

lunch and learn

Tuesdays • 12:00 - 1:30 pm
Co-presented with PacificSource

Feed your body & mind as local experts share their knowledge about topics important to you.

Bring your own brown bag lunch; dessert and coffee are on us.

FREE

MAY 2024

May 7

Hearing in Noise: Why It's Difficult and What Can Be Done

With Dr. Alison Benner, Au. D, Central Oregon Ear Nose and Throat

Tired of going to public events or dinner parties and straining to hear what people are saying? Learn about the science behind how our auditory processing actually works, and what strategies you can employ to hear more successfully in various environments and situations.



May 14

Housing Options as You Age

With Oleta Yancey and Elizabeth Foster, Harcourts The Garner Group

Join us for an interactive discussion on housing for the senior market with two knowledgeable Senior Real Estate Specialists (SRES). We'll go over the pros and cons of various living options as you age, and talk through how you can proactively prepare for the future.

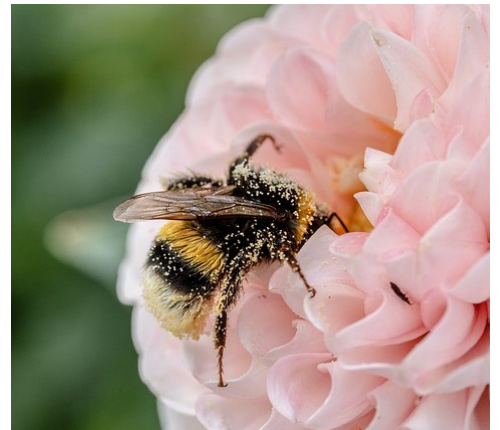


May 21

What Good Are Bugs?: The Significance of Insects to Life on Earth

With John R. Anderson, Emeritus Prof. of Entomology, U.C. Berkeley

Everywhere we look we find insects - the most abundant and valuable wildlife on earth. At nearly 1.5 million species they dominate the biodiversity of wildlife on earth. Join us for a slide-illustrated talk highlighting the many ecosystem services provided by insects that benefit humans and other animals.



May 28

Turning 50: History, Photos and Stories from Your Park and Recreation District

With BPRD Staff and Kelly Cannon-Miller, Deschutes County Historical Museum

Bend Park and Recreation District is celebrating its golden anniversary as a special taxing district. Approved by voters in 1974, BPRD became an independent agency, charged with oversight for parks, trails and recreation services. Learn more about what's changed, what's the same and more from district staff and Deschutes County Historical Museum's Kelly Cannon-Miller.



Larkspur Community Center
Home of the Bend Senior Center
www.bendparksandrec.org

Questions? Call (541) 388-1133



play for life