

FALL
REGISTRATION
BEGINS
AUGUST 24
AT 8:00 AM


Bend Park &
Recreation
DISTRICT
fall 2021

your
playbook

youth & adult
program
registration
opens august 24

online
edition

includes: Art Station,
Juniper Swim & Fitness
Center, Larkspur
Community Center,
Bend Senior Center
and The Pavilion

play for life



CONTACT US

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fall 2021

ADMINISTRATION & RECREATION SERVICES

799 SW Columbia St. • p. (541) 389-7275

Hours, holidays and more available online at:
bendparksandrec.org

ART STATION

313 SW Shevlin Hixon Dr. • p. (541) 617-1317

Hours, holidays and more available online at:
bendparksandrec.org/artstation

Facility details on page 56.

JUNIPER SWIM & FITNESS CENTER

800 NE 6th St. • p. (541) 389-7665

Hours, holidays, fees and more available online at:
bendparksandrec.org/juniper

Facility details on page 54.

LARKSPUR COMMUNITY CENTER HOME OF THE BEND SENIOR CENTER

1600 SE Reed Market Rd. • p. (541) 388-1133

Hours, holidays, fees and more available online at:
bendparksandrec.org/larkspur

Facility details on page 55.

PARK SERVICES

1675 SW Simpson Ave. • p. (541) 388-5435

Hours, holidays and more available online at:
bendparksandrec.org

THE PAVILION

1001 SW Bradbury Way • p. (541) 389-7588

Hours, holidays, fees and more available online at:
bendparksandrec.org/pavilion

Facility details on page 57.

Welcome to “Your Playbook.” You’re invited to play, learn and thrive in the many recreation programs, facilities, parks and trails available to you this season. Whether you are one, one hundred or somewhere in between, the Bend Park & Recreation District is your place for play.

Bienvenido a su Revista de Actividades Recreativas “Playbook.” Los invitamos a participar, aprender y crecer de manera sana en muchos de los programas de recreación, centros de recreación, parques y senderos disponibles durante esta estación del año. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, cientos o menos.

VISION STATEMENT: To be a leader in building a community connected to nature, active lifestyles and one another.

MISSION STATEMENT: To strengthen community vitality and foster healthy, enriched lifestyles by providing exceptional park and recreation services.

BOARD OF DIRECTORS:

Nathan Hovekamp, Board Chair • Ariel Méndez, Vice-Chair • Zavier Borja • Jason Kropf • Debra Schoen

BUDGET COMMITTEE:

Thomas Fisher • Larry Kimmel • Joanne Mathews • Donna Owens • Daryl Parrish

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RECREATION SERVICES DIRECTOR:

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FOLLOW US:

Facebook - Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

Instagram - bendparks, juniperswimandfitness and larkspurcommunitycenter

Twitter - Bend Park & Rec (@bendparksandrec)

INCLUSION: The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations. For more information or an activity assessment, contact Therapeutic Recreation at (541) 706-6121.

SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA | LATINO OUTREACH SERVICES: Comuníquese con Kathya al Tel. (541) 706-6190. | Contact: Kathya Avila p. (541) 706-6190.



It has been quite a year for us all. Although the pandemic shut down some of our facilities for a period of time, the community showed us how much you love our parks and trails and has returned to our indoor facilities, all of which are open for you.



While offering services to you we pledge to follow the pandemic guidelines as closely as possible in order to maintain as safe an experience as possible. To some this may appear to be an inconvenience, but to us it is a necessary approach to maintaining healthy environments from which we can play and recreate together. We hope that Bend Park and Recreation continues to be your choice when it comes to healthy recreational pursuits. We desire to serve our patrons by offering the best we can at all times – including during a pandemic.

This fall your Playbook offers a variety of options for all ages with indoor and outdoor opportunities. Although we are still operating under specific guidelines through this public health crisis that has lasted longer than any of us could have anticipated, we still have programs and activities to keep you active, engaged and healthy.

I hope that you will find something that interests you in the Playbook to enjoy this fall. Of course, our 85 parks and 75 miles of trails are also available and offer some spectacular fall colors and foliage. Personally, I am looking forward to seeing our sports fields full of kids having fun and the families that gather to support their children and one another. Our staff at Bend Park and Recreation District appreciates your patronage and patience as we all continue to persevere as a community.

Don Horton, Executive Director
don@bendparksandrec.org



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work for play



BPRD is Hiring for Full-Time & Part-Time Positions

Employees receive a free fitness facility pass and discounts

Play for work with BPRD! More than 50 openings are available now and for the busy seasons ahead, including:

- Custodian (**Night Shift w/5% Shift Pay Differential**) - age 18 & up
- Facilities Specialist
- Lifeguard - age 15 and up
- Swim Instructor – age 16 and up
- Youth Recreation Leader - age 16 and up
- Art and Enrichment Supervisor

Some positions include benefits.

See position details, learn more and apply at bendparksandrec.org/jobs.

Bend Park & Recreation District is an Equal Opportunity Employer.

bprd news & happenings



Welcome your new board representatives

New board member Zavier Borja was sworn onto the BPRD board of directors, and Deb Schoen and Nathan Hovekamp were officially reappointed following the May election results. Outgoing board member Ted Schoenborn was celebrated after 18 years of service to BPRD’s board. Thank you, Ted!

For the 2021-22 year, Ariel Méndez will serve as chair of the board and Deb Schoen will be vice chair. The legislative liaison will be Nathan Hovekamp. To learn more, visit the [Board of Directors webpage](#).

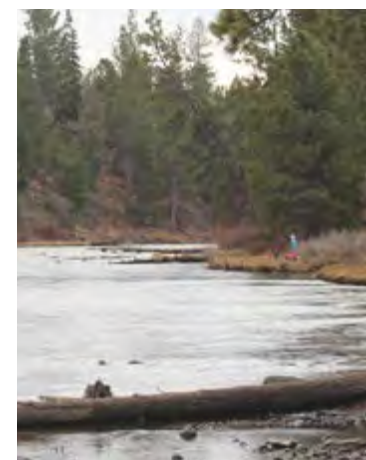
Diversity, Equity and Inclusion

The district is nearing the home stretch on a year-long project to develop a roadmap for how it can improve in being a more diverse, equitable and inclusive organization. The project goals are to assess strengths, opportunity for improvement and to develop actions to build trust with members of the community who have been historically underrepresented and underserved. BPRD hired Talitha Consults to lead the project, which includes the survey, an organizational assessment and action plan. The district will share the survey results, organizational assessment and action plan by late 2021, and begin implementing the actions immediately following. To learn more, visit [Diversity Equity and Inclusion efforts information](#).

River access and habitat restoration planning

BPRD has 16 parks along the Deschutes River, which include 25 designated access points and over 94 user-created access points to facilitate play in the water. The popularity of river use has resulted in impacts such as trampled vegetation, user-created access paths and erosion along the riverbank.

With a River Access and Habitat Restoration Plan, the district is taking a proactive approach to identify and recommend river access and habitat restoration projects, likely over the next 10 years, with a combination of district general funds, partnerships and grants. BPRD received a grant for technical assistance from the National Park Service, Rivers and Trails Conservation Assistance program (NPS-RTCA) for the completion of the plan. To learn more, visit the [Deschutes River Access and Habitat Restoration Plan project page](#).





Water use adjustments during drought

Patience and understanding have been much appreciated as BPRD did its part to reduce water use this summer in consideration of drought conditions. We reduced irrigation water by up to 15% in all parks this summer. We also chose not to turn on water play features in parks. We use smart irrigation controllers that calculate daily evapotranspiration rates based on wind, temperature and other factors. The controllers are monitored daily by our staff and are adjusted quickly as needed.

VOLUNTEER OPPORTUNITIES @ BPRD

BPRD volunteers help make fun happen! Here's where you could lend a hand this fall & winter:

FITNESS: Classes for adults, seniors and children.

YOUTH SPORTS COACHES: Volleyball, middle school basketball, youth basketball, bitty basketball, youth hockey and helpers for ice skating lessons.



YOUTH RECREATION:

Afterschool and no school day art, crafts, science, nature and activity programs.

THERAPEUTIC & ADAPTIVE RECREATION: Therapeutic swimming for school-age kids and recreation opportunities for children and adults with disabilities.

COMMUNITY EVENTS & ACTIVITIES: Social and fun activities for children, families and adults.

CARING FOR PARKS & TRAILS: Be a host at Riley Ranch Nature Reserve or Shevlin Park, help with goose management, adopt a park or trail, or gather a group and schedule a park maintenance project in the spring.

Find out more at bendparksandrec.org or contact Kim, BPRD Community Engagement Supervisor at Kim@bendparksandrec.org or (541) 706-6127.



SNOW REMOVAL ON PATHS & TRAILS

The Bend Urban Trails System connects our community and encourages recreation and non-motorized transportation throughout the year. If Bend should have a snow event of two inches or more, BPRD Park Services strives to remove the snow from the following trails:

- Cascade Highlands Trail from Overturf Off-Leash Area to Skyline Ranch Rd.
- Coyner Trail from Ponderosa Park to Juniper Park.
- Discovery Trail from Clearwater Dr. to Skyliners Rd. and from McClain Dr. to Shevlin Park.
- Drake Park pathways.
- Larkspur Trail from Bear Creek to Neff Rd. through Pilot Butte State Park.
- Pine Nursery Park Loop Trail.
- West Bend Trail along Galveston and Skyliner Rd. between 17th St. and Skyline Ranch Rd.
- Pathways in Riverbend and Farewell Bend parks.
- Haul Road Trail from McKay Park to Mammoth Dr.
- Pioneer Park to the First Street Rapids Bridge.

Please be patient during heavy snows.

These trails and more can be found in the latest Bend Adventure Planner Map, available online or at the District office and facilities.

SEASONAL SHUTOFFS & CLOSURES

As part of winter operations, BPRD Park Services shuts off park irrigation, drinking fountains, water features and even some restrooms to avoid issues related to winter's freezing temperatures. Typically, shut offs begin in October and continue through late-April. In addition, many park restrooms close earlier in the evening in the winter. In spring, when consistently above-freezing temperatures return, our crews make the rounds to all the various amenities in the park system to test equipment and return services for the busy seasons ahead.

COMMUNITY EVENTS & FREEBIES

For the Health of It! FREE Outdoor Wellness Fair

Thursday, September 23, 2021, 12:00 - 3:00 pm:

Join BPRD for a FREE, fun-filled afternoon to learn about health and wellness resources for older adults. The event features a free lunch, representatives from community agencies and service providers, health screenings and Larkspur Community Center tours.

Due to changing health requirements and guidelines, some of your other favorite BPRD events won't be announced until closer to the event date and on a case-by-case basis. Thank you for understanding.

Register at register.bendparksandrec.org

Facility information on pages 56 - 61 • Location/park lists on pages 64 - 65




building community

at Larkspur Community Center “Home of the Bend Senior Center”

FITNESS & SWIM AT BEND PARK AND RECREATION DISTRICT

Owned and managed by Bend Park and Recreation District, Larkspur Community Center – Home of the Bend Senior Center is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. It continues the legacy of the Bend Senior Center and further enhances opportunities for older adults in our community.

Larkspur opened April 5 to meet the community’s growing needs across all age groups, including active older adults who have a variety of interests and desires for fitness, recreation and social activities.



“Larkspur Community Center, Home of the Bend Senior Center, is a decade in the making from concept to construction to respond to community growth, particularly among the rapidly growing older adult population,” said Nathan Hovekamp, past-chair of the BPRD Board of Directors.

“This day has been a long time coming, and the facility will serve the community in important ways.”

Features:

At 34,000 square feet, Larkspur features many fitness, swim and enrichment amenities, including:

- Two dedicated functional fitness spaces filled with natural light and a maple-sprung floor
- 4,000-square-foot aquatics center features a 135,000-gallon recreation and leisure pool with current channel
- Cafe space and community areas
- Classrooms & a full commercial kitchen
- Fitness center with a walk/jog track, state-of-the-art equipment and stunning views
- Precor fitness cardio equipment, including treadmills, ellipticals, ergometers, upright and recumbent bikes
- Three SciFit bikes with removable seats for wheelchair use
- Functional fitness equipment, including free weights, balance equipment and cable-cross machines
- Precor equipment features an Advagym user-integrated app to personalize, monitor and guide your fitness activity



“Last year I was supposed to get a shoulder operation, but I got some water therapy and I have been coming here and I do not need shoulder surgery!”



“I would not be able to walk without that pool.”



Learn more: Read more Larkspur Community Center, Bend Senior Center and BPRD fitness and swim programming on pages 56 - 59.

See online schedules and details:

www.bendparksandrec.org/larkspur.

Register at register.bendparksandrec.org

Facility information on pages 56 - 61 • Location/park lists on pages 64 - 65



the good life at **Goodrich Park**

Welcome to Northeast Bend's newest neighborhood park.



Formerly a pasture, Goodrich Pasture Park recently opened to the public in Bend's Orchard District. It's a 2.46-acre park located at 11th Street and Quimby Avenue.

The property was purchased by Bend Park and Recreation District to meet its level of service targets for residents. The site had been used as a pasture by the Goodrich family since the 1940s.

Features include a large open lawn, exploratory play areas, paved pathways, picnic benches and seating areas, small demonstration garden, bike parking, ADA parking and ADA accessible portable restroom.

Construction on the park began in fall 2020. The project also included a portion of right-of-way work, including street infrastructure and sidewalks in partnership with the City of Bend. In addition, there is a safer pedestrian crossing at Penn Avenue and 11th Street to enable access from the neighborhood to the south.

Goodrich Pasture Park | 941 Northeast Quimby Avenue, Bend
More photos & details: www.bendparksandrec.org

LEARN MORE



Discover the Outback Trail

The newest trail connection to Shevlin Park.

There's a new trail section open that connects Discovery Park to Shevlin Park on Bend's westside. The section of the Outback Trail passes through 30 acres of undeveloped land west of Discovery Park that will soon be transferred to Bend Park and Recreation District and preserved as open space. The Outback Trail enables trail users to use parking at Discovery Park to access the more than 22 miles of trails within Shevlin Park.

"The new Outback Trail is ready for use at a great time when the benefits of spending time outdoors have never been greater," said Henry Stroud, park district trail planner. "This trail connection greatly enhances safer, non-motorized access to Shevlin Park from Bend's west side allowing trail users to avoid the stress of riding on or along Skyliners Road."

Curbside parking is available at Discovery Park along NW Discovery Park Drive and NW Crossing Drive/NW Crosby Drive. Parking is also possible at Phil's Trailhead.

For more information and photos, visit the [Outback Trail web page](#).

| | |
|--------------------------|---|
| Trail Connection: | Discovery Trail & Shevlin Park Trail System |
| Access From: | Discovery Park and Shevlin Park |
| Hours: | 5 am - 10 pm |
| Surface Lengths: | |
| Paved Miles: | .9 miles |
| Compact Gravel: | .8 miles |
| Natural Surface: | .8 miles |

LEARN MORE



Women of Discovery.

The Outback Trail can be accessed directly from Discovery Park and features the "Women of Discovery" mural in the undercrossing beneath the Skyline Ranch Road bridge. "Women of Discovery" was painted by local artist Douglas Robertson and was commissioned by NWX2 LLC in coordination with BPRD. The trail currently has a gravel surface and will be relocated and replaced by a permanent asphalt trail as future phases of Discovery West are developed.

"The future cannot be predicted, but futures can be invented."

~ Dennis Gabor,
Nobel-prize winning
physicist



Bend is growing and our work is ongoing to keep up with your park and trail system. To support our community's needs, the district is adding new parks and trails while also updating aging facilities, parks and trails.

Shown in an artist's rendering, Northpointe Park will include a playground, lawn areas, half court basketball and more.

Northpointe Park



Together, these projects keep staff busy with land purchases, project design, public outreach to gather input, and construction to turn plans into recreational amenities for our community

The area north of Cooley Road was identified as a high priority to serve the growing residential development. This new 2.68-acre park site is located along the eastern edge of the Boyd Acres subdivision in northeast Bend. The park will include neighborhood amenities, such as a playground, half-court basketball, a small skate spot, an open lawn space and natural areas with trails. Construction will start in late summer with an anticipated opening next spring.

Hollygrape Park ADA Updates



This project will replace the old paver pathway within Hollygrape Park, addressing ADA issues with newly paved trail and better access to the playground. Construction is expected to start this winter.

the future of play

Park, Facility & Trail Projects

Completed Projects

The following projects were completed in the last year.

- Empire Crossing Park
- Goodrich Pasture Park
- Juniper Park
- Larkspur Community Center
- Outback Trail
- Pacific Crest Athletic Fields
- Pine Nursery Disc Golf Course
- Pioneer Park
- Rockridge Park Restrooms
- Shevlin Park



With construction underway at the future site of Alpenglow Park, BPRD crews and contractors placed a pedestrian bridge across a canal connecting a local neighborhood and providing traffic-free entrances into the park.

Alpenglow Park



Purchased as part of the 2012 bond measure projects, Alpenglow Park is located in southeast Bend on 15th Street, north of Knott Road. At 37 acres, the park is bordered by railroad tracks to the west and Bend-La Pine school sites to the south. The park will include an off-leash dog area, outdoor event space, open lawn area, shade structures, restrooms, spray ground, play area, demonstration garden, climbing/bouldering/slacklining area, paths, trails and natural space. Alpenglow will offer multiuse paths connecting to surrounding areas. Construction is underway and various areas of the park are taking shape. Construction is expected to continue through 2021 with the park completion in the spring of 2022.

Haul Road Trail



The district received a grant to improve the Haul Road Trail from McKay Park westward approximately six miles to the Deschutes National Forest's Cascade Lakes Welcome Station. The twenty-year-old trail has varying surfaces in need of repair. Identified as a primary, multi-use trail, it will be repaved and the 1.5-mile currently unpaved section will be paved. Done in partnership with City of Bend, which owns a portion of the trail, this project aims to revitalize an important alternative transportation route through Bend's west side and connect to public forest lands. Construction began in July and is expected to be completed in November.

Central Oregon Historic Canal Trail (COHCT) - Crossing Safety Improvements



The COHCT is a multi-use trail that runs along the Central Oregon Irrigation District's main canal and is managed by BPRD. When complete, the 9-mile trail will connect the Deschutes River Trail near downtown Bend to Eastgate Park, an undeveloped park east of town. Three and a half miles of the trail are currently open for public use. In 2021 the district received a grant to make safety upgrades to the Blakely Road, Brosterhous Road, and Ferguson Road crossings. These improvements are part of a larger effort by the district to eliminate barriers along the trail system and improve safety for trail users.



In an effort to improve the safety of the Central Oregon Historical Canal Trail, BPRD is using grant funds to add safety upgrades to Blakely Road, Brosterhous Road and Ferguson Road crossings.

Big Sky Park & Luke Damon Sports Complex



Big Sky Park & Luke Damon Sports Complex is an existing 96-acre community park located east of Hamby Road and north of Neff Road. The park is a combination of undeveloped natural areas and developed areas with restroom facilities, paths, playground, sport fields and an off-leash dog area. In 2017, the Board of Directors approved an updated master plan for the park, with activities that provide an additional range of recreational opportunities for the community.

The improvements will be constructed in two phases. The first phase includes new access from Hamby Road, additional parking, improved vehicle circulation through the park, and a multi-use soft surface trail around the perimeter of the park. This phase is currently out to bid with construction scheduled to begin in October and be completed next summer 2022. A future second phase with bike park features such as a pump track, slope-style course, bike trials area, jump course, tot zone, and bike skills development area is planned to be built with construction starting fall 2023.



The District is partnering with Upper Deschutes Watershed Council to improve the Deschutes River's banks on District-owned property.

Future Neighborhood Park, Search Area 4



In 2020, the district began working with Pahlisch Homes on the planning and design of a 5.2-acre neighborhood park located in the future Petrosa development in NE Bend. This park was identified in the district's comprehensive plan (Park Search area #4) to meet the needs of the future residents in this urban growth boundary expansion area. Once completed, the park will be located at the intersection of Eagle Road and NE Boulder Creek Drive.

The park is currently in the design phase with close coordination between district staff and Pahlisch's design team. Features proposed for the park include open lawn, picnic and gathering space, play area, bike skills trail, paved loop path, and natural soft surface trails. Park construction is expected to begin fall/winter 2021.

Canal Row Trail Connection



This is a small sidewalk trail connection along the north side of Butler Market Road just east of the existing Canal Row Park. The project will connect a new sidewalk trail from the NE corner of the intersection of Butler Market Road and Brinson Boulevard, east to the existing sidewalk on the neighboring preschool property, completing the sidewalk section. Construction is expected to start this September and be completed by November.



With Tumalo Creek running through its center, Shevlin Park will soon see accessibility upgrades, trail improvements and creek restoration projects.

Drake Park/ Deschutes River Trail and Bank Improvements



The banks of the Deschutes River at Drake Park and Pacific Park have deteriorated over time, resulting in safety and environmental issues. The district plans to improve the banks and connect the Deschutes River Trail through Drake Park and Pacific Park.. Design, engineering and permitting are underway. Construction is anticipated to begin in fall 2021.

Riverbend South River Restoration and Access Project



BPRD and Upper Deschutes Watershed Council (UDWC) are working in partnership to improve and manage the riverbanks of the Deschutes River. This project focuses on the river-left stretch between the Bill Healy Bridge and pedestrian footbridge connecting Farewell and Riverbend parks. Full funding for construction of this project has been secured through contributions from BPRD, and grants from the Sunderland Foundation and the Oregon Watershed Enhancement Board (OWEB). Staff and UDWC are coordinating what will likely be a long permitting process, with the goal of breaking ground in fall 2022.

Shevlin West Parkland



The district will be developing a 3.5-acre neighborhood park located in the Shevlin West neighborhood development, a planned 116-lot subdivision being developed by Empire Shevlin LLC. The proposed park is located within one of the district's park search areas, is immediately adjacent to an 8.2-acre open space property recently acquired by the district, and will have direct trail connections to Shevlin Park. The district plans to open the park in 2024.

Deschutes River Access and Habitat Restoration Plan



BPRD is planning for recreational access and riparian habitat restoration at parks along the Deschutes River. The draft Deschutes River Access and Habitat Restoration Plan was developed with community input and includes 27 projects to be implemented over the next decade. The final plan is expected to be adopted this fall. Learn more about the plan at bendparksandrec.org/riverplan.

CLICK TO
LEARN MORE ABOUT
THESE AND OTHER
CURRENT PROJECTS





how to register

REGISTER ONLINE:
<https://register.bendparksandrec.org>

Registration by Phone

If you are not able to register online, you can register by phone at (541) 389-7275.

New Accounts

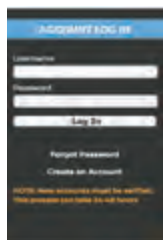
You can go online or come in person to create a new account. New accounts created online must be verified for district residency and accuracy. NOTE: This process is normally completed in 24 hours.

Online Registration Instructions

1. Click on the "Register" link on our website or go directly to: <https://register.bendparksandrec.org>

REGISTER

2. Enter your email and password. You already have an account if you have recently participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Bend Senior Center. The default password is your last name (first letter capitalized) unless you set it up differently.



3. Make sure all family members are added with correct birth dates and genders.
4. You can select/search for activities in one of three ways:

- > **Activity Number (Fastest)** - Enter the activity number (first six digits) in the box. Click on the Search button. The activity numbers are printed in this guide.



- > **Keyword Search** - Just enter ONE word for the activity, such as part of the name or something about what it does. For example: Art, Lacrosse, Camp, Guitar, etc. Click on the Search button. Scroll down to display a list of programs linked to that keyword.



- > **Type or Category** - Simply click on the name for the types of programs that interest you. Scroll down to view all the programs offered.



You can further refine the search using the options at the top of the screen. These include day of week, age, gender and month.



Out-of-District Fee Policy

Out-of-district residents do not pay property taxes that support the district and will be charged an additional 20% for most programs. If you need help determining if you live inside the district boundaries, call us at (541) 389-7275.

Credits & Refunds

Refunds or credits are readily granted if we are notified **seven days prior to the beginning of the program.** Credits will only be granted if notified less than seven days prior to beginning of the program. **No credits or refunds will be issued when notified two working days or less from the start of a program.** Program fees are not refunded/prorated for participants who miss portions of programs.

>



IT'S PLAYTIME!

Facility Fee & Pass Information

Bend Park & Recreation District offers three unique recreation facilities with multiple fee options and activities.

To use a BPRD facility, choose the fee structure and payment option that best matches your needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- **No initiation or start up fees.**
- **No contracts.**

With our monthly and annual passes you can enjoy:

- **Unlimited in and out privileges.**
- **Quick & easy check-in.**
- **Online pass renewal.**
[Auto renewal coming soon!](#)
- **Awesome savings.**

10-Visit Passes - 10-visit passes may be used for facility access at all locations of equal or lesser value. Patrons may use visits for themselves or guests at the same entrance fee. This pass doesn't expire.

Monthly & Annual Passes - Monthly and annual passes may be purchased at any time. Full payment is required at time of purchase. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

Family Pass Special: Family passes include any adult, youth or senior family members living in the same household. Three member minimum required.

Annual Pass Discount: Save 20% off the monthly fee with an annual pass. Combine with couple and family pass specials for the best value!

Partner Discount: Save 10% off monthly and annual passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household. Not applicable to Social Activities pass.

Out-Of-District Fee Policy - The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the District. If you need help determining if you live inside or outside the District boundaries, please call us at (541) 389-7275.

FACILITY STANDARD IN-DISTRICT FEES & PASSES

| | | JUNIPER SWIM & FITNESS CENTER & LARKSPUR COMMUNITY CENTER | | BEND SENIOR CENTER | | THE PAVILION: ICE SEASON | |
|--|--|---|---------|---|---------|---|--|
| | | Full-Access Fitness & Swim Facilities ONE PASS - TWO FACILITIES | | Social Pass | | Without Skates | |
| | | Unlimited access to over 100 weekly group fitness classes & full facility use, including use of pools, fitness center, hot features, masters swim practices and Senior Center. See facility details on pages 56 - 59. | | Includes participation in ongoing social activities, including games, billiards & Senior Center events. | | Admission to all public skate sessions. Ice Season: November - March | |
| | | | | | | With Skates | |
| | | | | | | Admission to all public skate sessions. Includes skate rental. Ice Season: November - March | |
| Single Visit Admission | Adult (19-59) | \$8.00 | \$3.50 | \$9.00 | \$12.00 | | |
| | Older Adult (60-79) | \$7.00 | \$1.50 | \$8.00 | \$11.00 | | |
| | Youth (3-18)/Honored Citizens (80+) | \$6.00 | \$1.25 | \$7.00 | \$10.00 | | |
| | Children under 3 with paying adult | Free | N/A | Free | Free | | |
| 10-Visit Pass Save an average of 15% | Adult (19-59) | \$68.00 | \$29.00 | \$72.00 | \$96.00 | | |
| | Older Adult (60-79) | \$59.00 | \$12.00 | \$64.00 | \$88.00 | | |
| | Youth (3-18)/Honored Citizens (80+) | \$51.00 | \$10.00 | \$56.00 | \$80.00 | | |
| Monthly Pass Unlimited Visits! | Adult (19-59) | \$59.00 | \$24.00 | ICE SEASON PASSES: (without skates) Save 10% if purchased Oct. 1 - 31 | | | |
| | Older Adult (60-79) | \$46.00 | \$16.00 | | | | |
| | Youth (3-18)/Honored Citizens (80+) | \$32.00 | \$13.00 | | | | |
| | Monthly Family Discount Any mix of three or more household members | \$110.00 | | | | | |
| | | | | \$298.00 | | | |
| | | | | \$259.00 | | | |
| | | | | \$220.00 | | | |



Register at register.bendparksandrec.org

Facility information on pages 56 - 61 • Location/park lists on pages 64 - 65



Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs. The goal is to remove financial barriers for community members with limited financial resources. In the last year, approximately 700 individuals and families have participated in programs with support that provides safe, enriching activities and contribute to a physically active community.

ABOUT SCHOLARSHIPS:

- Visit bendparksandrec.org/scholarship to download application forms or pick up an application at the district office or recreation facilities.
- **You may submit your application at any time; allow at least one week for processing prior to registering for an activity.**
- Scholarships can be used by children, adults and families for most recreation programs and facility passes.
- Scholarship assistance ranges from 25-percent to 75-percent of the regular fee depending on the applicant's level of need and the specific activity or program.
- Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF, Oregon Health Plan, or Free and Reduced School Lunch.
- Scholarships are valid for one year. You must reapply for renewal.

CLICK TO
LEARN MORE ABOUT
& APPLY FOR
RECREATION
SCHOLARSHIPS



Everyone can play. Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation.



Your Health & Safety in Park & Recreation

The health and safety of our community is our top priority. Bend Park & Recreation District maintains high standards related to health and wellness and closely follows guidance from state and local health authorities.

Temporary rules and special requirements are in place for programs and activities. Be sure to visit the district's website for your program or activity for up-to-date information. |

CLICK TO
LEARN MORE ABOUT
CURRENT HEALTH & SAFETY
CONDITIONS
& REQUIREMENTS



FREQUENTLY ASKED QUESTIONS:

Q: how do I know if a program can be offered?

A: In general, most of our recreation programs are permitted to occur as mandated by the State of Oregon. Modifications to the program may occur as a result of the public health situation. If BPRD cancels a program, program fees will be credited to your account or refunded upon request.

Q: are face coverings required? what about distancing?

A: We are following local and national guidance as the public health situation changes. As of August 2021, face coverings will be required for indoor programs. Details will be provided by recreation coordinators in advance of a registration activity if there is additional guidance for participants.

Q: how are program participants managed?

A: The State of Oregon informs the number of participants allowed for recreation programs. Class sizes may be changed - either increased or decreased - to meet distancing requirements. Our goal is to ensure a high-quality experience for all participants.

Q: what if a program is cancelled?

A: Credits will be automatically issued for any canceled or shortened classes and facility passes will be automatically paused for the duration of a closure. There is no need for patrons to request credits and extensions. Refunds are available upon request.

Q: what if a participant or staff member tests positive?

A: We work quickly with the Deschutes County Health Department on notification when a confirmed case occurs. This is why registration and check-in are key. Notification may be done by BPRD or the county for the safety of patrons, staff and volunteers.





Learn + play.

This section of classes is designed for those of us of a certain age. As adults, it's important to implement both discovery and play in our lives. Lifelong learning helps keep our brains fresh and play helps us feel young. And who doesn't want that?

Cooking & Baking

Fall Soups

Ages: All Adults

Bend Senior Center

There is nothing quite as comforting as hearty delicious soups when it's cold outside. Learn how to make healthy, hearty soups to freeze and use later. We will make Bison Chili and Butternut Squash with Crispy Sage. Bring your aprons, freezer containers and lots of energy for a fun-filled evening. Instructor: Shannon Hodgen.

\$59.00 ID \$70.80 OD / session

Activity: [302218](#)

M: 5:00 - 8:00 pm

Session: 9/27



Vegetarian Cooking Around the World

Ages: All Adults

Bend Senior Center

Less meat means more flavor! Enjoy the varied spices from around the globe in this tasty sampling of vegetarian food. Bring a cutting board and knife. Dishes will include: Shakshuka skillet egg; spicy Thai noodles; tomato thyme spinach pies; walnut tacos; Asian Mabo tofu with eggplant. Instructor: Suzanne LeMagie.

\$59.00 ID \$70.80 OD / session

Activity: [302229](#)

W: 5:00 - 7:30 pm

Session: 9/22

Let's Bake Bread: Sourdough & Other Rustic Loaves

Ages: 12 & up

Bend Senior Center

Join us for an introduction to these amazing bread beginnings. You will work with natural yeasts and cultured starters as you learn to manage the rising times to develop and enhance the correct crumb and texture of our bread products. Join us for a better understanding of bread mastery. Instructor: Elizabeth Guerin.

\$49.00 ID \$58.80 OD / session

Activity: [302237](#)

Sa: 12:00 - 3:00 pm

Session: 9/25

BUT WAIT, THERE'S MORE! MAKE MEALS AND MEMORIES.

"With Your Child" cooking classes
on page 20.



Fall in Love with Fall Vegetables

Ages: All Adults

Bend Senior Center

In this class, we'll enjoy hearty, warming root vegetables and the sweet, satisfying taste of winter greens. We'll explore new flavors and ingredients that you may have not tried before, like celeriac. Who knew all these winter vegetables could taste so good? Dishes include scalloped spuds and Sprouts (Brussels); Kale Salad with Grapefruits and Avocados; Herbed Roasted Root Vegetables; Winter Squash Casserole; Chunky Borscht Soup. Instructor: Suzanne LeMagie.

\$59.00 ID \$70.80 OD / session

Activity: [302214](#)

W: 5:00 - 7:30 pm

Session: 10/6

Italian Dinner Night - For Two

Ages: All Adults

Bend Senior Center

Bring your friend, family member or significant other to this class and have a blast together while learning how to make fresh handmade pasta, stuffed pasta, perfect sauces and all the accompaniments! There's nothing like handmade pasta's flavor and texture. Together, we'll learn to make dough the Old World way, and then we'll shape, cut and stuff it. You and your companion will create a complete fresh Italian meal. Only one person needs to register. Instructor: Jessica Carleton.

\$89.00 ID \$106.80 OD / session

Activity: [302257](#)

Th: 5:00 - 8:00 pm

Session: 10/14

Umami: The 6th Taste

NEW

Ages: All Adults

Bend Senior Center

The 6th Taste - Umami - the key to a plant based diet is recognizing and utilizing this flavor in foods to bring out the savory taste in vegan cooking. There are six basic flavors: sweet, salty, sour, bitter, and pungent and Umami. Understanding how to play these flavors off each other to enhance any dish helps you discover the art of creating good food. Instructor: Suzanne LeMagie.

\$59.00 ID \$70.80 OD / session

Activity: [302216](#)

W: 5:00 - 7:30 pm

Session: 10/27

Knife Skills & Kitchen Shortcuts

Ages: All Adults

Bend Senior Center

Learn easy knife skills, care and sharpening of knives while enjoying tasty recipes. We'll teach you about the four knives you must have, how to cut like a chef, as well as how to be fast and efficient. This class will cover knife skills; kitchen shortcuts (ex: how to cut an onion without crying); the best cutting boards. We will practice cutting techniques and prepare some deliciously simple vegetable dishes. We will make Vegetable Stir Fry; Herb Roasted Winter Vegetables; Honeyed Heirloom Matchstick Carrots. Bring your best vegetable knife and a cutting board. Instructor: Suzanne LeMagie.

\$59.00 ID \$70.80 OD / session

Activity: [302219](#)

Tu: 5:00 - 7:30 pm

Session: 11/2



Taste of Japan

All Adults

Bend Senior Center

Join instructor Yoko Godlove and take a tour of signature Japanese dishes. Discover a healthy new world of flavorful dishes - all without leaving Bend.

Taste of Japan: Japanese Sweets **NEW**

In Japanese cuisine, traditional Japanese sweets are known as wagashi. Using traditional ingredients, such as red bean paste and mochi, we'll learn how to make these popular Japanese confections. We also will learn how to make green tea. Bring your aprons and containers to take home sweets.

\$59.00 ID \$70.80 OD / session

Activity: [302260](#)

Th: 4:00 - 7:00 pm

Session: 10/21

Taste of Asia: Bibimbap **NEW**

Bibimbap is a well-balanced healthy meal. It includes mixed rice with your favorite protein (we will use tofu in this class), assorted vegetables (we will use spinach, carrots and bean sprouts), a special gochujang sauce (sweet and spicy) and a fried egg on top. We will also learn how to make the homemade gochujang sauce. Bring your aprons and personal containers for leftovers.

\$59.00 ID \$70.80 OD / session

Activity: [302261](#)

Th: 4:30 - 7:00 pm

Session: 11/4

Taste of Japan: Let's Roll Sushi

This is a great opportunity to sample and learn simple sushi rolling techniques, ingredients and proper sushi equipment. Sushi doesn't always contain raw fish, you can make it with lots of other ingredients. Class includes recipes, the cost of food and sushi to take home for the whole family. Bring containers to take leftovers home!

\$69.00 ID \$82.80 OD / session

Activity: [302266](#)

Sa: 12:30 - 4:00 pm

Session: 10/30



Winner Winner Chicken Dinner

NEW

Ages: All Adults
Bend Senior Center

In this three-hour fun, action-packed workshop, we will learn basic knife skills, safety, kitchen flow and communication as we learn how to make the perfect classic roast chicken, crispy potatoes and grilled broccolini with vinaigrette. Bring an apron and your sense of adventure! Instructor: Shannon Hodgen.

\$69.00 ID \$82.80 OD / session

Activity: [302225](#)

M: 5:00 - 8:00 pm
Session: 11/8

Italian Cheeses Made at Home

NEW

Ages: 12 & up
Bend Senior Center

In this hands-on cheese making class, you will see how mozzarella and mascarpone are made and then turn up the heat to make your very own ricotta with a few basic ingredients. Sample cheeses and take home cheese-making products. Instructor: Elizabeth Guerin.

\$49.00 ID \$58.80 OD / session

Activity: [302220](#)

Sa: 12:00 - 3:00 pm
Session: 11/20

With Your Child: Cooking & Baking

With your Child: Handmade Pretzels

Ages: 6 & up
Bend Senior Center

Enjoy an evening of one-on-one time with your child as we learn to make soft, hot, fresh pretzels and a dipping sauce. Learn all of the tricks and enjoy them fresh out of the oven. Class is priced per adult and child team; only the adult registers. Come have fun with your child. Instructor: Jessica Carleton.

\$59.00 ID \$70.80 OD / session

Activity: [302244](#)

Th: 5:00 - 7:00 pm
Session: 9/30

With Your Child: Pizza with a Partner

NEW

Ages: 6 & up
Bend Senior Center

Let's make Pizza together! Grab your partner as we start from the bottom up creating your very own pizza. In this class, Elizabeth Guerin, artisan bread baking instructor, will walk you through each step to the perfect pizza dough. Then, you'll add the finishing touches on your pizza creation just the way you like it. We'll learn the dough basics from thick to thin crusts and how to achieve that authentic flavor we all love. Bring an apron, rolling pin and pizza pan or cookie sheet along with your appetite and let's make some pizza! This is not a gluten or dairy free class.

\$59.00 ID \$70.80 OD / session

Activity: [302241](#)

Sa: 1:00 - 3:00 pm
Session: 10/9



With Your Child: Let's Make Sushi

NEW

Ages: 6 & up
Bend Senior Center

Make your own sushi roll! Learn to how to make perfect sushi rice. Prepare for favorite sushi rolls and enjoy a delicious and impressive homemade sushi meal. On the menu: California roll, tempura shrimp roll, Unagi roll, and assorted vegetable roll. Bring a container for leftovers. Includes recipes and sushi to take home. Instructor: Yoko Godlove.

\$69.00 ID \$82.80 OD / session

Activity: [302259](#)

Sa: 1:00 - 4:00 pm
Session: 10/2

With Your Child: Perfect Pie

NEW

Ages: 8 & up
Bend Senior Center

Spend some quality time with your child and learn to make the perfect pie just in time for the holiday season. We will learn the fundamentals of making pie in no time. After taking this class, you'll be a pro at making pie crust and fillings. Please bring a clear glass 9" pie plate to class. Instructor: Elizabeth Guerin.

\$59.00 ID \$70.80 OD / session

Activity: [302256](#)

Sa: 1:00 - 3:00 pm
Session: 10/16

With your Child: Kitchen Basics & Knife Skills

NEW

Ages: 8 & up
Bend Senior Center

In this hands-on kitchen-basics skills class, we'll prepare easy, kid-friendly dishes while learning how to cut like a chef - safely and efficiently. We'll cover essential tools and cutting boards. Bring your best vegetable knife and a cutting board. Instructor: Suzanne LeMagie.

\$59.00 ID \$70.80 OD / session

Activity: [302248](#)

W: 5:00 - 7:00 pm
Session: 11/10

With Your Child: Gingerbread House Holiday Workshop

Ages: 4 - 11

Bend Senior Center

Kick-start the holiday fun! This workshop allows adult/child pairs to create a holiday tradition together. Each team will make, design and decorate a Gingerbread House and make a holiday ornament. Skip the prep and mess at home, and enjoy spending time creating memories. Instructor: Diane Burns

\$39.00 ID \$46.80 OD / session

Activity: [302253](#)

Sa: 12:00 - 2:00 pm
Session: 12/11

With Your Child: Pasta Made Easy

NEW

Ages: 8 & up
Bend Senior Center

Learn to make homemade pasta with your child, including dough-handling techniques, the pasta-making process and making a simple sauce. You'll create a delicious dish with plenty to take home - bring containers. Instructor: Shannon Hodgen.

\$69.00 ID \$82.80 OD / session

Activity: [302258](#)

Sa: 2:00 - 5:00 pm
Session: 12/11

GET CREATIVE WITH A CHILD!

"With Your Child" art classes
on pages 35 - 36.



DIY

DIY: 3D Mosaic Hearts

Ages: All Adults

Bend Senior Center

Bling for your garden! Starting with a 3-dimensional domed heart as a base, you'll decorate it with glass and ceramic tile - lines, circles and swirls; let your creativity flow. Learn the basics of mosaic while creating a one-of-a-kind piece of outdoor art to adorn your own yard, or to give as a gift. Instructor: Jessica Carleton.

\$69.00 ID \$82.80 OD / session

Activity: [302419](#)

Th: 1:00 - 4:30 pm

Session: 10/7

DIY: Polymer Clay Geometric Canes & Bowls

Ages: All Adults

Bend Senior Center

Learn the basics of working with polymer clay. We will learn about the tools you'll need, conditioning the clay, building and reducing canes. We will then make simple geometric canes, which will be the building blocks for endless creations, such as unique trinket or ring bowls using slices of your (and your neighbors') canes. Instructor: Jessica Carleton.

\$59.00 ID \$70.80 OD / session

Activity: [302426](#)

Th: 1:00 - 4:00 pm

Session: 10/28

DIY: Christmas Ornaments

Ages: All Adults

Bend Senior Center

After starting in the kitchen with a primer on baking polymer clay, we'll proceed to the classroom to learn the process of creating a kaleidoscope ornament. You'll learn to work with the clay, mix colors, and build and reduce simple canes. These simple canes form the building blocks for a complex cane, and then a stunning kaleidoscope, which you'll then affix to a glass ornament. You will take home your raw ornament to bake. Instructor: Jessica Carleton.

\$59.00 ID \$70.80 OD / session

Activity: [302427](#)

Th: 1:00 - 4:00 pm

Session: 11/4

DIY: Mosaic Luminaries

Ages: All Adults

Bend Senior Center

Learn the basics of mosaic art, while making a one-of-a-kind luminary (or night light) using a glass block and stained glass pieces. We will create your design, as well as apply the materials and grout. All materials, aprons, gloves and safety glasses provided, including a 4' light string to put inside once completed. Instructor: Jessica Carleton.

\$69.00 ID \$82.80 OD / session

Activity: [302418](#)

Th: 1:00 - 4:30 pm

Session: 11/11

Games

Beginning/ Refresher Bridge

Ages: All Adults

Bend Senior Center

Lets play! Want to learn to play bridge or need a refresher? Learn the game or improve your skills in this fun, relaxed class. You will leave the first class actually knowing how to play bridge hands. Instructor: Judy Davidson.

\$59.00 ID \$70.80 OD / session

Activity: [302600](#)

Th: 6:00 - 8:00 pm

Session: 10/7 - 11/11

Music & Voice

Beginning Ukulele I

Ages: 16 & up

Bend Senior Center

Join the growing group of friendly folks who are having a great time playing the ukulele. Learn basic chords, progressions and strumming patterns. You'll even play popular songs at the first class. No experience? No problem! Ukuleles are available to rent from the instructor. Baritone Ukuleles will not be covered in this class. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD / session

Activity: [302100](#)

W: 5:00 - 6:00 pm

Sessions: 9/15 - 10/6 10/13 - 11/3
11/10 - 12/8 (No class 11/24)

Beginning Ukulele II

Ages: 16 & up

Bend Senior Center

If you are ready to learn more about your amazing Ukulele! Go beyond beginning ukulele. The emphasis will be on new strumming and picking techniques and more advanced chords. Learn to play the songs you love. If you liked our beginner class you are going to love this class! Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD / session

Activity: [302103](#)

W: 6:15 - 7:15 pm

Sessions: 9/15 - 10/6 10/13 - 11/3
11/10 - 12/8 (No class 11/24)

Beginning Guitar I

Ages: 16 & up

Bend Senior Center

Learn the basics of acoustic guitar playing. Topics will include rhythm technique, chords, playing with others and a little music theory. We will ensure individual attention, a fun learning environment and plenty of opportunity to address questions. Students will need to bring their own acoustic guitar. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD / session

Activity: [302106](#)

Th: 5:00 - 6:00 pm

Sessions: 9/16 - 10/7 10/14 - 11/4
11/11 - 12/9 (No class 11/25)





Beginning Guitar II

Ages: 16 & up

Bend Senior Center

In Beginning Guitar we learned basic chords, basic strumming and very basic songs. Now we will expand your knowledge base and learn how to use different strum patterns. We will also incorporate picking and simple bar chords to expand your chord and song knowledge, along with a little music theory. This is a fun class that will improve your skills and become a more confident guitar player. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD / session

Activity: [302107](#)

Th: 6:15 - 7:15 pm

Session: 9/16 - 10/7 10/14 - 11/4
11/11 - 12/9 (No class 11/25)

Voice-Overs... Now is Your Time!

Ages: All Adults

Bend Senior Center

Learn how to use your speaking voice for commercials, films, videos and more. This introductory class will introduce you to a creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time and with minimal overhead. Instructor: Lisa Foster.

\$49.00 ID \$58.80 OD / session

Activity: [302161](#)

Th: 6:00 - 8:00 pm

Session: 10/28

Specialized Fitness

Go-Go Gadget Octagon Workout

Ages: 16 & up

Larkspur Community Center

Get a great functional workout using all the exercise gadgets that you've always been curious about: TRX straps, kettlebells, medicine balls, sand bags, core bags, etc. You will get a workout plan on Tuesday to perform on your own that same week. You'll get a different workout plan with different equipment each week. Instructor: Alli Jorgensen.

\$59.00 ID \$70.80 OD / session

Activity: [302731](#)

Tu: 1:15 - 2:15 pm

Session: 9/21 - 10/12

Older Adult Intro to Disc Golf NEW

Ages: 55 & up

Pine Nursery Park

Welcome to the world of disc golf! This is an entry-level course where you can finally immerse yourself in one of the fastest-growing sports. We will emphasize safety, basic throwing techniques, scoring, and rules. Bring your own discs or use ours - disc rental is included.

\$30.00 ID \$36.00 OD / session

Activity: [308101](#)

Sa: 12:00 - 1:30 pm

Sessions: 10/2 10/30

Parkinson's Water Therapy

Ages: 16 & up

Larkspur Community Center

Enjoy the warm-water pool, which will help make your joints feel better. The instructor will take you through a variety of safe and effective water exercises designed to help increase your mobility and range of motion.

\$72.00 ID \$86.40 OD / session

Activity: [302732](#)

Tu/Th: 11:15 am - 12:00 pm

Sessions: 10/5 - 28
11/2 - 11/30 (No class 11/25)

Better Brains

Ages: 50 & up

Bend Senior Center

This class is designed for mature adults wanting to improve their lives by keeping a sharp and active mind. Special activities and lessons will help participants enhance the functioning of major areas of the brain, fostering increased confidence and independence. Instructor: Alice Staley, MEd.

\$59.00 ID \$70.80 OD / session

Activity: [302780](#)

M: 10:00 - 11:00 am

Session: 10/11 - 11/15

Winter Sports Conditioning

Ages: 16 & up

Larkspur Community Center

Stay strong this upcoming snow season with this dynamic, playful and concise class, which will include ample amounts of muscle strengthening, core, balance and power. Using BOSU balls, and agility ladders, you can expect to take your skiing, ice sports, even snowshoeing to the next level. This class will be held outdoors to help you acclimate to the winter weather. Lots of individual attention by personal trainer Dave Zimmerman.

\$99.00 ID \$118.80 OD / session

Activity: [302730](#)

W/F: 3:15 - 4:15 pm

Session: 10/27 - 11/19

Tours

Exploring Newberry Caldera & Lunch NEW

Ages: All Adults

Bend Senior Center

Did you know that there is a volcano just south of Bend that is the size of the state of Rhode Island? It is the Newberry Volcanic Monument. Come with us for a day of exploration. We will visit the Caldera to learn about and see first hand the violent, geological history that helped make Central Oregon the beautiful place it is. Take in the breathtaking views as we make our way to East Lake, elevation 6,381 feet. We'll take a short walk to see beautiful Paulina Falls, look at obsidian and learn about the geology and history of this impressive monument. Bring money for lunch at the lodge and enjoy a delicious lunch and scenic views of the lake. Short walks over uneven ground. Transportation included. Leader: Leslie Olson.

\$69.00 ID \$82.80 OD / session

Activity: [302303](#)

F: 9:00 am - 3:00 pm

Session: 9/10

Sisters History Tour NEW

Ages: All Adults

Bend Senior Center

Join us for a stroll through time as we visit Sisters, Oregon. Our outing will include a visit to the Sisters Historical Society as well as Camp Polk, a Deschutes Land Trust property with cultural and historical importance. This will include a one-mile walk on uneven ground. Bring money for lunch in a local restaurant. Wear sturdy shoes for soft-surface trail. Transportation included. Leader: Leslie Olson.

\$39.00 ID \$46.80 OD / session

Activity: [302330](#)

Tu: 9:00 am - 2:00 pm

Session: 10/12



A Day at Lord's Acre

NEW

Ages: All Adults

Bend Senior Center

Join us for a fun day at Lord's Acre. Learn about the significance and history of this annual fundraiser for the Powell Butte Christian Church, which includes sales of crafts, meats, pies, candy and a BBQ! We will transport you there and let you enjoy yourself. Lunch is on your own. Leader: Leslie Olson.

\$39.00 ID \$46.80 OD / session

Activity: [302331](#)

Sa: 9:00 am - 2:00 pm

Session: 11/6

Extended Travel

The Magnolia Trail & the Heart of Texas

All Adults

Welcome to Texas y'all! Spend two nights in Dallas and see highlights, such as: George W. Bush Presidential Library and the South Fork Ranch, the setting for the TV show Dallas. You'll also tour AT&T Stadium, home of the Dallas Cowboys, and witness the only cattle drive to take place on the streets of a major US city at the Fort Worth Stockyard. Continue to Waco for two nights, a town that Chip & Joanna Gaines made famous with their Fixer upper TV show, and see the famed Silos and Magnolia Market.

\$2,049.00 each

(dbl. occupancy, land/air/ tax from Portland)

Dates: 3/26 - 30, 2022

Normandy, Paris & the Seine River Cruise

All Adults

Enjoy a 7 day river Cruise on the legendary Seine River visiting charming French towns and villages daily. A visit to Normandy and the World War II landing beaches where you can pay respects to the brave men and women who served our country is sure to be a highlight of your trip. A visit to Paris as a great way to end your memorable vacation!

\$4,995.00 each

(dbl. occupancy, land/air/ tax from Portland)

Dates: 4/26 - 5/4, 2022

Majestic Canadian Rockies

All Adults

Spend 5 nights in one hotel in the heart of the Canadian Rockies, Banff. Your hotel is located in the town center with easy access to all the restaurants and shops. Enjoy daily sightseeing to take in the unparalleled beauty of the Majestic Canadian Rockies. Visit highlights of the area including Lake Louise, Moraine Lake, the Icefields Parkway, Yoho National Park and so much more!

\$3,049.00 each

(dbl. occupancy, land/air/ tax from Portland)

Dates: 7/10 - 15, 2022

Get to Know Your iPhone Series

TAUGHT BY AN APPLE CERTIFIED SUPPORT PROFESSIONAL



All Adults

Bend Senior Center

This series of classes will allow you to customize your learning experience and become a more effective iPhone user. Instructor: Robyn Lyman

Fee: \$19.00 ID 22.80 OD / session

IPHONE: SETUP & CUSTOMIZATION

Not sure where to start with your new iPhone? Learn the iPhone as we start off with the basics then personalize to your liking.

Activity: [302551](#)

Th: 6:30 - 8:00 pm

Session: 9/16

IPHONE: APP STORE & ITUNES

Discover new and powerful apps to make everyday life easier and learn about music, movies, ringtones and more through the iTunes store.

\$19.00 ID \$22.80 OD / session

Activity: [302552](#)

Th: 6:30 - 8:00 pm

Session: 9/23

IPHONE: INTERNET & MAIL

Discover Apple's web browser, Safari, and how to navigate, bookmark, print and more. We'll also learn how to customize email and add additional accounts.

Activity: [302553](#)

Th: 6:30 - 8:00 pm

Session: 9/30

IPHONE: CONTACTS & CALENDAR

Learn to add contacts to your iPhone and master your calendar by adding events, reminders, alerts and automatic repeating events.

Activity: [302554](#)

Th: 6:30 - 8:00 pm

Session: 10/7

IPHONE: CAMERA & PHOTOS

Learn the fundamentals with step-by-step instructions for beginner and intermediate iPhone photographers. We'll cover how to edit your images and effortlessly manage your photos across all Apple devices.

Activity: [302555](#)

Th: 6:30 - 8:00 pm

Session: 10/14

IPHONE: MAPS, MESSENGER & SIRI

Learn to manage the Maps app for getting directions, the Messenger app for sending notes and Siri for making us wonder just how we ever got along without this technology!

Activity: [302556](#)

Th: 6:30 - 8:00 pm

Session: 10/21

LET'S
GET ARTY!
.....
**ENCAUSTIC
PAINTING**
.....
PAGE 25

be inspired

create yourself.

Whether you're taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It's about connecting and discovering yourself.

Clay

Day Clay

Ages: 16 & up

Art Station

This six week class provides a supportive atmosphere for all experience levels to learn clay techniques. Practice hand-building, wheel throwing and design skills. Explore creative methods and find inspiration in this project-oriented class. Tools and the first ten pounds of clay provided; additional clay available for purchase at the studio. Instructor: Helen Bommarito

\$205.00 ID \$246.00 OD / session

Activity: [311100](#)

Th: 11:00 am - 2:00 pm

Session: 9/9 - 10/14

F: 11:00 am - 2:00 pm

Sessions: 9/10 - 10/15
10/22 - 12/10 (No class 11/12 & 26)

W: 11:00 am - 2:00 pm

Session: 10/20 - 12/8 (No class 11/10 & 24)

Th: 11:00 am - 2:00 pm

Session: 10/21 - 12/9 (No class 11/11 & 25)

All Skills Pottery

Ages: 16 & up

Art Station

Learn basic techniques, including hand building and wheel thrown stoneware pottery techniques as a beginner or an experienced potter. Tools and the first ten pounds of clay provided; additional clay available for purchase at the studio. Instructor: Justin LeBart

\$205.00 ID \$246.00 OD / session

Activity: [311102](#)

W: 6:00 - 9:00 pm

Sessions: 9/15 - 10/20
11/3 - 12/15 (No class 11/24)

Th: 6:00 - 9:00 pm

Sessions: 9/16 - 10/21
11/4 - 12/16 (No class 11/25)

Drawing and Ink

Mixed Media Drawing

Ages: 16 & up

Art Station

Drawing is one of the most fundamental, versatile and open practices in the life of the artist. Participants will explore various drawing media (pencil, ink, paint, markers, etc.) and mark-making tools on various types of paper. Subject matter will derive from actual objects, reproductions of masterworks, and the imagination with the aim to combine imagery into compelling works of art. No drawing experience required, just an open mind! Instructor: Ken Marunowski

\$139.00 ID \$166.80 OD / session

Activity: [311125](#)

W: 10:00 am - 12:00 pm

Session: 10/6-11/3 (No class 10/27)

Work for play at BPRD.

Learn more at
bendparksandrec.org/jobs

Get creative with your kiddos!

"With Your Child" art classes
on pages 35 - 36

Soft Pastel Chalk Studies

Ages: 14 & up

Art Station

An amazing quality of pastel is that it retains its intensity on paper. Explore ways to create with soft pastel chalks and experiment with techniques including blending, dry wash, colored grounding and feathering. Instructor: Deena Newman

\$119.00 ID \$142.80 OD / session

Activity: [311114](#)

M: 10:00 am - 12:00 pm

Session: 10/4 - 25

Botanical Drawing

Ages: 14 & up

Art Station

Renew your eye for nature by observing and drawing plants with pastel chalk, charcoal and colored pencil. Learn to draw what you see and explore new techniques and mediums. Instructor Deena Newman.

\$119.00 ID \$142.80 OD / session

Activity: [311115](#)

W: 6:00 - 8:00 pm

Session: 10/13 - 11/3



Painting

Fun With Acrylics

Ages: All Adults

Bend Senior Center

Learn the basics of acrylic painting in just an afternoon. All skill levels welcome as we focus on the techniques of color, lighting, composition, texture and layering. Take home a finished, ready-to-frame painting. Take one or all four of the classes! \$20 supply fee due at each class. Instructor: Carol Picknell.

\$15.00 ID \$18.00 OD / session

Activity: [302409](#)

Th: 1:00 - 3:30 pm

Sessions: 9/16 Hollyhocks
10/21 Fall Trees
11/18 Bridge at Sunset
12/9 Candle in the Window

Monotype Printing Class NEW

Ages: All Adults

Bend Senior Center

Learn easy Monotype using water base ink and tempera with hand pressing. Students will do three types of printing, Light field, Dark field and Trace monotype. \$10 supply fee due at class. Instructor: Michelle Oberg.

\$25.00 ID \$30.00 OD / session

Activity: [302405](#)

Th: 1:00 - 3:30 pm

Session: 9/30

Beginning Watercolor

Ages: All Adults

Bend Senior Center

No experience necessary, just a willingness to explore and have fun. We'll start with just two brushes and three colors, explore how to do washes, mix colors, make a color wheel and complete a simple project. \$10 supply fee due at class. Instructor: Jennifer Ware-Kempke.

\$25.00 ID \$30.00 OD / session

Activity: [302400](#)

Th: 1:00 - 3:30 pm

Session: 10/14



Abstract Impressionism

Ages: 16 & up

Art Station

Join Abstract Impressionist painter Ken Marunowski to learn the expressive art of landscape painting in oils while combining aspects of French Impressionism and American Abstract Expressionism. Starting with a natural landscape, we'll use the abstract vocabulary of line, shape, color, value and texture to create an expression of nature. No experience necessary, just an exploratory attitude and a love for nature.

\$189.00 ID \$226.80 OD / session

Activity: [311121](#)

W: 10:00 am - 12:00 pm

Session: 11/10 - 12/15 (No class 11/24)

Encaustic Painting

Ages: 16 & up

Art Station

Perhaps the most beautiful of all artists' paints; encaustic paint composed of beeswax, resin, pigment and liquid applied in layers to a semi-absorbent surfaces. Each layer is applied warm and reheated to fuse them. It can be polished, carved, scraped, layered, collaged and modeled into transparent and opaque colors. Instructor: Deena Newman.

\$189.00 ID \$226.80 OD / session

Activity: [311122](#)

W: 6:00 - 9:00 pm

Session: 11/10 - 12/8 (No class 11/24)

Acrylics 101

Ages: 16+

Art Station

Painting is a learnable skill. Master value, brush handling, composition and color in this step-by-step class. In any painting, the COLOR sets the entire mood. Explore different techniques and colors to make your paintings stand out. Learn the language of light that will make your paintings dynamic and unforgettable. Instructor: Barbara Berry

\$199.00 ID \$238.80 OD / session

Activity: [311120](#)

F: 12:30 - 3:30 pm

Session: 11/5 - 12/3 (No Class 11/26)

Acrylic Pouring

Ages: 14 & up

Art Station

Try Acrylic Pouring! Learn about the materials you need to create this fluid painting technique while completing finished pieces to take home. Instructor: Michael Greene.

\$65.00 ID \$78.00 OD / session

Activity: [311145](#)

Th: 5:30 - 8:30 pm

Session: 11/4

F: 10:00 am - 1:00 pm

Session: 12/3

Ease into Watercolor Painting

Ages: 14 & up

Art Station

Are you curious about watercolor paint, or have you tried it long ago, and wondered how to start again? This is the perfect class to learn! We will begin with the basics, creating fun images as well as representational paintings while practicing wash techniques, texture methods, and design principles. Instructor: Kathleen Branch.

\$135.00 ID \$162.00 OD / session

Activity: [311123](#)

Th: 6:00 - 8:00 pm

Session: 9/30 - 10/21

Tu/Th: 1:00 - 3:00 pm

Session: 12/7 - 18



PLAY LIKE
A KID!
.....
**ADULT
SPORTS
LEAGUES**
.....
PAGES 26 - 27

drive it

Game time.

Play is a key element of our youth. So why not feel like a kid again and have sports in your life? You'll exercise, make new friends and either learn a new skill or keep an old one alive. And that is the real version of the fountain of youth.

Disc Golf

Adult Intro to Disc Golf **NEW**

Ages: 16 & up

Pine Nursery Park

Welcome to the world of disc golf! This is an entry-level course where you can finally immerse yourself in one of the fastest-growing sports. We will emphasize safety, basic throwing techniques, scoring, and rules. Bring your own discs or use ours - disc rental is included.

\$60.00 ID \$72.00 OD / session

Activity: [308101](#)

Su: 12:00 - 3:00 pm

Sessions: 9/26 10/24

Older Adult Intro to Disc Golf **NEW**

Ages: 55 & up

Pine Nursery Park

Welcome to the world of disc golf! This is an entry-level course where you can finally immerse yourself in one of the fastest-growing sports. We will emphasize safety, basic throwing techniques, scoring, and rules. Bring your own discs or use ours - disc rental is included.

\$30.00 ID \$36.00 OD / session

Activity: [308101](#)

Sa: 12:00 - 1:30 pm

Sessions: 10/2 10/30

Curling

Adult Curling League

Ages: All Ages

The Pavilion

Open to all experience (or inexperience) curling levels, this league gives curlers and those new to curling the chance to play. We supply stones, brooms, & equipment. Space is limited, so register early. Games are played once a week on Sunday evenings for a 7 game season.

Register your team of four today. Please email completed rosters to peter@bendparksandrec.org

undefined

Activity: [310331](#)

Su: 3:00 - 10:00 pm

Season: 11/7 - 12/19

Be a coach!

Volunteer coaches needed for youth sports.

Contact Kim at (541) 706-6127 for more information.



Hockey

Adult Skills & Drills

Ages: All Ages

The Pavilion

Lets get together, learn something new and play hockey! Designed to develop the fundamentals of the game, hone in a particular skill, promote physical fitness and have fun. This is a 7 week program with no program the week of Thanksgiving.

\$105.00 ID \$126.00 OD

Activity: [310321](#)

F: 8:15 - 9:15 pm

Session: 10/22 - 12/10

Adult Hockey League

Ages: All Adults

The Pavilion

Join BPRD's Adult Hockey League! Individuals who register will be drafted onto teams. Teams will enjoy our ice rink while playing twelve regular season games with game nights varying throughout the season. Teams will be seeded for the playoffs. Players must provide their own gear. For more information, email Kevin at kevin@bendparksandrec.org

\$300.00 ID \$360.00 OD

Activity: [310320](#)

M-Th: 7:00 - 10:30 pm

Sessions: 11/15 - 3/17 11/15 - 3/17

Ice Skating

Parent & Seal Pup: Skate Together

Ages: 3 - 5

The Pavilion

Step onto the ice and help your young "Seal Pup" find his or her ice feet! Together you will learn how to skate by singing songs, playing games and spending time together on the ice.

\$36.00 ID \$43.20 OD

Activity: [310100](#)

Tu: 9:50 - 10:20 am

Sessions: 10/19 - 11/9 11/16 - 12/14

Learn to Skate: Family

Ages: 6 - 12

The Pavilion

New this fall! Young skaters grab a parent, a relative, or another adult in your life, and come learn how to skate together! Through new skills & fun games, we will help you become confident enough to skate during our Open Skate sessions or to progress to higher-level group classes on your own. Please register under the child's name (one adult per child included). Figure or hockey skates okay.

\$52.00 ID \$62.40 OD

Activity: [310110](#)

Th: 5:40 - 6:10 pm

Session: 10/21 - 11/11 11/18 - 12/16

Required Hockey Gear

PLAYERS: Helmets (17 & under require a face mask), shin pads, hockey/street hockey gloves, cup or athletic supporter and hockey stick. **GOALIES:** Goalie helmet, chest protector, goalie pants, leg pads, blocker, catching glove, goalie stick, and cup or athletic supporter. Scholarship support is available for equipment needs

Learn to Skate: Adult Levels 1-3

Ages: 16 & up

The Pavilion

Come learn how to skate! Discover or re-discover your ice feet as you learn how to glide and develop your stroke. Practice balance, edgework and advance in your technique through skills and drills. Figure or hockey skates okay.

\$52.00 ID \$62.40 OD

Activity: [310141](#)

Th: 5:40 - 6:10 pm

Sessions: 10/21 - 11/11 11/18 - 12/16

Learn to Skate: Adult Levels 4 - 6

Ages: 16 & up

The Pavilion

For intermediate level skaters. Build your confidence on the ice! Advance in your skating skills as we continue to learn proper technique for stroking, balance and edgework. Figure or hockey skates okay.

\$52.00 ID \$62.40 OD

Activity: [310143](#)

Th: 5:40 - 6:10 pm

Sessions: 10/21 - 11/11 11/18 - 12/16

WINTER-SPRING 2021 ICE SPORTS

Make plans for the second ice season of:

ADULT HOCKEY SKILLS & DRILLS

CURLING LEAGUE

ADULT LEARN TO SKATE

Registration typically opens in early December.

Look for upcoming social media and newsletters announcing Winter registration.

Specialized Ice Sessions

Adult: \$12.00 / session

Youth: \$10.00 / session

MORE SESSIONS = MORE SAVINGS!

Purchase four sessions, get the fifth session for FREE!

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the session.

Drop-in: If space is available. Check activity # status online prior to arrival.

Sessions: Times and days will vary. Check online schedule.

Stick Time

Bring your sticks, skates and gear and work on your skating, stick handling and shooting in these no pressure hockey-only sessions. Nets and pucks provided.

Activity: [310402](#) - Adult
[310401](#) - Youth

Pick-up Hockey

Get some extra game practice during these pick-up hockey times. No officials or scoring. Teams are self-selected each session. Full gear required. Bring light and dark jerseys.

Activity: [310403](#) - Adult

Curling Time

Come and practice your curling skills during these pick-up sessions. All equipment is provided.

Activity: [310332](#) - Adult

Freestyle

Freestyle is a practice session designed for intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.

Activity: [310160](#) - Adult/Youth



Liquid benefits.

It's never too late to become a swimmer! Our swim program allows you to progress from no experience to becoming a master swimmer. Come swim - gain confidence in the water and feel great.

Adult Swimming

Level 1 Adult Swim Instruction

Ages: All Ages

Juniper Swim & Fitness Center

This class is designed for the adult swimmer with little-to-no experience in the water. We will help you conquer your fear of swimming by introducing basic swim skills and water safety. Majority of class is in shallow water.

\$68.00 ID \$81.60 OD / session

Activity: [305554](#)

Sa: 7:45 - 8:15 am

Sessions: 9/18 - 10/16
10/16 - 11/20



Level 2 Adult Swim Instruction

Ages: All Ages

Juniper Swim & Fitness Center

Learn skills in a comfortable environment designed for new swimmers to learn basic front crawl and back strokes. Appropriate for adults unable to swim 15 meters.

\$68.00 ID \$81.60 OD / session

Activity: [305555](#)

Tu: 5:30 - 6:15 pm

Sessions: 9/14 - 10/12 10/18 - 11/15

Level 3 Adult Swim Instruction

Ages: All Ages

Juniper Swim & Fitness Center

Class works on building confidence, stroke technique, and achieving the ability to swim full laps. Focus is on fitness through skill training, short distance repeats and individualized to meet your goals. Appropriate for adults who can swim 15 meters but not much more.

\$68.00 ID \$81.60 OD / session

Activity: [305556](#)

Th: 5:30 - 6:15 pm

Session: 9/16 - 10/14

Spanish-language Swim Lessons

Clases de Natación para Familias en español / Family Swim Lessons in Spanish

Ages: All Ages

Juniper Swim & Fitness Center

Esta clase está dirigida especialmente para las Familias Latinas, aunque todo público es bienvenido. Es una clase para padres e hijos. ¿Alguna vez ha visto nadar a su hijo y ha querido aprender? ¡Acompáñenos en esta clase de Natación para familias en español! ¡Todos los niveles son bienvenidos! Habilidades básicas a un ritmo seguro en clases de natación progresiva.

\$64.00 ID \$76.80 OD /session

Activity: [305260](#)

Sa: 12:30 - 1:00 pm

Sessions: 9/18 - 10/16 10/23 - 11/20

CLICK TO LEARN
ABOUT LAP SWIMMING
OFFERINGS





therapeutic recreation

Youth & Teen Therapeutic Recreation

Kids Swimming Night

Ages: 6 - 12

Juniper Swim & Fitness Center

Splash, Splash! Come enjoy a night at the pool with your friends! This program is for kids with special needs, but friends and siblings are welcome to join.

\$15.00 ID \$18.00 OD /session

Activity: [304801](#)

F: 7:30 - 9:00 pm

| | | |
|-----------|------|-------|
| Sessions: | 9/17 | 10/15 |
| | 11/5 | 12/17 |



Kid's Adventure Days

Ages: 6 - 12

Harmon Park

Summer might be over, but the adventures are not! Join us for a morning full of adventure exploring all that Central Oregon has to offer.

\$40.00 ID \$48.00 OD /session

Activity: [304810](#)

Sa: 9:30 am - 1:00 pm

| | | |
|-----------|-------|-------|
| Sessions: | 9/25 | 10/23 |
| | 11/13 | 12/11 |

Teen Adventure Club

Ages: 13 - 21

Harmon Park

Looking for an exciting and active afternoon of adventure and fun with your friends? Join the Teen Adventure Club. Come enjoy games, field trips around Central Oregon, community events and much more. This program is for teens with special needs but friends and siblings are welcome.

\$40.00 ID \$48.00 OD /session

Activity: [304820](#)

Sa: 1:30 - 5:00 pm

| | | |
|-----------|-------|-------|
| Sessions: | 9/25 | 10/23 |
| | 11/13 | 12/11 |

With Inclusion, Everybody Benefits!

If you or your child has a disability and are interested in participating in a general program, we will help make it happen. When people with disabilities participate in general programs EVERYBODY benefits! To ensure successful inclusion, we encourage you to check the box on the registration form that says "check here if you want an assessment team to contact you about disability accommodations." Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!

*The only disability
in life is
a bad attitude.
~ Scott Hamilton*



Teen Movie Night

Ages: 13 - 18

BPRD District Office

Let's check out one of the newest movies on the big screen! This program is for teens with special needs, but friends and siblings are welcome.

\$20.00 ID \$24.00 OD /session

Activity: [304803](#)

F: 6:30 - 8:30 pm

Sessions: 10/1 12/3

Arts & Crafts

Animal Art

Ages: All Adults

Twin Knolls Transitional Co-Op

Join us for art class inspired by animals! Creations may include painting, drawing, and sculpting. No experience necessary!

\$75.00 ID \$90.00 OD /session

Activity: [304400](#)

W: 4:30 - 6:00 pm

Session: 9/8 - 29

All Holidays Art

Ages: All Adults

Twin Knolls Transitional Co-Op

Come create art projects that celebrate each holiday throughout the year.

\$75.00 ID \$90.00 OD /session

Activity: [304420](#)

W: 4:30 - 6:00 pm

Session: 10/6 - 27

Changing Seasons & Art

Ages: All Adults

Twin Knolls Transitional Co-Op

There is so much beauty in the changing of seasons. Let's capture that beauty on a canvas or in sculpture. Join us for art inspired by the transition from fall to winter.

\$60.00 ID \$72.00 OD /session

Activity: [304421](#)

W: 4:30 - 6:00 pm

Session: 11/3 - 17

Gifts from the Heart

Ages: All Adults

Twin Knolls Transitional Co-Op

Create one of a kind gifts for friends and family member or just for fun! Design gifts using wood, ceramics and other art mediums. \$60.00 ID \$72.00 OD /session

Activity: [304423](#)

W: 4:30 - 6:00 pm

Session: 12/1 - 15

Cooking & Baking

Cooking is Back!

Ages: All Adults

Twin Knolls Transitional Co-Op

We can finally get back in a kitchen and create meals together. This session of cooking will focus on new recipes we may have learned over the last year and some old favorites.

\$80.00 ID \$96.00 OD /session

Activity: [304314](#)

W: 6:30 - 8:30 pm

Session: 10/6 - 27



Cooking Around the World

Ages: All Adults

Twin Knolls Transitional Co-Op

Let's explore the world via creations in the kitchen! We will try recipes that are popular here as well as recipes popular in other countries.

\$60.00 ID \$72.00 OD /session

Activity: [304315](#)

W: 6:30 - 8:30 pm

Session: 11/3 - 17

Everything Casseroles

Ages: All Adults

Twin Knolls Trans

Who doesn't like a hearty casserole? Come learn to cook some delicious casseroles to share with friends!

\$60.00 ID \$72.00 OD /session

Activity: [304316](#)

W: 6:30 - 8:30 pm

Session: 12/1 - 15



Social Programs

Hiking Central Oregon

Ages: All Adults

Norton Avenue Apartments

Explore hiking trails in and around town with friends. This group will take on some tougher terrain while enjoying the beautiful Central Oregon scenery.

\$75.00 ID \$90.00 OD /session

Activity: [304706](#)

Th: 5:30 - 7:30 pm

Session: 9/9 - 30

Night at the Pool

Ages: All Adults

Norton Avenue Apartments

We will enjoy an evening of open recreation swim and games at the pool!

\$20.00 ID \$24.00 OD /session

Activity: [304503](#)

F: 7:30 - 9:00 pm

Sessions: 9/10 11/12
12/10

Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.



Game Nights

Ages: All Adults

Norton Avenue Apartments

Win, lose, or draw, it's always fun to play games. Join us as we play some of your favorite indoor games like UNO, Yahtzee, Bunco and more.

\$25.00 ID \$30.00 OD /session

Activity: [304508](#)

F: 5:30 - 7:30 pm

Sessions: 9/24 10/22
11/19

Bowling Night

Ages: All Adults

Norton Avenue Apartments

Strike, spare, gutter ball! Let's get out for an evening of bowling with our friends.

\$45.00 ID \$54.00 OD /session

Activity: [304132](#)

Th: 5:30 - 8:00 pm

Session: 11/18

Saturday Community Outing

Ages: All Adults

Norton Avenue Apartments

There's always a lot going on in Bend! Join us for a day on the town either attending a community event or visiting local shops.

\$45.00 ID \$54.00 OD /session

Activity: [304100](#)

Sa: 11:00 am - 2:00 pm

Sessions: 9/18 10/2
11/20

Saturday Adventure

Ages: All Adults

Norton Avenue Apartments

Let's get out on an adventure before we get snowed in. Adventures will be determined based on weather but will be out exploring Central Oregon! Participants should be able to walk 2 miles unassisted.

\$55.00 ID \$66.00 OD /session

Activity: [304104](#)

Sa: 10:00 am - 4:00 pm

Sessions: 10/16 11/6
12/18

Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.

Sports & Fitness

Disc Golf

Ages: All Adults

Norton Avenue Apartments

Come try out a new sport! Disc Golf is a very popular sport here in Central Oregon! We will start with beginner courses and progress to some more challenging.

\$50.00 ID \$60.00 OD /session

Activity: [304107](#)

Tu: 5:30 - 7:30 pm

Session: 9/7 - 9/28

Get Fit

Ages: All Adults

Norton Avenue Apartments

You will be challenged to reach your personal fitness goals and to live a healthier lifestyle. We'll use a variety of training methods to increase your strength, flexibility and endurance. If weather permits, we may use outdoor space; otherwise, we'll use a BPRD fitness centers.

\$37.50 ID \$45.00 OD /session

Activity: [304101](#)

Tu: 5:30 - 7:30 pm

Sessions: 10/5 - 26 11/2 - 16
11/30 - 12/14

Walking & Jogging Club

Ages: All Adults

Norton Avenue Apartments

Enjoy walking or jogging with friends on accessible trails close to town! This group will explore trails with very little elevation gain or obstacles. Let's get out for some exercise and enjoy the fresh air!

\$60.00 ID \$72.00 OD /session

Activity: [304140](#)

Th: 5:00 - 7:00 pm

Session: 10/7 - 28

Pedal-On

Ages: All Adults

Norton Avenue Apartments

Intervals, rolling hills, sprints, climbs, runs, and jumps all to music hand-picked to motivate and inspire you to an entertaining workout in the cycle room at JSFC.

\$45.00 ID \$54.00 OD /session

Activity: [304105](#)

Th: 5:30 - 7:30 pm

Session: 12/2 - 16



LET'S
GET ARTY!
.....
WITH YOUR
CHILD
.....
PAGES 35 - 36

clay for life

creativity equals expression

Art allows each of us
to play and express
our unique thoughts
and individuality.

“I don’t say
everything, but I
paint everything.”
~ Pablo Picasso

Clay

Fun with Clay

Ages: 6 - 12

Art Station

Create something new each class! Including animals, imaginative creatures, bowls and much more. Learn hand building skills, techniques and how to glaze your pieces with bright colors. Instructor: Diane Burns.

\$95.00 ID \$114.00 OD / session

Activity: [311208](#)

M: 3:30 - 5:30 pm

Session: 10/4 - 25

Home School Youth Wheel Throwing

Ages: 7 - 13

Art Station

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one on one time with students to improve their skills. Instructor: Amanda Krammes.

\$139.00 ID \$166.80 OD / session

Activity: [311260](#)

Tu: 1:00 - 3:00 pm

Sessions: 10/12 - 11/2

11/9 - 12/7 (No Class 11/23)

Kooky Clay Creations

Ages: 6 - 12

Art Station

Construct kooky characters and wild creatures. Base your projects on real animals or craft your own distinctive creatures. Focus on using your imagination while learning about technique to sculpt clay. Imagination is mandatory! Instructor: Amanda Krammes.

\$75.00 ID \$90.00 OD / session

Activity: [311200](#)

W: 3:30 - 5:30 pm

Session: 10/13 - 11/3 (No Class 10/27)

Fish Chimes

Ages: 6 - 12

Art Station

Students create simple pinch pots in a variety of shapes, add designs with stamps, glaze, and string them together to make a unique wind chime. This is a three class process with other fishy activities. Instructor: Diane Burns.

\$75.00 ID \$90.00 OD / session

Activity: [311205](#)

M: 3:00 - 5:00 pm

Session: 11/1 - 15

Youth Wheel Throwing

Ages: 7 - 13

Art Station

All levels welcome! Learn how to throw pots on the wheel through the process of practice, trimming and glazing. Small class sizes allow more one-on-one instruction. Instructor: Justin LeBart and Amanda Krammes.

\$139.00 ID \$166.80 OD / session

Activity: [311203](#)

Tu: 4:00 - 6:00 pm

Session: 9/14 - 10/5 10/12 - 11/2
11/9 - 12/7 (No class 11/23)

W: 3:30 - 5:30 pm

Session: 9/15 - 10/6
11/10 - 12/8 (No class 11/24)

Th: 3:30 - 5:30 pm

Session: 10/7 - 11/4 (No class 10/28)

Sa: 10:00 am - 12:00 pm

Session: 10/16 - 11/6





Advanced Youth Wheel Throwing

Ages: 7 - 13

Art Station

For students who attended Youth Wheel Throwing, let's take it to the next level. Learn how to throw mugs, plates, bowls, vases and more! Class meets twice a week for three weeks - giving more time to work with and understand the material. Instructor: Amanda Krammes.

\$219.00 ID \$262.80 OD / session

Activity: [311204](#)

M/Th: 4:00 - 6:00 pm

Session: 11/29 - 12/16



Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.

Drawing, Painting & Multimedia

ArtFull Wednesdays

Ages: 6 - 12

Art Station

Each three week session children discover the world of texture, line, shape, and color as they create original artwork. A wide range of basic skills are developed including painting, drawing, collage, printmaking, and clay. Each week expands the artistic horizon of the student. Instructor: Diane Burns.

\$95.00 ID \$114.00 OD / session

Activity: [311240](#)

W: 1:30 - 3:30 pm

Sessions: 9/15 - 29 10/6 - 20
11/3 - 17 12/1 - 15

Experimental Painting

Ages: 6 - 12

Art Station

Ever used a spatula to paint? A kitchen sponge? A model car? Here is your chance! Create fun scenes and landscapes using unconventional tools. We will explore ideas of color, space and shape that will broaden your ideas of art while exploring new ways to paint. Instructor: Anne Rustand.

\$95.00 ID \$114.00 OD / session

Activity: [311242](#)

Tu: 3:00 - 5:00 pm

Session: 9/28 - 10/19



Art Parties

All Ages

The Art Station is a great place to hold private parties! Paint a masterpiece, create clay projects, make your own sculpture - the possibilities are endless! We have a wide range of options for guests of all ages from toddlers to adults.

There is no set-up or clean-up. All you and your guests have to do is show up, relax and have fun. Your party will include a private party room, all the materials for your activity, aprons to wear and a dedicated art instructor. You provide the treats, decorations and party supplies such as plates, utensils and cups.

Guests: Adult Party:
10 guests

Kids Party:
10 children
& 2 adult chaperones

Fees: Art Party: 2 hours
\$225.00 ID \$270.00 OD / session
Clay Party: 2 hours
\$250.00 ID \$300.00 OD / session

Includes:

1 hour for art/clay project instruction; 1 hour for celebration

To Book a Party:

Call (541) 617-1317 to see if your desired date and time is available. Please fill out an online party request form at: bendparksandrec.org.

Parties are subject to availability and current health/safety requirements.



Artist Elements

Art Station

Artist Elements classes are designed to strengthen art skills and an appreciation for art. Participants will learn about art fundamentals, terms and techniques to improve art skills and develop creativity. Instructor: Julie Wilson.

Drawing Essentials

Ages: 10 - 14

Learn the basics of using value, line, texture, shape and space to improve your artwork. Understand the building blocks of drawing while exploring graphite, watercolor and pastels. Instructor: Kathleen Branch.

\$95.00 ID \$114.00 OD / session

Activity: [311250](#)

Sa: 10:00 am - 12:00 pm

Session: 10/2 - 10/23

Acrylic Painting Two!

Ages: 10 - 14

You've got the basics already, so let's take your acrylic painting skills to the next level in this fun painting class. Explore painting in different styles while improving your skills and techniques. Complete four different paintings of diverse subject matter while learning color relationships and mixing colors, tints, shades and tones. Instructor: Julie Wilson.

\$95.00 ID \$114.00 OD / session

Activity: [311250](#)

Sa: 10:00 am - 12:00 pm

Session: 10/30 - 11/20

Drawing Illusions & Reality

Ages: 10 - 14

Learn perspective drawing techniques to make 2-D pictures look 3-D and real. Explore one and two point perspective while creating realistic perspective using value, tints, shades, tones and ordinary lines to create illusions. Instructor: Julie Wilson.

\$95.00 ID \$114.00 OD / session

Activity: [311250](#)

Sa: 1:00 - 3:00 pm

Session: 10/30 - 11/20

Watercolor Techniques

Ages: 8 - 13

Art Station

There are many techniques that are used to create watercolor paintings. Young artists will be introduced to the basics of watercolor that can be applied to their own pieces. Practice washes, value scale, wet on wet and dry brush techniques. Instructor: Kathleen Branch.

\$95.00 ID \$114.00 OD / session

Activity: [311222](#)

Th: 3:30 - 5:30 pm

Session: 9/30 - 10/21

Awesome Acrylic Painting

Ages: 6 - 12

Art Station

Learn all the tricks of the trade! You will learn how to mix colors and different ways to apply the paint for the effects you want. Explore a range of painting surfaces and paint in styles ranging from realism to full abstract design. You will be totally prepared to paint what you want with this fun and versatile paint medium. Instructor: Julie Wilson.

\$95.00 ID \$114.00 OD / session

Activity: [311241](#)

Sa: 1:00 - 3:00 pm

Session: 10/2 - 23

Wizardly Art NEW

Ages: 6 - 12

Art Station

Calling all muggles! Are you a young wizard lover? Have you dreamed of your own owl? Your own wand? A crazy plant from the greenhouses? Now is your opportunity to create some of your own! We will use different mediums to create pieces for your own magical world. Instructor: Anne Rustand.

\$95.00 ID \$114.00 OD / session

Activity: [311223](#)

Tu: 3:30 - 5:30 pm

Sessions: 10/26 - 11/16

Young Jewelers

Ages: 8 - 13

Art Station

Learn beginner jewelry skills and make some razzle-dazzle to wear or share with friends. This class is designed for children interested in basic beading skills and jewelry design. Instructor: Diane Burns.

\$75.00 ID \$90.00 OD / session

Activity: [311249](#)

M: 4:00 - 6:00 pm

Session: 11/29 - 12/13

Drawing Animals

Ages: 6 - 10

Art Station

Draw fuzzy and furry creatures! Learn how they are made up of shapes and how those shapes fit together to create animals. Complete your drawing with color using different mediums while beginning to understand light and dark tones. Instructor: Kathleen Branch.

\$75.00 ID \$90.00 OD / session

Activity: [311211](#)

Th: 3:30 - 5:30 pm

Session: 12/2 - 16

Art-rageous Camp

Ages: 6 - 12

Art Station

Discover your creative side! Camps will offer a mix of painting, pastels, drawing, clay, sculpture and mixed media, the possibilities are endless! Let's play and create in the studio. Instructor: AS Staff.

Activity: [311405](#)

\$130.00 ID \$156.00 OD / session

M-Tu: 9:00 am - 4:00 pm

Session: 11/22 - 23 12/27 - 28

\$195.00 ID \$234.00 OD / session

M-W: 9:00 am - 4:00 pm

Session: 10/27 - 29 12/20 - 22

\$65.00 ID \$78.00 OD / session

Th: 9:00 am - 4:00 pm

Session: 11/11

\$195.00 ID \$23.00 OD / session

W-F: 9:00 am - 4:00 pm

Session: 12/29 - 31



Young Children

PreClay

Ages: 3 - 5

Art Station

This is a starter class for little artists to experience the wonders of clay. Children will squish, push, form, flatten and create projects with bright colored glazes. (Child must be accompanied by adult) Instructor: Helen Bommarito.

\$19.00 ID \$22.80 OD / session

Activity: [311300](#)

Th: 9:45 - 10:45 am

Sessions: 9/23 10/21
11/18 12/2

Art START

Ages: 2 - 5

Art Station

Inspire a love for art! Discover beginning art fundamentals and mediums in a fun, hands-on creative environment. Children must be accompanied by an adult. Instructor: Anne Rustand.

\$79.00 ID \$94.80 OD / session

Activity: [311301](#)

Tu: 9:00 - 10:00 am

- OR -

Tu: 10:30 - 11:30 am

Session: 9/14 - 10/5 Harvest Moon
10/12 - 11/2 Fairy Tale
11/9 - 12/7 Winter Welcome
(No class 11/23)

Art Play Group

Ages: 2 - 5

Art Station

Parents, grandparents, family, nannies get to connect with their child at the Art Station! Each session will have different activities that are play based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. (Child must be accompanied by adult) Instructor: Anne Rustand.

\$22.00 ID \$26.40 OD / session

Activity: [311302](#)

F: 9:00 - 10:00 am

- OR -

F: 10:30 - 11:30 am

Sessions: 10/8 11/12
12/10

Handmade Presents for Little Hands

Ages: 2 - 5

Art Station

Work together painting & designing unique seasonal keepsakes! Make colorful gifts, ornaments and textured cards to give to someone special. Child must be accompanied by adult. Instructor: Anne Rustand.

\$39.00 ID \$46.80 OD / session

Activity: [311305](#)

M-Tu: 9:00 - 10:00 am

- OR -

M-Tu: 10:30 - 11:30 am

Session: 12/13 - 14

With Your Child

With Your Child: Cool Cacti

Ages: 6 & up

Art Station

These succulents are looking sharp! Create little sculptures that are safe to touch and will bring happiness to any room or window sill. No watering required. Each registration includes a parent and a child. Instructor: Diane Burns.

\$55.00 ID \$66.00 OD / session

Activity: [311511](#)

Su: 10:00 am - 12:00 pm

- OR -

Su: 1:00 - 3:00 pm

Session: 10/3

With Your Child: Leaf Platters

Ages: 5 & up

Art Station

Bring the falling leaves to your dinner table by cutting your favorite leaf shapes out of clay slabs and adding or carving the stems and veins for a realistic look. Each registration includes a parent and a child. Instructor: Helen Bommarito.

\$55.00 ID \$66.00 OD / session

Activity: [311502](#)

Su: 10:00 am - 12:00 pm

- OR -

Su: 1:00 - 3:00 pm

Session: 10/10



With Your Child: Dia De Los Muertos Skeletons

Ages: 5 & up

Art Station

Working with texture and detail will be our focus as we design Dia De Los Muertos tiles - designed to be hung on a wall. Each registration includes a parent and a child. Instructor: Helen Bommarito.

\$55.00 ID \$66.00 OD / session

Activity: [311503](#)

Su: 10:00 am - 12:00 pm

- OR -

Su: 1:00 - 3:00 pm

Session: 10/24

With Your Child: Acrylic Pouring

Ages: 7 & up

Art Station

Make your masterpiece in this family friendly class! Swirl, slip and slide acrylic paint across a canvas and create amazing results. Learn acrylic pouring technique and applications. Each registration includes a parent and a child. Instructor: Michael Greene.

\$59.00 ID \$70.80 OD / session

Activity: [311541](#)

Su: 10:00 am - 12:00 pm

- OR -

Su: 1:00 - 3:00 pm

Session: 11/7

Sa: 10:00 am - 12:00 pm

- OR -

Sa: 1:00 - 3:00 pm

Session: 9/25

PARENTS CAN GET ARTSY TOO!

Adult Art classes on pages 24 - 26.



With Your Child: Holiday Elves

Ages: 6 & up

Art Station

Create your own holiday elf! These festive figures are decorative and are designed by you! Add a beard, a present, a colorful winter coat or a critter to make it uniquely yours! Each registration includes a parent and a child. Instructor: Amanda Krammes.

\$55.00 ID \$66.00 OD / session

Activity: [311508](#)

Su: 10:00 am - 12:00 pm

- OR -

Su: 1:00 - 3:00 pm

Session: 11/14

With Your Child: Holiday Tree

Ages: 5 & up

Art Station

Create a family heirloom or a great gift for family or friends! These adorable trees can be decorated the way you like and then glazed with bright colors. Such a fun decoration for the holiday season! Each registration includes a parent and a child. Instructor: Helen Bommarito.

\$55.00 ID \$66.00 OD / session

Activity: [311501](#)

Su: 10:00 am - 12:00 pm

- OR -

Su: 1:00 - 3:00 pm

Session: 11/21

With Your Child: Heirloom Ornaments

Ages: 5 & up

Art Station

Create family holiday ornaments with clay using cookie cutters or use your imagination to make your own original shapes! Press patterns or messages on your ornaments using stamps. Hang them on your own tree or share them as gifts. Each registration includes a parent and a child. Instructor: Amanda Krammes.

\$55.00 ID \$66.00 OD / session

Activity: [311505](#)

Sa: 10:00 am - 12:00 pm

- OR -

Sa: 1:00 - 3:00 pm

Session: 12/4



With Your Child: NEW Coffee Cups

Ages: 5 & up

Art Station

These hand built cups are fun and functional! Add texture, pattern, words and colorful glaze to personalize it. Each registration includes a parent and a child. Instructor: Helen Bommarito.

\$55.00 ID \$66.00 OD / session

Activity: [311512](#)

Sa: 10:00 am - 12:00 pm

- OR -

Sa: 1:00 - 3:00 pm

Session: 12/11

With Your Child: NEW Dual-Canvas Painting

Ages: 6 & up

Art Station

Enjoy a relaxing Sunday afternoon of art! You and your child will be guided through an acrylic painting experience. Each pair of painters will receive a canvas to create an image and when placed together will turn into one masterpiece. Each registration includes a parent and a child. Instructor: Kathleen Branch

\$45.00 ID \$54.00 OD / session

Activity: [311540](#)

Su: 12:30 - 2:00 pm

- OR -

Su: 2:30 - 4:00 pm

Sessions: 9/19 Pumpkins & Sunflower

10/17 Mountain Sunset

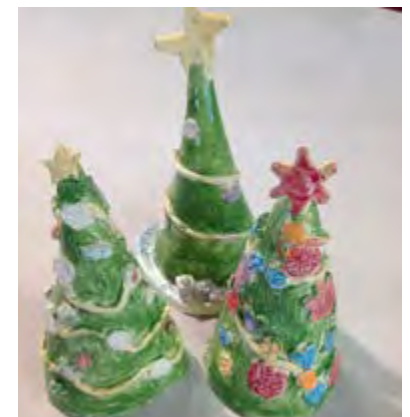
11/28 Holiday Bunny

12/19 Cool Polar Bear

BUT WAIT, THERE'S MORE! GET COOKING "WITH YOUR CHILD."

"With Your Child" cooking classes on page 20.

Participation in "With Your Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.





playin' around

Cooking

Let's Make

Your Own Bento! NO SCHOOL

Ages: 10 - 14

Cascade Middle School

Learn how to make the most popular dishes, such as California rolls, "tempura", and miso soup like a Bento chef.

\$95.00 ID \$114.00 OD / session

Activity: [306228](#)

M: 9:00 am - 2:00 pm

Session: 11/22

Japanese Festival Foods NO SCHOOL

Ages: 10 - 14

Cascade Middle School

Enjoy and learn how to make "yakisoba" (stir fried noodles), crepes and other popular dishes sold by street vendors at Japanese festivals.

\$95.00 ID \$114.00 OD / session

Activity: [306229](#)

Tu: 9:00 am - 2:00 pm

Session: 11/23

Japanese Ramen Shop NO SCHOOL

Ages: 10 - 14

Cascade Middle School

Be a chef and learn how to prepare "ramen", "gyoza" (Japanese pot stickers) and stir fried rice like a pro.

\$95.00 ID \$114.00 OD / session

Activity: [306230](#)

W: 9:00 am - 2:00 pm

Sessions 11/24

Learn + play.

"Play is often talked about as it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood."
- Fred Rogers, aka Mister Rogers

Play is the focus of youth activities whether it's crafts, dance or science. Because if you're having fun, then discovery, development and friendships come easy!

ENRICHMENT

WEDNESDAYS

Enrichment 2021-22 school year registration TBD

Grades: K - 5

Located at your school

About Enrichment Wednesdays: Make Wednesday afternoons into something special! Register your child to experience and learn something new such as martial arts, computer coding, science, theater, chess, clay modeling, dance, Spanish, robotics, animal habitats, and more!



KIDS INC

bend park & recreation district

Fall 2021 Afterschool Programs are underway

Grades: K - 5

Located at your school

For more information and/or wait list registration at specific school:

bendparksandrec.org/childcare.

Volunteer with kids!

Contact Kim at (541) 706-6127 for more information.

Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.

Crafts

Sheet Metal Art

Ages: 10 - 17

DIYcave

Come learn how to use a torch to cut creative forms from sheet metal. Hammer the artwork into shape and braze on a hook for displaying it. This exciting class provides a great introduction to the world of metal art & sculpture. Repeated beginners/intermediate beginners are welcome and will improve/progress in his/her skill level. All materials included.

\$69.00 ID \$82.80 OD / session

Activity: [306155](#)

W: 3:00 - 5:00 pm

Sessions: 9/29 10/20
11/24 12/22

Kid's Woodworking

Ages: 11 - 17

DIYcave

In this 2-day workshop, we provide kids the outlet for their creativity to tackle design challenges using technical problem-solving skills and mathematics to design and craft something special. Kids will focus on design, measurement, and layout techniques and gain experience with power tools such as the miter saw, drill press, palm and drum sanders, router, and various hand tools. This is a wonderful project for young makers introducing them to the joy of woodworking and creating something to be proud of. Repeated beginners/intermediate beginners are welcome and will improve/progress in his/her skill level. All materials included.

\$149.00 ID \$178.80 OD / session

Activity: [306156](#)

M-Tu: 5:00 - 7:00 pm

Sessions: 9/20 - 21 11/15 - 16
12/13 - 14

Tu-W: 5:00 - 7:00 pm

Sessions: 10/26 - 27



Kids Welding

Ages: 10 - 17

DIYcave

In this hands-on class, kids will cut steel with a torch and weld those pieces back together. They'll learn some amazing skills and take their creations home with them. Repeated beginners/intermediate beginners are welcome and will improve/progress in his/her skill level. All materials included.

\$69.00 ID \$82.80 OD / session

Activity: [306160](#)

W: 5:00 - 7:00 pm

Sessions: 9/22 10/13
11/17 12/15

3D Printing

Ages: 9 - 17

DIYcave

Find out why 3D printing is so revolutionary! Are you curious about exactly how something gets from an idea to a real-world object? This class will cover everything from how a 3D printer works to creating and printing out custom designs. You will be directed to the proper software to add to your own computer for future self-learning too. Repeated beginners/intermediate beginners are welcome and will improve/progress in skill level. All materials included.

\$79.00 ID \$94.80 OD / session

Activity: [306153](#)

W: 3:00 - 6:00 pm

Sessions: 9/15 10/13
11/17 12/15

F: 5:30 - 8:30 pm

Sessions: 9/17 10/15
11/19 12/17

Dance

Happy Hip Hop

Ages: 5 - 7

Academie De Ballet

Come and learn the latest dance style of today's top choreographers. Utilizing moves from street dance, breaking, popping, locking and freestyle and incorporating them into a vibrant dance combination that expresses your individuality.

\$106.75 ID \$128.10 OD / session

Activity: [306570](#)

W: 2:30 - 3:15 pm

Sessions: 9/8 - 10/20
10/27 - 12/15 (No class 11/24)

Born to Dance

Ages: 3

Academie De Ballet

Little boys and girls will be traveling to the zoo, a beach, or maybe the moon! It could be anywhere! Budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement.

\$84.00 ID \$100.80 OD / session

Activity: [306573](#)

W: 10:45 - 11:15 am

Sessions: 9/8 - 10/20
10/27 - 12/15 (No class 11/24)

Sa: 9:30 - 10:00 am

Sessions: 9/11 - 10/23
10/30 - 12/18 (No class 11/27)

Come Dance With Me!

Age: 4

Academie De Ballet

Little boys and girls budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Learn jumps, leaps, and feet movement in an imaginary setting.

\$94.50 ID \$113.40 OD / session

Activity: [306580](#)

W: 11:30 am - 12:15 pm

Sessions: 9/8 - 10/20
10/27 - 12/15 (No class 11/24)

Sa: 10:10 - 10:45 am

Sessions: 9/11 - 10/23
10/30 - 12/18 (No class 11/27)



Fantasy Ballet

Ages: 5 - 6

Academie De Ballet

A delightful start to ballet! Together we'll develop fundamentals of classical dance and creative movement in a lively environment. Leap over imaginary streams, fly over snow capped mountains and land lightly on a flower petal in this fun ballet series.

\$106.75 ID \$128.10 OD / session

Activity: [306582](#)

F: 3:30 - 4:15 pm

Sessions: 9/10 - 10/22
10/29 - 12/17 (No class 11/26)



Twinkle Toes Tap

Ages: 5 - 7

Academie De Ballet

Kids will love to make rhythm sounds with their feet, while parents will appreciate the coordination and ear training tap gives their children. Dance to fun, engaging music and learn the basics of tap.

\$106.75 ID \$128.10 OD / session

Activity: [306585](#)

F: 4:30 - 5:15 pm

Sessions: 9/10 - 10/22
10/29 - 12/17 (No class 11/26)

KPOV

No Class

Radio Immersion

Ages: 10 - 14

KPOV Radio

Curious how radio works? Come discover what happens behind the scenes. Go on air, record in our studio, interview a friend and tell a story. Produced pieces will be broadcast on 88.9 FM and you get a copy on CD to take home!

\$50.00 ID \$60.00 OD / session

Activity: [306650](#)

Th: 9:00 am - 3:00 pm

Session: 11/11

NO SCHOOL

NO SCHOOL

Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.



OPERATION RECREATION

Where having fun is an order.

No School Days

Grades: K - 5

Elk Meadow Elementary & Lava Ridge Elementary

Activity: [307400](#)

Daily: 7:30 am - 5:30 pm

When school isn't in session, it's time to get the Operation going! Operation Recreation, that is!

Serious fun that meets the serious needs of the working parent and the fun-seeking child, this program operates on non-school days for Kindergarten through 5th grade. Children enjoy a variety of enrichment activities and daily field trips. Open to all elementary children throughout the school district.

KIDS INC Families: If you're interested in this program, it requires a separate registration from KIDS INC.

Sessions:

\$45.00 ID \$54.00 OD / session

W: 10/27

Th: 10/28

F: 10/29

\$180.00 ID \$216.00 OD / session

M-Th: 12/20 - 23

\$135.00 ID \$162.00 OD / session

M-Th: 12/27 - 30

\$135.00 ID \$162.00 OD / session

M-W: 11/22 - 24

Movement

Westside Village Camp

NO SCHOOL

Ages: 6 - 14

Westside Village

Packed with adventures and creative arts! Get moving with outdoor activities, such as walking adventure, team-building games and playing at nearby parks. Tap into your creative side with drama, music, dancing, drumming, ukulele and art projects.

Activity: [306401](#)

\$225.00 ID \$270.00 OD / session

M-F: 8:00 am - 5:00 pm

Session: 12/27 - 31

\$55.00 ID \$66.00 OD / session

M: 8:00 am - 5:00 pm

Session: 11/22

Tu: 8:00 am - 5:00 pm

Session: 11/23

W: 8:00 am - 5:00 pm

Sessions: 10/27 11/24

Th: 8:00 am - 5:00 pm

Session: 10/28

F: 8:00 am - 5:00 pm

Session: 10/29

Outdoors

Youth Intro to Disc Golf

NEW

Rockridge Park

Welcome to the world of disc golf! This is an entry-level course where you can finally immerse yourself in one of the fastest-growing sports. We'll emphasize safety, basic throwing techniques, scoring and rules. Disc rental included or bring your own set.

\$30.00 ID \$36.00 OD / session

Activity: [307101](#)

Grades: 4 - 6

Sa: 12:00 - 1:30 pm

Sessions: 9/11 10/9

Grades: 7 - 9

Sa: 12:00 - 1:30 pm

Sessions: 9/18 10/16



Youth Archery

NEW

Grades: 3 - 6

Aspen Meadow in Shevlin Park

Learn the 10,000-year-old art of bows and arrows! Participants will learn safety, etiquette, and gain useful tips to improve archery skills using recurve bows. No experience necessary. All skill levels welcome. All archery equipment provided. Dress for outdoor conditions.

\$50.00 ID \$60.00 OD / session

Activity: [307710](#)

Sa: 12:00 - 3:00 pm

Sessions: 9/11 9/18

9/25 10/2

10/9 10/16

10/23 10/30

School's OUT Wild Tribe

NEW

NO SCHOOL

Grades 1 - 5

School's OUT! Join long-time outdoor educator, Sheris "Snowgoose" Patten, on a nature-filled day out of school. Participants will work on shelter-building, knife work, navigation, foraging, tracking, wildlife ID, crafting and more. Dress for outdoor conditions.

\$77.00 ID \$92.40 OD / session

Activity: [306901](#)

Grades: 1 - 3

9:00 am - 3:00 pm

Sessions: 10/29 Shevlin Park

11/22 Riley Ranch

Grades: 4 - 5

9:00 am - 3:00 pm

Sessions: 11/11 Riley Ranch

11/23 Shevlin Park

11/24 Shevlin Park

Science & Technology

Bot Lab 100/200

NO SCHOOL

Ages: 6 - 12

Sylvan Learning Center - NWX

These one-day workshops promote STEM education, encourage creativity, and challenge students to problem-solve and work logically! Students work with LEGO® technology and computer software to bring themed robots to life! All new robots each session! Bring lunch if enrolling in full day

\$49.00 ID \$58.80 OD / session

Activity: [306656](#)

W: 10:00 am - 12:00 pm

Sessions: 10/27, 12/22, 12/29

Th: 10:00 am - 12:00 pm

Sessions: 10/28, 11/11

Engineering Lab 100/200

NO SCHOOL

Ages: 6 - 12

Sylvan Learning Center - NWX

Use your engineering brain while planning, designing, building, and testing simple machines and complex bridge structures. This one-day workshop will explore the STEM world and the mechanics behind the machines we use every day! New design challenges each session! Bring lunch if enrolling in full day

\$49.00 ID \$58.80 OD / session

Activity: [306653](#)

W: 12:30 - 2:30 pm

Sessions: 10/27, 12/22, 12/29

Th: 12:30 - 2:30 pm

Sessions: 10/28, 11/11

Fun Works Intro to Engineering/STEAM with LEGO

NO SCHOOL

Ages: 5 - 7

Aspen Hall

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized Lego. Every project is built by students step by step with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A Gear drive electric vehicle, a belt drive motorcycle and a monorail are just a few of the fun, exciting, educational projects built at camp.

\$120.00 ID \$144.00 OD / session

Activity: [306660](#)

M-Th: 9:00 am - 12:00 pm

Session: 12/27 - 30

Fun Works Engineering/STEAM with LEGO

NO SCHOOL

Ages: 5 - 11

Aspen Hall

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized Lego. This program is similar to the Intro program with additional projects added that are more advanced and challenging to build. All projects may be modified and decorated while playing. Students use imagination, experimentation and trial and error are part of being an Engineer. An advanced robot walker, an inchworm vehicle are just a few of the fun, exciting, educational projects built at camp.

\$120.00 ID \$144.00 OD / session

Activity: [306661](#)

M-Th: 1:00 - 4:00 pm

Session: 12/27 - 30



fun's the game

MULTI-SPORT CAMP

Moment Athletics: Multi-Sport Camps

Ages: 8 - 12

Pacific Crest Middle School

Get out of the house and come play! Participants will join Coach CJ Colt as they practice skills and play games; such as indoor soccer, basketball, indoor kickball, and various inclusive PE-style games. Suited for the athletic-minded kid looking to play, improve and try new sports and games. Bring a lunch and water bottle.

\$79.00 ID \$94.80 OD / session

Activity: [303053](#)

Th-F: 9:00 am - 1:00 pm

Session: 10/28 - 29

Youth Basketball League

Boys & Girls, Grades: 3 - 5

Local schools

This recreational league emphasizes skill development, maximum participation, good sportsmanship and fun. Teams will practice twice during the week after 6:00 pm (coaches will select time and location). All games will be played on Saturday. This program is dependent on volunteer coaches. Anyone interested in coaching, visit our website to complete a volunteer application.

\$90.00 ID \$108.00 OD / season

Registration deadline: 11/10

Season: 1/3 - 3/5

BASKETBALL

Caldera Pre-Season Boys Basketball Clinic

Grades: 4 - 8

Caldera High School

Get ready for the coming season, strengthen your skills and prepare for tryouts! All clinics will be held at the new Caldera High School Gym! Under the direction of Caldera HS Boys Basketball coach Ryan Cruz and his staff, these are skills and drills learning sessions following all current health guidelines. Space is limited

\$79.00 ID \$94.80 OD / session

Activity: [303059](#)

Su: 5:00 - 7:00 pm

Session: 10/3 - 24

| | |
|----------------------------------|-----------------|
| Activity: 303405 | Boys - Grade 3 |
| 303406 | Girls - Grade 3 |
| 303407 | Boys - Grade 4 |
| 303408 | Girls - Grade 4 |
| 303409 | Boys - Grade 5 |
| 303410 | Girls - Grade 5 |

Everybody
wins.

Sports, whether team-based or individual, are a great activity for kids that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate kids to excel and develop social skills. With those benefits, everyone is a winner.

COBO Basketball Clinics, Camps & Training

Directed by basketball coach Craig Reid and his staff, these camps offer a friendly environment to gain basketball knowledge and experience, develop individual skills and learn team concepts.

ADVANCED BASKETBALL TRAINING

Highland Elementary School

Prepare for the coming season as you practice and develop shooting, ball handling, passing, post play, perimeter attack skills, rebounding and defense. The goal is to expose players to advanced training, techniques and drills that can improve your individual game.

\$149.00 ID \$178.80 OD / session

Activity: [303055](#)

Grades: 5 - 6

Tu/Th: 6:10 - 7:30 pm

Sessions: 9/14 - 30 10/5 - 21

Grades: 7 - 8

Tu/Th: 7:30 - 8:50 pm

Sessions: 9/14 - 30 10/5 - 21

PRE-SEASON CLINICS

Grades: 5 - 8

Mountain View High School

Get ready for the coming basketball season and tryouts! Clinics will enhance and strengthen your skills.

\$59.00 ID \$70.80 OD

Activity: [303056](#)

Su: 5:30 - 7:30 pm

Session: 10/10 - 24

BASKETBALL SKILLS DAYS NO SCHOOL

Cascade & Pilot Butte Middle School

Get ready for hoop season! Join us to work on your passing, dribbling, shooting and defensive skills. Includes fun drills and lots of games. Bring a water bottle and snack.

Activity: 303060

Grades: 3 - 5

\$30.00 ID \$36.00 OD / session

Activity: [303060](#)

F: 9:00 - 11:45 am

Session: 10/29 Pilot Butte MS

Th: 9:00 - 11:45 am

Session: 11/11 Cascade MS

M: 9:00 - 11:45 am

Session: 12/27 Pilot Butte MS

Grades: 6 - 8

\$30.00 ID \$36.00 OD / session

Activity: [303060](#)

Th: 9:00 - 11:45 am

Session: 10/28 Pilot Butte MS



Bitty Ball Basketball League

Boys & Girls, Grades: K - 2

Cascade Middle School

A good introduction for the younger player, this league focuses on skill development, teamwork and fun. Teams practice and scrimmage every Saturday. Team t-shirt and basketball included. This program is dependent on volunteer coaches. If you're interested in coaching, visit our website and complete an application.

\$65.00 ID \$78.00 OD / season

Registration deadline:

10/11, or until full

Sa: One hour each week; times to be announced

Season: 11/6 - 12/18 (no activity 11/27)

[303400](#) Coed - Kindergarten

[303401](#) Coed - 1st Grade

[303403](#) Boys - Grade 2

[303404](#) Girls - Grade 2

Moment Athletics: HoopFest

Ages: 9 - 15

Pacific Crest Middle School

Music, hoops, friends and fun... Perfect for a non-school day! Come PLAY some basketball. Moment Athletics will provide a fun and active tournament structure, with fair play and competition. Music, hoops, friends and fun. Bring a water bottle.

\$35.00 ID \$42.00 OD / session

Activity: [303052](#)

Th: 2:00 - 5:00 pm

Session: 9/12

Th: 5:15 - 8:00 pm

Session: 12/14

Friday Night Fun Night Sports

Ages: 8 - 13

Pacific Crest Middle School

Music, games, friends and fun... perfect for a First Friday night! Find some friends ages 8-12 and come PLAY! The program will provide a fun and active game night, with fair play and meaningful competition. We will play all your favorite games and some new ones. Moment Athletics is locally owned and operated by veteran teacher and coach, CJ Colt. Bring a water bottle and a mask.

\$30.00 ID \$36.00 OD / session

Activity: [303051](#)

F: 6:00 - 9:00 pm

Session: 9/17 10/8

11/5 12/3





Middle School Basketball League

Boys & Girls, Grades: 6 - 8

This joint program between Bend - La Pine School District and Bend Park & Recreation District emphasizes individual and team skill development, maximum participation, good sportsmanship and fun. Teams practice during the week; games played on weeknights. Uniform tops provided for the season. This program is dependent on volunteer coaches. Anyone interested in coaching, visit our website to complete a volunteer application.

\$69.00 ID \$82.80 OD / season

Boys' registration deadline: 10/7
or until full

Boys' season: 11/1 - 12/16

Girls' registration deadline: 12/15
or until full

Girls' season: 1/11 - 3/3

Cascade Middle School

#: [303412](#) - Boys [303431](#) - Girls

High Desert Middle School

#: [303413](#) - Boys [303432](#) - Girls

Pacific Crest Middle School

#: [303414](#) - Boys [303433](#) - Girls

Pilot Butte Middle School

#: [303415](#) - Boys [303434](#) - Girls

Sky View Middle School

#: [303416](#) - Boys [303435](#) - Girls

Three Rivers School

#: [303420](#) - Boys [303440](#) - Girls

La Pine Middle School

#: [303421](#) - Boys [303441](#) - Girls

Bend International School

#: [303426](#) - Boys [303446](#) - Girls

High School Basketball League

Boys, Grades: 9 - 12

Pilot Butte Middle School

Open to any high school student who is not playing on a high school basketball team. This is a recreational league where players serve as team captains. Officials, scorekeepers and team t-shirts are provided. League standings kept.

\$70.00 ID \$84.00 OD / season

Registration deadline: 11/15
or until full

Season: 11/28 - 2/20

Activity: [303500](#) - Grades 9 & 10

[303502](#) - Grades 11 & 12

Girls-Only High School Basketball League

Grades: 9 - 12

Pilot Butte Middle School

New Girls Only league! Open to any Female high school student who is not playing on a high school basketball team. This is a recreational league where players serve as team captains. Officials, scorekeepers and team t-shirts are provided. We keep league standings and have playoffs to end the season. Registration deadline is December 12th or until full.

\$70.00 ID \$84.00 OD / season

Activity: [303504](#)

Su: 3:00 - 5:00 pm

Season: 11/28 - 2/20

DISC GOLF

Youth Intro to Disc Golf NEW

Rockridge Park

Welcome to the world of disc golf! This is an entry-level course where you can finally immerse yourself in one of the fastest-growing sports. We'll emphasize safety, basic throwing techniques, scoring and rules. Disc rental included or bring your own set.

\$30.00 ID \$36.00 OD / session

Activity: [307101](#)

Grades: 4 - 6

Sa: 12:00 - 1:30 pm

Sessions: 9/11 10/9

Grades: 7 - 9

Sa: 12:00 - 1:30 pm

Sessions: 9/18 10/16

Required Hockey League Gear

Protective equipment is required for each participant including: helmet with full face mask, mouthpiece, stick, shin pads, supporter or cup, gloves, shoulder pads, pants and elbow pads. Rental equipment is not available for this program.

Uniforms including jersey and socks will be provided and are for the players to keep.

HOCKEY

Learn to Play: Hockey I & II

Ages: All Ages

The Pavilion

Our "Learn to Play" program is designed to introduce players with little or no skating / hockey experience to the sport of ice hockey. Designed to develop the fundamentals of the game, promote physical fitness and above all else have fun. Gear rental \$50.00.

\$78.00 ID \$93.60 OD / session

Activity: [310201](#)

Learn to Play Hockey I

M: 4:45 - 5:45 pm

Learn to Play Hockey II

M: 6:00 - 7:00 pm

Session: 11/1 - 12/13

Youth Hockey League

Ages: All Ages

The Pavilion

Looking for more ice time? Sign up for our youth hockey league. This league is your next step in developing your hockey skills. At least two years prior experience is recommended before signing up for this league. Practice will be held on Wednesday and games on Saturday. Rental equipment is not included. Registration Deadline: Dec. 3

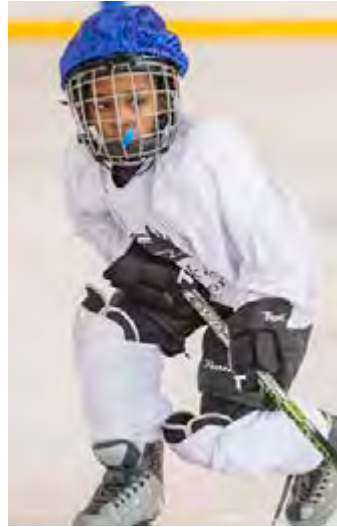
\$160.00 ID \$192.00 OD /season

Activity: [310203](#)

W: 3:30 - 7:00 pm

Sa: 9:00 am - 1:00 pm

Sessions: 1/5 - 3/12



Learn to Skate: Family

Ages: 6 - 11

Young skaters - grab a parent, a relative or another adult in your life and come learn to skate together! Through new skills and fun games, we'll help you become confident enough to skate during our Open Skate sessions or to progress to higher-level group classes on your own. Register the child's name and one adult is included. Figure or hockey skates available. Helmets recommended.

Activity: [310110](#)

Learn to Skate: Levels 1 - 3

Ages: 6 - 11

Get started figure skating! Learn how to march, swizzle, glide and even skate backwards on the ice. Helmets recommended. One previous ice skating experience preferred.

Activity: [310111](#)

Learn to Skate: Levels 4 - 6

Ages: 6 - 11

Find your strength and grace on the ice! We will work on mastering forward crossovers, backward skating skills and even a beginning spin. Figure skates only. Prerequisite: Successful completion of Level 3.

Activity: [310114](#)

Learn to Skate: Levels 7 - 8

Ages: 6 - 15

Introduces waltz jump, one-foot spin and the skills needed to learn them successfully including landing position, mohawks and edge transitions. Figure skates only. Prerequisite: Successful completion of Level 6.

Activity: [310117](#)

Learn to Skate: Youth

Ages: 4 - 15

The Pavilion

This program offers progressive classes designed to increase your recreational skating experience and develop the basic skills that are fundamental to figure skating. Note: Skaters may be moved by coaches during the session to a level that is most appropriate. Rental figure skates included.

Our ice skating lessons are...

- **Age Appropriate:** Most classes grouped by ages 4 - 5, 6 - 11, 12 - 15 and 16+.
- **Skill Appropriate:** Based on progressively learned skate skills.
- **Professional:** Our instructors are highly qualified and have years of experience coaching youth and adults in figure skating or hockey.
- **Inclusive:** All ages and abilities welcome.
- **Healthy:** Regular skating practice develops strength, coordination, endurance and a happy mind!

BONUS - FREE PRACTICE! Registered participants skate for free at Open Skate sessions Tuesdays through Thursdays (skates not included).

REGISTRATION TIP: Pre-requisites for each class are listed in the class description at <https://register.bendparksandrec.org/>. We encourage skaters to master each skill level before progressing to the next level.

For more information, call (541) 389-7588.

KinderSkate 1 & 2

Ages: 4 - 5

Learn how to stand, march, dip and swizzle on the ice with fun songs and games. Protective headgear required. One previous ice skating experience preferred.

Activity: [310101](#)

KinderSkate 2 & 3

The journey continues! Kinders will practice longer glides across the ice, snowplow stops and backward wiggles. Protective headgear required. Prerequisite: Successful completion of KinderSkate 1 & 2.

Activity: [310102](#)

Skate Lesson **FREE** Assessment

Unsure which class to register your child in? Take the guesswork out - come for a free skate skill assessment to ensure your child is in the right class. Call (541) 389-7588 to arrange an appointment.

Free Practice **FREE**

Registered Learn to Skate participants skate for free at public skate sessions Tuesdays through Thursdays (rental skates not included).

See session descriptions on page 46.

Schedules at pavilioninbend.com.

Learn to Skate: Teen Levels 1 - 3

Ages: 12 - 15

Come learn how to skate! Discover your ice feet as you learn how to glide and develop your stroke. Practice balance, edgework and advance in your technique through skills and drills. Figure or hockey skates okay.

Activity: [310131](#)

Learn to Skate: Teen Levels 4 - 6

Ages: 12 - 15

Build your confidence on the ice! Advance in your skating skills as we continue to learn proper technique for turns, edgework and crossovers. Prerequisite: Successful completion of Teen Level 3.

Activity: [310133](#)

Learn to Skate: Hockey 1

Ages: 6 - 11

Learn hockey skating skills to be successful in the game of hockey. We will practice stance, falling, swizzles & snowplow stops with fun games and drills. Protective headgear required; other protective gear optional. This class is taught without a stick and puck. One previous ice skating experience preferred.

Activity: [310120](#)

Learn to Skate: Hockey 2

Ages: 6 - 11

Advance your hockey skating skills! Work on C-Cuts, T-Pushes and 2-foot turns with fun games and drills. Protective headgear required; other protective gear optional. Hockey skates only. This class is taught without a stick and puck. Prerequisite: Successful completion of Learn to Skate: Hockey Level 1.

Activity: [310120](#)

| ONE-DAY- A-WEEK SESSIONS | | TUESDAYS |
|---|----------------------|---|
| \$52.00 ID \$ 62.40 OD | | Oct. 16 - Nov. 19 |
| \$52.00 ID \$ 62.40 OD | | Nov. 16 - Dec. 14 (Register TBD) |
| KinderSkate 1 & 2 | 5:05 pm | |
| KinderSkate 2 & 3 | 4:30 pm | |
| Learn to Skate: 1 - 3 | 4:30 pm | |
| Learn to Skate: 4 - 6 | 5:05 pm | |
| Learn to Skate: Hockey 1 | 5:05 pm | |
| Learn to Skate: Hockey 2 | 4:30 pm | |
| Teen Levels 1 - 3 | 5:40 pm | |
| Teen Levels 4 - 6 | 5:40 pm | |
| | | THURSDAYS |
| \$52.00 ID \$ 62.40 OD | | Oct. 21 - Nov. 11 |
| \$52.00 ID \$ 62.40 OD | | Nov. 18 - Dec. 16 (Register TBD) |
| KinderSkate 1 & 2 | 4:30 pm | |
| KinderSkate 2 & 3 | 5:05 pm | |
| Learn to Skate: Family | 5:40 pm | |
| Learn to Skate: 1 - 3 | 5:05 pm | |
| Learn to Skate: 4 - 6 | 4:30 pm | |
| Learn to Skate: 7 - 8 | 5:40 pm | |
| Learn to Skate: Hockey 1 | 4:30 pm | |
| Learn to Skate: Hockey 2 | 5:05 pm | |
| | | SATURDAYS |
| \$52.00 ID \$ 62.40 OD | | Oct. 23 - Nov. 13 |
| \$52.00 ID \$ 62.40 OD | | Nov. 20 - Dec. 18 (Register TBD) |
| KinderSkate 1 & 2 | 9:55 am (Nov. Only) | |
| KinderSkate 2 & 3 | 9:20 am (Nov. Only) | |
| Learn to Skate: 1 - 3 | 8:45 am (Oct.. Only) | |
| Learn to Skate: 4 - 6 | 9:20 am (Nov. Only) | |
| Learn to Skate: Hockey 1 | 9:20 am (Nov. Only) | |
| Learn to Skate: Hockey 2 | 9:55 am (Nov. Only) | |

Each lesson is 30 minutes long.
Free Skate 1 - 3 is 45 minutes long. Start times listed.



About Bend Ice

Bend Ice is Bend Park & Recreation District's community partner in helping promote and develop ice sports available at The Pavilion including hockey, curling and figure skating. Founded in 2010, Bend Ice traces its roots to a small group of ice sports enthusiasts dedicated to creating a culture of ice sports in Central Oregon. A non-profit, community-supported organization, Bend Ice has seven active Board members and a team of dedicated volunteers.

Bend Ice Figure Skating Club

Come meet new friends, develop your skating skills and have a blast! The Bend Ice Figure Skating Club is perfect for skaters who have mastered basic skating skills equivalent to level 4 and above. Club members get access to exclusive practice ice time to skate as a team and prepare for testing, competition and exhibition events. Joining the club helps take an individual sport to a team sport and gives skaters the opportunity to skate with like-minded athletes.

Bend Rapids Hockey Club

The mission of the Bend Rapids Hockey Club is to provide travel teams an instructional and competitive environment aimed at developing hockey players. The club's philosophy is to provide both on-and-off-ice training using USA Hockey trained coaches for U8, U10, U12, U14 and high school teams. Adhering to USA Hockey safe sport policies, the club offers a competitive travel schedule designed to stretch players as they develop into excellent athletes and young people.

**For more information,
visit bendice.com**



Specialized Ice Sessions

Youth Fees: \$10.00 / session

MORE SESSIONS = MORE SAVINGS!

Purchase four sessions, get your fifth session for FREE!

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the beginning of the session.

Drop-in: If space available. Check activity # status online prior to arrival.

Sessions: Times and days will vary. Check online schedule.

Stick Time

Bring your sticks, skates and gear and work on your skating, stick handling and shooting in these no pressure hockey-only sessions. Nets and pucks provided.

Activity: [310401](#) - Youth

Freestyle

Take your skating to the next level! Freestyle is a practice session designed for intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.

Activity: [310160](#)



ICE SKATING

Parent & Seal Pup: Skate Together

Ages: 3 - 5

The Pavilion

Step onto the ice and help your young "Seal Pup" find his or her ice feet! Together you will learn how to skate by singing songs, playing games and spending time together on the ice.

\$36.00 ID \$43.20 OD / session

Activity: [310100](#)

Tu: 9:50 - 10:20 am

Session: 10/19 - 11/9
11/16 - 12/14

Sharpen Your Skating Skills

Ages: 11 & up

The Pavilion

Sharpen your figure skating skills with these drop-in style workshops! Each individual session will provide focused instruction on a specific topic to improve your skating technique and conditioning. Prerequisite: skaters must be able to do forward crossovers & use edges comfortably.

\$13.00 ID \$15.60 OD / session

Activity: [310161](#)

Sa: 9:20 - 9:50 am

Sessions: 12/11 12/18

WINTER-SPRING 2022 ICE SPORTS

Registration Opens in Early December.

Make plans for the second ice season of:

**YOUTH SKATE LESSONS
LEARN TO SKATE/PLAY**

Need to learn to skate before you can pick up a hockey stick?

See page 45 for Hockey Skate Lessons.

MARTIAL ARTS

Lil' Dragons

Ages: 4 - 6

Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence and teamwork as well as develop motor skills. Bring water and wear shoes entering. Wear comfortable clothing (no jeans) to the first class. Uniforms will be handed out at the end of the first class and will be required to be worn to all classes thereafter.

\$79.00 ID \$94.80 OD / session

Activity: [306750](#)

M/W: 3:20 - 3:50 pm

Sessions: 10/4 - 27
11/1 - 12/1 (No class 11/22 & 11/24)
1/3 - 26

Beginning White Belt Karate

Ages: 6.5 - 13

Odyssey Martial Arts

Discover what martial arts is all about in this class designed for white belts! Students will acquire control, focus, discipline, self-defense skills, confidence and respect, while learning karate techniques and having fun. Bring water and wear shoes entering. Wear comfortable clothing (no jeans) to the first class. Uniforms will be handed out at the end of the first class and will be required for all classes thereafter.

\$99.00 ID \$118.80 OD / session

Activity: [306751](#)

M/W: 3:55 - 4:40 pm

Sessions: 10/4 - 27
11/1 - 12/1 (No class 11/22 & 11/24)
1/3 - 26

Volunteer with youth sports and adaptive programs.

Contact Kim at (541) 706-6127 for more information.

OUTDOORS

Youth Archery NEW

Grades: 3 - 6

Shevlin Park: Aspen Meadow

Learn the 10,000-year-old art of bows and arrows! Participants will learn safety, etiquette, and gain useful tips to improve archery skills using recurve bows. No experience necessary. All skill levels welcome. All archery equipment provided. Archery performed outdoors; Dress for current weather conditions.

\$50.00 ID \$60.00 OD / session

Activity: [307710](#)

Sa: 12:00 - 3:00 pm

| | | |
|-----------|-------|-------|
| Sessions: | 9/11 | 9/18 |
| | 9/25 | 10/2 |
| | 10/9 | 10/16 |
| | 10/23 | 10/30 |

PICKLEBALL

Moment Athletics Pickleball

Ages: 9 - 15

Pine Nursery Park

Join Coach CJ Colt as you practice, improve your skills and enjoy some friendly competition. You'll practice and play games in an organized, inclusive way that creates maximum engagement for all participants. Equipment provided. Bring a mask and water bottle.

\$99.00 ID \$118.80 OD /session

Activity: [303054](#)

Tu/Th: 5:30 - 7:00 pm

Session: 9/7 - 10/5

SOCCER

Youth Indoor Soccer:

Grades K - 9

Cascade Indoor Sports Center

Get out of the cold and join an indoor league! All skill levels welcome. Leagues develop and enhance soccer skills, promote physical fitness and create self-confidence. Team shirt provided. Games are played on Saturdays with no practices.

SESSION 1

\$80.00 ID \$96.00 OD / season

Registration deadline: 9/25
or until full

Activity: [303340](#)

Sa: TBD

Season: 9/25 - 10/16

SESSION 2

\$120.00 ID \$144.00 OD

Registration deadline: 10/21
or until full

Activity: [303345](#)

Sa: TBD

Season: 10/16 - 12/18 (No games 11/27)



Bend FC Timbers

Futsal League

Ages: U10 - U14

Come join the Bend FC Timbers professional coaching staff for our Winter Futsal League. This league plays indoors at the Bend Elks Fieldhouse. This is a fun way to get lots of touches on the ball and improve your skills in small-sided games.

Technical Training

Ages: U6 - U14

Come join the Bend FC Timbers professional coaching staff for our Winter Technical Training series. Weekly, hour-long sessions led by the Bend FC Timbers Coaching staff. Small player-to-coach ratio with topics including ball mastery, passing, receiving, shooting and more!

Goalkeeper Training

Ages: U8 - U14

Come join the Bend FC Timbers professional goal keeping staff for our Winter Goalkeeping Series. Weekly, hour-long sessions led by Bend FC Timbers Director of Goalkeeping. Topics to be covered include techniques of ball handling, diving, kicking, and more!

For more information on Bend FC Timbers Academy programs, visit BendFCTimbers.com.

Yo! Sports Fans! Plan Ahead!

2021-22 Youth Winter-Spring League Registration

Winter-Spring 2021-22 REGISTRATION:

Look out for upcoming newsletters for more details on 2021-22 registration.

| Program/League | Season |
|----------------------------------|-------------|
| Youth Volleyball League | Oct. - Dec. |
| Bitty Basketball | Nov. - Dec. |
| Middle School Basketball - Boys | Nov. - Dec. |
| High School Basketball League | Dec. - Mar. |
| Youth Basketball League | Jan. - Mar. |
| Middle School Basketball - Girls | Jan. - Mar. |
| Youth Hockey League | Jan. - Mar. |

Looking for more youth programs?

Check upcoming Playbooks.

Summer 2022 Playbook

Fall Soccer League Tackle Football League
 Flag Football League Kindergarten Soccer League
 6th Grade Volleyball League
 Middle School Tennis League

Fall 2022 Playbook

Youth Volleyball League Youth Hockey League
 Bitty Basketball Youth Basketball League
 Middle School Basketball - Girls
 Middle School Basketball - Boys
 High School Basketball League

**DON'T
MISS OUT
ON THE
ACTION!**

SoccerJrs

CASCADE INDOOR SPORTS

Using props and games to enhance your child's soccer skills, this series is designed to develop motor skills, promote physical fitness and create self-confidence.

Soccer Jrs - Teddies

Ages: 18 Months - 3 Years

Parents participate with the child as they learn soccer basics and fun activities.

\$75.00 ID \$90.00 OD / session

Activity: [303310](#)

Tu: 10:00 - 10:55 am 9/14 - 10/12
 W: 11:00 - 11:55 am 9/15 - 10/13
 Th: 5:00 - 5:55 pm 9/16 - 10/14
 Sa: 10:00 - 10:55 am 9/18 - 10/16
 Sa: 9:00 - 9:55 am 9/18 - 10/16

\$120.00 ID \$144.00 OD / session

Activity: [303314](#)

Tu: 10:00 - 10:55 am 10/19 - 12/14
 W: 11:00 - 11:55 am 10/20 - 12/15
 Th: 5:00 - 5:55 pm 10/21 - 12/16
 Sa: 10:00 - 10:55 am 10/23 - 12/18
 Sa: 9:00 - 9:55 am 10/23 - 12/18

Youth Volleyball League

Boys & Girls, Grades: 3 - 5

Local schools

This recreational youth volleyball league empathizes individual and team skill development, maximum court time, good sportsmanship and fun. Teams will practice and play games all on Saturdays at Bend local middle schools. Practice/Game times will vary each week and last 90 minutes. This program is dependent on volunteer coaches. Anyone interested in coaching, visit our website to complete volunteer application

\$70.00 ID \$84.00 OD

**Registration deadline: 9/28
or until full**

Season: 11/6 - 12/18

Activity: [303553](#) - Grade 3
[303554](#) - Grade 4
[303555](#) - Grade 5
[303556](#) - Grade 6

Soccer Jrs - Cubs

Ages: 3 - 4

This introductory class teaches the basics to kicking, dribbling, foot-eye coordination and balance, as well as listening and following directions.

\$75.00 ID \$90.00 OD / session

Activity: [303311](#)

M: 5:00 - 5:55 pm 9/13 - 10/11
 Tu: 11:00 - 11:55 am 9/14 - 10/12
 Tu: 4:00 - 4:55 pm 9/14 - 10/12
 W: 10:00 - 10:55 am 9/15 - 10/13
 W: 4:00 - 4:55 pm 9/15 - 10/13
 Th: 4:00 - 4:55 pm 9/16 - 10/14
 Th/Sa: 5:00 - 5:55 pm 9/16 - 10/14
 Sa: 5:00 - 5:55 pm 9/18 - 10/16
 Sa: 9:00 - 9:55 am 9/18 - 10/16

\$120.00 ID \$144.00 OD / session

Activity: [303315](#)

M: 5:00 - 5:55 pm 10/18 - 12/13
 Tu: 11:00 - 11:55 am 10/19 - 12/14
 Tu: 4:00 - 4:55 pm 10/19 - 12/14
 W: 10:00 - 10:55 am 10/20 - 12/15
 W: 4:00 - 4:55 pm 10/20 - 12/15
 Th: 4:00 - 4:55 pm 10/21 - 12/16
 Th/Sa: 5:00 - 5:55 pm 10/21 - 12/16
 Sa: 10:00 - 10:55 am 10/23 - 12/18
 Sa: 9:00 - 9:55 am 10/23 - 12/18



Soccer Jrs - Bears

Ages: 5 - 6

This class is designed for kids with little or no soccer experience.

\$75.00 ID \$90.00 OD / session

Activity: [303312](#)

M: 4:00 - 4:55 pm 9/13 - 10/11
 Tu: 5:00 - 5:55 pm 9/14 - 10/12
 W: 3:00 - 3:55 pm 9/15 - 10/13
 Th: 4:00 - 4:55 pm 9/16 - 10/14

\$120.00 ID \$144.00 OD / session

Activity: [303316](#)

M: 4:00 - 4:55 pm 10/18 - 12/13
 Tu: 5:00 - 5:55 pm 10/19 - 12/14
 W: 3:00 - 3:55 pm 10/20 - 12/15
 Th: 4:00 - 4:55 pm 10/21 - 12/16

**Volunteer with
youth sports and
adaptive programs.**

Contact Kim at (541) 706-6127
for more information.

VOLLEYBALL

NPJ

Fall Volleyball Clinics

Grades 3 - 6

Get ready for the upcoming season and club volleyball. Work on serving, setting, hitting and passing. All sessions are taught by local club and HS coaches in a FUN and supportive atmosphere.

Pine Nursery Volleyball Courts

\$49.00 ID \$58.80 OD

Activity: [303125](#)

Su: 3:30 - 4:45 pm
- OR -

Su: 5:00 - 6:15 pm
Session: 9/12 - 26

Cascade Middle School

\$54.00 ID \$64.80 OD

Activity: [303126](#)

Su: 5:00 - 6:15 pm
- OR -

Su: 6:30 - 7:45 pm
Session: 10/3 - 17



GIVE &
RECEIVE BACK
.....
COACHING
MATTERS
IN OUR
COMMUNITY
.....

thank you!

Cheers to Volunteers & Sponsors

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. We make it easy and we know it will be rewarding and fun!

Cheers to all of the great volunteers currently coaching fall sport programs. Enrollment is at an all-time high and the opportunity to play sports is more important than ever. Their support is making a difference for hundreds of kids and families.

Thanks Sponsors!

Sport program sponsors provide resources for recreation scholarships so everyone has a chance to play. Thank you to these amazing businesses for providing support to our community.

Krueger & Lenox Oral and Maxillofacial Surgery - sponsor for youth tackle football and youth volleyball

The Center - sponsor for youth fall soccer

Ready to Coach Youth Team Sports?

Make a difference for a group of kids!

Volunteers are essential to youth sports programs. We are currently seeking volunteer coaches for:

Youth Volleyball

Bitty Basketball

Youth Basketball

Middle School Basketball

Sport experience preferred. Application and background check required. Training and support provided. For more information, contact Rich at (541) 706-6126 or rich@bendparksandrec.org.



KIDS
SWIM
LESSONS
PAGES 52 - 53

kickin' it

Dive into fitness and swimming.

Get your kids started in fitness and swimming! These important life-long skills will help your child be comfortable and safe around water. Lessons will help them understand how good fitness can feel and unlock many outdoor activities available in Central Oregon!

Youth & Teen Fitness

at Juniper Swim & Fitness Center

Teen Fitness

Ages: 11 - 17

FITNESS CENTER USE: Improve strength and conditioning in our state-of-the-art fitness center. 16 - 17 year olds may use the fitness center without restriction; although, a Fitness Center Orientation is recommended. 11 - 15 year olds may workout in the fitness center under parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. Children 10 years and younger are not allowed in the fitness center. Orientations are free and offered weekly.

GROUP FITNESS CLASSES: 16 - 17 year olds are welcome in all of our regular group exercise classes. 11 - 15 year olds may attend some classes under parent/guardian supervision.

See classes and schedules online at juniperswimandfitness.com or call (541) 389-7665 for questions.



Youth Novice Swim Team

Entering Grades: 1 - 5

Juniper Swim & Fitness Center

An introduction to competitive swimming skills and training designed to challenge and refine swimming skills. Participants must be able to swim 25 meters front crawl stroke with side breathing and 25 meters backstroke with level body position. We'll teach the rest. Groups are divided by age and ability levels.

\$275.00 ID \$330.00 OD /session

Activity: [305540](#)

M/W/F: 3:15 - 4:10 pm

Session: 9/13 - 11/19

Tu/Th/F: 3:15 - 4:10 pm

Session: 9/14 - 11/19

Middle School Novice Swim Team

Grades: 6 - 8

Juniper Swim & Fitness Center

Continue to learn and refine competitive swimming skills while getting in great shape. Newcomers and veterans welcome. Participants must be able to swim 25 meters crawl stroke using side breathing and 25 meters backstroke with level body position. Participants choose 3 days to attend each week - the days don't have to be the same each week.

\$275.00 ID \$330.00 OD /session

Activity: [305541](#)

M/W/F: 6:30 - 7:25 pm

T/Th: 6:30 - 7:25 pm

Session: 9/13 - 11/19

Novice Swim Assessment

FREE

Schedule a swim assessment to talk with a coach and learn more about the programs.

Call (541) 706-6193 to arrange an appointment.

Swim Squad

Entering Grades: 9 - 12

Juniper Swim & Fitness Center

This class is for teens looking to refine their stroke technique, improve endurance and develop lifelong skills. Coaches will teach swimmers how to create workout plans, improve swimming skills and share the long-term health benefits of swimming.

\$183.00 ID \$219.60 OD /session

Activity: [305542](#)

Tu/Th: 5:30 - 6:25 pm

Session: 9/14 - 11/18

Novice Swim Stroke Clinic

Ages: 7 - 14

Juniper Swim & Fitness Center

These short sessions focus on improving the four racing strokes. Participants must be able to swim 25 meters front crawl stroke using side breathing and 25 meters backstroke with level body position. Newcomers and veterans welcome.

\$55.00 ID \$66.00 OD /session

Activity: [305543](#)

M/W/F: 3:15 - 4:10 pm

- OR - 6:30 - 7:25 pm

Session: 11/29 - 12/17

- OR -

Tu/Th: 3:15 - 4:10 pm

- OR - 4:15 - 5:10 pm

Session: 11/30 - 12/16

Beginning Springboard Diving

Ages: 9 - 12

Juniper Swim & Fitness Center

Learn the basics of how to dive from the 1-meter board. An instructor will lead you through the specifics of how to do an approach, front dive, back approach and back dive as well as many other skills to make you become a confident and successful diver. Pre-requisite: Ability to comfortably swim two widths of the pool in the deep-end.

TBD - Please stay tuned for more details!

Activity: [305570](#)

TBD

Sessions: TBD

Busy Buddies Preschool

Includes weekly swim lessons & yoga!

Ages: 3 - 5

This program includes weekly swim lessons, yoga and movement play! Children will enjoy arts and crafts, dramatic play, and more. Children will be introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting. A daily snack is included.

Note: No prior swimming experience necessary. Children must be potty-trained.

Monthly Fee:

2 days/week: \$200.00 ID \$240.00 OD / month (payment is due by the 5th of each month.)

Registration fee: \$20.00 non-refundable registration fee is due at the time of enrollment.

Activity: 405601

M/W: 9:00 am - 12:00 pm

- OR -

Tu/Th: 1:15 - 4:00 pm

Dates: 9:00 am - 12:00 pm

Drop-In Swim Sessions

Open Recreation Swim

September 8- December 17

Diving boards and rope swing offer thrills for the swimmer. Floating toys and water basketball provide options for the non-swimmer. The children's pool with small slide is open for young children. Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older.

Fee: Basic pass or drop-in fee

Juniper Swim & Fitness Center

September 8- December 17

T/Th: 6:30 - 8:30 pm

F: 7:00 - 9:00 pm

Sa-Su: 1:00 - 4:00 pm

Larkspur Community Center

September 8 - December 17

M/W/F: 6:30-8:00 pm

Sa: 4:00-6:00 pm

No-School Day Recreation Swim



When school's out, swimming is in!

Juniper Swim & Fitness Center

Hours: 1:00 - 3:00 pm

Dates: 10/24 - 25, 11/11

Hours: 1:00 - 4:00 pm

Dates: 11/22 - 24, 11/26 12/20 - 23, 12/27 - 31

Family Swim

September 8- December 17

A perfect time for families to use the indoor pools for recreating and swimming. All children must be accompanied by parent or guardian.

Fee: Basic pass or drop in fee

Juniper Swim & Fitness Center

Su: Noon - 1:00 pm

Larkspur Community Center

T/Th: 6:30 - 8:00 pm

F: 4:30 - 6:30 pm

Sa: 10:00 am - 2:00 pm

Family Swim Lessons

at Juniper Swim & Fitness Center

Clases de Natación para Familias en español / Family Swim Lessons in Spanish

All Ages with Adult

Esta clase está dirigida especialmente para las Familias Latinas, aunque todo público es bienvenido. Es una clase para padres e hijos. ¿Alguna vez ha visto nadar a su hijo y ha querido aprender? ¡Acompáñenos en esta clase de Natación para familias en español! ¡Todos los niveles son bienvenidos! Habilidades básicas a un ritmo seguro en clases de natación progresiva.

This class is designed for Latino families, but everyone is welcome! In this combined youth and adult class, we will teach a progressive swim lesson for the whole family! Small children's pool lessons available for preschool-age children. Lessons in the main indoor pool.

\$64.00 ID \$76.80 OD /session

Activity: [305260](#)

Sa: 12:30 - 1:00 pm

Sessions: 9/18 - 10/16 10/23 - 11/20



Required Parent/ Guardian Participation

Swim lessons may require a parent or someone in your household 14 years or older accompany each student in the water for swim lessons as follows:

Parent Tot Play **Sea Stars**
Journey 1 **Journey 2**

Swim Lesson Assessment **FREE**

Not sure where to start? Take the guesswork out with a free swim assessment to ensure your child is in the right class. Come by the pools at:

Larkspur Community Ctr.:
9/8 - 12/17 M-Th: 3:45 pm
M-Th: 6:15 pm

Juniper Swim & Fitness Ctr.:
9/8 - 12/17 M-Th: 10:45 am
M/W: 3:30 pm
M/W: 7:30 pm

Call (541) 706-6183 to arrange an appointment to work with your schedule.

Youth Swim Lesson Descriptions

Our year-round youth swim lessons are...

- **Age-Appropriate:** Offered for infants, preschoolers, youth and teens.
- **Skill-Appropriate:** Based on progressively learned swim skills.
- **Safe:** Lifeguards are always on duty to provide extra protection.
- **Small:** Maximum class size of five for preschoolers and six for other levels.
- **Professional:** All instructors are Red Cross certified and trained in our own best practices program.
- **Fun:** We believe learning to swim should be a positive, fun experience!

For more information, call (541) 389-7665.

Registration Tip: Prerequisites for each class are listed in the class description on our registration website. Learn more online at register.bendparksandrec.org.

For more information and specific details, please refer to our website for the skills list for each level.

Parent Tot Play Swim Lessons

Ages: 6 - 36 months

Developmentally appropriate classes provide a safe, encouraging and fun introduction to the wonderful world of water. Parents work directly with their child and the instructor doing skill-oriented games, songs and activities in the water. Parent Tot 1 and 2 are available.

1-, 2- and 4-day lessons available.

Activity - Juniper
[View Parent-Tot Play at Juniper](#)

Activity - Larkspur
[View Parent-Tot Play at Larkspur](#)

Sea Stars Swim Lessons

Age: 2 1/2 - 3

Has your child attended Parent Tot class and ready for an extra challenge? Specially-designed for the two-and-a-half to three year old, this fun and encouraging class will teach your child the basic skills of floating, gliding and water safety. Prerequisite: Parent Tot class. Parent/household member required in the water.

2- and 4-day lessons available.

Activity - Juniper
[View Sea Stars at Juniper](#)

Activity - Larkspur
[View Sea Stars at Larkspur](#)

Journey Swim Lessons

Ages: 3 - 5

A progressive journey for preschoolers/kindergartners that develops swimming skills in a creative environment for your child's comfort, confidence and enjoyment. Children work on kicking, gliding and basic strokes. Journey 1 through 5 levels are available. Journey 1 - 2: parent/household member required in the water.

1-, 2- and 4-day lessons available.

Activity - Juniper
[View Journey 1 - 5 at Juniper](#)

Activity - Larkspur
[View Journey 1 - 5 at Larkspur](#)

Level Swim Lessons

Ages: 6 - 12

A progressive program designed for school-age children that's fun and challenging as swimmers refine strokes and breathing, build confidence and further develop skills. There are Levels 1 through 6 for your child's progression.

1-, 2- and 4-day lessons available.

Activity - Juniper
[View Level 1 - 6 at Juniper](#)

Activity - Larkspur
[View Level 1 - 6 at Larkspur](#)

Teen Level Swim Lessons

Ages: 12 - 16

Designed to teach teens basic swim skills: kicking in an arrow, front crawl stroke, backstroke and exposure to deep water. There are Levels 1 through 6 for your progression.

4-day lessons available.

Activity - Juniper
[View Teen Level 1 - 6 at Juniper](#)

CLICK TO VIEW
& REGISTER FOR
YOUTH
SWIM LESSONS



Youth Swim Lesson Schedule

One-day-a-week swim lessons

45-minute lessons

9/20 - 10/16 \$65.00 ID \$78.00 OD
10/18 - 11/20 \$65.00 ID \$78.00 OD

Juniper Swim & Fitness Center

MONDAY

Parent Tot 1-2 9:05am
Sea Stars 9:05am
Journey 1-3 9:55am
Journey 4-5 9:05am

TUESDAY

Sea Stars 9:05am
Journey 1-3 9:55am
Journey 4-5 9:05am

WEDNESDAY

Journey 1-3 1:35pm, 2:25pm
Level 1-3 1:35pm, 2:25pm

FRIDAY

Parent Tot 1-2 4:00pm, 5:45pm,
6:05pm
Sea Stars 6:05pm
Journey 1-3 5:15pm, 6:05pm
Level 1-3 5:15pm, 6:05pm
Level 4 6:05pm

SATURDAY

Parent Tot 1-2 11:40am
Sea Stars 10:00am
Journey 1-3 10:00am, 10:50am
Journey 4-5 10:50am
Level 1-3 10:00am, 10:50am
11:40am
Level 4 10:00am
Level 5-6 11:40am

45-minute lessons

9/18 - 10/16 \$48.75 ID \$58.50 OD
10/23 - 11/20 \$48.75 ID \$58.50 OD

Larkspur Community Center

SATURDAY

Parent Tot 1-2 3:05pm
Sea Stars 3:05pm
Journey 1-3 2:15pm
Journey 4-5 3:05pm
Level 1-2 2:15pm, 3:05pm
Level 3 2:15pm

Two-days-a-week

40-minute lessons

9/13 - 10/13 \$65.00 ID \$78.00 OD
10/18 - 11/17 \$87.00 ID \$104.40 OD
11/29 - 12/15 \$56.00 ID \$ 67.20 OD

Juniper Swim & Fitness Center

MONDAY/WEDNESDAY

Parent-Tot 1-2 3:30pm, 5:45pm
Sea Stars 3:30pm
Journey 1-3 4:15pm, 5:00pm
Journey 4-5 4:15pm
Level 1-2 4:15pm, 5:00pm
Level 3 5:00pm
Level 4 5:45pm

40-minute lessons

9/21 - 10/14 \$65.00 ID \$78.00 OD
10/18 - 11/17 \$65.00 ID \$78.00 OD
11/29 - 12/15 \$65.00 ID \$78.00 OD

Larkspur Community Center

TUESDAY/THURSDAY

Parent Tot 1-2 5:30pm
Sea Stars 4:00pm, 5:30pm
Journey 1-2 4:00pm, 4:45pm
Journey 3 4:45pm, 5:30pm
Journey 4-5 5:30pm
Level 1-3 4:00pm, 4:45pm
Level 4 4:45pm, 5:30pm
Level 5/6 5:30pm





THREE SPORTS & THREE CHEERS!

Big thanks to all our JSFC Kids Triathlon staff and participants for a great event!

Swim! Bike! Run!
You make it three times the fun!



No School Day Family Swim

NO SCHOOL

When school's out, come swim with the kiddos!

Larkspur Community Center

Hours: 4:00 - 6:30 pm

Dates: 11/22 - 24, 11/26, 12/20 - 23, 12/27 - 31

Parent-Child Swim

September 8- January 5

Ages: 6 & under with adult

A special time in the indoor children's pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Duck slide, squirting fish and other fun water toys available. Adult supervision in the water is required. Swim diapers are required for those who are not potty trained.

Fee: Basic pass or drop-in fee

Juniper Swim & Fitness Center

M - Th: 7:00 - 9:00 am

M/T/Th: 10:45 am - 2:30 pm

T/Th: 3:45 - 6:30 pm

W: 10:45 am - 1:00 pm

F: 7:00 am - 4:30 pm

Sa: 7:00 - 9:45 am

Su: 9:00 am - 12:00 pm
4:00 - 6:00 pm

Larkspur Community Center

M/W/F 9:00-10:00 am

M-F 12:00-3:00 pm

T/Th 7:00-8:00 am



Lap Swimming & Water Running

September 8- December 17

Swim for fitness! Swim for fun! Most lap swimming occurs in the Olympic pool. Water runners are welcome in slow lanes. Kickboards, pull buoys and swim fins are available. Sharing lanes is expected. Check juniperswimandfitness.com for pool schedule, pool length and number of lanes.

Fee: Basic pass or drop-in fee

Juniper Swim & Fitness Center

M-Th: 5:15 am- 8:30 pm

F: 5:15 am- 7:30 pm

Sat: 7:00 am - 6:00 pm

Sun: 9:00 am- 6:00 pm

Larkspur Community Center

M-F: 6:00 - 8:00 am

M/W/F: 9:00 - 9:55 am

M-F: 12:00 - 1:00 pm

M/W/F: 1:00 - 3:00 pm

T/Th: 7:00 - 8:00 pm

One pass - two facilities & hundreds of classes

The fitness and swim full-access pass offer unlimited lap swim, rec swim, fitness center use, hot features and access to more than 150 weekly group exercise programs at both Juniper and Larkspur.

Learn more at bendparksandrec.org

RECREATION SWIM SPECIAL

Adults are \$6 each when adult accompanies paid child.

Good for: Open Recreation Swim, Family Swim and Parent-Child Swim

Learn more at bendparksandrec.org/recswim

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COVID-19 Health & Safety Requirements

Patron and staff health and safety is top priority at Bend Park & Recreation District.

For all art, skating, swimming and fitness activities, be sure to check the website for the latest requirements on reservations, capacity, face coverings and more.

bendparksandrec.org/COVID-19



Open Swim Sessions

Juniper Swim & Fitness Center,
Larkspur Community Center

Facility information on pages 58 - 59.

Lap Swimming & Water Work Out on Your Own

All ages

Swim for fitness! Swim for fun! Most lap swimming occurs in the Olympic pool at Juniper. Check the website for pool schedule, pool length, number of lanes and requirements.

More at: bendparksandrec.org/lapswim

Masters Swimming Bend's Adult Swim Program

Ages: 18 & up

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for various ages and abilities, who can swim comfortably for 500 meters (20 lengths). Although not required, many choose to race.

More at: bendparksandrec.org/lapswim

CLICK FOR
OPEN SWIM
SCHEDULES,
RESERVATIONS
& FEES



Family Swim

All ages with adult

A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian.

More at: bendparksandrec.org/recswim

Parent-Child Swim

Ages: 6 & under with adult

A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not potty trained.

More at: bendparksandrec.org/recswim

Open Recreation Swim

All ages

Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older.

More at: bendparksandrec.org/recswim

CLICK FOR
ROLLER SKATING
SCHEDULES
& FEES



Roller Skating, Skateboarding & Scootering

The Pavilion

Facility information on page 61.

Open Skate

All ages

Recreational roller skating for all ages and abilities. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and skating maneuvers that could endanger others are not allowed.

More at: bendparksandrec.org/pavilion

Sunday Family Skate

All ages with adult

Open Skate for families at a special discount fee. All children must be accompanied by parent/guardian.

More at: bendparksandrec.org/pavilion

Skatepark Features

The skatepark features are included during Open Skate and Sunday Family Skate times. Roller skates, skateboards and scooters allowed in the skatepark - sorry, no bikes.

CLICK FOR
FITNESS
SCHEDULES,
RESERVATIONS
& FEES



Adult Fitness

Juniper Swim & Fitness Center,
Larkspur Community Center -

Facility information on pages 58 - 59.

CLASSES: All ages and fitness levels are welcome and you can start at any time. Classes are held on a weekly basis.

SAME INSTRUCTORS: Both locations feature the same great instructors so you can find the facility that suits your needs.

DISPONIBILIDAD DE INSTRUCTORES BILINGÜES EN INGLÉS Y ESPAÑOL: Para mayor información visite [bendparksandrec.org/espanol](https://www.bendparksandrec.org/espanol).

BILINGUAL SPANISH/ENGLISH FITNESS INSTRUCTORS AVAILABLE. View classes online at [bendparksandrec.org/espanol](https://www.bendparksandrec.org/espanol).

ADVISED: We strongly recommend checking with your physician before starting any exercise program.

Indoor Cycling

Features: Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, non-impact cardio workout for everyone. Classes are held in our theater-style indoor cycle studio where you are surrounded by beautiful park views. New, state-of-the-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.

More at: [bendparksandrec.org/indoor-cycling/](https://www.bendparksandrec.org/indoor-cycling/)



Cardio Fitness & Dance

Features: Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.

More at: [bendparksandrec.org/cardio](https://www.bendparksandrec.org/cardio)

Mind & Body

Features: Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.

More at: [bendparksandrec.org/mind-and-body](https://www.bendparksandrec.org/mind-and-body)

Strength & Conditioning

Features: Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.

More at: [bendparksandrec.org/strength-and-conditioning](https://www.bendparksandrec.org/strength-and-conditioning)

Water Fitness

Features: Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a warm water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use floatation devices. Water shoes recommended.

More at: [bendparksandrec.org/water-fitness](https://www.bendparksandrec.org/water-fitness)

Fitness Center Use

Fitness Center Orientation: Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

Fitness Center & Under 18 Use: 16 - 17 year olds may use the fitness center without restriction although we recommend completing a Fitness Center Orientation. 11 - 15 year olds may workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. Children 10 years and younger are not allowed in the fitness center.

More at: [bendparksandrec.org/fitness-centers](https://www.bendparksandrec.org/fitness-centers)



CLICK FOR
MORE ABOUT
OLDER ADULT
SOCIAL ACTIVITIES



Older Adult Social Activities

Larkspur Community Center -
Home of the Bend Senior Center

Facility information on page 59.

Adult Activity programs on pages 18 - 23.

Bend Senior Center is proud to serve and welcome seniors to social activities, such as lunches, games, movies and group gatherings. BPRD looks forward to expanding these offerings as available. Check the website regularly for updates.

More at: [bendparksandrec.org/bend-senior-center](https://www.bendparksandrec.org/bend-senior-center).

Virtual Fitness Classes

Let's keep moving! BPRD online classes are brought to you using Zoom, a web-hosted video conference application.

If taking an online class is new for you - we'll provide step-by-step instructions to help you get connected.

More at: [bendparksandrec.org/virtualfitness/](https://www.bendparksandrec.org/virtualfitness/)





juniper swim & fitness center

Juniper Swim & Fitness Center

Situated in the heart of beautiful Juniper Park, our community health and fitness facility has the amenities, services and location to make your heart beat a little faster. Because we offer fitness and recreation opportunities to people of all ages and abilities, Juniper Swim & Fitness is the perfect place for every body.



Location

[800 NE 6th Street
Bend, OR 97701](#)



Phone

p. (541) 389-7665 (POOL)

Website

bendparksandrec.org/juniper

Hours/Holidays

Facility hours online at bendparksandrec.org/juniper



Schedules, Fees & Information

Visit bendparksandrec.org/juniper for schedules, fees, rules and regulations.



Social Media

[facebook.com/
JuniperSwimandFitnessCenter](https://facebook.com/JuniperSwimandFitnessCenter)
[instagram.com/
juniperswimandfitness](https://instagram.com/juniperswimandfitness)

Activities

Fitness Classes
Fitness Center
Hot features
Swimming
Swim Lessons

How to Get There

Juniper Swim & Fitness Center is centrally located in Bend within Juniper Park with two entrances and parking lots.

The NORTH ENTRANCE is located at the end of NE 6th Street, two blocks south of Greenwood Avenue. It can also be accessed from NE 3rd Street by turning east on Hawthorne Avenue.

The SOUTH ENTRANCE is located off Franklin Ave opposite of NE 7th Avenue.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike racks are located at each entrance. To get here by public transportation, JSFC is located only two blocks from the Hawthorne Street transit center of Cascade East Transit and a bus stop is located on Franklin Avenue.

Adult Swim Programs

on page 28

Youth Swim Programs

pages 50 - 54

CLICK FOR
OPEN SWIM
SCHEDULES,
RESERVATIONS
& FEES



CLICK FOR
FITNESS
SCHEDULES,
RESERVATIONS
& FEES



Swimming Pools & Aquatic Facilities

Indoor/Outdoor Olympic 50-Meter Pool

With a removable roof system, this pool is ideal for year-round training. Moveable bulkhead allows the pool to be divided into two 25-meter pools.

Indoor 25-Meter Pool

Renovation expected to be complete in Sept.

Features 3.5 - 12 foot water depth, diving boards and rope swing.

Indoor Children's Pool

Under renovation / Reopening late August.

Shallow water, easy-entry stairs and warm 90-degree water make this pool great for young children. Child-friendly features include a duck-shaped slide and other fun features.

Outdoor Activity Pool

Open June to early September.

This 85-degree pool offers a large flume slide, interactive water features, beach entry to 3.5 foot water depth and a soft-bottom surface.

Hot Tub / Steam Room / Sauna

Renovation expected to be complete in Sept.

These coed amenities are perfect after a workout. Ages: 16 & up.

Fitness Center, Studios & Equipment

Fitness Center & Weight Room

Juniper's fitness center and weight room features state-of-the-art equipment and floor-to-ceiling windows and park views.

Fitness Studios and Classes

Filled with natural light and offering more than 100 weekly classes, Juniper's studios include: a Fit Studio for functional fitness, three Group Exercise Rooms - Cardio and Mind/Body Studios and an Indoor Cycling Studio.





Larkspur Community Center

Larkspur is the Home of the Bend Senior Center. It's a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation.



Location

[1600 SE Reed Market Road
Bend, OR 97702](https://www.bendparksandrec.org/larkspur)



Phone

p. (541) 388-1133

Website

[bendparksandrec.org/larkspur](https://www.bendparksandrec.org/larkspur)



Hours/Holidays

Facility hours online at [bendparksandrec.org/larkspur](https://www.bendparksandrec.org/larkspur)

Schedules, Fees & Information

Visit [bendparksandrec.org/larkspur](https://www.bendparksandrec.org/larkspur) for schedules, fees, rules and regulations.



Social Media

[facebook.com/Larkspur-Community-Center](https://www.facebook.com/Larkspur-Community-Center)
[instagram.com/larkspurcommunitycenter](https://www.instagram.com/larkspurcommunitycenter)

Activities

Fitness Classes
Fitness Center
Swimming
Swim Lessons
Adult Activities
Older Adult Activities

How to Get There

Larkspur Community Center - Home of the Bend Senior Center is located in southeast Bend within Larkspur Park. From 3rd Street, go east on Reed Market Road. After crossing 15th Street, turn left into the Bend Senior Center/Larkspur Park entrance.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike racks are available at the facility and you can get to the center via the Larkspur Trail as well as other trails and bike routes. For public transportation, use Cascade East Transit routes #5 or 6.

Adult Activities Programs

pages 18 - 23

Adult Swimming Programs

page 28

Youth Swimming Programs

pages 50 - 54

CLICK FOR
OPEN SWIM
SCHEDULES,
RESERVATIONS
& FEES



Swimming Pool & Aquatic Facilities

4,000-Square-Foot Indoor Aquatics Center

The aquatic center features ADA-friendly showers, locker rooms, private changing areas and free public lockers.

135,000-gallon recreation & leisure pool

Set at a warm 87 to 89 degree temperature, the pool depth ranges from 2-foot-6-inches to 6-foot-3-inches with a soft-touch flooring.

Current Channel with Hydro Feature

The current channel is the perfect setting for therapeutic water fitness or a fun relaxing float. It's great for exercise and play!

Accessible, ADA-friendly Features

ADA upgrades including accessible showers, grades, a chair lift and an elevator-style wheelchair lift for independent control.

Hot Tub, On-Deck Shower and More

The aquatic center also has a relaxing hot tub and an on-deck shower for a quick rinse before your swim.

CLICK FOR
FITNESS
SCHEDULES,
RESERVATIONS
& FEES



Fitness Center, Walk/Jog Track, Studios & Equipment

Larkspur features two dedicated group fitness rooms, a 5,000-square-foot fitness center and walk/jog track with alcoves for functional workouts.

The fitness center includes:

- Precor fitness cardio equipment
- Three SciFit bikes with removable seats and wheelchair ramps
- The Precor Resolute line of easy-to-use selectorized equipment
- Free weights, balance equipment and cable-cross machines.
- Advagym by Sony fitness app integration.

CLICK FOR
OLDER ADULT
ACTIVITIES
INFORMATION



Bend Senior Center
3,500-sq-ft Event Room and Kitchen
Senior Social Lounge and Billiards Room
Free Wi-Fi



Art Station

The Art Station programs and classes are operated by Bend Park & Recreation District in a historic train station in the Old Mill District.



Location

[313 SW Shevlin Hixon Drive
Bend, OR 97702](#)



Phone

p. (541) 617-1317

Website

bendparksandrec.org/artstation

Hours/Holidays

Facility hours online at
bendparksandrec.org/artstation



Schedules, Fees & Information

The Art Station is open during scheduled open studio and program times. Visit bendparksandrec.org/artstation for schedule, fees, rules and other information.



Social Media

facebook.com/BPRDArtStation

Activities

All activities are registration programs; there is no Open Studio at this time. Check the website for updates.

| | |
|----------|-------------|
| Painting | Drawing |
| Printing | Sculpture |
| Jewelry | Class arts |
| Ceramics | Pottery |
| Textiles | Mixed media |

How to Get There

The Art Station is located in southwest Bend in the Old Mill District across from the Les Schwab Amphitheater. Both on-site and street parking are available.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike or walk to the Art Station. Bike racks are located at the entrance. To get here by public transportation, the Art Station can be accessed via Cascade East Transit route #10. A bus stop is located a few blocks away by The Pavilion on Simpson Ave.

Adult Art Classes

on pages 24 - 25

Youth Art Classes

pages 32 - 36

Facility Features

Clay Studio

Our clay studio with large work tables, six pottery wheels and an electric kiln provides opportunities for you to learn basic techniques, including hand building and wheel thrown pottery as a beginner or an experienced potter in a welcoming atmosphere.

Kiln Firing of Artist's Pottery

Want to fire your own pottery in our kiln? Contact Laura at (541) 617-1317 for pricing and availability.

Multi-Media Studio:

Our large, multi-media studio with great natural lighting offers endless creative possibilities to promote critical thinking and problem solving skills, as well as pro-social behaviors in youth. Adults can explore their creative side with self-expression that is meditative, calming and has proven wellness benefits. Come improve your skills or develop new ones!

Art Parties

All Ages

The Art Station is a great place to hold private parties! Paint a masterpiece, create clay projects, make your own sculpture. We have a wide range of options for guests of all ages from toddlers to adults.

There is no set-up or clean-up. All you and your guests have to do is show up, relax and have fun. Your party will include a private party room, all the materials for your activity, aprons to wear and a dedicated art instructor. You provide the treats, decorations and party supplies such as plates, utensils and cups.

Adult Party: 10 guests

Kids Party: 10 children & 2 adults

| | |
|-------|-------------------------|
| Fees: | Art Party: 2 hours |
| | \$225.00 ID \$270.00 OD |
| | Clay Party: 2 hours |
| | \$250.00 ID \$300.00 OD |

Includes: 1 hour for art/clay project instruction; 1 hour for celebration

To Book a Party: Call (541) 617-1317 to see if your desired date and time is available. Please fill out an online party request form at: bendparksandrec.org.

Parties are subject to availability and current health/safety requirements.



the pavilion

The Pavilion

Two kinds of play - The Pavilion has a split personality! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities. No matter the season, come join in all that's offered and get to know the amazing and oh-so chill versatility of The Pavilion.



Location

1001 SW Bradbury Way,
Bend Oregon 97702



Phone

p. (541) 389-7588 (SK8T)

Website

bendparksandrec.org/pavilion



Hours/Holidays

Facility hours online at
bendparksandrec.org/pavilion

Schedules, Fees & Information

Visit bendparksandrec.org/pavilion for schedules, fees, rules and regulations.



Social Media

[facebook.com/
ThePavilioninBend](https://facebook.com/ThePavilioninBend)

CLICK FOR
ROLLER SKATING
SCHEDULES
& FEES



Activities

April - September

Roller Skating & Hockey
Skateboarding & Scootering
Adult Sports Leagues
Youth Summer Camps

Late October - April

Ice Skating Hockey
Curling Skate Lessons

How to Get There

The Pavilion is located in southwest Bend at the Simpson and Colorado Avenue roundabout. The entrance is located on SW Bradbury Way. Both on-site and street parking are available.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike or walk to The Pavilion. Bike racks are located at the entrance. To get here by public transportation, The Pavilion can be accessed via Cascade East Transit. A bus stop is located a block away and the Mt. Bachelor Park n' Ride is a few blocks to the west of The Pavilion.



Facility Features

The Ice Sheet (Late October - April)

Central Oregon's first and only NHL-size, 200' x 85' ice sheet complete with full-height dasher boards, players boxes and a refrigeration system consisting of over thirteen miles of tubing to ensure quality ice condition even in marginal weather conditions.

Roller Sports Flooring (April - September)

In June 2019, the Bend Bullets Roller Hockey club donated brand new roller sports surfacing for The Pavilion. Through their volunteer efforts, they provided a more skateable surface that is also multipurpose for other activities.

Ice Sports, Ice Skating, Skate Lessons & More

Adult sports on pages 26 - 27

Youth sports on pages 41 - 49



Fall 2021 Program Locations

Locations of all seasonal programs are in alphabetical order below.

Academie De Ballet Classique

162 NW Greenwood Ave, Bend, OR 97701

Art Station

313 SW Shevlin Hixon Dr, Bend, OR 97702

Aspen Hall

18920 Shevlin Park Rd, Bend, OR 97703

Bend High School

230 NE 6th St, Bend, OR 97701

Bend Senior Center

1600 SE Reed Market Rd, Bend, OR 97702

BPRD District Office

799 SW Columbia St, Bend, OR 97702

Caldera High School

60925 SE 15 St, Bend, OR 97702

Cascade Indoor Sports

20775 High Desert Ln, Bend, OR 97701

Cascade Middle School

19619 Mountaineer Way, Bend, OR 97702

Cascade School of Music

200 NW Pacific Park Ln, Bend, OR 97701

DIYCave

444 SE 9th St #150, Bend, OR 97702

Elk Meadow Elementary School

60880 Brookwood Blvd, Bend, OR 97702

Hal Puddy Field at Ponderosa Park

225 SE 15th St, Bend, OR 97701

Harmon Park, Hobby Hut & Outdoor Center

1100 NW Harmon Blvd, Bend, OR 97701

High Lakes Elementary School

2500 NW High Lakes Lp, Bend, OR 97701

Highland Elementary School at Kenwood

701 NW Newport Ave, Bend, OR 97701

Hollinshead Park & Barn

1235 NE Jones Rd, Bend, OR 97701

Juniper Park

800 NE 6th St, Bend, OR 97701

Juniper Swim & Fitness Center

800 NE 6th St, Bend, OR 97701

KPOV - High Desert Community Radio

501 NW Bond St, Bend, OR 97701

Larkspur Community Center - Home of the Bend Senior Center

1600 SE Reed Maarket Rd, Bend, OR 97702

Lost Tracks Golf Club

60205 Sunset View Dr, Bend, OR 97702

Miller Elementary School

300 NW Crosby Dr, Bend, OR 97701

Mountain View High School

2755 NE 27th St, Bend, OR 97701

Norton Ave Apartments

415 NE Norton Ave, Bend, OR 97701

Odyssey Martial Arts

924 B SE Wilson Ave, Bend, OR 97702

The Pavilion

1001 SW Bradbury Way, Bend, OR 97702

Pacific Crest Fields

19150 NW Skyliners Rd, Bend, OR 97701

Pilot Butte Middle School

1501 NE Neff Rd, Bend, OR 97701

Pine Nursery Park & Sports Complex

3750 NE Purcell Blvd, Bend, OR 97701

Rockridge Park

20885 Egypt Dr, Bend, OR 97701

Riley Ranch Nature Reserve

19975 Glen Vista Rd, Bend, OR 97701

Shevlin Park

18920 NW Shevlin Park Rd, Bend, OR 97701

Skyline Sports Complex

19617 Mountaineer Way, Bend, OR 97702

Sylvan Learning Center

at Northwest Crossing
2863 NW Crossing Dr, Bend, OR 97701

The Pavilion

1001 SW Bradbury Way, Bend, OR 97702

Twin Knolls Transition Co-op

2500 NE Twin Knolls Dr, Bend, OR 97702

Westside Village School

1459 NW Albany Ave #43, Bend, OR 97701

Park & Facility Rentals:

For Your Next Event



Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.

ASPEN HALL is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

HOLLINSHEAD BARN rests in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors and an accessible elevator to the second floor. The outdoor space features a fenced-in lawn, two patios and outdoor benches.

RIVERBEND COMMUNITY ROOM is located in the District office and available for presentations, meetings or small events. The room opens up to an outdoor plaza overlooking the Deschutes River and Riverbend Park.

THE PAVILION welcomes groups for birthday parties and other special events. Bring the gang for open skate and rent the party room. In addition, the entire facility is available in the non-ice season.

THE ART STATION is the perfect place to host birthday parties and other get-togethers. Art parties and clay parties are available for children and adults.

PARK PICNIC SHELTERS are a great option for a variety of events, including company picnics, family gatherings, weddings, receptions and more. And bonus! Because shelters are outdoors, the requirements during the pandemic are more lenient. Fees are based on the size of your group and type of function.

PARKS & SPORTS FIELDS are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event.

Visit bendparksandrec.org
or call (541) 706-6149
for rental details,
virtual tours
and reservations.



Aspen Hall



Hollinshead Barn



The Pavilion



Picnic Shelter at Pine Nursery Park

About renting during the pandemic:

Renting a facility and hosting an event during the pandemic has a number of public health and safety requirements and they can change frequently. Please be sure to inquire with BPRD rental staff about details.

Park Features & Amenities

Get out and play with our features and amenities guide. Need to know how to get to a park? An interactive map is available online at bendparksandrec.org and a print map is available at our facilities.

For additional information on parks and trails, visit our website at bendparksandrec.org or call (541) 389-7275.

Park & Trail Rules & Regulations:

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list.

For the full rules and regulations text, call 541-389-7275 or visit our website at bendparksandrec.org.

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 am to 10:00 pm daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog "rest stops" along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.
- Do not litter. Trash cans are located throughout the park and trail system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 pm and 5:00 am.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; no charcoal grills allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

Trail Use:

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only trail sections. No motorized vehicles allowed on trails.



| NAME | ADDRESS | BALL FIELDS | BASKETBALL | DISC GOLF | DOG OFF-LEASH AREAS | FACILITY RENTALS | FISHING | HORSESHOES | NATURAL AREAS | PICKLEBALL | PICNIC SHELTER | PLAYGROUND | RESTROOMS (YEAR-ROUND) | RESTROOMS (SEASONAL) | RIVER ACCESS | SKATEBOARDING | TENNIS |
|--------------------------------|--------------------------|-------------|------------|-----------|---------------------|------------------|---------|------------|---------------|------------|----------------|------------|------------------------|----------------------|--------------|---------------|--------|
| Al Moody Park | 2225 NE Daggett Ln | | • | | | | | | | | • | • | | • | | | |
| Alpine Park | 61355 SW Swarens Ave | | | | | | | | • | | | | | | | | |
| Awbrey Village Park | 3015 NW Merchant Way | | | | | | | | | | | • | | | | | |
| Bend Senior Center | 1600 SE Reed Market Rd | | | | | • | | | • | | | | • | | | | |
| Bend Whitewater Park | 166 SW Shevlin Hixon Dr | | | | | | | | | | | | | | | • | |
| Big Sky Park | 21690 NE Neff Rd | • | | | • | | | | • | | • | • | • | | | | |
| Blakely Park | 1155 SW Brookwood Blvd | | • | | | | | | | | | • | • | | | | |
| Boyd Park | 20750 NE Comet Ln | | • | | | | | | | | • | • | | • | | | |
| Brooks Park | 35 NW Drake Rd | | | | | | • | | | | | | | | | • | |
| Canal Row Park | 1630 NE Butler Market Rd | | | | | | | | • | | • | • | | • | | | |
| Columbia Park | 264 NW Columbia St | | | | | | | • | | | • | • | • | | | • | |
| Compass Park | 2500 NW Crossing Dr | | | | | | | | • | | • | • | • | | | | |
| Discovery Park | 1315 NW Discovery Dr | | | | • | | | | • | | • | | • | | | | |
| Dohema River Access | 35 NW Drake Rd | | | | | | | | | | | | | | | • | |
| Drake Park | 777 NW Riverside Blvd | | | | | | • | | | | | | • | | | • | |
| Eagle Park | 62891 NE Nolan St | | | | | | | | | | • | • | | • | | | |
| Farewell Bend Park | 1000 SW Reed Market Rd | | | | | | • | | • | | • | • | • | | | • | |
| First Street Rapids Park | 1980 NW First St | | | | | | • | | • | | | | • | | | • | |
| Foxborough Park | 61308 Sunflower Ln | | • | | | | | | | | | • | | • | | | |
| Gardenside Park | 61750 Darla Pl | | | | | | | | | | • | • | | • | | | |
| Genna Stadium | 401 SE Roosevelt Ave | | | | | | | | | | | | | | | | |
| Harmon Park | 1100 NW Harmon Blvd | • | | | | | | | | | • | • | • | | | • | |
| Harvest Park | 63240 NW Lavacrest St | | | | | | | | | | | • | | • | | | |
| High Desert Park | 60895 27th St | | | | | | | | • | | | | | | | | |
| Hillside I Park | 2050 NW 12th St | | • | | | | | | | | | • | • | | | | |
| Hillside II Park | 910 NW Saginaw Ave | | | | • | | | | | | | | | | | | |
| Hixon Park | 125 SW Crowell Way | | | | | | | | | | | | | | | | |
| Hollinshead Park | 1235 NE Jones Rd | | | | • | • | | | | | | | | • | | | |
| Hollygrape Park | 19489 SW Hollygrape St | | | | | | | | | | | • | • | | | | |
| Jaycee Park | 478 Railroad St | | • | | | | | | | | | • | | • | | | |
| Juniper Park | 800 NE 6th St | • | | | | | | • | • | | • | • | • | | | | • |
| Juniper Swim & Fitness Center | 800 NE 6th St | | | | | • | | | | | | | • | | | | |
| Kiwanis Park | 800 SE Centennial Blvd | • | • | | | | | | | | • | • | | • | | | |
| Larkspur Park (parking closed) | 1700 SE Reed Market Rd | | • | | | | | • | • | | • | • | • | | | | |
| Lewis & Clark Park | 2520 NW Lemhi Pass Dr | | • | | | | | | | | | • | | | | | |

| NAME | ADDRESS | BALL FIELDS | BASKETBALL | DISC GOLF | DOG OFF-LEASH AREAS | FACILITY RENTALS | FISHING | HORSESHOES | NATURAL AREAS | PICKLEBALL | PICNIC SHELTER | PLAYGROUND | RESTROOMS (YEAR-ROUND) | RESTROOMS (SEASONAL) | RIVER ACCESS | SKATEBOARDING | TENNIS |
|-------------------------------|--------------------------|-------------|------------|-----------|---------------------|------------------|---------|------------|---------------|------------|----------------|------------|------------------------|----------------------|--------------|---------------|--------|
| McKay Park | 166 SW Shevlin Hixon Dr | | | | | | • | | | | | | • | | • | | |
| Miller's Landing Park | 55 NW Riverside Blvd | | | | | | • | | | | | • | • | | • | | |
| Mountain View Park | 1975 NE Providence Dr | | • | | | | | | | | | • | | • | | | |
| Orchard Park | 2001 NE 6th St | | • | | | | | | | | | • | • | • | | | |
| Overturf Park | 475 NW 17th St | | | | • | | | • | • | | | • | | | | | |
| Pacific Park | 200 NW Pacific Park Ln | | | | | | • | | | | | | | | | | |
| Pageant Park | 691 NW Drake Rd | | | | | | • | | | | | | | | • | | |
| The Pavilion | 1001 SW Bradbury Way | | | | | • | | | | | | | | | | | • |
| Pilot Butte Neighborhood Park | 1310 NE Highway 20 | • | | | | | | | | | | • | • | • | | | |
| Pine Nursery Park | 3750 NE Purcell Blvd | • | | • | • | | • | | • | • | • | • | • | • | | | |
| Pine Ridge Park | 61250 Linfield Ct | | | | | | | | | | | • | • | | • | | |
| Pioneer Park | 1525 NW Wall St | | | | | | • | | | | | • | | • | | | |
| Ponderosa Park | 225 SE 15th St | • | • | | • | | | | | • | • | • | • | | | | • |
| Providence Park | 1055 NE Providence Dr | | • | | | | | | | | | • | | • | | | |
| Quail Park | 2755 NW Regency St | | • | | | | | | • | • | • | • | | • | | | |
| Riley Ranch Nature Reserve | 19975 Glen Vista Rd | | | | | | • | | • | | | | | • | | | • |
| River Canyon Park | 61005 Snowbrush Dr | | | | | | | | • | | | | | | | | |
| River Rim Park | 19400 Charleswood Ln | | | | | | | | • | | | | | | | | • |
| Riverbend Park | 799 SW Columbia St | | | | | | • | | | | | • | | • | | | • |
| Riverview Park | 225 NE Division St | | | | | | | | • | | | | | | | | |
| Rockridge Park | 20885 Egypt Dr | | | • | | | | | • | • | • | • | | | | | • |
| Sawyer Park | 62999 O.B. Riley Rd | | | | | | • | | • | | | | • | | • | | |
| Sawyer Uplands Park | 700 NW Yosemite Dr | | | | | | | | • | | | • | | | | | |
| Shevlin Park | 18920 NW Shevlin Park Rd | | | | | • | • | • | • | • | • | • | • | | • | | |
| Skyline Sports Complex Park | 19617 Mountaineer Way | • | | | | | | | | | | • | • | • | | | |
| Stone Creek Park | 61531 Stone Creek Ln | | | | | | | | • | | | • | | • | | | |
| Stover Park | 1650 NE Watson Dr | • | | | | | | | | | | • | • | | | | |
| Summit Park | 1150 NW Promontory Dr | | • | | | | | | • | | | | | | | | • |
| Sun Meadow Park | 61150 Dayspring Dr | | • | | | | | | | | | • | • | • | | | |
| Sunset View Park | 990 NW Stannium Rd | | | | | | | | • | | | | | | | | |
| Sylvan Park | 2996 NW Three Sisters Dr | | | | | | | | • | | | • | | | | | • |
| Three Pines Park | 19089 Mt Hood Pl | | | | | | | | | | | • | | | | | |
| Wildflower Park | 60955 River Rim Dr | | | | | | | | | | | • | • | | | | |
| Woodriver Park | 61690 Woodriver Dr | | • | | | | | | | | | • | | • | | | |



Pine Nursery Park - Small Dog Off-Leash Area



Riverbend Park and the Deschutes River Trail



Shevlin Park



this is the season to
fall back in love
with parks

play for life