



WEEKLY SOCIAL ACTIVITY SCHEDULE

Monday:

11:00 am - 3:00 pm Social Bridge
 12:00 - 6:00 pm Pool/Billiards
 1:00 - 3:30 pm Mexican Train

Tuesday:

9:00 am - 10:30 am Super Tuesday Brunch (2nd Tues)*
 9:00 am - 12:00 pm Pool/Billiards
 10:30 am - 2:30 pm High Desert Rug Hookers
 12:00 - 1:30 pm Lunch & Learn (Sep through May)
 12:00 - 4:00 pm Mah Jongg Players
 1:00 - 3:00 pm Knitters Social
 1:00 - 5:00 pm Larkspur Stitchers

Wednesday:

10:00 - 11:00 am ABC&Ds of Medicare (4th Wed)
 — *except January*
 9:30 - 10:30 am Blood Pressure Checks (1st Wed)*
 — *except on 3rd Wed (1/15) in January*
 10:00 - 11:00 am Library Book Club (3rd Wed)*
 10:00 - 11:30 am Tech Troubleshooting (3rd Wed)*
 12:00 - 6:00 pm Pool/Billiards

1:00 - 3:30 pm Wednesday at the Movies*
 2:00 - 4:00 pm Yesterday's Tunes

Thursday:

9:00 am - 12:00 pm Pool/Billiards
 8:30 am - 3:00 pm AARP Smart Driver Course (4th Thurs)*
 — *except Dec*
 12:00 - 4:00 pm Mah Jongg Players

Friday:

11:00 am - 3:00 pm Social Bridge
 12:30 - 3:30 pm Pinochle
 12:00 - 6:00 pm Pool/Billiards
 1:00 - 3:00 pm Textile Arts Mixer

THINGS TO KNOW

- Schedule is subject to change.
- All games are played for fun. No money is to be exchanged.
- Use your monthly full access pass, social pass or pay a daily drop-in fee.
- Starred items (*) do not require a facility pass or drop-in fee.

Larkspur Community Center
 "Home of the Bend Senior Center"
 1600 SE Reed Market Road
 541-388-1133



play for life

wednesday afternoon at the movies

FREE

Meet us every Wednesday at 1:00 pm in the
Multipurpose Room for a **FREE** movie!

1:00
pm



January 8

Saturday Night (2024)

Starring: Gabriel LaBelle, Cory Michael Smith,
Ella Hunt,
Rated R, Run time: 1h 49m

The electrifying untold story of the 90
minutes leading up to the first live broadcast
of Saturday Night Live. Directed by Jason
Reitman (Ghostbusters, Juno, Up in the Air).

January 15

Murder on the Orient Express (2017)

Starring: Kenneth Branagh, Johnny Depp,
Penelope Cruz, Michelle Pfeiffer, Judi Dench,
Willem Dafoe
Rated PG-13, Run time: 1h 53m

Kenneth Branagh directs and leads an all-star
cast in this stylish, suspenseful and thrilling
mystery based on the best-selling novel by
Agatha Christie.



For more information call 541.388.1133
Larkspur Community Center — home of the Bend Senior Center

january movies

(continued)

FREE

January 22

The Idea of You (2024)

Starring: Anne Hathaway, Nicholas Galitzine
Rated R, Run time: 1h 57m

Based on the acclaimed, contemporary love story of the same name, *The Idea of You* centers on Solène, a 40-year-old single mom who begins an unexpected romance with 24-year-old Hayes Campbell, the lead singer of August Moon, the hottest boy band on the planet.



January 29

Juror #2 (2024)

Starring: Nicholas Hoult, Toni Collette, J.K. Simmons, Kiefer Sutherland
Rated PG-13, Run time: 1h 53m

Directed by Clint Eastwood, *Juror #2* follows family man Justin Kemp who, while serving as a juror in a high-profile murder trial, finds himself struggling with a serious moral dilemma ... one he could use to sway the jury verdict and potentially convict or free the accused killer.




Bend Park &
Recreation
DISTRICT

play for life

lunch and learn

Tuesdays • 12:00 - 1:30 pm
Co-presented with PacificSource

local experts share their knowledge
about topics important to you

*Bring a brown bag lunch; dessert
and coffee are on us. This series
is free and open to the public.*

FREE

JANUARY 2025



Jan 14: New Year, New You

With BPRD fitness leads Alli Jorgensen, Caroyln Creedican & Kaye Kulaszewicz-House

Start the year off right with advice on how to set SMART (specific, measurable, achievable, relevant and time-bound) fitness goals based on the plethora of classes and resources available at Juniper & Larkspur fitness centers. Learn the differences between each of our yoga offerings, which aquatics class might be best for a specific injury, or what movement class to try next to kick things up a notch. We will also address what you can do at home to extend the benefits of your workouts. Whether you are a complete newbie or have been a die-hard regular for years, this session is for you.

Jan 21: The Puzzle of Consciousness

With Russell Hopper, OLLI-UO member & retired science educator

For millennia, philosophers and scientists have been trying to unlock the secrets of the mind with only limited success—until now. Today, with modern technologies, including the best in neuroscience, medical imaging, and recent advances in artificial intelligence, we are making more progress than ever before. Join us for a facilitated discussion following a 30-minute lecture by Dr. Thad Polk from the University of Michigan on this fascinating topic.



Jan 28: The Role of Museums in Today's World

With Martha Campbell, Community Engagement Coordinator at the High Desert Museum

Learn about some of the current research on museums and their importance to communities, and get an inside look at some of the valuable work that the High Desert Museum is doing to support our vibrant Central Oregon community through outreach and partnership.

Larkspur Community Center
Home of the Bend Senior Center
www.bendparksandrec.org

Questions? Call (541) 706-6235



play for life



Super Tuesday Brunch

Second Tuesdays

9:00-10:30 am

Multi-purpose Room

Suggested Donation \$3.00 per person

Join us for a delicious brunch on the second Tuesday of every month in the Bend Senior Center at Larkspur Community Center. All proceeds benefit Bend Park & Recreation Foundation's scholarship program.

Join the fun!

January 14
February 19
March 19
April 16
May 21
June 18

For more information call
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Home of the Bend Senior Center
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play for life

Whip Up Some Winter Goodness

Cooking & Baking Classes Winter 2025

REGISTRATION
NOW OPEN!

Come join us for a fun, intimate experience in the kitchen at Larkspur Community Center!

- ◆ **Bellissimo Biscotti (102216)** Sa 1/11, 2-4pm
- ◆ **Easy Soups & Stews (102226)** Fri 1/17, 5-7:30pm
- ◆ **Plant-Based Vegetarian Cooking for Families (102208)** - Sa 1/24, 2-4:30pm
- ◆ **French Cooking Together (102334)** - Fri 2/14, 5-7:30pm - *Valentine's Day!*
- ◆ **Building Flavor From Scratch (102206)** - Tu 3/4, 5-7:30pm
- ◆ **Fabulous French Bread and Other Loaves We Love (102245)** - Sa 3/15, 1-3:30pm

Register at-
www.bendparksandrec.org
Questions? Call (541) 388-1133

play for life


Bend Park &
Recreation
DISTRICT





FREE

Technology Troubleshooting

In Partnership with the **Deschutes Public Library**

Trying to organize your photos or add a new app to your home screen? Having trouble turning up the volume on your calls? Join us for free advice and technology support. Bring your smart phone, laptop, tablet, or watch in and we'll help you troubleshoot. Sessions available on a first come first served basis for up to 20 minutes per person.

Bend Senior Center Lobby

**Every Third Wednesday
10:00 - 11:30 am**

January 15
February 19
March 19
April 16
May 21
June 18

For more information, visit
www.bendparksandrec.org
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play for life

THE LIBRARY BOOK CLUB

AT
LARKSPUR
Community
Center

Bend

Larkspur Cmty Ctr
1600 SE Reed Mkt Rd
Wed, January 15
• 10:00 am



DESCHUTES PUBLIC
LIBRARY

Now Is Not the Time to Panic

"A tender, moving novel
by an author who understands
how truly bizarre ordinary life is."
—RON CHARLES,
Washington Post

A NOVEL

Kevin Wilson

NEW YORK TIMES bestselling author of
Nothing to See Here