 pm

Session: Now - 6/12

Tu/Th: 1:30 - 4:30 pm

Session: Now - 6/13

No school 1/15, 2/19 and 3/25 - 28, Spring Break.

**Enjoy the water?
Like helping people?
Be a lifeguard or swim instructor.**

Learn more at
bendparksandrec.org/jobs.

For more information, call 541-389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Aquatics Programs

Novice Water Polo Workshop

Ages: 7.5 - 14

Juniper Swim and Fitness Center

Have fun learning basic water polo skills and playing games. Participants must be able to swim 100 meters (4 lengths) continuously.

\$112.00 ID \$134.40 OD

Activity: [105412](#) - Opens Dec. 5

M/W/F: 3:15 - 4:10 pm

Session: 1/3 - 26

Tu/Th: 3:15 - 4:10 pm

- OR - 4:15 - 5:10 pm

- OR - 5:15 - 6:10 pm

Session: 1/2 - 25

Youth Novice Swim Team

Ages: 6.5 - 12

Juniper Swim and Fitness Center

An introduction to competitive swimming skills and training designed to challenge and refine swimming skills. Participants must be able to swim 25 meters front crawl stroke with side breathing and 25 meters backstroke with level body position. We'll teach the rest. Groups are divided by age and ability levels.

\$244.00 ID \$292.80 OD

Activity: [105540](#) - Opens Dec. 5

M/W/F: 3:15 - 4:10 pm

Session: 1/29 - 3/22

Tu/Th: 3:15 - 4:10 pm

- OR - 4:15 - 5:10 pm

Session: 1/30 - 3/21

Middle School Novice Swim Team

Ages: 10.5 - 14

Juniper Swim and Fitness Center

Continue to learn and refine competitive swimming skills and get in great shape at the same time. Newcomers and veterans welcome. Participants must be able to swim 25 meters crawl stroke using side breathing and 25 meters backstroke with level body position.

\$163.00 ID \$195.60 OD

Activity: [105541](#) - Opens Dec. 5

Tu/Th: 5:15 - 6:10 pm

Session: 1/30 - 3/21

Springboard Diving

Ages: 9 - 12

Juniper Swim and Fitness Center

Learn the basics of how to dive from the 1-meter springboard. The instructor will lead you through the specifics of how to do a diving approach, front jumps, front dives, as well as a basic introduction to the back dive. Additional instruction includes introductions to front flips and twist jumps, along with basic step-by-step progressions. Focused on developing your confidence in a safe environment. These skills and others will help you become a successful diver. Prerequisite: Ability to comfortably swim two widths of the pool in the deep end and tread water.

\$54.00 ID \$64.80 OD

Activity: [105570](#) - Opens Dec. 5

W: 1:35 - 2:20 pm

- OR - 2:25 - 3:10 pm

Session: 1/10 - 2/7 2/14 - 3/13

F: 4:10 - 4:55 pm

- OR - 5:00 - 5:45 pm

- OR - 5:50 - 6:35 pm

Session: 1/12 - 2/9 2/16 - 3/15



Clases de Natacion para Familias en español / Family Swim Lesson in Spanish

Ages: 3 & up with Adult

Juniper Swim and Fitness Center

Actualmente, ésta es la única clase de natación que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. Esta clase es para niños, jóvenes y adultos, enseñaremos natación de manera progresiva para toda la familia. Incluye el ingreso al horario de recreación para público en general en las piscinas, inmediatamente después de la clase.

Designed for Latino families, this combined youth and adult class features a progressive swim lesson for the whole family! Since this is BPRD's only swim class in Spanish, registration is prioritized for Spanish-speaking families. Includes admission to Open Recreation Swim immediately after class

\$132.00 ID \$158.40 OD

Activity: [105260](#) - Opens Dec. 5

Sa: 12:30 - 1:00 pm

Session: 1/13 - 3/16

UPCOMING

COMMUNITY EVENTS

RECREATION CENTERS & ACTIVITIES



HISTORIC HOUSE TOURS

an old fashioned holiday



Hollinshead Homestead Holiday Open House & Historical Tour

Saturday, December 9
10 am - 2 pm
1235 NE Jones Rd, Bend

Join us for a festive open house at Hollinshead Park.
Enjoy a free tour and homemade holiday treats.

For more information, visit
bendparksandrec.org
Questions? Call (541) 389-7275



play for life

winter solstice
December 15, 6:00 - 8:30 p.m. at The Pavilion
Lights, treats & a performance by
Bend Ice Figure Skating Club
\$6 with canned food for NeighborImpact

Donate non-perishable food to support
NeighborImpact Food Bank

Hosted by Bend Park & Recreation District

**DRIVE-THRU
HOLIDAY
FOOD DRIVE**

Saturday, Dec. 16 • 10 am - 1 pm
Park & Float parking lot • Across from The Pavilion
Larkspur Community Center • SE Reed Market Rd.

**holiday
skate**

dec. 16 - jan. 1 | the pavilion



Juniper Swim & Fitness Center



The Pavilion

places to play

recreation centers



Bend Senior Center



Larkspur Community Center

LET'S GO!

Facility Fee & Pass Information

Bend Park & Recreation District offers three unique recreation centers with multiple fee options and activities.

To use a BPRD facility, choose the fee structure and payment option that best matches your needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- **No initiation or start up fees.**
- **No contracts.**

With our monthly and annual passes you can enjoy:

- **Unlimited in and out privileges.**
- **Online pass renewal.**
- **Quick & easy check-in.**
- **Awesome savings.**

Pass Types

10-Visit Passes

10-visit passes may be used for facility access at all locations of equal or lesser value. Patrons may use visits for themselves or guests at the same entrance fee. This pass doesn't expire.

Monthly & Annual Passes

Monthly and annual passes may be purchased at any time. Full payment is required at time of purchase. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

Annual Pass Discount

Save 20% off the monthly fee with an annual pass. Combine with couple and family pass specials for the best value!

Family Pass Special

Family passes include any adult, youth or senior family members living in the same household. Three member minimum required.

Partner Discount

Save 10% off monthly and annual passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household. Not applicable to Social Activities pass.

Out-Of-District Fee Policy

The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the district. If you need help determining if you live inside or outside the district boundaries, please call us at (541) 389-7275.

Recreation Center Holiday Hours

December 24:

Juniper Swim & Fitness Center: 8:00 am - 1:00 pm
Larkspur Community Center: Closed
The Pavilion: 8:00 am - 5:30 pm

December 25:

All recreation centers: Closed

December 31:

Juniper Swim & Fitness Center: 8:00 am - 6:00 pm
Larkspur Community Center: 10:00 am - 2:00 pm
The Pavilion: 8:00 am - 4:00 pm

January 1:

Juniper Swim & Fitness Center: 9:00 am - 12:00 pm
Larkspur Community Center: Closed
The Pavilion: 10:00 am - 8:00 pm

January 15:

All recreation centers: Regular hours

February 19:

All recreation centers: Regular hours

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



ICE & ROLLER SKATING PARTIES AVAILABLE

Great for birthday parties and more! During ice season, The Pavilion features an indoor viewing room with fireplace. During roller season, guests can enjoy the outdoor pavilion. No matter the time of year, The Pavilion offers spaces with fun viewing opportunities and a place to enjoy food, drinks and a celebratory dessert.

To learn more about parties and other events, see the [Pavilion Rental page](#).

Drop-in Ice Skate Sessions

The Pavilion

- Ice season: late October - April
- Roller season: April - September
- Facility information on page 71.

Fees: Pass or drop-in fee.

- Rental skates available.
- Helmets available to borrow.
- See page 62 - 63.

Open Skate

All ages

Regular drop-in fees

Open Skate sessions offer a recreational opportunity for all ages and abilities to enjoy the rink. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and maneuvers that would endanger others are not allowed.

During normally lower attendance times, activities may include basic skating and/or laps on the outside perimeter and basic figure skating/ice dancing/freestyle on the inside. These sessions may occasionally include large groups such as schools. Check online schedules so you know what to expect.

More at: bendparksandrec.org/pavilion

Family Skate

All ages with adult

\$6 per person including skate rental

Open Skate for families at a special discounted fee. All children must be accompanied by parent/guardian.

More at: bendparksandrec.org/pavilion

Cheap Skates

All ages

\$6 per person including skate rental

Open Skate at a special discounted fee.

More at: bendparksandrec.org/pavilion

With A Child Skate

Ages: 18 & under with adult

\$6 per person including skate rental when adult accompanies child

Special discounted Open Skate session for adults to skate with their child, up to age 18. All children must be accompanied by an adult. Adult and children groups such as homeschool groups or young children play groups are welcome. For ages 5 and under, there is skate instructor support available for a positive experience.

More at: bendparksandrec.org/pavilion

CLICK FOR
SKATING
SCHEDULES



Roller skating & roller sports offered spring through fall

Season to begin in late April.

Sessions to include:

- Open Skate
- Family Skate
- Friday Night Roller Dance
- Saturday Roller Jam and more

For more information, call 541-389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Drop-in Swim Sessions

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 69 - 70.
- Fee: Pass or drop-in fee. See pages 62 - 63.

Open Recreation Swim

All ages

Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older. Hot tub use only available to ages 16 and up.

More at: bendparksandrec.org/recswim

Family Swim

All ages with adult

A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian. Hot tub use available to ages 6 and up only with an adult.

More at: bendparksandrec.org/recswim

Parent-Child Swim

Ages: 6 & under with adult

A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not toilet trained.

More at: bendparksandrec.org/recswim

CLICK FOR
RECREATION SWIM
SCHEDULES



Lap Swimming & Water Work Out on Your Own

Ages: 16 & up; 11 - 15 with adult

Swim for fitness! Swim for fun! Check the website for pool schedule, pool length, number of lanes and requirements.

More at: bendparksandrec.org/lapswim

CLICK FOR
LAP SWIMMING &
CURRENT CHANNEL
SCHEDULES



Masters Swimming Bend's Adult Swim Program

Ages: 18 & up

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for all adults and abilities, who can swim comfortably for 500 meters (20 lengths).

More at: bendparksandrec.org/lapswim

Current Channel Work Out on Your Own

Ages: 16 & up; 11 - 15 with adult

Uninstructed, drop-in times at Larkspur Community Center with moderate levels of resistance for you to walk, stabilize, stretch and tone for all abilities and levels. No swimming.

More at: bendparksandrec.org/lapswim

Hot Tub, Sauna & Steam Room Use

Ages: 16 & up

The coed hot features, including hot tub, sauna and steam room, are available when Juniper's indoor pool is open.

The hot tub at Larkspur is open when Larkspur's pool is open.

Youth ages 6 years and up are only allowed in the hot tubs with an adult; not allowed during Open Recreation Swim.

RECREATION SWIM SPECIAL

Adults are \$6 each when adult accompanies paid children.

Good for: Open Recreation Swim, Family Swim and Parent-Child Swim

POOL PARTIES

Make waves at your next celebration with a pool party.

Available at both Juniper and Larkspur pools.

Details at: bendparksandrec.org/poolparty

One pass - two facilities & hundreds of sessions

The fitness and swim pass offers unlimited lap swim, rec swim, fitness center use, hot features and access to 200+ weekly exercise programs at both Juniper and Larkspur.

More at bendparksandrec.org

Register at register.bendparksandrec.org • Winter registration opens December 4 - 6 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 72 - 73. • Park lists on pages 74 - 75.



One pass - two facilities & hundreds of classes

The fitness and swim full-access pass offers unlimited lap swim, rec swim, fitness center use, hot features and access to more than 200 weekly group exercise programs at both Juniper and Larkspur.

Details at bendparksandrec.org



Fitness passes through health insurance

There is a low-cost or no-cost fitness pass option for insurance-reimbursed fitness programs, including: Active & Fit Enterprise, Active & Fit Direct, AARP Renew Active, Optum One Pass and Silver & Fit. Eligible programs will include unlimited access to BPRD fitness centers, virtual fitness classes, lap swimming and drop-in fitness classes, including water fitness classes and workout-on-your-own sessions. Learn more at: bendparksandrec.org/medicare

Drop-in Fitness Classes

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 69 - 70.
- Fee: Pass or drop-in fee. See pages 62 - 63.

Ages: 16 & up; 11 - 15 with adult

DROP-IN CLASSES & SCHEDULES:

All ages and fitness levels are welcome and you can start at any time. Classes are offered on a first-come, first-served basis. Classes are held on a weekly basis. Check schedules at bendparksandrec.org. You can even download to your own mobile device calendar.

DROP-IN PASSES / FEES:

Numerous pass options are available to suit your needs and one pass grants access to both facilities. Check out the monthly, quarterly and annual passes to take advantage of great savings along with great workouts! Pass information on pages 62 - 63.

SAME INSTRUCTORS: Both locations feature the same great instructors so you can find the facility that suits your needs.

ADVISED: We strongly recommend checking with your physician before starting any exercise program.

CLICK FOR
FITNESS
SCHEDULES



Cardio Fitness & Dance

Features: Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.

More at: bendparksandrec.org/cardio

Indoor Cycling

Features: Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, non-impact cardio workout. Classes are held in our theater-style indoor cycle studio with beautiful park views. Our state-of-the-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.

More at: bendparksandrec.org/indoor-cycling/

Mind & Body

Features: Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.

More at: bendparksandrec.org/mind-and-body



For more information, call 541-389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Strength & Conditioning

Features: Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.

More at: bendparksandrec.org/strength-and-conditioning



Water Fitness

Features: Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a warm water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use flotation devices. Water shoes recommended.

More at: bendparksandrec.org/water-fitness



Therapeutic Fitness

BPRD can help you make the most of your fitness with targeted therapeutic fitness programs which research has shown to offer health benefits. Here are some health challenges where therapeutic fitness could offer help: mobility issues; chronic conditions, especially related to joints and muscles; preventing injury; preparing for surgery; recovering from surgery or injury; next steps from physical therapy and weight loss. Whether you are seeking low-impact and light-intensity, cardio, strength or mobility, you can take a class or work individually with staff to get back on track.

More at: bendparksandrec.org/therapeuticfitness

Virtual Fitness Classes

Online

- Fee: Pass or \$4.00 fee.

Keep moving, even remotely! BPRD online classes are brought to you using Zoom, a web-hosted video conference application. Step-by-step instructions are provided to help you get connected. Variety of classes offered in Cardio Fitness & Dance, Mind & Body and Strength & Conditioning.

Advance registration is required.

More at: bendparksandrec.org/virtualfitness/



Drop-in Fitness Center Use

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 69 - 70.
- Fee: Pass or drop-in fee. See pages 62 - 63.

Ages: 16 & up; 11 - 15 with adult

Fitness Center Orientation

Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

Fitness Center & Under 18 Use

16 - 17 year-olds may use the fitness center without restriction although we recommend completing a Fitness Center Orientation. 11 - 15 year-olds may workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. Children 10 years and younger are not allowed in the fitness center.

More at: bendparksandrec.org/fitness-centers

Personal Training

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 69 - 70.

A BPRD personal trainer can help you:

- Focus on your personal goals.
- Prepare for an adventure, race or event.
- Make your fitness routine fresh and interesting.
- Meet your desired activity and fitness level.
- Take the next step in your recovery from an injury or surgery.
- Train as an individual or group.

BPRD has a diverse group of trainers and services to meet your needs.

Personal training requires advanced registration and separate fees.

More at: bendparksandrec.org/fitness-swim/personal-training/



Drop-in Older Adult Social Activities & Community Connections

Larkspur Community Center - Home of the Bend Senior Center

- Facility information on page 70. Adult Activity and Art programs on pages 9 - 14.
- Fee: Social pass, Fitness/Swim pass or drop-in fee. See pages 62 - 63.

Bend Senior Center is proud to serve and welcome older adults to social activities, such as games and group gatherings. BPRD is currently expanding these offerings as available.

Check the website regularly for additional information, schedules and updates.

More at: bendparksandrec.org/bend-senior-center

Adult Activities & Specialized Fitness Programs

on pages 9 - 13.

Adult Art Programs

on pages 15 - 18.

Adult Swim Programs

on page 23.

Afternoon at the Movies

FREE

Drama, comedy, adventure! Join us weekly to watch a movie with friends. We'll show both contemporary and classic films. Check online schedules for times and movies offered.

Souper Tuesday Brunch

Join us for a tasty brunch on the second Tuesday of each month. Check online schedules for cost and times.

Brown Bag Lunch & Learn Series

FREE

Presented in partnership with PacificSource Medicare Health Plans

Feed your body and your mind as local experts share their knowledge about issues important to you on Tuesdays at 12:00 - 1:30 pm. You bring your lunch; dessert and coffee are on us. Offered fall through spring with a break during summer months. Check online schedules for dates, topics and other details.

Crochet, Knitting, Quilting, Rug Hooking & Stitching Groups

Celebrate and enjoy fiber arts together! Bring in your hand work and knit, stitch and/or hook projects together while making friends. Four different groups meet regularly. Check online schedules for more details.

Pool/Billiards

You don't have to be a pool shark to enjoy a game of billiards. Fun times and good friendships guaranteed! Check online schedules for days and times.

Cards & Games

Join in for a game of Bridge, Mexican Train, Canasta, Mahjong or Pinochle. Inquire at the front desk to join a game.

The ABC & D's of Medicare

FREE

Join us for an informational Q & A session about Medicare. Check online schedules or call for next session.



AARP Smart Driver Class

The AARP Smart Driver Course is one of many programs offered by AARP Driver Safety. It's the nation's largest classroom and online driver safety course and it's designed especially for drivers age 50 and older. The class meets from 9:00 am to 4:00 pm with a lunch break. Fees are \$20 for AARP members; \$25 for non members. For the next class and to register, call 503-676-3653.

CLICK FOR OLDER ADULT ACTIVITIES SCHEDULES & INFORMATION





juniper swim & fitness center

Juniper Swim & Fitness Center

Situated in the heart of beautiful Juniper Park, our community health and fitness facility has the amenities, services and location to make your heart beat a little faster. Because we offer fitness and recreation opportunities to people of all ages and abilities, Juniper Swim & Fitness is the perfect place for every body.



Location

[800 NE 6th Street](#)
[Bend, OR 97701](#)



Phone

p. (541) 389-7665 (POOL)



Hours, Fees, Schedules & Information

Visit bendparksandrec.org/juniper for schedules, rules and regulations.

Holiday hours and fees on pages 62 - 63.



Social Media

[facebook.com/
JuniperSwimandFitnessCenter](https://facebook.com/JuniperSwimandFitnessCenter)
[instagram.com/
juniperswimandfitness](https://instagram.com/juniperswimandfitness)

Activities

Childcare & Preschool (page 29)
Fitness Classes
Fitness Center
Hot Features: Spa & Sauna
Personal Training
Swim Lessons
Swimming

How to Get There

Juniper Swim & Fitness Center is centrally located in Bend within Juniper Park.

The NORTH ENTRANCE is located at the end of NE 6th Street, two blocks south of Greenwood Avenue. It can also be accessed from NE 3rd Street by turning east on Hawthorne Avenue.

The SOUTH ENTRANCE is located off Franklin Ave opposite of NE 7th Avenue.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike racks are located at each entrance. For public transportation, Juniper is located two blocks from the Hawthorne Street transit center of Cascade East Transit and a bus stop is located on Franklin Avenue.

CLICK FOR
SWIM
SCHEDULES



Swimming Pools & Aquatic Facilities

Indoor/Outdoor Olympic 50-Meter Pool

With a removable roof system, this 82-degree pool is ideal for year-round training. Moveable bulkhead allows the pool to be divided into two 25-meter pools.

Indoor 25-Meter Pool

Perfect for swim lessons, water exercise, therapy and recreation swimming, the Indoor Pool features 85-degree water, 4' - 12' depth, soft-touch flooring, water basketball hoops and two one-meter diving boards.

Indoor Children's Pool

With soft-touch flooring, the Indoor Children's Pool is 90 degrees with a pool depth of 2'6" - 3', a small slide and splash features.

Outdoor Activity Pool Open May to early September.

At 0" - 3'6" deep, the Outdoor Activity Pool offers 85-degree water, slides, tumble buckets and a splash pad.

Hot Tub / Steam Room / Dry Sauna

Perfect after a workout, the hot tub, steam room and dry sauna are coed and available when the indoor pool is open. Ages: 16 & up.

CLICK FOR
FITNESS
SCHEDULES



Fitness Center, Studios & Equipment

Fitness Center & Fit Studio

Juniper's fitness center features state-of-the-art equipment and floor-to-ceiling windows and park views and the Fit Studio offers a dedicated space for functional fitness.

Fitness Studios and Classes

Filled with natural light and offering more than 100 weekly classes, Juniper's studios include three Group Exercise Rooms - Cardio, Mind/Body and Indoor Cycling.

Drop-in Swim

on page 65.

Drop-in Fitness

on pages 66 - 67.

Adult Swim Programs

on page 23.

Youth Swim Programs

on pages 55 - 59.

Register at register.bendparksandrec.org • Winter registration opens December 4 - 6 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 72 - 73. • Park lists on pages 74 - 75.



Larkspur Community Center

Larkspur is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. Larkspur is Home of the Bend Senior Center.



Location

[1600 SE Reed Market Road
Bend, OR 97702](#)



Phone

p. (541) 388-1133



Hours, Fees, Schedules & Information

Visit bendparksandrec.org/larkspur for schedules, rules and regulations.

Holiday hours and fees on pages 62 - 63.



Social Media

facebook.com/Larkspur-Community-Center
instagram.com/larkspurcommunitycenter

Drop-in Swim

on page 65.

Drop-in Fitness

on pages 66 - 67.

Activities

Enrichment Activities
for All Ages
Fitness Classes
Fitness Center
Hot Tub
Personal Training
Swim Lessons
Swimming

How to Get There

Larkspur Community Center - Home of the Bend Senior Center is located in southeast Bend within Larkspur Park. From 3rd Street, go east on Reed Market Road. After crossing 15th Street, turn left into the Bend Senior Center/Larkspur Park entrance.

PUBLIC & ALTERNATIVE

TRANSPORTATION: Bike racks are available at the facility and you can get to the center via the Larkspur Trail and other trails and bike routes. For public transit, use Cascade East Transit routes #5, 6 or 9.

Adult Activities Programs

on pages 9 - 13.

Adult Swim Programs

on page 23.

Youth Swim Programs

on pages 55 - 59.

CLICK FOR
SWIM
SCHEDULES



Swimming Pool & Aquatic Facilities

4,000-Square-Foot Indoor Aquatics Center

The aquatic center features ADA-friendly showers, locker rooms with free locker use for patrons and private changing areas.

135,000-Gallon Recreation & Leisure Pool

Set at 87 to 89 degrees, the pool depth ranges from 2' 6" to 6' 3" with soft-touch flooring.

Current Channel with Hydro Feature

The Current Channel is the perfect setting for therapeutic water fitness or a fun relaxing float. It's great for exercise and play!

Accessible, ADA-friendly Features

ADA upgrades including accessible showers, grades, a chair lift and an elevator-style wheelchair lift for independent control.

Hot Tub, On-Deck Shower and More

The aquatic center has hot tub for relaxation and an on-deck shower for a quick rinse before your swim.

CLICK FOR
FITNESS
SCHEDULES



Fitness Center, Walk/Jog Track, Studios & Equipment

Larkspur features two dedicated group fitness rooms, a 5,000-square-foot fitness center and walk/jog track with alcoves for functional workouts. The building's multi-purpose rooms are used for fitness classes too.

The fitness center includes:

- Precor fitness cardio equipment
- Three SciFit bikes with removable seats and wheelchair ramps.
- The Precor Resolute line of easy-to-use selectorized equipment.
- Free weights, balance equipment and cable-cross machines.

Bend Senior Center

3,500-sq.-ft. Event Room and Kitchen

Social Lounge and Billiards Room

Free Wi-Fi

CLICK FOR
OLDER ADULT
ACTIVITIES
INFORMATION



For more information, call 541-389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



The Pavilion

Two kinds of play - The Pavilion has distinct personalities! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities. No matter the season, come join in all that's offered and get to know the amazing and oh-so chill versatility of The Pavilion.



Location

1001 SW Bradbury Way,
Bend Oregon 97702



Phone

p. (541) 389-7588 (SK8T)



Hours, Fees, Schedules & Information

Visit bendparksandrec.org/pavilion for schedules, rules and regulations.

Holiday hours and fees on pages 62 - 63.



Social Media

[facebook.com/
thepavilioninbend](https://facebook.com/thepavilioninbend)

[instagram.com/
thepavilioninbend](https://instagram.com/thepavilioninbend)

CLICK FOR
DROP-IN SKATING
SCHEDULES



Activities

Late October - April

Ice Skating & Lessons
Hockey
Curling
Skate Parties

April - September

Roller Skating & Hockey
Skateboarding & Scootering
Skate Parties
Adult Sports Leagues
Youth Summer Camps

How to Get There

The Pavilion is located in southwest Bend at the Simpson and Colorado Avenue roundabout. The entrance is located on SW Bradbury Way. Both on-site and street parking are available.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike or walk to The Pavilion. Bike racks are located at the entrance. To get here by public transportation, The Pavilion can be accessed via Cascade East Transit. A bus stop is located a block away and the Mt. Bachelor Park n' Ride is a few blocks to the west of The Pavilion.



Facility Features

The Ice Sheet (Late October - April)

Central Oregon's first and only NHL-size, 200' x 85' ice sheet complete with full-height dasher boards, players boxes and a refrigeration system consisting of over thirteen miles of tubing to ensure quality ice conditions even in marginal weather.

Roller Sports Flooring (April - September)

In June 2019, the Bend Bullets Roller Hockey club donated brand new roller sports surfacing for The Pavilion. Through their volunteer efforts, they provided a more skateable surface that is also multipurpose for other activities. Each summer, The Pavilion also hosts a popular all-day summer camp.

Skatepark (April - September)

Skatepark open for skates, scooters and skateboards. Helmets are required in the skatepark and available to borrow.

Skate Parties

Learn more online at
bendparksandrec.org/skateparties



Drop-in Skating Sessions

page 63.

Curling, Ice Hockey & Ice Skating

Adult Sports on pages 19 - 22.
Youth Sports on pages 46 - 54.

Register at register.bendparksandrec.org • Winter registration opens December 4 - 6 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 72 - 73. • Park lists on pages 74 - 75.



Winter 2024 Program Locations

Locations of all seasonal programs are in alphabetical order below.

Academie De Ballet Classique

162 NW Greenwood Ave, Bend, OR 97701

Academie De Ballet Classique

1900 NE 3rd St #104, Bend, OR 97701

Aspen Hall

18920 Shevlin Park Rd, Bend, OR 97703

Bear Creak Elementary School

51 SE 13th St, Bend, OR 97702

Bend Fieldhouse

401 SE Roosevelt Ave, Bend, OR 97702

BPRD District Office

799 SW Columbia St, Bend, OR 97702

Buckingham Elementary School

62560 Hamby Rd, Bend, OR 97701

Cascade Indoor Sports Center

20775 NE High Desert Ln, Bend, OR 97701

Cascade Middle School

19619 Mountaineer Way, Bend, OR 97702

DIYCave

444 SE 9th St #150, Bend, OR 97702

Elk Meadow Elementary School

60880 Brookwood Blvd, Bend, OR 97702

Harmon Park Clay Studio

1100 NW Harmon Blvd, Bend, OR 97701

High Lakes Elementary School

2500 NW High Lakes Lp, Bend, OR 97701

Highland Elementary School

701 NW Newport Ave, Bend, OR 97703

Hollinshead Park & Barn

1235 NE Jones Rd, Bend, OR 97701

Jewell Elementary School

20550 Murphy Rd, Bend, OR 97702

Juniper Elementary School

1300 NE Norton Ave, Bend, OR 97701

Juniper Swim & Fitness Center

800 NE 6th St, Bend, OR 97701

Larkspur Community Center - Home of the Bend Senior Center

1600 SE Reed Market Rd, Bend, OR 97702

Larkspur Park

1700 SE Reed Market Rd, Bend, OR 97702

Miller Elementary School

300 NW Crosby Dr, Bend, OR 97703

North Star Elementary School

63567 Brownrigg Ln, Bend, OR 97703

Norton Ave Apartments

415 NE Norton Ave, Bend, OR 97701

Odyssey Martial Arts

924 B SE Wilson Ave, Bend, OR 97702

Oregon Ki Society

20685 Carmen Loop, Bend, OR 97702

The Pavilion

1001 SW Bradbury Way, Bend, OR 97702

Pilot Butte Middle School

1501 NE Neff Rd, Bend, OR 97701

Pine Ridge Elementary School

19840 Hollygrape St, Bend, OR 97702

Ponderosa Elementary School

3790 NE Purcell Blvd, Bend, OR 97701

Ponderosa Skatepark

1411 SE Wilson Ave, Bend, OR 97702

**Riverbend Community Room -
BPRD District Office**

799 SW Columbia St, Bend, OR 97702

Samara Learning Center

230 NE 9th St, Bend, OR 97701

Silver Rail Elementary School

61530 SE Stone Creek Ln, Bend, OR 97702

Summit High School

2855 NW Clearwater Dr, Bend, OR 97703

Sun Mountain Fun Center

300 NE Bend River Mall Dr, Bend, OR 97703

**Sylvan Learning Center -
Northwest Crossing**

2754 NW Crossing Dr #101, Bend, OR 97701

Twin Knolls Transition Co-op

2500 NE Twin Knolls Dr, Bend, OR 97702

Westside Village School

1101 NW 12th St, Bend, OR 97703



Park Features & Amenities

Get out and play with our features and amenities guide. Need to know how to get to a park? An interactive map is available online at bendparksandrec.org and a print map is available at our facilities.

For additional information on parks and trails, visit our website at bendparksandrec.org or call 541-389-7275.

Park & Trail Rules & Regulations:

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list.

For the full rules and regulations text, call 541-389-7275 or visit our website at bendparksandrec.org.

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 am to 10:00 pm daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog "rest stops" along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.
- Do not litter. Trash cans are located throughout the park and trail system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 pm and 5:00 am.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; no charcoal grills allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

Trail Use:

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only trail sections. No motorized vehicles allowed on trails.



NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Al Moody Park	2225 NE Daggett Ln		•								•	•	•				
Alpenglow Park	61049 SE 15th St				•	•			•	•	•	•					
Alpine Park	61355 SW Swarens Ave								•								
Awbrey Village Park	3015 NW Merchant Way										•						
Bend Senior Center	1600 SE Reed Market Rd					•			•			•					
Bend Whitewater Park	166 SW Shevlin Hixon Dr														•		
Big Sky Park	21690 NE Neff Rd	•			•				•	•	•	•					
Blakely Park	1155 SW Brookwood Blvd		•								•	•					
Boyd Park	20750 NE Comet Ln		•								•	•		•			
Brooks Park	35 NW Drake Rd						•								•		
Canal Row Park	1630 NE Butler Market Rd								•	•	•	•		•			
Columbia Park	264 NW Columbia St							•		•	•	•			•		
Compass Park	2500 NW Crossing Dr								•	•	•	•					
Discovery Park	1315 NW Discovery Dr				•				•	•	•	•					
Dohema River Access	35 NW Drake Rd															•	
Drake Park	777 NW Riverside Blvd						•					•		•		•	
Eagle Park	62891 NE Nolan St									•	•	•		•			
Empire Crossing Park	63145 Lancaster Street								•	•							
Farewell Bend Park	1000 SW Reed Market Rd						•	•	•	•	•	•		•			
First Street Rapids Park	1980 NW First St						•	•				•		•			
Foxborough Park	61308 Sunflower Ln		•								•	•		•			
Gardenside Park	61750 Darla Pl									•	•	•		•			
Goodrich Pasture Park	941 NW Quimby Ave									•				•			
Harmon Park	1100 NW Harmon Blvd	•								•	•	•		•			
Harvest Park	63240 NW Lavacrest St											•		•			
Hillside I Park	2050 NW 12th St		•									•	•				
Hillside II Park	910 NW Saginaw Ave				•												
Hixon Park	125 SW Crowell Way																
Hollinshead Park	1235 NE Jones Rd				•	•								•			
Hollygrape Park	19489 SW Hollygrape St											•	•				
Jaycee Park	478 Railroad St		•									•	•	•			
Juniper Park	800 NE 6th St	•						•	•	•	•	•					•
Juniper Swim & Fitness Center	800 NE 6th St					•							•				
Kiwanis Park	800 SE Centennial Blvd	•	•							•	•	•		•			
Larkspur Community Center	1600 SE Reed Market Rd											•					
Larkspur Park	1700 SE Reed Market Rd		•					•	•	•	•	•					
Lewis & Clark Park	2520 NW Lemhi Pass Dr		•									•					

NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
McKay Park	166 SW Shevlin Hixon Dr						•						•		•		
Miller's Landing Park	55 NW Riverside Blvd						•				•		•		•		
Mountain View Park	1975 NE Providence Dr		•									•		•			
Northpointe Park	63800 Wellington St											•		•			•
Orchard Park	2001 NE 6th St		•								•	•		•			
Overturf Park	475 NW 17th St				•			•	•			•					
Pacific Park	200 NW Pacific Park Ln						•										
Pageant Park	691 NW Drake Rd						•									•	
The Pavilion	1001 SW Bradbury Way					•											•
Pilot Butte Neighborhood Park	1310 NE Highway 20	•									•	•	•				
Pine Nursery Park	3750 NE Purcell Blvd	•	•	•			•		•	•	•	•	•				
Pine Ridge Park	61250 Linfield Ct										•	•		•			
Pioneer Park	1525 NW Wall St						•				•		•				
Ponderosa Park	225 SE 15th St	•	•	•						•	•	•	•				•
Providence Park	1055 NE Providence Dr		•									•		•			
Quail Park	2755 NW Regency St		•						•	•	•	•		•			
Riley Ranch Nature Reserve	19975 Glen Vista Rd						•		•				•				•
River Canyon Park	61005 Snowbrush Dr								•								
River Rim Park	19400 Charleswood Ln								•								•
Riverbend Park	799 SW Columbia St						•				•		•				•
Riverview Park	225 NE Division St								•								
Rockridge Park	20885 Egypt Dr			•					•		•	•	•				•
Sawyer Park	62999 O.B. Riley Rd						•		•				•				•
Sawyer Uplands Park	700 NW Yosemite Dr								•			•					
Shevlin Park	18920 NW Shevlin Park Rd					•	•		•		•	•	•				•
Skyline Sports Complex Park	19617 Mountaineer Way	•									•	•	•				
Stone Creek Park	61531 Stone Creek Ln								•		•			•			
Stover Park	1650 NE Watson Dr	•										•	•				
Summit Park	1150 NW Promontory Dr		•						•								•
Sun Meadow Park	61150 Dayspring Dr		•								•	•		•			
Sunset View Park	990 NW Stannium Rd								•								
Sylvan Park	2996 NW Three Sisters Dr								•		•						•
Three Pines Park	19089 Mt Hood Pl										•						
Wildflower Park	60955 River Rim Dr										•	•					
Woodriver Park	61690 Woodriver Dr		•								•		•				



Big Sky Bike Park



Mirror Pond, Drake Park & Deschutes River Trail - Pioneer Reach



Gardenside Park



let's play
together

play for life