



INCLUDES
JUNIPER SWIM
& FITNESS CENTER,
LARKSPUR
COMMUNITY
CENTER &
THE PAVILION

your playbook

winter-spring 2025

news &
happenings

ways to play
through the seasons

park & trail projects
in the works

play for life



what's inside

Almost all
creativity
involves
purposeful play.”
- Abraham Maslow,
American psychologist

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COVER: Children in BPRD’s Kids Inc. afterschool childcare program take advantage of snow for some sledding together. Photo credit: Greg Kleinert.



hi there.



Winter in Bend is a time of crisp air, snowy landscapes and wonderful opportunities to enjoy the parks, trails and facilities that make our community special. Whether you're out for a peaceful walk along the Deschutes River, hitting the trails for a winter run, or enjoying a warm and welcoming indoor activity, our team is here to keep recreation accessible all season long.

When winter weather comes, our dedicated staff works hard to remove snow from 45 miles of sidewalks and 34 acres of parking lots ensuring access to our parks, trails and facilities. No matter the season, we're committed to keeping spaces open for you to connect, play and thrive.

In this edition of *Playbook*, we're excited to highlight the work of the Bend Park and Recreation Foundation, which provides scholarships to help remove financial barriers for community members. Mark your calendars for their upcoming fund raiser in April—Not'Cho Grandma's Bingo at Silver Moon Brewing—an event that's sure to bring fun and support a great cause. Learn more on page 13.

We're also featuring our annual financial report, offering insight into the stewardship of public resources, and introducing Clifton, our innovative field-painting robot, which is helping to enhance field maintenance efficiency.

Highlighted on pages 14 - 15, Therapeutic Recreation programs are an important part of BPRD's offerings and we're proud to share the story about these opportunities. From workout groups, cooking and art, to hiking, swimming, rafting and trivia, there's something for everyone to enjoy.

There's so much more to explore in this issue, and I invite you to read on to discover all the ways you can keep moving, engaged and connected this winter and spring.

See you out there!


Michelle Healy


Executive Director


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Hours, holidays and more available online at:
bendparksandrec.org

ART STATION

p. 541-389-7275

Art Station classes are currently relocated to Harmon Park Clay Studio, Larkspur Community Center and some school locations.

Learn more about art programs on page 40.

JUNIPER SWIM & FITNESS CENTER

800 NE 6th St. • p. 541-389-7275

Hours, fees and more available on page 37.

LARKSPUR COMMUNITY CENTER - HOME OF THE BEND SENIOR CENTER

1600 SE Reed Market Rd. • p. 541-389-7275

Hours, fees and more available on page 38.

PARK SERVICES

1675 SW Simpson Ave. • p. 541-389-7275

Hours, holidays and more available online at:
bendparksandrec.org

THE PAVILION

1001 SW Bradbury Way • p. 541-389-7275

Hours, fees and more available on page 38.

VISION STATEMENT:

To be a leader in building a community connected to nature, active lifestyles and one another.

MISSION STATEMENT:

To strengthen community vitality and foster healthy, enriched lifestyles through parks, trails and recreation.

COMMUNITY PLEDGE:

To reflect our community, welcome and serve equitably, and operate with transparency and accountability.

INCLUSION:

The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations. For more information or an activity assessment, contact Therapeutic Recreation at p. 541-706-6121.

FOLLOW US:

Facebook - Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

Instagram - [bendparks](https://www.instagram.com/bendparks), [bendparkandrec_enespanol](https://www.instagram.com/bendparkandrec_enespanol), [bendwhitewaterpark](https://www.instagram.com/bendwhitewaterpark), [juniperswimandfitness](https://www.instagram.com/bendparks_juniperswimandfitness), [larkspurcommunitycenter](https://www.instagram.com/larkspurcommunitycenter) and [thepavilioninbend](https://www.instagram.com/thepavilioninbend).

SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA | LATINO OUTREACH SERVICES:

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Contact: Kathya Avila p. 541-706-6190
kathya@bendparksandrec.org

DISTRICT LEADERSHIP

BOARD OF DIRECTORS:

Jodie Barram, Board Chair • Donna Owens, Vice-Chair • Nathan Hovekamp • Cary Schneider • Deb Schoen

BUDGET COMMITTEE:

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DIRECTOR OF RECREATION:

Matt Mercer • p. 541-706-6103
matt@bendparksandrec.org

winter - spring 2025 magazine

Welcome to “Your Playbook.” You’re invited to learn about the many recreation programs, facilities, parks and trails available to you. Whether you are one, one hundred or somewhere in between, the Bend Park and Recreation District is your place for play.

Bienvenido a su “Revista de Actividades Recreativas.” Lo invitamos a conocer los numerosos programas recreativos, centros de recreación, parques y senderos a su disposición. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, un grupo grande o cientos.



play for life

It is about living in the moment,
but also about creating a
legacy for the future.

We embrace the obvious!
We believe that play holds the key to
happy and healthy lives
in our community - here and now, as
well as 50 years ahead.

How do we do it?
Through play, BPRD engineers
a joyous mixture of exploration and
discovery - and plants the seed
for amazing experiences.
We offer opportunities and places to
grow and to thrive.

Play for Life brings possibility
to all ages in our community,
from 1 to 100.

Don't get us wrong.
We take our playful role seriously.
We are instigators, planners
and stewards, encouraging
our community to
Play for Life and Live to Play.

bprd news & happenings



COMPREHENSIVE PLAN MID-TERM UPDATES COMPLETED

Staff recently completed a mid-term update to the 2018 Comprehensive Plan. A midterm update enables the district to respond to changes in community needs, population growth and demographics, and local land use planning. Some of the key elements of the update include an updated needs/unmet needs analysis, an updated level of service analysis, updated park search area, trail plan and planned projects maps, and a new project list.

The district's 2018 Comprehensive Plan and the 2024 update can be found on the BPRD website at bendparksandrec.org/cip/.



NEW STRATEGIC PLAN ADOPTED

The board of directors adopted the 2024-29 Strategic Plan in October. The document provides the framework for how the district will serve the community and its staff through internal operations over a defined period of time.

Organized around key priorities, goals and strategies, the document is available on the district website at bendparksandrec.org/strategic-plan.

PARKS RULES TO BE UPDATED

BPRD is in the process of updating the district's Park Rules and Regulations. The Park Rules and Regulations Ordinances were last adopted in September 2018.

Since then, the population of the Bend area has grown and new issues have emerged in the parks and on the trails, necessitating an update to the rules. Some of those issues include electric bikes and other rolling devices, parking lot misuse and defining enforcement options.

The ordinance updates will require first and second readings at board meetings in early 2025.

STATEWIDE HONORS FOR STAFF

At the 2024 Oregon Recreation and Parks Association annual conference held in October, BPRD was honored with three awards.

Sue Boettner, recreation manager, retired in 2024 after 19 years with the organization, and was honored with the David E. Clark Professional Service Award, the highest honor from the state-wide organization.



Carolyn Creedican, fitness supervisor, received the Aquatics Professional of the Year. Over her 31 years with BPRD, Carolyn has earned the respect and reputation as the go-to expert for water exercise and therapeutic programs.

The district also received the Outstanding Service to ORPA and the Natural Resources Section Award for the work of the Natural Resources and Trails team. Together with partners, BPRD works to decrease fire fuel loads, increase forest health and climate resiliency, and navigate local regulations. Congratulations to the honorees!

2025 RECREATION NEEDS SURVEY UNDERWAY

The district aims to better understand residents' desires for organized recreation programs and services and is conducting a recreation needs survey in winter 2025. Questions include what types of recreation programs and services residents currently use and want for their household and for the broader community, and about future priorities.

Since the last recreation survey in 2018, Larkspur Community Center opened, and many recreation programs have grown and expanded in participation. With more than 1,000 recreation programs offered, the breadth of choices has grown steadily over the past 15 years, in part due to prior survey responses and input.

PROGRAM REGISTRATION FOR WINTER, SPRING AND SUMMER

Are you looking for fun winter activities for now through end of March? Offered indoors and outside, winter programs and spring sports leagues registration is open now and includes Spring Break offerings. You can view programs and register online at register.bendparksandrec.org. If you're seeking more spontaneous play, you can also learn about drop-in activities on pages 32 - 36.

Winter's end will arrive before we know it and spring and summer registration will be here soon. We're talking April through August programs - afterschool, day camps, sports, roller skating, swim lessons, arts and crafts, outdoors, no-school day activities and more! Registration for spring opens on February 10 - 11 and summer opens on March 17 - 18. Learn more about registration on pages 39 - 43.



BPRD'S AFFORDABLE HOUSING CONTRIBUTIONS CONTINUE

BPRD has a history of providing System Development Charge (SDC) waivers to support affordable housing projects. These waivers help reduce costs for developers creating deed-restricted, affordable housing, which aligns with broader community goals for increasing housing availability for lower-income residents. Since 2019, the district has waived 637 units totaling more than \$4.16 million.



BE IN THE KNOW: INCLEMENT WEATHER OPERATIONS

From winter storms to wildfire season smoke, the district evaluates weather and air quality conditions to make decisions on operations, cancellations and closures. There are multiple ways to stay informed:

DELAYS AND CANCELLATIONS: Impacted programs and facilities will be displayed on the website using the Delays and Cancellations Report at bendparksandrec.org/cancellations.

RECREATION CENTERS AND DROP-IN ACTIVITIES: Check online schedules prior to leaving. Schedules will be updated for facility and program cancellations.

CAMPS AND PROGRAM NOTIFICATIONS: Registration program participants will receive an email 1 - 2 hours prior to the start of the activity if it is delayed, relocated or canceled. If a youth activity is in progress and needs to be canceled, phone calls will be made to pick up your child within one hour.

SNOW REMOVAL ON TRAILS: If Bend should have a snow event of 2 inches or more, Park Services staff will prioritize snow removal starting with our recreation centers and district buildings, facility parking lots and rights-of-ways. Depending on crew availability and the severity of the storm, crews will then work to remove snow from the following trails:

- Riverbend and Farewell Bend parks
- Drake Park pathways
- Pine Nursery Park Loop Trail
- Alpenglow Community Park
- Cascade Highlands Trail from Overturf OLA to Skyline Ranch Rd.
- Coyner Trail from Ponderosa Park to Juniper Park.
- Discovery Trail from Clearwater Dr. to Skyliners Rd. and from McClain Dr. to Shevlin Park.
- Larkspur Trail from Bear Creek to Neff Rd. through Pilot Butte State Park.
- West Bend Trail along Galveston and Skyliner Rd. between 17th to Skyline Ranch Rd.
- Haul Road Trail from McKay Park to the LOGE Bend hotel.
- Pioneer Park to the First Street Rapids Bridge.

Please be patient during heavy snow events.

annual financial report

Fiscal Year: July 2023 - June 2024

The annual report is an opportunity to review the revenues and expenditures behind the decisions made daily throughout the year. Beyond pie charts and data, this information represents how we contribute to this community.

Bend continues to grow, and long-time residents and newcomers alike expect high levels of service in parks, trails and all forms of recreation.

Management decisions and conservative fiscal policies over many years have ensured a sustainable financial future for the district. The district prioritizes long-term financial stability, so that resources can enhance the quality of life for Bend residents now and for future generations.

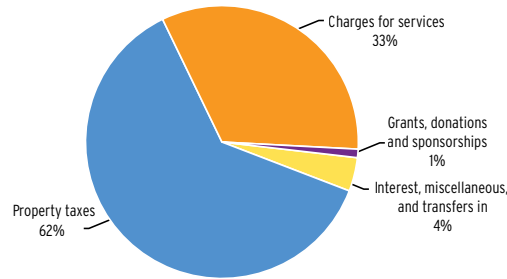
The Bend Park & Recreation District is not a department of the City of Bend. As a separate special tax district, it adopts its own budget every fiscal year.

To view the 2023-24 Annual Comprehensive Financial Report (ACFR) or the 2024-25 budget, visit bendparksandrec.org/finance/.

Financial amounts and percentages are fiscal year 2023-24 actuals and fiscal year 2024-25 budgeted estimates.

2023-24 OPERATIONS

OPERATIONS SOURCES OF FUNDS \$37,037,000



Where the Money Comes From

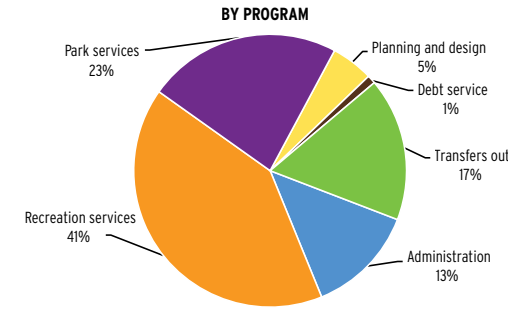
Property taxes (62%) are collected from property owners in the district.

Charges for services (33%) are collected from recreation programs and facility rental use.

Grants, donations and sponsorships (1%) are funds received to support programs and scholarships for community residents.

Interest, miscellaneous and transfers in (4%) are interest earned from reserves, miscellaneous one-time revenue, and transfers from capital funds for services performed related to capital projects.

OPERATIONS SPENDING \$37,332,000

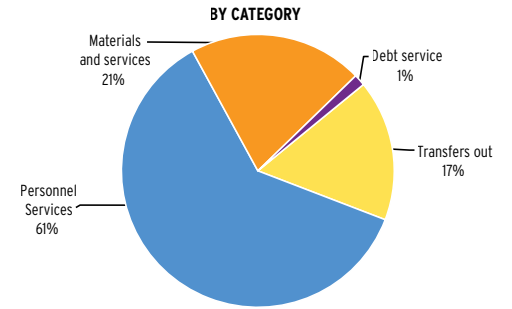


Where the Money Goes

Administration (13%) manages organization-wide services including executive director's office, finance, risk and contract management, technology, community engagement, marketing, human resources, volunteers and special projects.

Recreation services (41%) operate all recreation programs and facilities including the Larkspur Community Center, Juniper Swim and Fitness Center, The Pavilion, Aspen Hall and Hollinshead Barn. **Recreation services are funded 80% through fees and 20% through property taxes.**

Park services (23%) manage and maintain parks, trails, natural resources, vehicles, equipment and facilities for the users of these spaces.



Planning and design (5%) provide long-range planning and design, development and construction for parks, trails, natural areas and facilities.

Debt service (1%) is for repayment of the Series 2014 Juniper Swim and Fitness Center loan with the final payment occurring in June 2025.

Transfers out to reserve funds (17%) provide reserves for future capital related maintenance and expenditures.

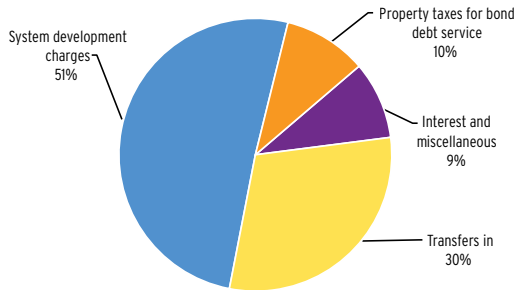
Personnel services (61%) are costs related to personnel across all departments including salaries and wages, benefits, and payroll related taxes.

Material and services (21%) are the goods and services needed to operate including office supplies, program supplies, repair and maintenance, training, dues, fees and licenses, utilities, and professional and technical services.

2023-24 CAPITAL PROJECTS

In order to serve a growing community, the Bend Park & Recreation District must continually plan for development, improvement and replacement of public parks, trails and recreation facilities. District staff work together to plan, design and construct capital projects to meet the needs of the community.

CAPITAL PROJECT FUNDING \$20,765,000



Where the Money Comes From

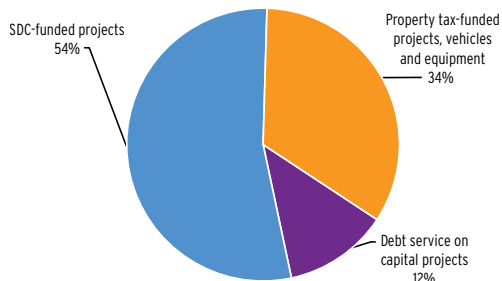
System development charges (SDCs) (51%) are collected from new residential building permits to be used for new and expanded parks and trails to support community growth.

Property taxes for bond debt service (10%) are from property taxes levied to repay the 2012 voter-approved bond debt.

Interest and miscellaneous (9%) is income earned on reserves and miscellaneous one-time revenue.

Transfers in (30%) are transfers from the operating funds (primarily General Fund property taxes) used to build reserves and pay for capital projects, vehicles and equipment.

CAPITAL PROJECT SPENDING \$16,875,000



Where the Money Goes

SDC-funded projects (54%) are land purchases and development of parks and trails to support new growth in Bend.

Property tax-funded projects, vehicles and equipment (34%) are for renovation, improvement and expansion of current parks, trails and indoor facilities along with asset replacement and renovation (taking care of what we have) and vehicles and equipment-related expenditures to care for and operate our parks and facilities.

Debt service on capital projects (12%) is for repayment of the 2012 bond debt.

Why the difference?

There is a difference of \$3.9 million between Capital Project Funding and Capital Project Spending due to excess current year revenues being reserved for future year projects and capital asset related expenditures.

To view the 2025-29 5-Year Capital Improvement Plan (CIP), visit bendparksandrec.org/cip/.

2024-25

FUNDING THE FUTURE

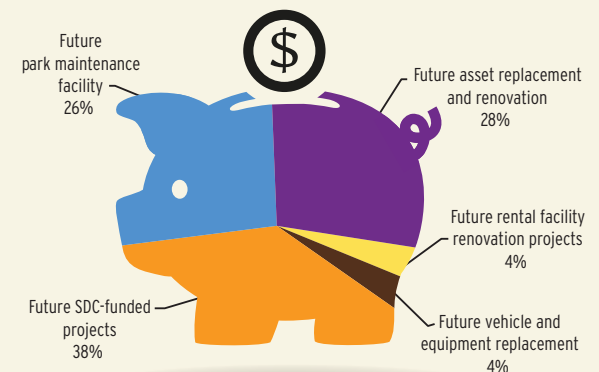
1. Saving like a household.

When a household has a big purchase in the future, the preferred choice is to save up before buying it. The district saves property tax revenues from its permanent tax rate for significant projects. These savings enable the district to purchase park land, develop parks, expand, build and renovate facilities, and replace vehicles and equipment.

2. New parks and trails are tied to growth.

System development charges (SDCs) are fees paid on new residential construction and temporary lodging to help fund new parks, trails and recreation facilities. As Bend grows, these fees help ensure that all Bend residents get comparable recreation opportunities.

2024-25 BUDGETED CAPITAL RESERVES \$34,482,000





in the works

PARKS, TRAILS & FACILITIES PROJECTS

“Everybody needs beauty as well as bread, and places to play in.”
- John Muir

As Bend grows, so does your park and trail system to support our community’s needs. The district is adding new parks and trails while also updating aging facilities, parks and trails. Together, these projects keep staff busy with land purchases, project design, public outreach to gather input, and construction to turn plans into recreational amenities for our community.

MILLER’S LANDING RIVER ACCESS PROJECT



Designed in 2023 as part of the McKay, Miller’s Landing and Columbia River Access project, this project is focused specifically on the construction of improved river access and habitat restoration and protection at Miller’s Landing Park. Plans include improved river access for boaters and river users with mobility restrictions by redeveloping the boardwalk. The access point at the north end of the park will be improved for swimming, wading and slower-current water recreation. Funding for the construction includes grant funds from the Bend Sustainability Fund: A Visit

▲ Shown in a rendering, the Miller’s Landing Park river access project includes improvements for river recreationists to wade, swim and paddle the river.

Bend Project, the Oregon State Marine Board’s Waterway Access Grant Program, Oregon’s Local Government Grant Program, and a donation from the Joseph & Elizabeth Hoffart Charitable Foundation. Work is anticipated to be complete in summer 2025.

LITTLE FAWN PARK: COMPLETE

This new neighborhood park in southeast Bend along Parrell Road opened in October 2024. Park features include shaded lawn area, preserved natural spaces, picnic shelter, play areas, trails and pathways, a half basketball court, and a small parking lot. You can learn more about the park on page 25.

MANZANITA RIDGE PARK



Manzanita Ridge Park is a new 3.5-acre neighborhood park under construction in the Shevlin West development. Informed by input from surrounding neighborhoods, the park will feature open lawn, picnic facilities, play areas, soft surface and paved trails, seasonal restroom, and natural areas. The park borders district-owned open space with trail connections via the Manzanita Trail to trails in Shevlin Park. The park is expected to open in fall 2025.

PINE NURSERY PARK PHASE 5



This project will construct the final phase of the 20-year phased plan for Pine Nursery Park. Work will include renovation of the four existing baseball/softball fields with new all-weather turf infields and sports field lighting, adding eight additional pickleball courts, new trail connections, accessibility improvements, off-leash dog area improvements, and maintenance and infrastructure improvements. The project is anticipated to be complete by summer 2026.

RIVERFRONT STREET & DESCHUTES RIVER TRAIL IMPROVEMENTS



The district is partnering with the City of Bend to design improvements to Riverfront Street to provide easier access for trail users between Drake Park and Miller's Landing Park. The district began work on this project several years ago, but the effort was halted due to the high level of complexity and funding limitations for the project. In early 2023, BPRD and the City of Bend agreed to restart the project with shared costs and resources to complete the project designs. The project is being led by the City of Bend with participation and financial support from BPRD.



▲ Anticipated to open in fall 2025, Manzanita Ridge Park will offer trail connections to Shevlin Park on Bend's west side.

HOLLINSHEAD PARK IMPROVEMENT PROJECT



Hollinshead Park is a 16.1-acre community park in northeast Bend. Obtained from Dean and Lily Hollinshead, it has deep roots in the area. With Bend's continued growth and increased demand on our parks, this project aims to provide an accessible and enjoyable park experience for all visitors. Proposed work includes permanent restrooms, parking improvements, fencing the off-leash area for dogs, and enhancing ADA access to and around the Hollinshead Barn. The district will also add an interpretive history walk developed in coordination with the Deschutes Historical Museum. The project is estimated to be completed in 2026.

ART STATION



The Art Station is getting a new home for the district art programs that have been held in temporary locations since 2022. After discussing opportunities and options, the district is building an approximately 5,000 square foot building at Larkspur Park to permanently house and enhance ongoing Art Station programs. The surrounding natural space and trails will be an additional inspiration and space to create. Work is anticipated to be completed in summer 2026.



SAWYER PARK ASSET MANAGEMENT PROJECT



Sawyer Park is one of Bend's oldest parks. Years of use and increased visitation have led to the need for an updated entrance and parking lot as those assets have reached the end of their life span and no longer provide the functionality and capacity needed for the park. Following public outreach, a preferred concept design was developed that includes a permanent restroom, picnic shelter, accessibility improvements, pathways and habitat restoration. The project has been approved for Land and Water Conservation Fund and local government grants to help fund the amenities. Expected completion is summer 2026.

◀ Sawyer Park's parking lot is aged and will be updated along with the park's entrance in the park's asset management project.



▲ Currently an undeveloped irrigation district service road, the multi-use North Unit Canal Phase 1 trail in northeast Bend follows the canal from Canal Row Park to Pine Nursery Park and Deschutes Market Rd.

NORTH UNIT CANAL TRAIL PHASE 1



The North Unit Canal Trail is a planned trail in northeast Bend along the North Unit irrigation canal. The canal is jointly managed by the U.S. Bureau of Reclamation and the North Unit Irrigation District (NUID). Phase 1 of the trail will run between Canal Row Park and Yeoman Road and provide access to Pine Nursery Park, Fieldstone Park and numerous residential developments along the trail corridor. The trail is planned to be a 10-foot-wide multi-use trail with a primarily compacted gravel surface similar to other canal trails in Bend. Some trail portions will feature an asphalt surface. The district has substantially completed designs for the trail and is currently working on the acquisition of trail easements and the necessary permits for construction.

SYLVAN PARK PLAYGROUND RENOVATION



Located at the top of Awbrey Butte, Sylvan Park is a popular park for surrounding neighbors. It features abundant natural area, open lawn, mature trees, a playground, trail connections and tennis courts. The surrounding neighborhoods have grown considerably since the park was developed in 1993. This project will replace the wood-based playground and surfacing, and create an accessible route to the playground from the parking area. Improvements to other existing amenities or the addition of new amenities are not planned in this project. The project is anticipated to be complete in fall 2026.

DISCOVERY PARK WEST



BPRD and Brooks Resources Corporation are working together to preserve around 35 acres of open space and construct a three-acre neighborhood park in the Discovery West subdivision. The project includes a paved, multi-use trail connection between Discovery Park and Shevlin Park called the Outback Trail, as well as other trail connections to the Discovery West neighborhood. The open space and park development are happening in phases as Brooks Resources develops the Discovery West subdivision. To date, approximately 20 acres of open space has been preserved and transferred to BPRD.

PARKLAND ACQUISITION



Staff regularly work with local developers and property owners to acquire property for new parks and trails. These acquisitions are guided by the district's 2018 Comprehensive Plan, which identifies areas of the district that are underserved by parks and trails, including areas of Bend that are anticipated to develop substantially in the near future. The district is actively working on several property acquisitions throughout the park district to bring new parks to underserved areas.

BEND WHITEWATER PARK MAINTENANCE AND MCKAY PARK RIVER ACCESS



Completed in 2016, and with changes in river flows stemming from the U.S. Fish and Wildlife Service-approved Deschutes River Basin Habitat Conservation Plan, the Bend Whitewater Park is due for maintenance. The project began with data collection, site survey and an engineering analysis looking at the current functionality of the existing park features. Based on the engineering report, the district will determine the scope for the next phases of this project. The project will also improve river access at McKay Park, following the preferred concept design that was developed in 2023 as part of the McKay, Miller's and Columbia Park River Access project.

For more on BPRD projects, visit bendparksandrec.org/about/current-projects/





community events

Part of the BPRD mission is to keep recreation inviting to everyone.

Every season, BPRD offers events for our community. The opportunities encourage kids and adults alike to have fun, but it's also a chance for people to get active, try something new and connect others.

So, take a look at the upcoming events and get out and about!

Heart Health Week

FREE

February 10 - 14

Juniper Swim & Fitness Center and
Larkspur Community Center

All adults

Free cardiology-focused presentations and classes from local experts to help you keep your heart happily ticking along. Learn more online at bendparksandrec.org/hearthealth/

Lunch & Learn Series

FREE

Tuesdays, 12:00 - 1:30 p.m.

Larkspur Community Center

All adults

Fall through Spring | Presented in partnership with PacificSource Medicare Health Plans.

Feed your body and your mind as local experts share their knowledge about issues important to you. Bring your lunch; dessert and coffee are on us. Check online schedule for topics each month at bendparksandrec.org/bsc-lunch-learn.

St. Patrick's Day Dinner & Dance

Friday, March 14, 6:00 - 9:00 p.m.

Larkspur Community Center

All adults

Join this festive spring celebration featuring a traditional St. Patty's Day buffet including corned beef and cabbage with all the fixings prepared by the executive chef from Whispering Winds Retirement. After dinner, you can dance the night away to the Notables Swing Band. Advance \$15/person tickets available at front desk or online at register.bendparksandrec.org.

Spring Break Skate & Swim

March 22 - 30

The Pavilion, Larkspur Community Center
and Juniper Swim & Fitness Center

All ages

Ice Skating at The Pavilion: Offering Open Skate, \$7 With A Child Skate and \$7 Cheap Skate sessions. Check schedules at bendparkandrec.org/thepavilion

Recreation Swim at Juniper and Larkspur:

Special sessions of Recreation Swim. \$7 adult with paid child. Check schedules at bendparksandrec.org/recswim

Not'Cho

Grandma's Bingo

Fundraising event hosted
by the Bend Park and Recreation
Foundation

Sunday, April 6

Doors open at 9:30 a.m.;
event 10:00 a.m. - 12:00 p.m.

Silver Moon Brewing

All ages with adult

Join the Bend Park and Recreation Foundation for a fabulously fun-packed morning of bingo! Proceeds from this high-energy event will support recreation scholarships and help provide the resources needed for people to take part in Bend Park and Recreation District programs and activities. Reservations are recommended! Bingo events often sell out. Attendees purchase bingo card bundles for \$30 and will have the opportunity to participate in other great fundraising activities during the event. Thank you to The YOUNI Movement and Silver Moon Brewing for supporting this opportunity. Reserve your table or seat today - you won't want to miss this event!



For more information on community events, visit bendparksandrec.org/events



Tickets at eventbrite.com/e/notcho-grandmas-bingo-reservable-tables-seats-tickets-642326815797



making fun for everyone

THERAPEUTIC RECREATION SPOTLIGHT

GET CONNECTED.

Learn more about BPRD's Therapeutic Recreation programs on page 42 or visit bendparksandrec.org/TR/.



ALL ABOUT INCLUSION

The Therapeutic Recreation (TR) department at Bend Park and Recreation District supports the belief that everyone should be able to enjoy BPRD programs, regardless of their abilities. TR activities help adults and youth with special needs develop new skills, make friends and stay active. The department's goal is to create a welcoming environment where everyone can participate.

TR BY THE NUMBERS

Last year, numerous community members participated in TR programs. Youth TR programs had 1,059 visits and adult TR programs had 3,953 visits. That is a lot of fun! BPRD helped 88 young people and 64 adults through our programs. TR Leaders also assisted 421 people in non-therapeutic recreation programs. We partnered with such organizations as the Bend-La Pine Schools and Oregon Adaptive Sports to offer even more activities. Programs served people from ages 6 to 73, with a pretty even split between adults and youth.

TR PROGRAM HIGHLIGHTS

Staff remark that their hearts are full when TR program participants have fun and find value in our programs. Longtime TR participant, Jenny B. exclaimed, "I love Parks and Rec. I have many friends because of Parks and Rec... It is the best!"

BPRD offers TR programs all year round, including workout groups, cooking classes, arts and crafts, swim nights, game nights, hiking and walking clubs, rafting trips, trivia nights and more. For more information, visit the TR webpage at bendparksandrec.org/TR/.

ART MURAL SHOWCASE AT JUNIPER SWIM & FITNESS CENTER

In August 2024, adult TR participants worked as a group and created an art mural at Juniper Swim and Fitness Center. With beautiful expressions by each individual, the piece features members' photos, self-portraits, glass pieces and artwork. It is a meaningful addition to the Juniper lobby, and the participants are proud to have their creations on display for all to enjoy.





“The culture of caring among participants and staff is extraordinary. This isn't just a program; it's a community filled with kindness, inclusion, and genuine connection.”
- Michael B., TR participant parent

NEW DAY PROGRAM FOR ADULTS

Staff learned from some adults with developmental and intellectual disabilities that they missed hanging out with their friends and being part of the community after they graduated from high school. So, staff created a day program on Fridays just for them! It has been a big hit as participants get to do fun activities and even volunteer at Harmony Farm Sanctuary once a month.



Therapeutic Recreation has been a safe place where my kids can be true to themselves.”
- Lindsay K., parent of two TR participants

SO EVERYONE CAN PLAY

There are many families that need help with the funds to participate in BPRD's specialized therapeutic recreation programs and general recreation activities.

Thanks to gifts from the Opdycke family and other generous donors, the Bend Park and Recreation Foundation provides supplemental funding to support people with disabilities with participating in programs and also helps covers the cost for enrichment experiences to help make these opportunities more affordable for all.

A family member shared gratitude for the support the foundation has provided for her loved one. “Bend Park & Rec programs have become an important part of Lucky's life. He is motivated to attend and is always looking forward to the next activity and spending time with the many friends he has made. Lucky's life has more purpose and meaning and would not be the same without the experiences and fun he has with BPRD programs.”

To learn more about supporting therapeutic recreation program participants and other scholarship opportunities, visit bendparksandrec.org/donate or call Kim Johnson at 541-706-6127.



SECOND ANNUAL PROGRAM BARBEQUE

TR patrons and staff had a blast at the second annual barbeque last summer. Employees, participants and their families loved having fun and enjoying delicious food together. The yearly event reflects the wonderful community that has been formed through the programming.

SENSORY-FRIENDLY SWIMS

The TR department also offers sensory-friendly swims, perfect for individuals with special needs. These swims provide a calm atmosphere and predictable routines with trained staff. Patrons find the pool sessions comforting and supportive. Schedules available at bendparksandrec.org/recswim.



recreation by the numbers

2024 RECREATION REPORTS & TRENDS

The Recreation Department is setting records with its offerings to community members of all ages with varying interests. Here is a snapshot of services and participation.



Approximately
1.3 million
facility visits to
BPRD recreation centers
- Juniper Swim & Fitness
Center, Larkspur Community
Center and The Pavilion.



40% of older adults

65 - 85 years old served. There are more than 5,000 older adults in our community who are supported with health insurance-reimbursed facility passes.



32,000+ people
served in organized recreation
activities and facility passes to
recreation centers.

Over 80% of Bend's
school-age youth

participated in at least one registration
program in the past year.



There were
473,000
program visits
to registration recreation
programs with most visits
in sports leagues and
camps and Kids Inc.
afterschool care.



Serving more people
while maintaining
financial sustainability.

80% of the cost
of providing recreation facilities,
programs and services is covered
by user fees and other non-tax
resources.



Approximately \$720,000
in scholarship funds to more than
2,000 households
approved for
financial support.

waves

of community impact

EMPLOYEE SPOTLIGHT



Thank you, Ann, for teaching generations of Bendites to swim!

How many people impact more than 50,000 people in their careers? Ann Story, BPRD's swim program supervisor, can be proud of this accomplishment as it's the number of children and adults who have learned to swim during her 30-year career.

"I always wanted to show people, and especially kids, how much fun swimming is!" said Story, who retired on Jan. 1, 2025. "When someone learns to swim and can say to themselves, 'I can do it; it's easy,' I am most satisfied and feel proud," she added.

She started at BPRD 30 years ago and within a year, she was promoted to aquatic coordinator and excelled in running the adapted aquatics program, assisting with swim lessons, and supporting the lifeguard team. A year later, she took on the monumental task of managing the entire swim lesson program while serving as a facility shift lead too.

"Ann's influence on aquatics at BPRD has been immeasurable," said Matt Mercer, recreation services director who hired Ann three decades ago. "She is a positive, enthusiastic and incredibly caring individual. Offering her the job on the spot was one of the easiest decisions I've ever made."

In addition to teaching thousands of people in swim lessons, Ann also trained and mentored more than 1,000 swim instructors. With swim program growth due to the expansion of Juniper Swim & Fitness Center in 2006 and the opening of Larkspur Center in 2021, she has always been known for her unique ability to uplift everyone around her with her smile, positivity and willingness to step up wherever she's needed.

Ann has been a constant presence at the pools and her impact will be felt for years to come. Congratulations, Ann, and best of luck in your next chapter!



WORK FOR PLAY AT BPRD

There are lots of ways to combine work and play as a BPRD employee. Regular openings for the season ahead and beyond may include:

- Recreation Facility Shift Lead
- Park Services Landscaper
- Youth Recreation Leader
- Therapeutic Recreation Leader
- Lifeguard
- Swim Instructor
- Custodian

Some positions may be available for 14 years and older; most positions are for 18 years and older.

For current job opportunities and to apply, visit bendparksandrec.org/jobs.





WHISPERING WINDS RETIREMENT COMMUNITY

decades of community dedication

Celebrating over 20 years of serving up fun together

In 2004, a casual conversation between BPRD staff and a new marketing director at Whispering Winds Retirement Community sparked what has become a lasting relationship with the shared focus of providing enriching experiences and social connections for older adults.

PARTNER SPOTLIGHT



“What can we do together to get older adults to come and enjoy this beautiful space,” has led to countless activities and events held at the Bend Senior Center that bring people together. From sponsoring the first health fair offered in 2004, to providing food (and entertainment) for dinner dances, lunches, celebrations and more, to bringing a big plate of fresh cookies for folks to enjoy during lunch and learn events, the cheerful staff from Whispering Winds generously continues their contribution of time and resources to support park district efforts.

Recreation is at the center of this relationship and staff from Whispering Winds are truly recreation folks at heart. The St. Patrick’s Day Dinner Dance in March is always a sell-out with a delicious traditional Irish dinner prepared and served by Whispering Winds staff. But the highlight of the evening is the treats and laughs provided by a spry leprechaun, aka Judy Duggan, marketing director for Whispering Winds. “Whispering Winds truly values the relationship with BPRD and is proud to support the amazing things the district offers for seniors and families.” Judy shared, “We look forward to continuing this partnership for many years to come. Feeding people great food is one of the things we love to do!”

Sue Glenn, BPRD recreation facilities manager, offers deep appreciation for the gracious and generous support provided by Whispering Winds. “This relationship is an important piece of the puzzle that allows us to reach a broader population, helps to



keep opportunities affordable and for achieving our goals of creating experiences that enrich lives and connect community.” She continued, “They are a community-minded company that supports many organizations and causes in our area and we are honored to have the opportunity work with their team.”

Folks who are in-the-know come to Larkspur Community Center on the second Tuesday each month for Super Tuesday Brunch. It’s a fabulous spread prepared and served by Whispering Winds staff with help from BPRD volunteers, and the \$3 suggested donation supports BPRD’s recreation scholarship program. Stop in for the good food and conversation and join BPRD in thanking Whispering Winds for twenty-plus years of working together to create great recreation experiences for older adults in our community.



GET CONNECTED.

Learn more about BPRD’s older adult activities on page 36 or visit bendparksandrec.org/bsc-activity-calendar



Learn more about and take a video tour of Larkspur Community Center - Home of the Bend Senior Center online at bendparksandrec.org/larkspur.



PHOTOS:

Opposite page - top: Super Tuesday Brunch.

Opposite page - bottom: Weekly Lunch & Learn Series with hosted coffee and cookies.

Top, left and right: St. Patrick’s Day Dinner & Dance.

Bottom, left and right: Super Tuesday Brunch.





Donate to recreation scholarships

There are many people in our community that need a little extra help to participate in recreation programs like swim lessons, a fitness class or the change to play on a team. Your donation to the Bend Park and Recreation Foundation can provide the resources needed to take part in activities that improve health, increase confidence and independence, and enrich lives.

- **\$50 supports a session of swim lessons for a child**
- **\$100 provides a month of fitness and swim activities for a family of four**
- **\$150 funds assistance with one month of afterschool care for a child**

Have fun! Help raise some funds!

Mark your calendar and join Bend Park and Recreation Foundation at upcoming events, including:

**Not 'Cho Grandma's Bingo
at Silver Moon Brewing
Sunday, April 6
10:00 a.m. - 12:00 p.m.**

Learn more on page 13.

For information about giving to the foundation and upcoming events, visit bendparksandrec.org/foundation or call 541-706-6127.



Bend Park & Recreation Foundation is the 501 (c) (3) non-profit partner of Bend Park & Recreation District.

Supporting a legacy for saying **yes**

Growing community = growing need for assistance

Bend Park & Recreation District allocated more than \$720,000 last year as financial need-based assistance to support people with participating in recreation programs and activities. This amount is higher with the growth of our community and ever-increasing cost of living in Bend. The park district strives to serve everyone in the community regardless of the ability to pay and is committed to finding resources to provide this support and continuing outreach efforts to help reduce barriers to participation.

\$720,000 offered as financial needs-based assistance in 2024.	345% increase in assistance provided since 2020.
1 IN 6 children in the Kids Inc. childcare program utilize scholarship funds.	\$1,688 scholarship provided annually for highest need Kids Inc. participants.
OVER 25 free programs and activities offered to underserved families.	\$14,900 provided as Foundation support for Therapeutic Recreation participants and activities.
3,300 individuals currently approved for scholarship support.	\$12,000+ scholarship funds provided for swim lesson participants.

Information from 2024

park stewardship in action

ADDRESSING ISSUES PROMPTLY FOR THE COMMUNITY

FIGHTING VANDALISM

A big thank you to community members who report damage, graffiti and other issues in parks and trails. We aim to be responsive, make repairs and clean up vandalism and graffiti when we see it or when it's reported to us.

Since peak levels were reported in 2022, it's encouraging to see that the frequency of reports has reduced in the past couple of years, but it's still higher than pre-2020 levels. In 2024, BPRD staff members spent 834 hours – or the equivalent of 104 work days for a single employee – responding to graffiti and vandalism issues.

While we're proud of the team's efforts and take pride in promptly removing unsightly tags, it takes away from other priorities and the tasks needed to take care of what we have. If you see vandalism or graffiti, please report it using the contact information at right.

DISCOURAGING OFF-LEASH DOGS

Complaints about off-leash dogs are unfortunately common, and we appreciate hearing from community members who abide by the leash rules and wish for improved compliance by others. Leashing dogs is required by law everywhere on district property except for the nine designated off-leash areas.

Park stewards spend time reminding park visitors about these rules and encouraging voluntary compliance. If you repeatedly visit a park or trail with off-leash dogs or other rule violations, please let district staff know via the resources at right.

ANALYZING THE NEW DATA HUB WEBPAGE

The City of Bend Police Department recently published a new crime map and data about calls for service specifically taking place in Bend's parks and recreation facilities. The dashboard, dedicated to incidents taking place in Bend's parks, allows the public to explore the types of calls for service Bend Police officers respond to at parks locations, as well as the number of times police have responded to those locations.

Check out the webpage at policedata.bendoregon.gov/.



REPORTING PARK, TRAIL & FACILITIES ISSUES

VANDALISM & GRAFFITI

If you see vandalism or graffiti in parks or trails, report it by calling Park Services at 541-388-5435.

PARK & TRAIL RULE VIOLATIONS & SAFETY CONCERNS INCLUDING OFF-LEASH DOGS

If you repeatedly visit a park or trail with rule violations, please share details via email at parksteward@bendparksandrec.org or call 541-706-6221.

RECREATION CENTER RULE VIOLATIONS & SAFETY CONCERNS

If you are concerned about an issue in a facility, please connect with the facility customer service or leadership team or call 541-389-7275.

EMERGENCIES & POLICE MATTERS

Dial 911 for emergencies and 541-693-6911 for non-emergency police matters.



play outdoors

this winter & spring

Play Through Your Winter

Don't let the cold keep you in! Whether you associate winter with quiet and reflection or more exciting outdoor activities, BPRD's parks and trails have an opportunity for you to get out and play your way.

Going for a stroll in our parks and trails can be an easy and convenient way of enjoying the beautiful wintery nature of Bend. Drake, Hollinshead, Pine Nursery, Sawyer and Shevlin parks are particularly special, sharing the landscape with many wild animals that are still busy during the cold season. The Haul Road, Alpine and Larkspur trails also offer miles of opportunities to look for wildlife. Snow, frost and damp soil offer prime conditions for spotting animal tracks. Many winter birds such as the goldfinch, pine siskin and Clark's nutcracker also call Bend parks home.

For the little ones with energy to burn, the district has nine parks with natural play areas specifically designed to encourage creative, free play. Bundle up and head to Discovery Park for log steppers and boulder scrambles, or visit Al Moody Park for the "Wildside" play area - a natural space where children are encouraged to dig, stack logs and even create their own snow forts. Go to BPRD's Natural Play Area webpage for the list of parks with natural play and "Wildside" play areas.

For those with canine companions, BPRD has nine off-leash dog parks open all year long to stretch those legs. Consider using booties or paw wax to protect your dog's feet from ice and cold and make sure to bring water as the drinking fountains are turned off until later in the spring.

With some proper gear, parks and trails transform into adventure lands for sledding, snowshoeing and cross-country skiing right in our backyard. That's because, when there is adequate snow, virtually any of our parks and trails can be suitable for snowshoeing or Nordic skiing, and parks with hilly open space can work well for sledding.

Riley Ranch Nature Reserve and Shevlin Park are favorites for snowshoeing and cross-country skiing with more than a thousand acres combined and over 16 miles of trails. For the completionists out there, trails around Pine Nursery and Big Sky parks or on the Deschutes River Trail South Canyon section offer satisfying loops. Haul Road Trail, Cascade Highlands Trail and the Deschutes River Trail north of Sawyer Park and beyond are excellent out-and-back experiences.

The Skyline Sports Complex is groomed for Nordic skiing thanks to a partnership with community volunteers. No other parks or trails are groomed. Grooming is contingent upon snow conditions and volunteer resources. Visit BPRD's Winter in Parks webpage for grooming status updates.

TAKE CARE

Safety first means successful fun!

For sledding, be sure to scout your route for obstacles and hidden dangers and consider wearing a helmet.

Look out for ice and slippery conditions. While BPRD crews do their best to clear snow from parking lots and walks, icy conditions can still exist. Consider traction devices on your shoes as well as the use of poles.

Ice skating is never recommended on the river or at any parks. Frozen rivers and ponds are unreliable ice surfaces and pose serious dangers.



Cross-country skiing and snowshoeing in parks are allowed during the day or in the evening by moonlight or headlamp. Most parks close at 10:00 p.m. Shevlin Park and Riley Ranch close at dusk and are not available for evening recreation.

One of the most unique wintertime activities in Bend is seasonal disc golf at Skyline Sports Complex. During the cold months, the wooded northeast corner of the sports complex becomes a nine-hole course, perfect for a fun round of disc golf while wandering through the park's natural areas. Disc golfers are encouraged to park in the BPRD lots across from Cascade Middle School.

Launch Into Spring

When it comes time to wake up from winter's slumber, Bend's parks and trails undergo a powerful transformation of colors, wildlife activity and vegetation. As the weather warms, the orchard of flowering pear, cherry and plum trees at Blakely Park deliver a much-needed pop of color to inspire. While you're there, see if you can find the apple tree as well as the northern red oak trees. Sawyer Park's footbridge is an excellent spot to watch the migratory birds returning to enjoy the beautiful river and wetlands. With good fortune and a sharp eye, you might be lucky enough to spot a bald eagle, red-tailed hawk or osprey hunting for a meal.

Many species of native fish call the Deschutes River home and numerous idyllic fishing spots reside in Bend parks. In addition to river fishing, the district also features fishing ponds at Pine Nursery and Shevlin parks that are stocked by Oregon Department of Fish & Wildlife. Shevlin Pond is open to youth 17 years and under while Pine Nursery is open to all ages. Information on licenses, bait and the ODF&W stocking schedule can be found on BPRD's Fishing in Bend Parks webpage.

In the spring, biking is a great activity to share with family and friends. With many off-street trails and pathways, BPRD's trail system is well-suited for all ages to pedal together. Go the distance with 3.8 miles of paved surface on the Haul Road Trail. The Deschutes River Trail's Old Mill Reach is a must-do for all levels of cyclists and offers the opportunity to play in parks and enjoy the amenities at the Old Mill. Big Sky Bike Park is the ultimate destination for beginner to expert bikers to hone their skills on the mixed surface trails, pump track, learning area, trials area, skills course and singletrack trail.

Bend Park and Recreation District strives to make park and trail amenities safe and accessible for everyone. Many of our community's beloved parks such as Drake, Riverbend and Farewell Bend parks have accessible parking, restrooms, picnic shelters and relatively flat multi-use, paved paths. There are 4+ miles of park-connecting trails that are relatively flat and offer adventurous opportunities for a variety of mobilities. Be sure to visit BPRD's Accessible Places webpage for more resources.

All of BPRD's parks and trails are open year round, and we invite you to enjoy them every season.



- ▲ Above: A child and guardian fishing at Pine Nursery Park.
- ◀ At left: A hiker walks on snowy trails at Shevlin Park.
- ▼ Below: A child using an adaptive bike at Big Sky Bike Park.

Learn more about these featured parks, trails and activities at bendparksandrec.org/parkactivities



tracking trails

BPRD TRAIL USE, COUNTERS & REPORTS

Nine in 10 Bend residents report that they used a local trail at least once in the past year. That's pretty consistent feedback, so we know that BPRD's 88 miles of trail network is an important puzzle piece in our overall recreation and transportation system.

Using data collected from 28 trail counters, BPRD's Natural Resources and Trails team focuses on trends. This information records the number of trail users over time, which helps to inform the park district's decisions and maintenance efforts for trails.

It also helps to identify trends for where we have crowding, and new or changed patterns of use.



■ Deschutes River Trail use

The beloved Deschutes River Trail is the number one locally used trail by a lot. In 2024, it represented 37% of trail counter data, which was up from 28% in 2022. This increase can be attributed to the great new underpass and boardwalk connection at Pacific Park that opened last fall.

The Colorado Avenue Underpass at the Old Mill District, across from the Bend Whitewater Park, gets more than double the use of any other stretch of the DRT.

■ Shevlin Park numbers

There are three trail counters at Shevlin Park – Tumalo Creek north, Tumalo Creek south and the Fremont Road trail. We saw big trail use spikes in June and July this year at the Tumalo Creek north counter and winter use continues to grow the tally on Fremont Road.

From Memorial Day to Labor Day weekends, the Fremont Road trail had a 9.7% increase in use from summer 2023.



■ Limits of trail counters

While this data is great, it has limitations too. Trail counters can be impacted by weather, vandalism and theft. They also don't record as well as human counters might when trail users are side-by-side.

And there are other questions that trail counters can't answer. Who is using the trails - locals, visitors, individuals or groups? How are they using the trails - what mode of transportation? And why they are using the trails - recreation or commuting?

To learn these answers, staff will plan to conduct surveys and hand counting efforts, so please stop and say "hi" if you see the team on trails!

a new place
to play



little fawn park

Completed in October 2024, Little Fawn Park is a new neighborhood park in southeast Bend. This 3.39-acre park sits along Parrell Road, adjacent to the Bend Golf Club, and provides a place for recreation in a previously underserved area of the city. The park's name "Little Fawn Park" recognizes that the space is home to a herd of deer, and is meant to evoke a sense of play and connection to the natural environment.

Small but mighty in terms of amenities, the park offers the following:

- a play area with slide, swings and unique, colorful play features
- basketball half-court
- picnic shelter and numerous benches
- paved trails and pathways
- shaded lawn
- preserved natural areas with varying topography, rock outcroppings and mature trees.

61012 Parrell Road in southeast Bend

Lot Parking

Public Transit: Cascades East Transit Route #9

Hours: 5:00 a.m. - 10:00 p.m.

Get out there.

For more on Little Fawn Park and other BPRD parks, visit bendparksandrec.org/parks





hi.

say hello
to Clifton

BPRD Park Services adds time-saving robot to the team

There is a new VIP – very important park worker – named “Clifton” making his mark on the sports field maintenance program.

The Park Services sports field team maintains 76 acres of athletic fields with seven full-time and five seasonal employees. The team purchased a field painting robot this year that has resulted in reduced labor and materials cost, including 50% paint savings due to accuracy and efficiency. The robot arrived named “Clifton” by the manufacturer, and quickly joined the team.

With almost 22,000 hours of athletic field use by 8,000 athletes from 47 organizations in 2024, the sports fields are busy, and it can take days to prepare for a large tournament in addition to all other uses.

Clifton paints sports field lines fast (freeing up human staff to do other tasks), and he never forgets the dimensions needed. With the robot’s help, BPRD saved 312 hours of labor and \$4,000 of paint supply in 2024.

“The first time we planned and painted Pine Nursery Park for a lacrosse tournament was the ‘where have you been all our lives?’ moment,” said Clay Pendergrass, park services supervisor. “It was pretty cool. Not only is Clifton an investment for BPRD; it is an investment in our team and our ability to serve the community.”

**If you see Clifton at work,
give him a wave and say hello.**



Top image: Clifton at work painting lines on sports fields at Pine Nursery Park.

Bottom image: A team player, Clifton poses with Sasha Sulia, Park Services Director at the department holiday party.



VOLUNTEER SPOTLIGHT

sharing time & connections

On Monday and Thursday afternoons, volunteer Teri Freitag is often surrounded by students in the Kids Inc. program at Elk Meadow Elementary School - and she will tell you that she couldn't be happier. She loves sharing her time with the kids, helping with art activities and supporting staff with the projects they have planned for each day.



Teri connected with BPRD three years ago with an interest in getting involved with youth programs. She offered that her motivation for volunteering is all about the kids. "I retired after 42 years of teaching, but found I missed the interactions with students. I chose Elk Meadow because it is in my neighborhood and my youngest son was part of the first group of students that attended the school when it opened 30 years ago." She continued, "I am there two afternoons every week, and I walk away each time with my heart full and my spirits lifted. Volunteering is so rewarding!"

When Teri is involved with an activity it tends to be a favorite choice for the students and her energy, extra hands and listening ears are much appreciated by the staff too. "We are so grateful to all the individuals that volunteer their time in our programs - it truly does make a difference to each of our Kids Inc. locations," shared BPRD youth recreation supervisor Elizabeth Longmire. "Volunteers bring unique experiences and interests that allow them to connect with the kids in their own fun way. It's a joy to see and be a part of."

It's great people like Teri who make Kids Inc. and other BPRD experiences so enriching and fun for our community.

About Kids Inc.: Held at fourteen schools, Kids Inc. afterschool childcare program has volunteer and job opportunities available. To learn more about the Kids Inc. program, volunteers and paid positions, visit bendparksandrec.org.

For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org
Recreation centers, activities and registration information on pages 29 - 43. • Park locations on pages 45 - 47.

play-full ways to volunteer



Volunteering with BPRD is a fun way to connect with your interests, share your talents, meet people, and gain some skills, all while helping provide great experiences and taking care of the places that we all love.

Here are some ways you can get involved:

COACH A YOUTH SPORT TEAM

- Adult volunteers sign up now to coach youth lacrosse and softball leagues that start in early spring.
- A variety of sport programs are offered throughout the year. If you have a favorite sport and enjoy working with kids, consider being a coach!

HELP CARE FOR OUTDOOR PLACES

- Volunteers serve as ambassadors at Riley Ranch Nature Reserve, Shevlin Park and a few other community favorites, offering information and friendly reminders about park rules.
- Individuals and groups can adopt a park or trail or join a volunteer project day to help with litter pick up, weed removal and other maintenance efforts.

TEENS, VOLUNTEER THIS SUMMER

- Join in as a junior lifeguard or swim instructor aide or volunteer with a variety of day camps, art and adventure programs.
- Sign up begins in March for opportunities available for students ages 12 and over help staff in providing fun, safe and memorable summer experiences for younger kids.

LEND A HAND AT EVENTS & PROGRAMS

- July 4th Pet Parade
- Activities at Larkspur Community Center
- Fitness classes and aquatics programs
- Community outreach efforts like Movies in the Park

To learn more
about volunteer
opportunities, visit
[bendparksandrec.org/
volunteer](http://bendparksandrec.org/volunteer)





THREE CHEERS

for volunteer coaches & sponsors

Making a difference for hundreds of kids & families

Volunteer coaches are an essential part of BPRD youth sport leagues. These volunteers lead practices and games, but more than that, they support the opportunity for children to be part of something, to learn about being active and working with a group, help them build confidence and maybe even fuel a passion that can last a lifetime. Over 700 volunteer coaches are needed each year for a variety of sport programs, supporting the nearly 6,000 children that want to play. If you enjoy sports and working with children, consider being a coach and make a difference for a great group of kids.

Volunteer coaches needed **now** for spring youth sports programs

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. Enrollment is at an all-time high and the opportunity to play sports is more important than ever. We make it easy and we know it will be rewarding and fun!

We are currently seeking volunteer coaches for these spring sport leagues:

- Youth lacrosse
- Youth softball

Sport experience preferred, but volunteers mostly need to enjoy working with kids. Application and background check required. Training and support provided.

For more information, visit bendparksandrec.org/volunteer or contact sports@bendparksandrec.org.

Thanks, coach!

You make it a great experience for the young players and their families and we can't thank you enough. Cheers to each and every volunteer who coached one (or more!) of these youth sport programs:

- Youth and kindergarten soccer
- Youth flag football
- Youth volleyball
- Youth and middle school tennis
- Youth, middle school and Bitty basketball
- Youth ice and roller hockey
- Youth lacrosse
- Youth softball

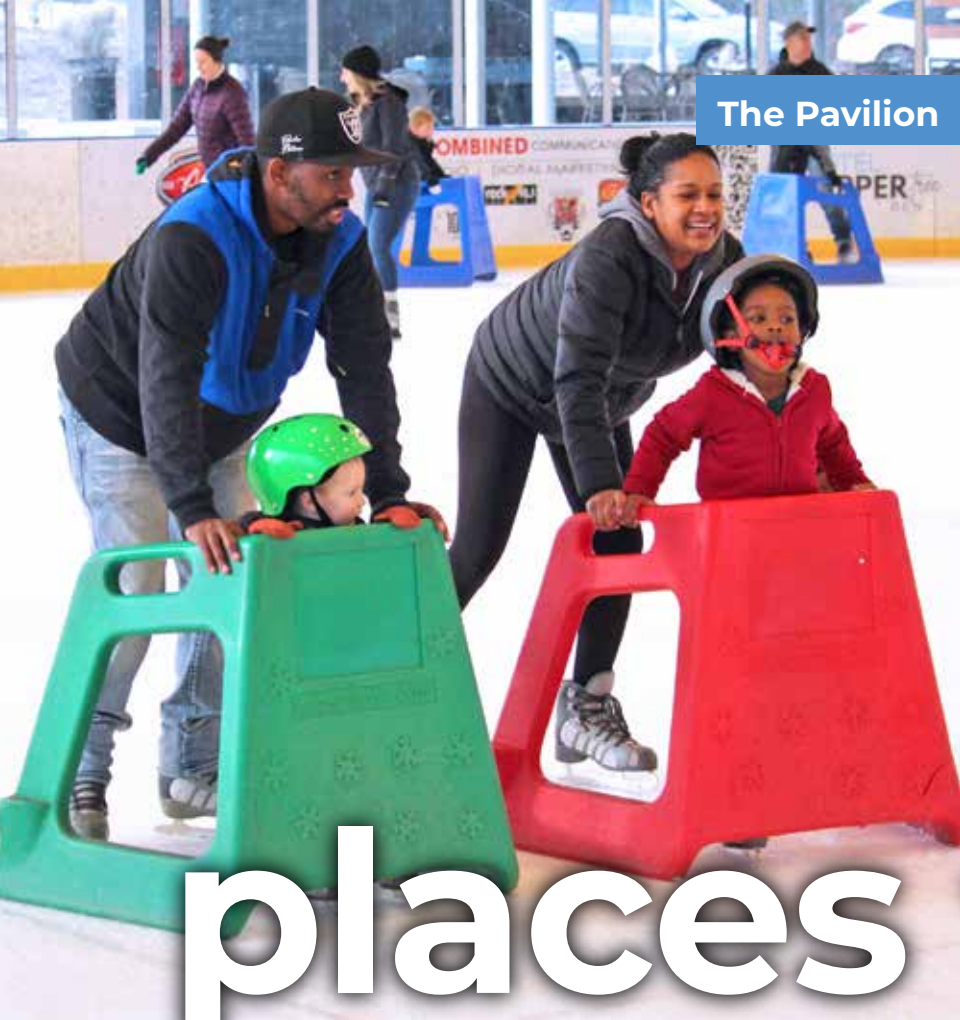


Thank you, sponsors!

Sponsor involvement with BPRD sport programs helps provide the resources for recreation scholarships so that everyone has a chance to play. Sponsors receive recognition and more kids have opportunity to be part of a team - it's a win-win!

Thanks, sponsors! Your support helps make it possible for children, families and adults to participate in enriching recreation activities that can make a difference for a lifetime. Please join in thanking these amazing sponsors:

- **Bigfoot Beverages** - sponsor for middle school basketball
- **Miller Lumber** - sponsor for adult ice hockey and curling
- **Ridgeline Oral Surgery** - sponsor for youth soccer, kindergarten soccer, flag football, volleyball, bitty basketball, youth basketball, youth ice hockey, lacrosse and softball.



The Pavilion



Juniper Swim & Fitness Center

places to play

recreation centers



Bend Senior Center



Larkspur Community Center



let's go!

Recreation Center Fees & Passes

Bend Park & Recreation District offers three unique recreation centers with hundreds of weekly drop-in activities. To use a BPRD facility, choose the fee structure and payment option that best matches your household's needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- **No initiation or start up fees**
- **No contracts**

Match your play with the perfect pass

10-Visit Passes

- **Save an average of 15% off regular fees**
- **Pre-paid to use as you go**
- **Use at any recreation facility**

10-Visit Passes may be used for drop-in activities at all locations. Patrons may use visits for themselves or guests at the same or lower entrance fee. This pass doesn't expire.

Annual Pass Discount

Save 20% off the Auto-Renewal/3-Month Pass with an Annual Pass. Combine with partner and family pass for the best value!

Partner Discount

Save 10% off Auto-Renewal/3-Month pass and Annual Passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household.

Family Pass

Available for adult, youth or senior family members living in the same household. Three-member minimum required.

30-Day,

Auto-Renewal, 3-Month & Annual Passes

- **Great for the frequent user**
- **Unlimited in-and-out privileges**
- **Quick and easy check-in**
- **Four options for pass duration**
- **Awesome savings - the more you use your pass, the more you save**

30-Day, Auto-Renewal, 3-Month and Annual Passes may be purchased at any time. Full payment is required at time of purchase. 30-Day Passes offer the control to purchase every 30 days at your choice. Auto-Renewal Passes offer the convenience of monthly auto-renewal with three-month minimum commitment; 3-Month and Annual Passes offer online/in-person renewal. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

Out-Of-District Fee Policy

The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the district. If you need help determining if you live inside or outside the district boundaries, view the district map at bendparksandrec.org or call us at 541-389-7275.

DROP-IN FITNESS, SWIM & SKATE IN-DISTRICT FEES & PASSES

Effective beginning June 19, 2024.

JUNIPER SWIM & FITNESS CENTER, LARKSPUR COMMUNITY CENTER & THE PAVILION

All passes include:

Drop-in fitness classes, swim activities, hot tub/
spa features, fitness centers, indoor track, social
activities and public roller skating sessions.

Roller skate rental: \$3.00.

Single-Visit and 10-Visit Pass:

Include public ice skating sessions. Ice skate rental: \$4.00.

30-Day, Auto-Renewal, 3-Month and Annual Passes:

Offer a discount of 50% off public ice skating
sessions. Ice skate rental: \$4.00.

Does not include access to registration programs.

See activity details on pages 32 - 36.

One pass, three facilities & hundreds of activities

So much fun to be had!

Enjoy access to 200+ weekly drop-in activities at
Juniper Swim & Fitness Center, Larkspur Community
Center and The Pavilion.

Choose the pass option that best
fits your needs and get ready to
move and play.

More information at:
bendparksandrec.org/passes/



DROP-IN ADULT SOCIAL ACTIVITY IN-DISTRICT FEES & PASSES

Effective beginning June 19, 2024.

BEND SENIOR CENTER

Includes participation
in drop-in social
activities including
games, billiards &
Senior Center events.

Does not include
access to registration
programs.

See activity details
on page 36.

Single Visit Admission	Adult (19-64)	\$3.50
	Older Adult* (65-79)	\$1.50
	Youth (3-18)/Honored Citizens (80+)	\$1.25
10-Visit Pass Save an average of 15%	Adult (19-64)	\$29.00
	Older Adult* (65-79)	\$12.00
	Youth (3-18)/Honored Citizens (80+)	\$10.00
Monthly Pass Unlimited visits!	Adult (19-64)	\$24.00
	Older Adult* (65-79)	\$16.00
	Youth (3-18)/Honored Citizens (80+)	\$13.00

Older Adult Rate*: Those born on or before December 31, 1961 will receive the older adult rate even though they may not be 65 years or older yet.

Partner Discount: Get a 10% discount on Auto-Renewal, 30-Day, 3-Month and Annual Passes when two family members in the same household purchase a pass at the same time.

Single Visit Admission	Adult (19-64)	\$9.00
	Older Adult* (65-79)	\$8.00
	Youth (3-18)/Honored Citizens (80+)	\$7.00
	Children under 3 with paying adult	Free
10-Visit Pass Save an average of 15%	Adult (19-64)	\$76.50
	Older Adult* (65-79)	\$68.00
	Youth (3-18)/Honored Citizens (80+)	\$59.50
	Children under 3 with paying adult	Free
30-Day Pass Unlimited visits!	Adult (19-64)	\$72.00
	Older Adult* (64-79)	\$56.00
	Youth (3-18)/Honored Citizens (80+)	\$39.00
	Family - Any mix of 3 or more household members	\$133.00
Auto-Renewal Pass Unlimited visits! Priced per month.	Adult (19-64)	\$65.00
	Older Adult* (64-79)	\$50.00
	Youth (3-18)/Honored Citizens (80+)	\$35.00
	Family - Any mix of 3 or more household members	\$120.00
3-Month Pass Unlimited visits!	Adult (19-64)	\$195.00
	Older Adult* (65-79)	\$150.00
	Youth (3-18)/Honored Citizens (80+)	\$105.00
	Family - Any mix of 3 or more household members	\$360.00
Annual Pass Unlimited visits! Save 20% off the monthly fee.	Adult (19-64)	\$624.00
	Older Adult* (65-79)	\$480.00
	Youth (3-18)/Honored Citizens (80+)	\$336.00
	Family - Any mix of 3 or more household members	\$1,152.00



recreation center activities

One pass— three facilities & hundreds of sessions

The Fitness, Swim & Skate 30-Day, Auto-Renewal, 3-Month and Annual Passes include unlimited lap swim, recreation swim, roller skating, fitness center use, spa features use, social activities and access to 200+ weekly fitness programs at Juniper Swim & Fitness Center, Larkspur Community Center and The Pavilion.

30-Day, Auto-Renewal, 3-Month and Annual Passes offer 50% discount to ice skating at The Pavilion.

Skate rentals are an additional fee.

More on pages 30 - 31 and online at bendparksandrec.org



Drop-in Ice & Roller Skate Sessions

Location: The Pavilion

- Ice season: late October - April
- Roller season: April - September
- Facility information on page 38.
- Fees: Pass or drop-in fee. See pages 30 - 31.
- Rental skates available.
- Helmets available to borrow.

More at: bendparksandrec.org/pavilion

Open Skate

ROLLER & ICE

All ages

Open Skate sessions offer a recreational opportunity for all ages and abilities to enjoy the rink. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and maneuvers that would endanger others are not allowed.

OPEN SKATE SPECIAL

Adults are \$7 each when adult accompanies paid child.

Good for: Open Skate and
Friday Night Roller Dancing.

\$7 Family Skate

ROLLER & ICE

All ages with adult

Open Skate for families at a special discounted fee including skate rental. All children must be accompanied by parent/guardian.

\$7 Cheap Skates

ROLLER & ICE

All ages

Open Skate at a special discounted fee including skate rental.

\$7 With A Child Skate

ROLLER & ICE

Ages: 18 & under with adult

Special discounted Open Skate session for adults to skate with their child. Includes skate rental. All children must be accompanied by an adult. Adult and children groups such as homeschool groups or young children play groups are welcome. For ages 5 and under, there is skate instructor support available for a positive experience.

During roller skating season, you can expect an open play space (with mats and balls) along with roller skating.

Ice skating
offered through
early April.

Roller skating
begins mid-April.

Friday Night Roller Dance

ROLLER ONLY

All ages

Open Skate with those Friday night dance vibes. Complete with themes, good music and roller dancing.

Saturday Night Adult Roller Jam

ROLLER ONLY

Ages: 18 & over

S-A-T-U-R-D-A-Y Night! We'll bring out the music, turn down the lights and let the big kids play at these adults-only skate sessions. We're talking youthful "skate center" vibes and joy!

Large Groups: 10 & more

School groups and other large groups are welcome at The Pavilion and discounts are available. Reservations are needed for groups of 10 and more. Reservations must be booked 72 hours in advance for special rates. Group reservations are not available during Holiday Skate. Learn more on The Pavilion web page.



Drop-in Swim Sessions

Locations: Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 37 - 38.
- Fees: Pass or drop-in fee. See pages 30 - 31.

More at: bendparksandrec.org/recswim

bendparksandrec.org/lapswim

Open Recreation Swim

All ages

Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older. Hot tub use only available to ages 16 and up.

Family Swim

All ages with adult

A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian. Hot tub use available to ages 6 & up only while accompanied by an adult.

RECREATION SWIM SPECIAL

Adults are \$7 each when adult accompanies paid child.

Good for: Open Recreation Swim, Family Swim and Parent-Child Swim

Parent-Child Swim

Ages: 6 & under with adult

A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not toilet trained.

Lap Swimming & Water Work Out on Your Own

All ages

Swim for fitness! Swim for fun! Two facilities welcome you to lap swim or do your own water work out. Check the website for pool schedule, pool length, number of lanes and requirements.

Masters Swimming Bend's Adult Swim Program

Ages: 18 & up

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for all adults and abilities, who can swim comfortably for 500 meters (20 lengths).

Current Channel Work Out on Your Own

Ages: 16 & up; 11-15 with adult

Uninstructed, drop-in times at Larkspur Community Center with moderate levels of resistance for you to walk, stabilize, stretch and tone for all abilities and levels. No swimming.

Sensory Swim

All ages with adult

This is a great alternative for people with diverse sensory needs to enjoy the pools and amenities. All children must be accompanied by an adult. Spa use available for ages 16 and up and children 6 - 15 only with an adult. Five and under may not use the spa.

Hot Tub, Sauna & Steam Room Use

Ages: 16 & up

The coed hot tub, sauna and steam room are available when Juniper's indoor pool is open. The Larkspur hot tub is open when Larkspur's pool is open. Youth 6 years and up are only allowed in the hot tubs with an adult and not during Open Recreation Swim.

Large Groups: 10 & more

School groups and other large groups are welcome for open recreation swim and discounts are available. Reservations are needed for groups of 10 or more and must be booked 72 hours in advance for special rates.

let's party!

ROLLER & ICE SKATING PARTIES

Great for birthday parties and more! During ice season, The Pavilion features an indoor viewing room with fireplace. During roller season, guests can enjoy the outdoor pavilion.

POOL PARTIES

Make waves at your next celebration with a pool party.

Available at both Juniper and Larkspur pools with options for both indoor and outdoor pool parties.

Private pool parties can be customized for exclusive fun with rental of Juniper's pools.

Learn more about parties and event rentals on the BPRD website at bendparksandrec.org or call 541-389-7275.



Fitness passes through health insurance

There is a low-cost or no-cost fitness pass option for insurance-reimbursed fitness programs, including: Active & Fit Enterprise, Active & Fit Direct, AARP Renew Active, Optum Renew Active and Silver & Fit. Eligible programs will include unlimited access to BPRD fitness centers, virtual fitness classes, lap swimming, social activities and drop-in fitness classes, including water fitness classes and workout-on-your-own sessions.

Learn more at:
bendparksandrec.org/medicare



Drop-in Fitness Classes

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 37 - 38.
- Fees: Pass or drop-in fee. See pages 30 - 31.

Ages: 16 & up; 11-15 with adult

DROP-IN CLASSES & SCHEDULES:

Classes are held on a weekly basis. Check schedules at bendparksandrec.org/fitness-swim/. You can start at any time. Classes are offered on a first-come, first-served basis.

SAME INSTRUCTORS: Both locations feature the same great instructors so you can find the facility that suits your needs.

ADVISED: We strongly recommend checking with your physician before starting any exercise program.

Cardio Fitness & Dance

Features: Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.

More at: bendparksandrec.org/cardio

Indoor Cycling

Features: Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, non-impact cardio workout. Classes are held in our theater-style indoor cycle studio with beautiful park views. Our state-of-the-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.

More at: bendparksandrec.org/indoor-cycling/

Mind & Body

Features: Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.

More at: bendparksandrec.org/mind-and-body

Strength & Conditioning

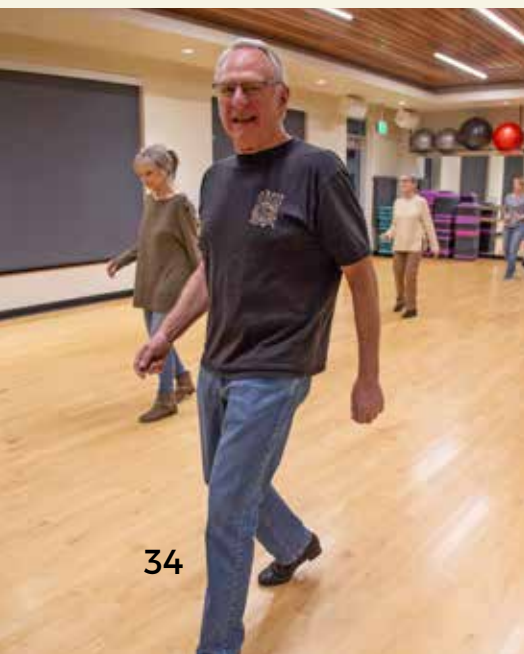
Features: Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.

More at: bendparksandrec.org/strength-and-conditioning

Water Fitness

Features: Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use floatation devices. Water shoes recommended.

More at: bendparksandrec.org/water-fitness





Therapeutic Fitness

BPRD can help you make the most of your fitness with targeted therapeutic fitness programs which research has shown to offer health benefits. Here are some health challenges where therapeutic fitness could offer help: mobility issues; chronic conditions, especially related to joints and muscles; preventing injury; preparing for surgery; recovering from surgery or injury; next steps from physical therapy and weight loss. Whether you are seeking low-impact and light-intensity, cardio, strength or mobility, you can take a class or work individually with staff to get back on track.

More at: bendparksandrec.org/therapeuticfitness



Pre-/Postnatal and Baby & Me Fitness

If you are expecting or have been cleared for exercise by your physician or midwife after having a baby, you are welcome to join any drop-in fitness class at BPRD's recreation centers. Classes are ongoing and you can start any time.

In addition, there are water- and land-based classes that incorporate specifically designed gentle-paced cardio with strength and stretching exercises that follow the American Congress of Obstetrics and Gynecology guidelines.

More at: bendparksandrec.org/babyandme

Virtual Fitness Classes

- Fee: Pass or \$4.00 fee.

Keep moving, even remotely! BPRD online classes are brought to you using Zoom, a web-hosted video conference application. Step-by-step instructions are provided to help you get connected. Variety of classes offered in Cardio Fitness & Dance and Strength & Conditioning. Advance registration is required.

More at: bendparksandrec.org/virtualfitness/

For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org
Recreation centers, activities and registration information on pages 29 - 43. • Park locations on pages 45 - 47.

Drop-in Fitness Center Use

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 37 - 38.
- Fees: Pass or drop-in fee. See pages 30 - 31.

Ages: 16 & up; 11-15 with adult

Fitness Center Orientation

Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

Fitness Center & Under 16 Use

Youth ages 16 - 17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation.

Youth ages 11 - 15 may only workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11 - 15 year-olds need to check in at front desk for a wristband for each fitness center visit.

Children 10 years and younger are not allowed in the fitness center.

More at: bendparksandrec.org/fitness-centers

Personal Training

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 37 - 38.

A BPRD personal trainer can help you:

- Focus on your personal goals.
- Prepare for an adventure, race or event.
- Make your fitness routine fresh and interesting.
- Meet your desired activity and fitness level.
- Take the next step in your recovery from an injury or surgery.
- Train as an individual or group.

BPRD has a diverse group of trainers and services to meet your needs.

Personal training requires advanced registration and separate fees.

More at: bendparksandrec.org/fitness-swim/personal-training/



Drop-in Older Adult Social Activities

Larkspur Community Center - Home of the Bend Senior Center

- Facility information on page 38.
- Fees: Pass or drop-in fee. See pages 30 - 31.
- More at: bendparksandrec.org/bend-senior-center

BPRD is proud to serve and welcome older adults to social activities, such as games and group gatherings.

Check the website regularly for additional information, schedules and updates.

Lunch & Learn Series FREE

Tuesdays • 12:00 - 1:30 p.m. | Fall through Spring | Presented in partnership with PacificSource Medicare Health Plans.

Feed your body and your mind as local experts share their knowledge about issues important to you. Bring your lunch; dessert and coffee are on us. Check online schedule for topics each month.

Super Tuesday Brunch

Second Tuesday of the month at 9:00 - 10:30 a.m.

Join us for a tasty brunch on the second Tuesday of each month. A suggested donation of \$3 per person benefits BPRD's scholarship program.

Wednesday Afternoon at the Movies FREE

Wednesdays • 1:00 p.m.

Drama, comedy, adventure! Join us weekly to watch a movie with friends. We'll show both contemporary and classic films. Check online schedule for movies offered.

Yesterday's Tunes

Wednesdays • 2:00 p.m.

Come spend some time with friends old and new in the Senior Lounge listening to "oldies" from the 40s, 50s, 60s, 70s and 80s that will bring back special memories and moments in time. Requests encouraged! We'll have a pot of coffee on and puzzles out. Hosted with DJ Tim Ream of Senior Moments.

Library Book Club FREE

Third Wednesday of the month at 10:00 a.m.

Come join our newest book club hosted by Paige Bentley-Flannery of Deschutes Public Library. This is an open book group; no registration is necessary. Simply show up whichever meeting dates you are available.

Technology Troubleshooting FREE

Third Wednesday of the month at 10:00 - 11:30 a.m.

Join the Deschutes Library for free technology advice and support. Bring in your smart phone, laptop, tablet or watch. Sessions are first-come, first-serve, up to 20 minutes per person.

Cards & Games

Join a game of Bridge, Mexican Train, Mahjongg or Pinochle. Inquire at the front desk for days and times.

Crochet, Knitting, Quilting, Rug Hooking & Stitching Groups

Celebrate and enjoy fiber arts together! Bring in your hand work and knit, stitch and/or hook projects together while making friends. Four different groups meet regularly. Check online schedules for details.



Pool/Billiards

Come enjoy a game of billiards. Fun times and good friendships guaranteed! Check online schedule for days and times.

The ABC & D's of Medicare FREE

Fourth Wednesday of the month at 10:00 - 11:00 a.m.

Join us for an informational Q & A session about Medicare. Check online schedule or call for next session.

AARP Smart Driver Class

Fourth Thursday of the month at 8:30 a.m. - 3:00 p.m.

Offered by AARP Driver Safety, this class is the nation's largest classroom and online driver safety course designed for drivers age 50 and older. Fees are \$20.00 for AARP members; \$25.00 for non-members. For the next class and to register, call 503-676-3653.



recreation centers

centered on play

Bend Park and Recreation District features three recreation centers - Juniper Swim and Fitness Center, The Pavilion and Larkspur Community Center - Home of the Bend Senior Center.

You're invited to visit one, two or all three for any of the hundreds of hosted weekly activities including fitness classes, swim sessions, roller or ice skating and enrichment activities.

- Fees and Passes, pages 30 - 31
- Drop-in Roller Skating, page 32
- Drop-in Swimming, page 33
- Drop-in Fitness, pages 34 - 35
- Drop-in Adult Social Activities, page 36



Juniper Swim & Fitness Center

Located in the heart of Bend's east side, Juniper serves as our community swim and fitness facility and features fitness and recreation opportunities to people of all ages and abilities.

Location

800 NE 6th Street, Bend, OR 97701

Juniper Swim & Fitness Center is located in Juniper Park.

For public transportation, Juniper is located two blocks from the Hawthorne Street transit center of Cascade East Transit and a bus stop is located on Franklin Avenue.

Phone

541-389-7665 (POOL)

Hours

Monday - Thursday: 5:30 a.m. - 9:00 p.m.

Friday: 5:30 a.m. - 7:30 p.m.

Saturday: 8:00 a.m. - 6:00 p.m.

Sunday: 8:00 a.m. - 6:00 p.m.

Check online for holiday hours.

Fees, Schedules & Information

Visit bendparksandrec.org/juniper for schedules, rules and regulations.

Fees on pages 30 - 31.

Social Media

[facebook.com/](https://facebook.com/JuniperSwimandFitnessCenter)

[JuniperSwimandFitnessCenter](https://facebook.com/JuniperSwimandFitnessCenter)

instagram.com/juniperswimandfitness

Activities

Childcare & Preschool

Fitness Classes

Fitness Center

Personal Training

Swim Lessons

Swimming

Therapeutic Fitness

Wellness & Relaxation

Swimming Pools, Spa Features & Fitness Amenities

Indoor/Outdoor Olympic 50-Meter Pool

Indoor 25-Meter Pool

Indoor Children's Pool

Outdoor Activity Pool

(Open Late May to early September)

Hot Tub / Steam Room / Dry Sauna

Fitness Center, Studios & Equipment



Larkspur Community Center

Larkspur is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. Larkspur is Home of the Bend Senior Center.

Location

1600 SE Reed Market Road
Bend, OR 97702

Larkspur is located in Larkspur Park.
For public transit, use Cascade East
Transit routes #5, 6 or 9.

Phone

541-388-1133

Hours

Monday - Friday: 6:00 a.m. - 8:00 p.m.

Saturday: 8:00 a.m. - 6:00 p.m.

Sunday: 9:00 a.m. - 4:00 p.m.

Check online for holiday hours.

Fees, Schedules & Information

Visit bendparksandrec.org/larkspur
for schedules, rules and regulations.

Fees on pages 30 - 31.

Social Media

facebook.com/Larkspur-Community-Center

instagram.com/larkspurcommunitycenter

Activities

Enrichment Activities
for All Ages

Fitness Classes

Fitness Center

Personal Training

Swim Lessons

Swimming

Therapeutic Fitness

Wellness & Relaxation

Swimming Pool, Hot Tub, Fitness Amenities & Walk/Jog Track

Recreation & Leisure Pool

Current Channel with Hydro Feature

Accessible, ADA-friendly Features

Hot Tub

Fitness Center & Group Fitness Rooms

Walk/jog Track

Bend Senior Center

3,500-sq.-ft. Event Room and Kitchen

Social Lounge, Billiards Room, Book and
Puzzle Lending Library and Free Wi-Fi



The Pavilion

Two kinds of play - The Pavilion has distinct personalities! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities.

Location

1001 SW Bradbury Way
Bend Oregon 97702

The Pavilion is located at the Simpson
and Colorado Avenue roundabout.

For public transportation, The
Pavilion can be accessed via Cascade
East Transit. A bus stop is located a
block away.

Phone

541-389-7588 (SK8T)

Hours

Days and times vary. Check online
schedules for sessions and holiday
hours.

Fees, Schedules & Information

Visit bendparksandrec.org/pavilion
for schedules, rules and regulations.

Fees on pages 30 - 31.

Social Media

facebook.com/thepavilioninbend

instagram.com/thepavilioninbend

Activities

LATE OCTOBER - APRIL:

Ice Skating & Lessons

Hockey

Curling

Skate Parties

APRIL - SEPTEMBER:

Roller Skating & Hockey

Skateboarding & Scootering

Skate Parties

Adult Sports Leagues

Youth Summer Camps

Amenities

NHL-size Ice Sheet (Late October - April)

Roller Sports Flooring (April - September)

Skatepark (April - September)

Viewing Room



Art & Enrichment



Therapeutic Recreation

ways to play

registration
recreation activities



Sports & Outdoors



Swim Lessons

let's play, learn create and grow

REGISTRATION FOR RECREATION ACTIVITIES

No matter the season, BPRD has a multitude of programs and classes available for children and adults.

The following pages feature categories of registration programs offered regularly at the district.

Registration opens seasonally. You can sign up for winter programs and sports leagues now. Spring programs and sports leagues open for registration in early February.

WINTER ACTIVITIES

For current offerings, learn more online in the digital "Playlist" at bendparksandrec.org/playlist or on the registration website at register.bendparksandrec.org.

For information on how to register, see page 43.

SPRING & SUMMER ACTIVITIES

The "Playlist" spring activities guide will be available online by February 6 and spring program registration opens February 10 - 11. Summer information will be available by March 14 and program registration opens March 17 - 18.

See page 43 for more information.



Visit register.bendparksandrec.org to view programs and register.



Aquatics & Swimming

Our swim program allows you to progress from no experience to becoming a master swimmer.

Lessons are available for ages 6 months and up.

Registration classes and programs include:

- **PARENT-TOT SWIM LESSONS**
- **SEA STARS YOUTH SWIM LESSONS**
- **JOURNEY YOUTH SWIM LESSONS**
- **LEVEL YOUTH SWIM LESSONS**
- **LEVEL TEEN SWIM LESSONS**
- **CLASES DE NATACION PARA FAMILIAS EN ESPANOL / FAMILY SWIM LESSON IN SPANISH**
- **YOUTH SWIM LEAGUES**
- **YOUTH SPRINGBOARD DIVING**
- **WATER POLO**
- **ADULT SWIM LESSONS**
- **MASTERS SWIMMING: BEND'S ADULT SWIM PROGRAM**
(drop-ins welcome with pass; check online schedules)



Arts & Crafts

Create yourself.

Whether you're taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It's about connecting and discovering yourself.

Registration classes and programs for youth and adults include:

- **CLAY & POTTERY**
- **DIY/DO-IT-YOURSELF INCLUDING SCRAPBOOKING, UPCYCLING & YARD ART**
- **MULTIMEDIA**
- **CRAFTS**
- **GLASS ART**
- **PAINTING & DRAWING**
- **WITH A CHILD: ART INCLUDING CLAY, FUSED GLASS & PAINTING**
- **ART PARTIES FOR YOUTH & ADULTS IN CLAY OR MIXED MEDIA**





Childcare & Youth Camps

Learn + play.

“Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood.”

- Fred Rogers, aka Mister Rogers

BPRD childcare and youth camps aim to combine play with learning. Because if you're having fun, then discovery and development come easy!

Registration classes and programs for children include:

- **BUSY BUDDIES PRESCHOOL**
- **KIDS CORNER CHILDCARE**
- **OPERATION RECREATION DAY CAMP**
- **NO-SCHOOL DAY PROGRAMS**
- **ENRICHMENT WEDNESDAYS**
- **KIDS INC. AFTERSCHOOL CARE**
- **THE PAC SUMMER DAY CAMP**
- **SUMMER CAMPS**



Enrichment Activities

Let's discover something new - together! No matter one's age, having fun, learning new skills and connecting with others is beneficial for both body and mind.

Registration classes and programs for youth and adults include:

- **COOKING & BAKING**
- **GAMES**
- **LEARNING**
- **TRAVEL, TOURS & TRIPS**
- **DANCE & MOVEMENT**
- **GENERAL ENRICHMENT**
- **MUSIC, THEATER & VOICE**
- **OUTDOORS & NATURE**
- **SCIENCE**
- **TECHNOLOGY**
- **ENGINEERING**
- **MATHEMATICS**
- **WILDERNESS SAFETY & FIRST AID**



Fitness & Wellness

Throughout the year, BPRD offers a variety of special fitness classes, workshops and events to complement the drop-in weekly fitness classes and cater to a wide range of people and their fitness goals.

Registration classes and programs for adults include:

- **FITNESS EVENTS**
- **SPECIALIZED FITNESS**
- **TRIATHLON**
- **WELLNESS**



Ice & Roller Activities

Put some time in at the rink!

Whether you roll, slide or skate, The Pavilion offers a rink and activities for every season. Fall through winter, the rink is a sheet of ice then on the flip seasons of spring through fall, the rink is covered with roller sports flooring. Ice or not, there's plenty of fun and action to be had for youth and adults alike.

Fall - winter offerings include:

- **CURLING**
- **ICE HOCKEY**
- **ICE SKATING**

Spring - fall registration programs and leagues include:

- **ROLLER HOCKEY**
- **ROLLER SKATING**

Drop-in fitness, swimming and skating activities offered at recreation centers.

- Juniper Swim & Fitness Center
- Larkspur Community Center
- The Pavilion

No registration needed and discount passes available.

Learn more on pages 30 - 38.

We're
here for
everybody

With inclusion, everybody benefits!

If you or your child has a disability and are interested in participating in a general program, we will help make it happen. When people with disabilities participate in general programs EVERYBODY benefits!

To ensure successful inclusion, we encourage you to check the box on the registration form that says “check here if you want an assessment team to contact you about disability accommodations.” Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!



Sports

Everybody wins.

Sports, whether team-based or individual, are great activities that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate us to excel and develop social skills. With those benefits, everyone is a winner.

Registration programs and leagues include:

- ALL-SPORTS CAMPS
- ARCHERY
- BASEBALL
- BASKETBALL
- CHEERLEADING
- CORNHOLE
- DISC GOLF
- FLAG FOOTBALL
- GOLF
- KICKBALL
- LACROSSE
- MARTIAL ARTS
- PICKLEBALL
- ROCK CLIMBING
- RUGBY
- SCOOTER & SKATEBOARD
- SOCCER
- SOFTBALL
- TENNIS
- TRACK & FIELD
- ULTIMATE
- VOLLEYBALL
- WEIGHT TRAINING

Therapeutic Recreation

Limitless ways to play.

The district provides recreation for people of all abilities including youth and adults with disabilities. We provide a wide variety of program options that offer opportunities for our participants to engage in activities that promote socialization, skill development and physical activity.

Registration classes and programs include:

- ADULT, TEEN & YOUTH OFFERINGS
- ADAPTIVE SPORTS
- COMMUNITY OUTINGS & FIELD TRIPS
- ARTS & CRAFTS
- COOKING & BAKING
- FITNESS
- FUN & GAMES
- OUTDOORS
- SPORTS
- SWIMMING & SWIM LESSONS



about registration



Visit **register.bendparksandrec.org** to view programs and register.

Spring 2025
registration
opens
February 10 - 11



Winter 2025 Program Registration

Registration is currently open for all recreation programs held now through the end of March as well as winter/spring sports leagues. If programs are full, please sign up on wait lists.

Spring and Summer 2025 Program Registration

Spring program registration opens for April - mid-June programs and spring/summer sports leagues:

- **Monday, February 10, 6:00 a.m.: Recreation, enrichment and sports programs and leagues** including adult roller hockey, adult softball, youth roller hockey and youth indoor soccer.
- **Tuesday, February 11, 6:00 a.m.: Swim lessons and aquatics programs.**

Summer program registration opens for mid-June - August programs and summer/fall sports leagues:

- **Monday, March 17, 6:00 a.m.: Recreation, enrichment and sports camps, programs and leagues** including adult kickball, adult roller hockey, youth soccer, kindergarten soccer, youth flag football and middle school tennis.
- **Tuesday, March 18, 6:00 a.m.: Swim lessons and aquatics programs.**

Once opened, registration is ongoing throughout the season.

Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs. The goal is to remove financial barriers for community members with limited financial resources.

In the past year, more than 3,300 individuals have received financial support to participate in programs that provide safe, enriching activities and contribute to a physically active community.

Registration Options

Registration is available online at register.bendparksandrec.org. You can view programs, add activities to a Wish List and manage your household account. You can create a new account online or in person.

If you are not able to register online, you can register in person at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or the BPRD District Office. If you need further assistance, call Customer Service at (541) 389-7275.

About Registration Opening Days

When registration opens for a season, there can be very high demand for certain activities and a high volume of traffic on the BPRD registration website. To ease the load and wait, opening is spread over two days and a virtual waiting room is used when registration opens each morning. To be prepared, read helpful tips online at bendparksandrec.org/how-to-register.

Out-of-District Fee Policy

Out-of-district residents do not pay property taxes that support the district and will be charged an additional 20% for most programs. If you need help determining if you live inside the district boundaries, call us at 541-389-7275.

Sign Up for Email Notifications

If you're not regularly receiving emails about seasonal program registration openings and other information, sign up for BPRD's e-newsletters. We promise to send you only the good stuff - no spam - and keep you up to date on programs, leagues and more. Sign up at bendparksandrec.org/e-newsletters

ABOUT SCHOLARSHIPS:

- **Visit bendparksandrec.org/scholarship to download application forms** or pick up an application at the district office or recreation facilities.
- **You may submit your application at any time; allow at least one week for processing prior to registering for an activity.**
- Scholarships can be used by children, adults and families for most recreation programs and facility passes.
- Scholarship assistance ranges from 25 percent to 75 percent of the regular fee, depending on the applicant's level of need, and the specific activity or program.
- Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF or Oregon Health Plan.
- Scholarships are valid for one year. You must reapply for renewal.



Everyone can play. Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation.



Aspen Hall



Hollinshead Barn



The Pavilion



Picnic Shelter at Riverbend Park

Park & Facility Rentals: For Your Next Event

Plan now
for Spring
and beyond!

Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.

HOLLINSHEAD BARN rests in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors and an ADA-accessible elevator to the second floor. The outdoor space features a fenced-in lawn, two patios and outdoor benches.

ASPEN HALL is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

RIVERBEND COMMUNITY ROOM is located in the District Office and available for presentations, meetings or small events fall through spring. The room opens up to an outdoor plaza overlooking Riverbend Park.

THE PAVILION welcomes groups for birthday parties and other special events and the indoor party room and outdoor Little Pavilion can be included. In addition, the entire facility is available during the non-ice season for event rentals.

LARKSPUR COMMUNITY CENTER welcomes groups of various sizes for gatherings, celebrations, meetings and other events. The event room features a maple hardwood floor and natural light. Various smaller rooms are perfect for meetings and gatherings. All rooms feature audio-visual equipment; details available online.

PARKS & SPORTS FIELDS are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event. Sports fields are available for rent seasonally from April 1 to October 31.

PARK PICNIC SHELTERS are a great option for a variety of events, including company picnics, birthday parties, family gatherings, weddings, receptions and more. Fees are based on the size of your group, event amenities and type of function.

ART, SKATE & POOL PARTIES can be great options for birthday parties and other celebrations. Held at recreation centers, activity-based parties are available for children and adults. View recreation center web pages at bendparksandrec.org to learn more.

Visit bendparksandrec.org
or call 541-706-6149
for rental details and
reservations.



Park Features & Amenities

Get out and play with our features and amenities guide.

Need to know how to get to a park?

An interactive map is available online at bendparksandrec.org and a print map is available at our facilities.

For additional information on parks and trails, visit bendparksandrec.org or call 541-389-7275.



Skyline Sports Complex



Sawyer Uplands Park

PARK NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Al Moody Park	2225 NE Daggett Ln	•									•	•	•				
Alpenglow Park	61049 SE 15th St				•	•			•		•	•	•				
Alpine Park	61355 SW Swarens Ave								•								
Awbrey Village Park	3015 NW Merchant Way											•					
Bend Senior Center	1600 SE Reed Market Rd					•		•					•				
Bend Whitewater Park	166 SW Shevlin Hixon Dr															•	
Big Sky Park	21690 NE Neff Rd	•			•				•		•	•	•				
Blakely Park	1155 SW Brookwood Blvd		•									•	•				
Boyd Park	20750 NE Comet Ln		•								•	•		•			
Brooks Park	35 NW Drake Rd						•									•	
Canal Row Park	1630 NE Butler Market Rd								•		•	•		•			
Columbia Park	264 NW Columbia St							•			•	•	•		•		
Compass Park	2500 NW Crossing Dr								•		•	•	•				
Discovery Park	1315 NW Discovery Dr				•				•		•		•				
Dohema River Access	35 NW Drake Rd															•	
Drake Park	777 NW Riverside Blvd						•						•		•		
Eagle Park	62891 NE Nolan St										•	•		•			
Empire Crossing Park	63145 Lancaster Street								•		•						
Farewell Bend Park	1000 SW Reed Market Rd					•		•		•	•	•		•			
Fieldstone Park	3750 Eagle Rd								•		•	•		•			
First Street Rapids Park	1980 NW First St						•		•				•		•		
Foxborough Park	61308 Sunflower Ln		•									•		•			
Gardenside Park	61750 Darla Pl										•	•		•			
Goodrich Pasture Park	941 NW Quimby Ave										•			•			
Harmon Park	1100 NW Harmon Blvd	•									•	•	•		•		



Drake Park



Larkspur Park



Bend Heroes Memorial at Brooks Park

PARK NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Harvest Park	63240 NW Lavacrest St											●		●			
Hillside I Park	2050 NW 12th St		●									●	●				
Hillside II Park	910 NW Saginaw Ave			●													
Hixon Park	125 SW Crowell Way																
Hollinshead Park	1235 NE Jones Rd				●	●							●				
Hollygrape Park	19489 SW Hollygrape St											●	●				
Jaycee Park	478 Railroad St		●									●		●			
Juniper Park	800 NE 6th St	●						●	●		●	●	●				●
Juniper Swim & Fitness Center	800 NE 6th St					●							●				
Kiwanis Park	800 SE Centennial Blvd	●	●								●	●		●			
Larkspur Community Center	1600 SE Reed Market Rd												●				
Larkspur Park	1700 SE Reed Market Rd		●					●	●		●	●	●				
Lewis & Clark Park	2520 NW Lemhi Pass Dr		●									●					
Little Fawn Park	61012 Parrell Rd		●						●		●	●		●			
McKay Park	166 SW Shevlin Hixon Dr						●						●		●		
Miller's Landing Park	55 NW Riverside Blvd						●				●	●	●	●			
Mountain View Park	1975 NE Providence Dr		●									●		●			
Northpointe Park	63800 Wellington St											●	●			●	
Orchard Park	2001 NE 6th St		●								●	●		●			
Overturf Park	475 NW 17th St				●			●	●			●					
Pacific Park	200 NW Pacific Park Ln						●										
Pageant Park	691 NW Drake Rd						●								●		
The Pavilion	1001 SW Bradbury Way					●											●
Pilot Butte Neighborhood Park	1310 NE Highway 20	●									●	●	●				
Pine Nursery Park	3750 NE Purcell Blvd	●		●	●		●		●	●	●	●	●				

PARK NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Pine Ridge Park	61250 Linfield Ct										•	•	•				
Pioneer Park	1525 NW Wall St						•				•		•				
Ponderosa Park	225 SE 15th St	•	•	•						•	•	•	•				•
Providence Park	1055 NE Providence Dr		•									•		•			
Quail Park	2755 NW Regency St		•						•	•	•	•		•			
Riley Ranch Nature Reserve	19975 Glen Vista Rd						•	•					•		•		
River Canyon Park	61005 Snowbrush Dr							•									
River Rim Park	19400 Charleswood Ln							•								•	
Riverbend Park	799 SW Columbia St						•			•	•	•		•			
Riverview Park	225 NE Division St							•									
Rockridge Park	20885 Egypt Dr			•				•	•	•	•	•					•
Sawyer Park	62999 O.B. Riley Rd						•	•					•		•		
Sawyer Uplands Park	700 NW Yosemite Dr							•			•						
Shevlin Park	18920 NW Shevlin Park Rd				•	•	•	•	•	•	•	•		•			
Skyline Sports Complex Park	19617 Mountaineer Way	•								•	•	•					
Stone Creek Park	61531 Stone Creek Ln							•		•				•			
Stover Park	1650 NE Watson Dr	•									•	•					
Summit Park	1150 NW Promontory Dr		•					•									•
Sun Meadow Park	61150 Dayspring Dr		•							•	•		•				
Sunset View Park	990 NW Stannium Rd							•									
Sylvan Park	2996 NW Three Sisters Dr							•			•						•
Three Pines Park	19089 Mt Hood Pl										•						
Wildflower Park	60955 River Rim Dr									•	•						
Woodriver Park	61690 Woodriver Dr	•									•		•				



First Street Rapids Park

Park & Trail Rules & Regs

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list.

For the full rules and regulations text, call 541-389-7275 or visit our website at bendparksandrec.org.

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 a.m. to 10:00 p.m. daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog "rest stops" along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.
- Do not litter. Trash cans are located throughout the park system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 p.m. and 5:00 a.m.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; charcoal grills are not allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

Trail Use:

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only sections.
- No motorized vehicles allowed on trails.



Bend Park &
Recreation
DISTRICT

799 SW Columbia Street
Bend, OR 97702

PRSRRT STD.
ECRWSS
U.S. POSTAGE
PAID
Bend, OR
Permit No. 149

RESIDENTIAL CUSTOMER



FREE
ACTIVITIES
.....
INCLUDING
BIKING AT
BIG SKY PARK
.....
PAGES 22 - 23

let's play together.

Winter, spring and beyond, there are
free adventure and fun just waiting
for everyone with Bend Park &
Recreation District.

The parks and trails are beckoning you
with amenities and activities galore.

So, that no matter the season,
you're always kept in play.

FREE ACTIVITIES

- | | | | |
|--------------------|----------------|---------------------|-------------|
| Biking & bike park | Nordic skiing | Snowshoeing | Sledding |
| Paddleboarding | Surfing | Kayaking | Fishing |
| Horseshoes | Bocci ball | Basketball | Disc Golf |
| Picnicking | Tennis | Pickleball | Playgrounds |
| Bird watching | Hiking | Skateboarding | ScOOTERING |
| Rock climbing | Inline skating | Off-leash dog parks | |
| Kite flying | Nature play | | |

Learn more at
bendparksandrec.org
or call 541-389-7275.



play for life